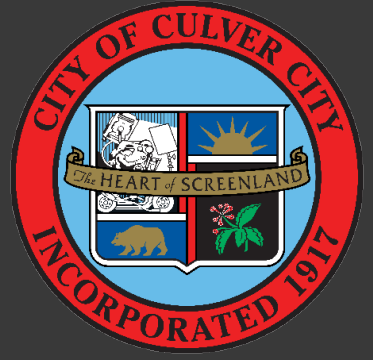


# CULVER CITY SENIOR CENTER NEWSLETTER



DECEMBER 2023



**Happy Holidays from all of us at the Culver City Senior Center!**

**The Center will be CLOSED in observance of the holidays on  
Monday, December 25th and Monday, January 1st.**



### CITY OFFICIALS

Albert Vera - Mayor  
 Yasmine-Imani McMorrin - Vice Mayor  
 Göran Eriksson - Councilmember  
 Dan O'Brien - Councilmember  
 Freddy Puza - Councilmember  
 John Nachbar - City Manager



(310) 253-6000  
[www.culvercity.org/city-hall/city-council](http://www.culvercity.org/city-hall/city-council)

City Elected and Appointed Officials can be reached by mail at City of Culver City, PO Box 507, Culver City, CA 90232-0507 or by email at [city.council@culvercity.org](mailto:city.council@culvercity.org)

### CULVER CITY PRCS COMMISSION

Palvi Mohammed - Chair  
 Jane Leonard - Vice Chair  
 William Rickards - Member  
 Crystal Alexander - Member

The PRCS Commission meets on the first Tuesday of the month at 7 PM. For more information and to view the meeting agenda, go to this link: <https://www.culvercity.org/City-Hall/Meetings-Agendas>  
 Email: [cbc.prcs.commission@culvercity.org](mailto:cbc.prcs.commission@culvercity.org)

### PRCS SENIOR CENTER STAFF

Ted Stevens - PRCS Director  
 Francisca Castillo & Dani Cullens - RCS Managers  
 Jill Thomsen - RCS Supervisor  
 Melanie Morales - RCS Coordinator  
 Mike Odunze - RCS Coordinator  
 Nancy Ruvalcaba - Recreation Specialist  
 John Panganiban - Senior Recreation Leader  
 Martha Diaz - Senior Recreation Leader  
 Franna Diamond - Recreation Leader II  
 Silvia Tapia - Recreation Leader II

### SENIOR CENTER INFORMATION

Address: 4095 Overland Avenue  
 Culver City, CA 90232  
 Phone: (310) 253 - 6700  
 Hours: M-F 9 AM - 5 PM  
 SAT & SUN 12 PM - 4 PM  
 Business M-F 9 AM - 4 PM  
 Desk Hours: SAT & SUN 12 PM - 3:30 PM

### SENIOR MEALS

Jewish Family Services (323) 937-5843



## SENIOR CENTER NEWSLETTER

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### CCSCA BOARD OF DIRECTORS

John Rollins - President  
 Ron Gorman - Vice President  
 Kay Heineman - Secretary  
 John Salgado - Treasurer  
 Barbara Silverstein  
 Benita Williams  
 Don Roybal  
 Zia Garcia  
 Carolyn Conway  
 Shiela Dean

The CCSCA Board of Directors meet on the 2nd Monday of the month at 1 PM  
 Phone: (310) 253-6749  
 Email: [john@ccscainc.org](mailto:john@ccscainc.org)

### PRCS DEPARTMENT INFORMATION

PRCS Website - [www.culvercity.org/prcs](http://www.culvercity.org/prcs)  
 City Website - [www.culvercity.org](http://www.culvercity.org)  
 PRCS Instagram - [@culvercityprcs](https://www.instagram.com/culvercityprcs)  
 City Instagram - [@culvercitygov](https://www.instagram.com/culvercitygov)  
 PRCS Facebook - [CulverCityPRCS](https://www.facebook.com/CulverCityPRCS)  
 City Facebook - [CityofCulverCity](https://www.facebook.com/CityofCulverCity)  
 Plunge Facebook - [CulverPool](https://www.facebook.com/CulverPool)

