

Westside Community Resources

All cases of suspected elder or dependent adult abuse, neglect or exploitation should be reported to one of the following:

1. Adult Protective Services 1-877-477-3646 (abuse in private residence)
2. Long Term Care Ombudsman 1-800-231-4024 (abuse in long-term facility)
3. Local law enforcement agency
4. In an emergency call 911

AGENCY	PHONE NUMBER	WEBSITE
Southern California Edison Helpful Programs		www.sce.com
•California Alternate Rates for Energy (CARE)	800-798-5723	
•Medical Baseline Allocation	800-655-4555	
•Home Energy Assistance Program (HEAP)	866-675-6623	
•Energy Assistance Fund (EAF)	800-205-8596	
•Friendly Reminder Notification Program	800-655-4555	
•Direct Pay Program	800-655-4555	

SOUTHERN CALIF. GAS COMPANY		www.socalgas.com
•California Alternate Rates for Energy (CARE)	800-427-2200	
• Direct Assistance Program (DAP)	800-331-7593	
• Medical Baseline Allowance	800-427-2200	
• Low-Income Home Energy Assistance Program (LIHEAP)	866-675-6623	www.csd.ca.gov/liheap.html

Information 24/7 Los Angeles County dial 211 City of Los Angeles dial 311		
Center for Health Care Rights	800-824-0780	www.healthcarerights.org
Dept. of Aging	800-510-2020	http://css.lacounty.gov/
Dept. of Mental Health	800-854-7771	
Dept. Of Public Soc. Services	877-481-1044	http://dpss.co.la.ca.us/
Identity Theft Resource Center	888-400-5530	http://www.idtheftcenter.org
In-Home Supportive Services	888-944-4477	http://dpss.lacounty.gov/dpss/ihs/
Medi-cal	877-597-4777	
Medicare	800-638-6833	
Social Security Local Office: 11400 W. Olympic Bl., L.A. 90064	800-772-1213	

Westside Community Resources

LOCAL HOSPITALS

Brotman Hospital 3828 Delmas Terrace, CC 90230	310-836-7000
Cedars-Sinai Hospital 8700 Beverly Bl., L.A. 90048	310-423-3277
Ronald Regan UCLA Hospital 757 Westwood Bl., L.A. 90024	310-825-9111
Santa Monica Hospital 1250 16th St., S.M. 90404	310-319-4000
St. John's Hospital 1328 22nd St., S.M. 90404	310-829-5511

MEDICAL/HEALTH CLINICS

Venice Family Clinic 604 Rose Ave., Venice 90291	310-392-8636	www.venicefamilyclinic.org
Westside Family Health Clinic 1711 Ocean Park Bl., S.M. 90405	310-450-4773	http://www.wfhcenter.org/
Culver City Youth Health Clinic 4401 Elenda St., C.C. 90230	310-842-4328	

Mental Health Resources on the Westside

EMERGENCY SERVICES

Adolescent Suicide Hotline	800-621-4000
Child Abuse Hotline	800-540-4000
Domestic & Teen Abuse	800-992-2600
Elder Abuse Hotline	877-477-3646
Psychiatric Mobile Response Team	310-568-2519
L.A. County District Attorney's Office Domestic Violence Hotline	800-854-7771
Santa Monica-UCLA Hospital 1250 16th St., S.M. 90404	800-978-3600
• Rape Treatment Center	310-319-4503
• Sexual Assault Hotline	310-392-8381
• Sojourn Services for Battered Women	310-264-6644
• Suicide Prevention Center	310-391-1253
• Victims of Crime Resource Center	310-842-8467

Westside Community Resources

ADVOCACY

Alcott Center for MH Services 1433 S. Robertson Bl., L.A. 90035	310-785-2121	www.alcottcenter.org
Airport Marina Counseling Center 7891 La Tijera Bl., L.A. 90045	310-670-1410	www.airportmarina.org/
Didi Hirsch Community Mental Health 4760 S. Sepulveda Bl., C.C. 90230	310-390-6612	www.didihirsch.org/
Edelman Westside Mental Health Center 11080 W. Olympic Bl., L.A. 90064	310-966-6508	
Exodus Recovery Inc. 3828 Hughes Ave., C.C. 90232	310-253-9494	www.exodusrecoveryinc.com
Pacific Asian Counseling Services 8616 La Tijera Bl. #200, L.A. 90045	310-337-1550	
Step Up on 2 nd Street 1328 2nd St., S.M. 90401	310-394-6889	
St. John's MH Services for Deaf & Hard Of Hearing 1339 20th St. S.M. 90404	310-829-8536 310-829-8528 (TTY)	
Veteran's Outreach Program 5730 Uplander Way #100, C.C. 90230	310-576-2550	

OLDER ADULTS

WISE & Healthy Aging 1527 4 th St., S.M. 90401	310-576-2554
Didi Hirsch Older Adult Services St. Joseph's Center-Senior Outreach 204 Hampton Dr. Venice 90291	310-390-6612 310-396-6848

