

Culver CITY

The Newsletter

December 2009



CITY COUNCIL

Andrew Weissman, Mayor
 Christopher Armenta, Vice Mayor
 Micheál O'Leary
 D. Scott Malsin
 Gary Silbiger



CITY OF CULVER CITY

Mark Scott, City Manager
 Martin R. Cole Marlee Chang, Assistant City Managers
 William LaPointe, Director Parks, Recreation & Community Services

SENIOR & SOCIAL SERVICES

Armando Abrego, Senior & Social Services Manager
 Debbie Cahill, Senior Program Spec.
 Roxana Tabibi, Senior Nutrition Spec.
 Jill Thomsen, RSVP Specialist
 Darren Uhl, Disability Specialist
 Spencer Wray, Van Driver
 Jesse MacGregor, Van Driver

CULVER CITY SENIOR CITIZENS ASSOCIATION BOARD OF DIRECTORS

Barbara Silverstein, President
 Lionel Crown, Secretary
 Sharon Hyland-Elstein, Treasurer
 Mary Collim Joanne Higgins
 Marilyn Hess Bob Martz
 Clifford Nelson Hope Seldin
 Elizabeth Oxley
 Alternates:
 Nader Georgy Linda Sanchez
 Mary Garcia

Monthly Board Meeting
 Second Monday, 1:00 p.m.

Inside this issue:

Front Page News	2
Opera and Showtime News	3
Look What's Coming Up!	4
Senior of the Year, In Memoriam	5
Trip Office	6
RSVP News and Lunch Program	7
Monthly Lunch Menu	9
Seasons Greetings	10
Monthly Calendar	11

Member of the Year Page 5

Team Up With Culver City Kids Page 7



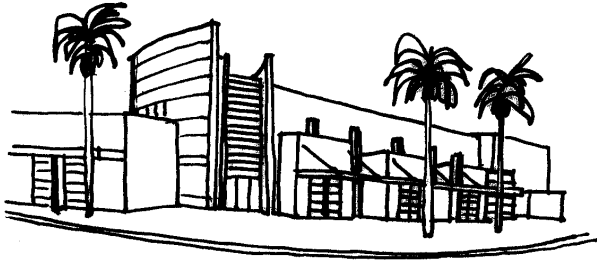
CULVER CITY SENIOR CENTER

4095 Overland Avenue
 Culver City, CA 90232

Center Hours: Monday - Friday 9 am - 5 pm
 Center Hours: Sat., Sun., Holidays 12 pm - 4 pm
 Business Office Hours: Monday-Friday 9 am - 4 pm
 General Information: (310) 253-6700
 Social Services: (310) 253-6729

AARP Safe Driver Class Info Line: (310) 253-6757
 Nutrition Site: 9 a.m. to Noon (310) 253-6726
 RSVP/Volunteer Opportunities (310) 253-6704
 Disability Services (310) 253-6729
 Trip Office: (M/W/F) 10 a.m.-2 p.m. (310) 253-6708
 Elder Abuse Hotline (800) 992-1660
 Computer Class Info Line: (310) 253-6720

Culver CITY SENIOR CENTER



The Newsletter

DECEMBER 2009



Senior Center Holiday Party

Thursday, December 10, 2009 11:30 a.m.

Let's Kick Off the Holiday Season Together!



Member of the Year Recognition
*Installation of the 2010
CCSCA Board of Directors*



Lunch & Entertainment

Tickets are \$3.50. On sale until Dec. 7
(or until sold out)

Monthly Birthday Celebration

Thursday, December 17 at 1 p.m.



Come & Enjoy Some Great Musical Entertainment
Sponsored by the Culver City Senior Citizens
Association's Board of Directors

*If your birthday is in December be our guest for cake &
ice cream. Refreshments for all for just 50 cents each item!*

Entertainment by
**Barbara
Brighton**

Culver City Senior Center's Own HOLIDAY TALENT SHOW Wednesday, December 2 at 1 PM

Organized by
Tony Munoz & Friends



Variety Show
\$1 Donation
Refreshments

The PRIMETIME PLUS Players
present

'LAUGH OUT LOUD TWO'

Tuesday, December 8 at 1:30

It's one laugh after another! Don't miss it!