### SPECIAL SERVICE FOR GROUPS (SSG)

See page 11 or call (310) 253-6717

## Important Senior Center Updates

### 2024 Culver City Senior Citizens Association, Inc. (CCSCA) Membership

The Culver City Senior Citizens Association 2024 Membership Drive will be held during the below dates and times in the Senior Center Lobby:

- December 4 - 8 from 9 AM - 1:00 PM
- January 2 - 5 from 9 AM - 1:00 PM
- January 8 - 12 from 9 AM - 1:00 PM

2024 Membership Cost Breakdown:

- 2024 Membership Dues (Valid January - December 2024 calendar year) - \$20
- Newsletter Mailing Option - \$25
- Age 90+ Membership Dues - \$5 (must be 90 years old at time of membership renewal or turn 90 during 2024)
- Parking Pass - \$5
- Fitness Room - \$125.00 for the calendar year or \$75.00 for 6 months (all Fitness Room renewals require an updated 2024 Physician's Authorization Form)
- Ping Pong - \$12 for the calendar year

2024 Membership Reminders:

- Only cash or checks will be accepted.
- No bills over \$20.00 will be accepted.
- No refunds.

All CCSCA members must have a current 2024 membership & parking sticker by Monday, January 15, 2024. Membership renewal can only be done in person. Beginning Monday, January 15, the Business Desk will be accepting membership renewals.

### AARP Driver Safety Courses

The AARP Driver Safety courses will be returning in 2024! Patrons may sign up now at the Business Desk for the 8 hour Driver Safety class or 4 hour refresher course. Please stop by the Business Desk for more information about the 2024 class schedule and fees.

### Jewish Family Services (JFS) Nutrition Program - Time Change

The JFS Nutrition Program has adjusted its meal schedule time to be 11:30 AM - 1 PM. Lunches will now be served during that timeframe. If you are interested in participating in the meal program, complete an intake form with help from JFS volunteers at the center in the Dining Room.

### CCSCA Activity & Event Registration Reminder

Please bring your membership card with you to register in-person for any CCSCA activity or event and to receive your monthly newsletter at the Senior Center Business Desk. This will help our staff speed up the registration process each month. We appreciate your assistance!

## Pan y Platica

Join CCHS student Natalie for a conversation in Spanish about different generational and cultural topics over a cup of hot chocolate and pan dulce! *Open to CCSCA members only.*

Date	Day	Time
December 6	WEDS	2 - 2:45 PM
January 3	WEDS	2 - 2:45 PM

## Saturday Dances

Grab some friends and come out to dance! \$5 for CCSCA members and \$7 for non-members.

Date	Day	Time	Entertainer
December 9	SAT	1- 3 PM	Kelly L Williams

Kelly L. Williams performs a variety of music.

## Bingo

Join PRCS staff for a game of Bingo. *Open to CCSCA members only.*

Date	Day	Time
December 27	WEDS	1- 2 PM

## Beginning Line Dancing

Want to learn how to Line Dance? Then come out and dance with us! CCSCA members are encouraged to attend Instructor Jackie's next Beginning Line Dancing Session. The fee for this class is \$2.

*Open to CCSCA members only.*

Date	Day	Time
1/22-2/26	MON	12:15 - 12:55 PM

*\*Regular Line Dancing Class will be on break from December 15-29. Regular Line Dancing Class will resume Friday, January 5, 2024.*

## Conversational Mandarin Group

Start learning the basics of Mandarin! This group will not be meeting this month. Check back in next month for upcoming dates! *Open to CCSCA members only.*

Date	Day	Time
Not Meeting in December		

## Walking Group

Join PRCS staff member, John, on a new route around beautiful Culver City. All participants must wear proper exercise shoes. We recommend wearing bright colored clothes, bringing a reusable water bottle (disposable plastic is not allowed), wearing a hat & applying sunscreen.