TEENS & TRANSITION AGE YOUTH

Angels Flight	213-413-2311
California Youth Crisis Line	800-543-5200
Daniel's Place 2701 Ocean Park Bl. #150 S.M. 90405	310-392-5855
L.A. Youth Network	323-947-7757
Pico Youth & Family Center	310-396-7101
Project Heavy West 1600 Sawtelle Blvd. # 300 L.A. 90025	
Teen Line	800-TLC-TEEN (852-8336)
Teen Line Youth Yellow Pages	310-855-HOPE (4673)
Youth Crisis Line	800-843-5200

Westside Community Resources

FAMILY SUPPORT

National Alliance on Mental Illness (NAMI)	310-478-8761
Older Adult Caregivers Wise & Healthy Aging	310-576-2550
Didi Hirsch CMH	310-390-6612
Daniel's Place for Parents of 18-30 year olds	310-392-5855
Healthy Families	800-880-5305
The Help Group West for Parents & Caregivers Of Children	310-751-1174

CHILDREN & FAMILIES

Didi Hirsch Family & Child Services 4760 S. Sepulveda Bl. CC 90230	310-390-6612 x319
Edelman Westside MH Children's Clinic 11080 W. Olympic Bl. 1st Floor L.A. 90064	310-966-6610
Our House (Grief Counseling) 1950 Sawtelle Bl. # 255 L.A. 90025	310-475-0299
Pacific Asian Counseling Center 8616 La Tijera Blvd. #200 L.A. 90045	310-337-1550
St. John's Child & Family Development 1339 20th St. S.M. 90404	310-829-8921
Vista Del Mar Child & Family Services 3200 Motor Ave. L.A. 90034	310-836-1223

THERAPY & COUNSELING SERVICES

Airport Marina Counseling Center 7891 La Tijera Blvd. L.A. 90045	310-670-1410
Antioch University Center 400 Corporate Pointe CC 90230	310-578-1080
Calif. Graduate Institute 1145 Gayley Ave. #322 L.A. 90024	310-208-3120
Counseling Center of WLA 2100 Sawtelle Blvd. #300 L.A. 90025	310-479-3779
Family Services of Santa Monica 1533 Euclid St. S.M. 90404	310-451-9747
Maple Counseling Center 9107 Wilshire Blvd. B.H. 90210	310-271-9999
Open Paths Center 12655 W. Washington Blvd. #101 L.A. 90066	310-398-7877
Pepperdine Univ. Psych Clinic 400 Corporate Pointe #458 CC 90230	310-568-5752
Santa Monica Counseling Center 2210 Santa Monica Blvd. #C S.M. 90404	310-395-4024
UCLA NPI Spanish Speaking Psych Clinic 300 UCLA Medical Plaza #2236 L.A. 90025	310-825-6501

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ALCOHOL & SUBSTANCE ABUSE TREATMENT

Alcohol & Drug Action Program (ADAP)	
8838 W. Pico Blvd. L.A. 90035	310-247-1180
Clare Foundation 911 Pico Blvd. S.M. 90404	310-314-6214
Didi Hirsch Community MHC	
1133 Washington Blvd. CC 90231	310-895-2300
Exodus Chemical Dependency	
3828 Delmas Terrace CC 90230	310-840-7020
New Directions (Veterans & their families)	
11303 Wilshire Blvd. VA Building 116 L.A. 90073	310-914-4045
New Start	
2116 Wilshire Blvd. #230 S.M. 90405	310-586-0059
Santa Monica Dual Diagnosis Program	
1616 7th St. S.M. 90401	310-450-4050
West Area Opportunity Center	
11821 W. Pico Blvd. L.A. 90064	310-477-8272

SELF-HELP SUPPORT

Alcoholics Anonymous	800-923-8722
Al-Anon Family Groups	818-760-7122
Cocaine Anonymous	310-216-4444
Compulsive Eaters Anonymous	562-942-8161
Crystal Meth Anonymous	213-488-4455
Gamblers Anonymous	323-260-4657
Marijuana Anonymous	323-964-2370
Narcotics Anonymous	323-850-1624
Nicotine Anonymous	800-642-0666
Sex Addicts Anonymous	213-896-2964
Depression & Bipolar Support Alliance	800-273-8255
Recovery, INC.	310-322-6411
SHARE (Self Help & Recovery Exchange)	
5521 Grosvenor Blvd. L.A. 90066	310-305-8788

Westside Community Resources

LIVING WITH A DISABILITY

Aids Project Los Angeles (APLA)	800-922-2437
Alzheimer's Association 5900 Wilshire Blvd. #1100 L.A. 90036	323-938-3370
American Cancer Society 5731 W. Slauson Blvd. # 200 C.C. 90230	310-348-0356
Center for the Partially Sighted 12301 Wilshire Blvd. # 600 L.A. 90025	310-458-3501
Common Ground (HIV-Social Services) 2012 Lincoln Blvd. S.M. 90405	310-314-5480
Santa Monica College Disabled Students 1900 Pico Blvd. S.M. 90405	310-434-4265
Wellness Community (for people & families dealing with Cancer) 2716 Ocean Park Bl. #1040 S.M. 90405	310-314-2555
Westside Community for Independent Living 12901 Venice Blvd. L.A. 90066	310-390-3611