Christmas Day Luncheon

Friday, December 25 at Noon

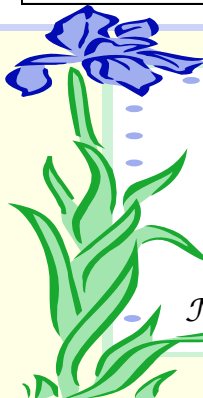
Tickets are \$2.00 * On sale Dec. 7-22

*This special holiday meal is provided by the Culver
City Senior Citizens Association for our members or
residents of Culver City 50 years of age and over
who would otherwise be alone.*

New Year Celebration Thursday, December 31

Lunch & Entertainment

Tickets on Sale Dec. 7-28 for \$3.50
(or until sold out)



A Fond Farewell to Leslie Brandes

*Thank you for more than 8 years of dedication
to the well-being of our Seniors. We appreciate all your
loving care and the invaluable assistance given to so many.
May your retirement bring you much joy! We will miss you!*



OPERA AT THE SENIOR CENTER

The opera program is presented on the first Tuesday of the month at 1:00 p.m. This month's opera movie is **Franz Lehar's THE MERRY WIDOW**. This opera is a comedy, a serious love story and a diplomatic spoof. Sway to the waltz, hum the songs and enjoy the excellent cast. Presented on **Tuesday, December 1 at 1:00 p.m.** Volunteer **Murray Winagura** plans and hosts this program. Playing time is 180 minutes.

MOVIE NOSTALGIA

The Movie Nostalgia program is presented once per month on a Friday at 12:30 p.m. **Murray Winagura** shares movies that he hopes will bring back good memories. The Nostalgia movie for November will be **ROBERTA**. Fred Astaire and Ginger Rogers are joined by Irene Dunn in this feast of Jerome Kern songs and hilarious comedy. **Friday, December 11 at 12:30 p.m.** Playing time is 1 hour and 46 minutes.

SONY SUNDAY" MOVIE PRESENTATIONS

The SONY SUNDAY movie is on the first Sunday of the month. The movie for December 6 will be Noel Coward's 1924 play, **EASY VIRTUE**. Coward's witty comedy of manners is adapted for modern audiences. An intelligent, well acted and absorbing (FUN!) film. *We thank SONY for providing our SONY SUNDAY features!*

KARAOKE

Join **"Karaoke Mary" & Friends** on Tuesdays, 11:00-1:00 in the Nutrition Site to sing the standards or whatever your heart desires. Bring your own music or use the music generously provided by the Senior Center.

Also, join **"Tony & Friends"** on Wednesday, 2:30-4:30 p.m. for an enjoyable Open Microphone session. Come to listen or perform and join the fun!

SHOWTIME

The movie is subject to change. Members with their membership cards are free. Movies begin at 1 p.m. unless otherwise noted. Operas are featured on the 1st Tuesday of the month. PLEASE NOTE: **Film rating symbols** are included in the movie listings for your information. An "R" RATING may be assigned due to, among other things, a film's use of language, theme, violence, sex or its portrayal of drug use. Please consider the rating before **you choose** to view a movie. Also, the playing time is noted for your convenience.

 PLEASE NOTE: AS OF OCTOBER 1, THE MOVIES
ARE OPEN TO CCSCA MEMBERS ONLY 

SUNDAY MOVIES

- Dec. 6 **SONY SUNDAY: EASY VIRTUE**
2009-Comedy-PG13-Jessica Biel; Kristin Scott Thomas; Colin Firth; 97 min..
- Dec. 13 **GRAN TORINO**
2008-Drama-Rated R-Clint Eastwood; Cory Hardict; Brian Haley; Brian Howe; 116 min..
- Dec. 20 **THE PROPOSAL**
2009-Comedy-PG13-Sandra Bullock; Ryan Reynolds; Mary Steenburgen; Betty White; Craig T. Nelson; 107 min..
- Dec. 27 **FLASH OF GENIUS**
2008-Drama-PG13-Greg Kinnear; Lauren Graham; Alan Alda; 119 min.

TUESDAY MOVIES

- Dec. 1 **OPERA MOVIE- THE MERRY WIDOW**
By Franz Lehar. Jane Thorngren; Michael Hale; Note playing time of 180 min.
- Dec. 8 **NO MOVIE TODAY~ Come & enjoy the PRIMETIME PLAYERS PLUS SHOW**
LAUGH OUT LOUD TWO
- Dec. 15 **AWAY WE GO**
2009-Comedy-Rated R- John Krasinski; Maya Rudolph; Maggie Gyllenhaal; Allison Janney; 98 min.
- Dec. 22 **FOUR CHRISTMASES**
2009-Comedy-PG13-Vince Vaughn; Reese Witherspoon; Robert Duvall; 82 min.
- Dec. 29 **EVERY LITTLE STEP -Documentary**
Captures the magic of the Broadway smash hit "A Chorus Line." 93 min.