*Open to CCSCA members only.*

Date	Day	Time
December 5	TUES	9:15 AM
December 19	TUES	9:15 AM

## Karaoke with Rudy

Join Rudy and friends for a fun filled afternoon of karaoke at the Senior Center. In case of inclement weather, the activity will start at 1:30 PM. *Open to CCSCA members only.*

Date	Day	Time
December 27	WEDS	1 - 3:30 PM

## The Cunning Consumer

Consumer writer and award-winning reporter Ellis Levinson, a.k.a. The Consumer Guy, is back for his monthly class, The Cunning Consumer. This month's topic is: "Intimidated by having to contact each company individually when you want to protect your online privacy? Good news! Before too long Californians will be able to do it all at once." *Open to CCSCA members only.*

Date	Day	Time
December 20	WEDS	11 AM - 12 PM

## Trivia with Michael

Come test your trivia skills with Michael! *Open to CCSCA members only.*

Date	Day	Time
December 5	TUES	10 - 11 AM
January 2	TUES	10 - 11 AM

## Kindness Rock Painting

Join PRCS staff on the Senior Center patio and come paint rocks to fill our wonderful rock garden! *Open to CCSCA members only.*

Date	Day	Time
December 14	THURS	1- 2 PM

## Music Mends Minds - Rhythm, Play and Community!

Join us for the Music Mends Minds Drum Circle on the patio (moves inside if inclement weather)! Instruments will be provided, and feel free to bring your own! No experience needed! *Open to CCSCA members only.*

Date	Day	Time
December 8	FRI	12:30 - 1:30 PM

## Merry Makers Bingo

Join the Merry Makers for a fun game of Bingo! Each card is 25 cents and all contributions go toward purchasing prizes for each game of Bingo. *Open to CCSCA members only.*

Date	Day	Time
No Merry Makers Bingo this month		

## Adventures with Doug - Adventure to Mt. Rainier

The Cascade mountain range in our northwest stuns all who experience its awesome beauty. You may have heard of a few of its famous peaks: Mt. Lassen, Mt. Shasta, Mt. Hood, Mt. St. Helens and of course, Mt. Rainier. They all have something in common. They're all volcanoes: part of a string that extends from northern California, through Oregon and Washington and into Canada.

Join us for our slide show adventure which will feature incredible views and exciting experiences as we try to mountaineer to the summit of Mt. Rainier, considered by many to be one of the most challenging peaks in the Lower 48.

*Open to CCSCA members only.*

Date	Day	Time
December 19	TUES	3:15 - 4:30 PM

## Underwater World with Craig

Join Craig this month to learn about Magellanic Penguins. Craig is an experienced scuba diver and volunteers at the Aquarium of the Pacific. *Open to CCSCA members only.*

Date	Day	Time
Not Meeting in December		

## Ask the Physical Therapist

Ask the Physical Therapist with Cristina Gabor facilitates discussions over health-related topics. *Open to CCSCA members only.*

Date	Day	Time
December 21	THURS	1 - 2 PM

## Book Club

Join Culver City High School students Emily & Teagan for an intergenerational monthly Book Club! Please read the first half of *Blood Moon Rising: A Daughter Awakens* by Silver Foot to join the group for the first meeting and the second half of the novel by last meeting of the month. Shout out to Tim Skilton (Silver Foot) for sharing his book with the group!

*For meeting updates, to learn the title of the book & reminders, please text @culverbcb to the number 81010. Open to CCSCA members only.*

Date	Day	Time
December 13	WEDS	2:10 - 3:10 PM
December 27	WEDS	2:10 - 3:10 PM

## The Glee Three Sing-Along

Join the Glee Three for their monthly sing-along at the Center. *Open to CCSCA members only.*

Date	Day	Time
December 15	FRI	11 AM - 12 PM

## Bob Levy "The Music Man" - Online Activity

Bob returns with his guitar, singing voice and nostalgic songs from Frank Sinatra to the Beatles. Eddie Ed O' Brien, the zany comedian, is returning to bring more laughter and fun to this musical hour. Bob also welcomes Eddie's wife, Marcie O'Brien, singer and classically trained violinist who brings to us great songs and melodies with her voice and violin.