LOOK WHAT'S COMING UP



"The Great American Songwriters"
presenting

Irving Berlin

Tuesday, December 15
1:00 PM

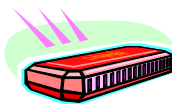
LEARN ABOUT THE MAN, HIS LIFE & LOVES, HIS MUSIC & HIS TIMES IN A UNIQUE CONCERT-SING-ALONG SHOW
Commentary by host **Saul H. Jacobs**
Vocals by **Lulee Fisher**
Keyboard artistry by **Bob Lipson**

"windjammers"

Harmonica Group

Holiday Songfest

Wednesday, Dec. 16
1:00 p.m.



Refreshments Served

HOLIDAY MUSIC WITH

"Merry" Mary & Friends

Wednesday,
December 23

1:00 p.m.

Music!  Fun!

Refreshments!

STROKE SCREENING

Diagnostic Stroke Screening by non-invasive ultrasound to check the carotid artery for thickening. This screening is generously provided by Prospect Medical Group and SCAN Insurance. No reservations needed. Friday December 4 from 9:00-11:00 a.m.

MAKING SENSE OF MEDICARE 2010: YOUR CHOICES

Presented by **Bruce Johnston** on **Monday, December 7 at 1:00 p.m.**

PUBLIC TRANSIT NEWS

All public transit questions are welcome. Bring your questions to Bonnie in the lobby on Thursdays from 11:00-12:15. In December, Bonnie will be available on Dec. 3 and 10. You can always leave a note at the Business Desk. Take advantage of the wealth of information that Bonnie has on all the fun and practical places you need/want to go without driving there.

SPRING OUTING PARTICIPANTS: Bonnie will call you in January for your preferences.

There will be a mandatory meeting on Thursday, Feb. 4 at 1:00 p.m. where you will receive outing dates and all details. Please plan ahead and mark your calendar for this important meeting.

SHORT STORY GROUP EXPERIENCE

The Short Story Group meets on Thursdays from 11:00 a.m. until 1:00 p.m. to discuss and share views on short stories with others. One story a week is discussed, which is read at home. Allen Gartenburg, the leader of the discussions, wants you to know that reading the story before the meeting is necessary to enjoy the discussions. Here is the schedule of stories to be discussed in the near future:

12/3/09	Hall, Lawrence S.	THE LEDGE
12/10/09	Roth, Philip	DEFENDER OF THE FAITH
12/17	Elkin, Stanley	CRIERS AND KIBITZERS, KIBITZERS AND CRIERS
12/24 and 12/31	NO MEETING	
1/7/10	Malamid	THE GERMAN REFUGEE
1/14/10	Oates, Joyce Carol	WHERE ARE YOU GOING, WHERE HAVE YOU BEEN?



Special Movie Presentations

Friday, December 18 at 12:30

"A Christmas Story"

The 1983 classic-a true gem!

Thursday, December 24 at 12:30

"White Christmas"

Classic 1954 Holiday Musical

Danny Kaye, Bing Crosby & Rosemary Clooney



The Movie Game

Monday, December 21

1:00 p.m.

Join **Amy Malina** in a live, musical game show that is lively, engaging and FUN!

TRIP OFFICE

DECEMBER 2009

TRIP SALES WILL BE WEDNESDAY, DECEMBER 3, 2009 IN ROOMS C73 AND C75. DOORS OPEN AT 7:30 A.M. AND TRIP SALES WILL BEGIN AT APPROXIMATELY 8:00 A.M. Enter the building through the door off the Senior Center Parking lot. If you cannot be at the Center at this time, call during regular Trip Office business hours for seat availability. You must check in 30 minutes before scheduled departure time. YOU MUST HAVE A 2009 MEMBERSHIP CARD FOR EACH PERSON AND EACH PURCHASE. NO EXCEPTIONS!

SANTA YSABEL CASINO-FRIDAY-FEBRUARY 5, 2010-\$32.00

Lv. 8:00 a.m. Rt. 6:30 p.m.



Casino is giving you \$10.00 in slot play. You must bring your Players card when you sign up for this trip. The Casino is tracking all plays. Picture I.D. required by Casino. You must make out a separate check when buying this trip.

BUFFALO BILLS HOTEL-PRIMM, NEVADA-SUN-TUES-FEBRUARY 7-9, 2010

Lv. 9:00 a.m. Rt. 5:30 p.m.

This package includes: round-trip motor coach, 2 nights accommodations, taxes, portorage and 3 buffets. **Singles: \$100.00/Doubles \$78.00 p.p.**



PALA CASINO-MONDAY-FEBRUARY 22, 2010-\$25.00

Lv. 8:00 a.m. Rt. 6:00 p.m.



You must bring your Players card when you sign up for this trip. The Casino is tracking all plays. Picture I.D. required by Casino.

BACKWARDS IN HIGH HEELS MUSICAL-SATURDAY-FEBRUARY 27, 2010-\$85.00

Lv. 10:30 a.m. Rt. 5:30 p.m.

This is a brand new musical! The Fullerton Civic Light Opera presents "The Ginger Rogers Story, Backwards in High Heels." Lunch at Arnold's Cafeteria in Long Beach.



TRIP REMINDERS

- * We regret that the escorts and the bus drivers cannot provide assistance for members with special needs. If you require assistance during our trips, you must be accompanied by a companion who is capable of and totally responsible for providing assistance.
- * Our trips include the driver's gratuity, however, if the driver performs services over and above the norm, additional tips are recommended.
- * Be sure to carry a picture identification card at all times, e.g. driver's license, California Identification card or current passport.
- * We suggest you bring your own bottled water on trips as sometimes water is not available on the motor coaches.
- * When going on trips, please park at the farthest end of the lot. Make sure you have a Senior Center Parking Permit on your car's rear-view mirror.
- * There is a \$5.00 per night charge for overnight parking at the Center.

SPECIAL NOTICES

Trips for 2010—Stop by the Trip Office for applications for these two new tours.

- Rails of New England Tour—8 days Departing October 7, 2010.
- Mexican Riviera Cruise—Departing April 11, 2010
- The Trip Office is planning a trip to the Reno-Tahoe for Spring (May) 2010. Altitudes will be from 4,000 to over 7,000 feet. If you have a medical condition, please discuss traveling in high altitudes with your physician.

RAIN OR SHINE, WE LEAVE ON TIME!! IF YOU MISS THE BUS, THE RETURN EXPENSE IS YOUR RESPONSIBILITY AND YOU WILL NOT BE REIMBURSED FOR ANY EXPENSES.





What a Difference a Teacher Makes!

This fall we're starting a pilot project with Culver City Middle School to provide teachers with assistance in various classrooms. As you know, school budgets are very tight at the moment, but education is still #1!

Anyone interested is invited to attend the open information session about this program with teachers and the M.S. Principal. It is:

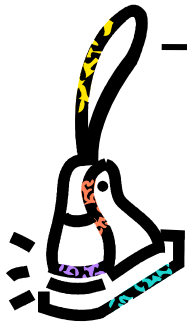
Tuesday, December 3rd at 3 p.m.

Join us for an intergenerational learning project with Culver City kids!

We're looking for Senior Center members to be part of a fun and educational service learning project in partnership with Culver City's Turning Point School. This project was postponed from this Spring but will take place starting January 2010.

The project will involve interviewing each other and participating in events at the Center together. This is a writing project for the kids that is important to their educational school year so be prepared to share information about your life in the past, present and future and all you've done and will do in your life!

This project will take place over several Wednesdays in January & February 2010. Sign-up sheets are in the RSVP office **This will be a FUN project that will bring together generations in our Culver City community!**



FREE NOTARY!

The second Thursday of the month, a free volunteer notary will be at the Senior Center 1-2 p.m. *Please bring your membership card, a picture I.D. and note that you will be fingerprinted.*

Sweet Tooth Booth!

**See's Candy Sales are Thursday & Friday 10 a.m.—1 p.m.
Come buy a sweet holiday treat for a friend or neighbor while
supporting your senior volunteers**



Computer Safety Seminar

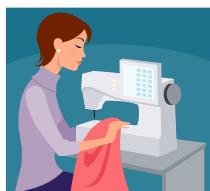
Friday, December 18th @ noon

Ever wanted to know more about being safe when you're online, either shopping or sending your grandkids an email?

This seminar will cover password tips, common e-mail scams, website tips, secure shopping advice and more!