Please email [info.seniorcenter@culvercity.org](mailto:info.seniorcenter@culvercity.org) for the meeting link. *Open to CCSCA members only.*

Date	Day	Time
December 13	WEDS	1 - 2 PM


# DECEMBER

CLASS SCHEDULE

CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12:00- 3:45 Bridge, Mah Jong &amp; Pan 1:00 Movie (see page 8)</p> <p><b>Classes listed in the columns to the right occur every week on the times and dates shown.</b> →</p> <p>* Means the Class Has a Fee</p> <p>All classes are taken at the risk of the participant.</p>	<p>8:00 Zumba Gold*</p> <p>9:00 Ceramics*</p> <p>9:15 Open Computer Lab</p> <p>9:15 Beginning Ukulele*</p> <p>9:30 Acting Craft Workshop</p> <p>10:00 Chair Zumba*</p> <p>10:00 German (Meets 2nd Monday of the month)</p> <p>10:00 Merry Makers Club (Meets 1st &amp; 3rd Monday of the month)</p> <p>10:15 Intermediate Ukulele*</p> <p>10:30 Sit N Be Fit with Margarite*</p> <p>10:30 Beginning Tai Chi with Anton* (At Veterans Memorial)</p> <p>12:00 Dancercise*</p> <p>1:00 Music Time Machine (meets last Monday of the month)</p> <p>1:00 Art with Coco</p> <p>1:00 Art History*</p> <p>1:00 Line Dancing*</p> <p>2:30 Yoga with Phil*</p> <p>3:00 Healthy Eating</p> <p>3:15 Positive Visioning*</p>	<p>9:00 Mah Jong &amp; Bridge</p> <p>9:00 Fun with Acrylics</p> <p>9:00 Pan</p> <p>9:00 Beginning Sign Language (^Class is full)</p> <p>9:15 Gentle Mat Yoga with Lauren*</p> <p>9:15 Tai Chi with Greg</p> <p>9:15 Walking Group (Meets 1st &amp; 3rd Tuesday)</p> <p>10:00 Conversational Mandarin (Meets 2nd Tuesday)</p> <p>10:45 Hula Dance</p> <p>11:05 Creative Writing</p> <p>11:00 Karaoke</p> <p>11:30 Balance Challenge*</p> <p>11:45 Heartfulness Meditation</p> <p>1:00 Chair Yoga with Caroline</p> <p>1:00 Movie (see page 8)</p> <p>1:00 Platitando Sabroso (meets 4th Tuesday of the month)</p> <p>1:30 Veterans Social Group (meets 1st Tuesday of the month)</p> <p>2:00 SSG Peer Support Group</p> <p>3:30 Gentle Yoga with Cyndi*</p>	<p>8:00 Zumba Gold*</p> <p>9:00 Crochet Group</p> <p>9:00 Pan</p> <p>9:15 Open Computer Lab</p> <p>9:30 Chair Abs &amp; Core</p> <p>10:00 Loss Support Group (2nd &amp; 4th Wednesdays)</p> <p>10:30 MindBodyDance*</p> <p>10:30 Pan</p> <p>11:00 Chess</p> <p>11:00 Spanish Social Group</p> <p>12:00 Mat Pilates 101*</p> <p>12:30 International Folk Dance</p> <p>1:00 Yoga with Phil*</p> <p>1:30 Current Events*</p> <p>2:00 Book Club (Meets 2nd &amp; 4th Wednesday)</p> <p>2:15 Beginning Spanish Class (Meets 1st Wednesday of the month)</p> <p>2:15 Pan Y Platica (Meets 1st Wednesday of the month)</p> <p>2:30 Open Play Ping Pong</p>	<p>9:00 Watercolor*</p> <p>9:00 Mah Jong &amp; Bridge</p> <p>9:00 Pan</p> <p>9:00 Intermediate Sign Language</p> <p>9:15 Dance Fit with John</p> <p>10:00 Advanced Sign Language (Meets Last Thursday)</p> <p>10:00 Spanish Conversation Class (Meets Last Thursday)</p> <p>11:00 Reading Short Story Group</p> <p>11:30 Balance Challenge*</p> <p>12:00 Duplicate Bridge (Meets in the Veterans Building)</p> <p>12:30 Fun with Pastels</p> <p>1:00 Beginning Mah Jong</p> <p>1:00 Chair Yoga with Caroline</p> <p>1:00 Yoga with Phil*</p> <p>1:30 Latin American Group</p> <p>2:30 Open Play Ping Pong</p> <p>3:00 French (Meets 3rd Thursday)</p>	<p>8:00 Zumba Gold*</p> <p>9:00 Knitting Group</p> <p>9:00 Mah Jong &amp; Bridge</p> <p>9:00 Pan</p> <p>9:00 Tai Chi with Anton (Advanced)*</p> <p>9:15 Open Computer Lab</p> <p>9:15 Dance Expressions</p> <p>9:30 Blood Pressure Checks</p> <p>9:45 Gentle Mat Yoga with Caroline</p> <p>10:15 Functional Boxing</p> <p>10:30 Acting Craft Workshop</p> <p>10:30 Full Body Exercise with Marguerite*</p> <p>11:00 Chair Yoga with Caroline</p> <p>11:00 Sing-Along (Meets 3rd Friday)</p> <p>11:30 Mat Pilates 101*</p> <p>1:00 German Conversations</p> <p>1:00 Line Dancing*</p> <p>1:00 Remembranzas</p> <p>2:00 Mindfulness Meditation with Resa</p> <p>3:00 Yiddish Conversations</p> <p>3:30 Gentle Yoga with Cyndi*</p>	<p>12:00 - 3:45 Bridge, Mah Jong &amp; Pan</p> <p>12:15 Current Events</p> <p>12:30 - 3:30 Open Play Ping Pong</p>