Welcome to Our New RSVP Volunteers in 2009!

Sandra Arai, Victoria Arvizu, Stella Maris Bayutas, Barbara Brooks, Nicole Choquette, Carolyn Conway, Nelly Cuentas, Aldon "Duke" Ellington, Doris Green, Larry Green, Karen Hirano, Ronald Huss, Angela Lage, Lorraine Lapp, Patricia Lindqvist, Clarene Long, Richard Longembaugh, June Martin, Marilyn Martin, Natalie McNeal, Annette McQuaide, Mina Naraghi, Margaret O'Rourke, Betty Phillips, Norman Phillips, Sam C. Polk, La Verta Potts, Dolores Ramos, Louise Raymond, Christina Scarborough, Bob Sherman, Angela R. Silva, Lizzie T. Thomas and Rose Waldron



ATTENTION SEWERS

Heal the Bay's annual **Day Without a Bag** event needs your help. Now in its third year, the goal of Day Without a Bag is to encourage people to stop using single-use plastic bags and to start using reusable bags. We will be receiving a bunch of tank tops to be turned into reusable bags. Tanks will be passed out to willing sewers the week of Nov. 30th and will be "due" as bags on Monday, Dec. 14th. The event is Dec. 17th. To sign up as a sewer visit the RSVP office-thanks

**Welcome to
Our Lunch
Program!**



**Good Food!
Good Company!
Great Volunteers
to Serve You!**

In our efforts to provide nutritious & delicious meal choices, we have added salad entrees to our lunch menu on selected Thursdays. Please review our Nutrition Menu and come join us for lunch!

Snack 'n Chat Program M-F 8:00 a.m. until Noon
Enjoy hot & cold beverages plus other goodies!

**Don't forget: No Snack 'n Chat on Senior Center Party Days*













LUNCH MENU December 2009★

Lunch is served at 11:30 a.m. Monday - Friday. For information call the lunchroom at (310) 253-6726 or the Nutrition Program Director at (310) 253-6712. Suggested donation for Seniors (age 60 & over) is \$2.25 and mandatory fee for Non-Seniors (age 59 & below) is \$3.75. If asked to show proof of age, please comply, as it is necessary for us to meet these requirements, which are set forth by our agent.

To reserve lunch, please call between 9 a.m. - 12 noon the day before. Please sign in for your lunch ticket before 11:15 a.m.

1% and non-fat milk are served every day. Fruit in light syrup is available upon request as a lower calorie substitution. Please obtain a special ordering ticket at the lunch room sign-in desk.

The menu is subject to change. Exclamation point (!) indicates that the meal or dessert has "Trans Fat". Na (†) indicates High Sodium