**Reminder:**  
All weekly activities are located here above the monthly calendar.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1.	2. Golden Future Expo 9 AM - 1:30 PM
3.	4.  Membership Drive 9 AM- 1 PM	5. 9:15 AM Walking Group 10 AM Trivia with Michael 1:30 PM Veterans Social Group	6. 2 PM Pan y Platica 3 PM CCHS Tech Help	7. 10:30 AM Santa Monica Choir  *Colorful Songs of Broadway Trip 11 AM	8. 12:30 PM Music Mends Minds Drum Circle 2:30 PM Yiddish Group Hanukkah Event	9. 1 PM Saturday Dance
10. 12 PM Bring a Buddy Movie, Crafts & Snacks	11. 1 PM CCSCA Board Meeting  Ikebana Flower Arrangement Display	12.	13. 10 AM Loss Support Group 1 AM Cuning Consumer 1:30 PM Rudy's Variety Show 2:10 PM Book Club	14. 11 AM LACDMH Lunch & Learn 1 PM Kindness Rock Painting  *Harrah's Casino - Trip Office 8 AM	15. 11 AM Glee Three Sing-Along	16. 1:30 PM El Marino Elementary School Chorus Performance
17.	18. 1 PM Music Time Machine	19. 9:15 AM Walking Group 3:15 PM Adventures with Doug	20. 1:30 PM CCSCA Member Appreciation Dance *Ticket Required	21. 1 PM Ask the Physical Therapist	22. 10:30 AM Join PRCS Staff for free giant game play on the patio 	23.
24.	<b>25. The Culver City Senior Center is CLOSED today!</b>	26. 1PM Improv	27. 10 AM Loss Support Group 1 PM Bingo 1 PM Karaoke with Rudy 2:10 PM Book Club	28.  *Pala Casino - Trip Office 8 AM	29. 11 AM NYE Party Pack Pickup *RSVP Required	30.
31.	<b>The Culver City Senior Center is CLOSED on January 1, 2024. Happy New Year!</b>	<b>Calendar Reading Note:</b> Classes, activities and events listed in this calendar are either unique to this month or reoccurring monthly events. Please visit pages 4 & 5, or other specified pages for information related to these events.				



# Movies



## Movies Every Tuesday & Sunday at 1PM

The CCSCA sponsors a movie screening every Tuesday & Sunday at 1PM for your enjoyment! The movies are open to CCSCA members only, you must show your membership card for admittance. In the interest of fairness, seats are first come, first served, as space is limited. Do not move the chairs. Movies and times are subject to change.