Tuesday 1		Wednesday 2		Thursday 3		Friday 4			
 December		Karaoke Day Lentil Soup Pepper Steak with Gravy Whole Grain Bread Vegetable Spread Mashed Potatoes Spinach Salad with Mandarin Orange Spice Cake or Fruit 		Hawaiian Chicken Brown Rice California Blend Marinated Tomato Salad Fresh Fruit in Season		Double Entrée: Ground Turkey Lasagna Zucchini, Mushroom and Tomatoes (OR) Chicken Salad Cold Plate WW Bread w/ veg. spread Both: Romaine Salad Both: Italian Dressing Both: Peach Crisp with Oatmeal Topping Both: Orange Juice		Navy Bean Soup Double Entrée: Baked Supreme Fish (OR) Bean & Shredded Beef Burrito with Sauce Pasta Primavera Green Beans Garden Tomato Salad French Dressing Mandarin Orange and Pineapple	
Monday 7		Tuesday 8		Wednesday 9		Thursday 10		Friday 11	
		Karaoke Day Beef Enchilada Spanish Rice Cold Red & Green Cabbage Mixed Green Salad French Dressing Banana Orange Juice 		Potato Soup Teriyaki Chicken Buttered Noodles Mixed Vegetables Pineapple Coleslaw Carrot Cake or Fruit		Center Holiday Party Special Menu  Special Ticket Required		Spanish Bean Soup Double Entrée: Herb Baked Fish (OR) Curry Chicken Mashed Potatoes Green Beans Spinach Salad w/ Mandarin Orange Whole Wheat Bread w/ Veg. Spread Seasonal Fruit	
Monday 14		Tuesday 15		Wednesday 16		Thursday 17		Friday 18	
Lemon Chicken Buttered Noodles Seasoned Spinach Marinated Beet Salad Orange		Karaoke Day Chicken Rice Soup Spinach Quiche Whole Wheat Bread Vegetable Spread Corn & Red Pepper Italian Salad w/ Ranch Dressing Cantaloupe 		Beef Patty Whole Wheat Bun Lettuce, Tomato & Pickle Oven Brownded Potatoes Carrot Raisin Salad Tapioca Pudding Orange juice		Double Entrée: BBQ Chicken Corn Bread Steamed Cabbage & Carrots (OR) Chicken Waldorf Salad Mixed Lettuce, Carrot Sticks WW Bread, Oatmeal Cookie Both: Vegetable Spread Both: Marinated Tomato, Green Pepper and Onion Salad Both: Sliced Peaches		Double Entree: Lemon Parsley Baked Fish (OR) Turkey Bean Chili Brown Rice California Blend Romaine Salad w/ Italian Dressing Cinnamon Sliced Apples Orange juice	
Monday 21		Tuesday 22		Wednesday 23		Thursday 24		Friday 25	
Hot & Sour Noodle Soup Chicken Leg Quarter Brown Rice Coleslaw Pinto Beans Banana		Karaoke Day Split Pea Soup Roast Beef Mashed Potatoes Green Beans Broccoli & Raisin Salad Wheat Roll w/ Veg. Spread Chocolate Cake w/ Powdered Sugar or Fruit 		Tomato Soup Chicken Divan Barley Pilaf Lettuce & Tomato Salad French Dressing Cantaloupe 		Double Entrée: Beef Lasagna Mixed Vegetables Spinach Salad, Mandarin Oranges w/ Italian Dressing (OR) Poached Salmon Salad Sourdough Roll w/ veg. spread Chopped Raw Spinach w/ Tomatoes Oil and Vinegar Dressing Both: Rice Pudding		Center Open Holiday Hours  12:00-4:00 p.m. No Lunch Served Today Fitness Room Closed	
Monday 28		Tuesday 29		Wednesday 30		Friday 31			
Salisbury Steak Mashed Potatoes Normandy Vegetables Whole Wheat Roll Vegetable Spread Chocolate Chip Cookie or Fruit Orange Juice		Karaoke Day Turkey a la King White Rice Spinach Cranberry Gelatin Salad Honeydew 		Vegetable Soup Pork Riblet Brown Rice Pilaf Green Beans Romaine Salad with Red Cabbage and French Dressing Orange		New Year's Celebration Special Menu  Special Ticket Required			
★MENU SUBJECT TO CHANGE★									

This project is funded, in part, by LA County Area Agency on Aging, through the Older American Act of 1965, the City of Culver City and the generous donations of our community.

Seasons Greetings

from the Senior Center Staff



We wish you all a happy holiday season!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>CLASSES LISTED IN THE COLUMNS TO THE RIGHT OCCUR EVERY WEEK ON THE DAYS/TIMES SHOWN</p> <p style="text-align: center;"></p> <p>* FEE FOR CLASS ♦ MEETS AT VETS MULTIPURPOSE ROOM +Materials fee</p> <p><i>All Classes Are Taken At Risk of the Participant</i></p> <p style="text-align: center;">DECEMBER 2009</p>	9:00 Chinese Group 9:00 Merry Makers Club 9:00 Ceramics 9:00 Art Workshop ^ 9:30 Nia Class * 10:00 Tai Chi 10:00 German 11:00 Balance Challenge * 11:00 Russian 11:00 Mah Jong 12:00 Bingo 12:00 Dancercise* 12:15 Floor Exercise & Stretch* 12:30 Coco's Art Class ^ 1:00 Paper Craft Art Class+ 1:00 Fitness Class* 2:30 Yoga* 2:30 Line Dancing *	9:00 Japanese Class 9:00 Bridge 9:00 Mah Jong 9:00 Pan 9:30 Tai Chi 10:00 Yoga With Rosa *♦ 10:00 Band Practice 10:30 Drama 11:00 Karaoke Mary & Friends 12:00 BERTO Exercise * ♦ 1:00 MOVIE 1:00 Intermediate Spanish 1:00 Sonia's Art Class ^ 1:45 Tai Chi 2:00 Elementary Spanish 3:15 Rosen Movement* 3:30 Yoga*	9:00 RSVP-WWP&Crafts Group 9:00 Harmonica 9:00 Beginning Ballroom *♦ 10:00 Loss Support Group 10:30 Mah Jong & Pan 10:30 Alz/Caregiver Support 10-11:30 Ballroom Dance * ♦ 10:00 Calligraphy+ 11:30 Osteo-Fit Class* ♦ 12:00 Bereavement Group 12:30 RSVP Singers Rehearsal 1:00 Yoga * ♦ 1:30 Portrait Drawing Class 1:30 RSVP Singers Go Out 1:30 Current Events* 2:00 Improvisation for Seniors 2:45 Fitness Class* 2:30 Open Mike with Tony 4:00 Osteo Exercise Class*	9:15 Nia * ♦ 9:00 Watercolor* ^ 9:00 Bridge 9:00 French 9:30 Pastel Art * ^ 9:30 Qi Gong 9:30 Balance Challenge * 10:00 Spanish 11:00 Public Transit~Bonnie 11:00 Short Story Class 11:30 Mah Jong & Pan 12:00 Duplicate Bridge 12:30-2:30 Shared Housing 1:00 Latin American Group 1:00 Yoga* 1:30 RSVP Dancers Go Out 2:00 Mah Jong for Beginners 3:30 Latin Ballroom Dance*	9:00 Melody Masters prac. 9:30 Knitting Class 10:00 Balance Challenge* 10:00 Italian 10:30 Sitting Pretty Chair Exercise Class 11:00 Balance Challenge * 11:00 German 11:45 Osteo Exercise* 12:45 Fitness* 1:00 "Remembranzas" Group 1:00 Tai Chi 1:30 RSVP Singers Go Out 2:00 Yiddish Group 2:30 Line Dancing * 3:30 Yoga *	1:00-3:30 p.m. SATURDAY DANCES \$2.00 Members \$4.00 Guests (50 & older)
Art Classes marked with ^ require you to bring your own materials. Be sure to check with instructors for details.		1 8-10 am <u>FREE COFFEE</u> 1:00 OPERA MOVIE <i>THE MERRY WIDOW</i>	2 <u>8:00 A.M. TRIP SALES</u> 1:00 Talent Show	3 11-12:15 Public Transit Information Bonnie Cherko	4 9:00-11:00 Stroke Screening	5 10:30 CHRISTMAS IS..... TRIP 1:00-3:30 DANCE Music by RAZZMATAZZ
6 12:30 BRIDGE 1:00 MOVIE	7 1:00 Making Sense of 2010 Medicare: Your Choices Bruce Johnston 1:00 VETERANS GROUP MEETING	8 8-10 am <u>FREE COFFEE</u> 1:30 PRIMETIME PLUS PLAYERS SHOW "Laugh Out Loud Two" No Movie Today	9 RSVP CRAFTS SALE 10-1	10 11:30 Center Holiday Party 11-12:15 Public Transit Information Bonnie Cherko	11 12:30 Movie Nostalgia MY FAIR LADY 	12 1:00-3:30 DANCE Music by MELODY MASTERS
13 9:00 LAUGHLIN TRIP 12:30 BRIDGE 1:00 MOVIE	14 1:00 BOARD MEETING Membership Registration 9-2	15 8-10 am <u>FREE COFFEE</u> 1:00 Irving Berlin Show Membership Registration 9-2	16 9:00-11:00 a.m. <u>DIABETES SUPPORT GROUP</u> <i>Meets at Vets Memorial Building</i> 1:00 Harmonica Group Holiday Show Membership Registration 9-2	17 2:00 NEWPORT CHRISTMAS BOAT PARADE TRIP 1:00 December Birthday Party Membership Registration 9-2	18 12:30 Movie A CHRISTMAS STORY 12:00 Computer Safety Seminar Membership Registration 9-2	19 1:00-3:30 DANCE Music by STRIKERS
20 12:30 BRIDGE 1:00 MOVIE	21 1:00 Movie Game Amy Malina Membership Registration 9-2	22 8-10 am <u>FREE COFFEE</u> 1:00 MOVIE Membership Registration 9-2	23 1:00 Holiday Music "Merry" Mary & Friends Membership Registration 9-2	24 12:30 Movie WHITE CHRISTMAS	25 	26 1:00-3:30 DANCE Music by SWING SET 1:00 Card Games with Virginia
27 12:30 BRIDGE 1:00 MOVIE	28 8:30 VALLEY VIEW CASINO TRIP	29	30	31 11:30 New Year Celebration		