### Sunday Movies

#### December 3 - About My Father

A man's fiancée encourages him and his father to spend the weekend with her wealthy and exceedingly eccentric family. The gathering soon develops into a cultural clash, allowing father and son to discover the true meaning of family. 2023; PG-13; Comedy/Drama; Sebastian Maniscalco, Robert DeNiro, Leslie Bibb, Kim Cattrall; 1 hr 29 min.

#### December 10 - Nyad

Sixty-four-year-old marathon swimmer Diana Nyad attempts to become the first person ever to swim from Cuba to Florida. 2023; PG-13; Biography/Sports/Drama; Annette Bening, Jodie Foster; 2 hrs.

#### December 17 - Elf - "Bring a Buddy" Special Intergenerational Movie Event!! (See page 12)

Raised as an oversized elf, Buddy travels from the North Pole to New York City to meet his biological father who doesn't know he exists and is in desperate need of some Christmas spirit. 2003; PG; Family/Comedy; Will Ferrell, James Caan, Zooey Deschanel; 1 hr 37 min.

#### December 24 - Falling for Christmas

After losing her memory in a skiing accident, a spoiled heiress lands in the cozy care of a down-on-his-luck widower and his daughter at Christmastime. 2022; PG; Romance/Comedy; Lindsay Lohan, Chord Overstreet; 1 hr 33 min.

#### December 31 - Julie & Julia

Julia Child's story of her start in the cooking profession is intertwined with blogger Julie Powell's 2002 challenge to cook all the recipes in Child's first book. 2009; PG-13; Biography/Romance/Comedy; Meryl Streep, Stanley Tucci; 2 hrs 3 min.

### Tuesday Movies

#### December 5 - Love Actually

The story follows the lives of eight very different couples in dealing with their love lives in various loosely interrelated tales all set during a frantic month before Christmas in London. 2003; R; Romance/Comedy; Hugh Grant, Emma Thompson, Colin Firth, Liam Neeson, Keira Knightley; 2 hrs 9 min.

#### December 12 - Oppenheimer

Physicist J. Robert Oppenheimer is appointed to work on the top-secret Manhattan Project. Oppenheimer and a team of scientists spend years developing and designing the atomic bomb. 2023; R; History/Thriller; Cillian Murphy, Emily Blunt, Florence Pugh, Robert Downey Jr., Matt Damon; 3 hrs.

#### Dec 19 - Klaus

After proving himself to be the worst student at the academy, a postman is sent to a frozen town in the North where he discovers a reclusive toymaker named Klaus. Klaus won Best Animated Feature at the Annie Awards for Animation and Best Animated Film at the British Academy Film Awards. It was also nominated for the Oscar for Best Animated Feature. 2019; PG; Animated/Adventure/Comedy; 1 hr 37 min.

#### December 26 - A Castle for Christmas

To escape a scandal, a bestselling author journeys to Scotland, where she falls in love with a castle -- and faces off with the grumpy duke who owns it. 2021; G; Romance/Comedy; Brooke Shields, Cary Elwes, Drew Barrymore; 1 hr 38 min.



# CCSCA Tech Classes

## Learn with Judi - iPhone Basics & Advanced iPad

**iPhone Basics** continues the iPhone Basics class from November 2023. This is an elementary introduction to essential uses of the iPhone for new or unskilled users. We will not repeat the November 2023 material but will continue that beginning content. We will most likely cover using Safari, Email, and Camera apps. The content is subject to change.

**Advanced iPad** - For very skilled users and long-time students of Judi's. This class assumes a higher level of comfort and knowledge of the iPad. We will start with a review of the Apple Books app and Libby, the Library app. We will discuss Podcasts and the Podcast app, and using streaming apps like Netflix, Prime Video, and others.

Every course consists of 6-week sessions of 90-minutes each. Each course is \$45 per participant. Payment in cash or check is required at time of registration. Registration takes place on Monday, December 11 & Wednesday, December 13 from 10 AM - noon. CCSCA Members Only.

Dates	Class Type	Day	Time
1/17 - 2/21	iPhone Basics	WEDS	12:30 - 2 PM
1/17 - 2/21	Advanced iPad	WEDS	2:30 - 4 PM

## Bridge the Digital Divide - Computer Lab

Each course is \$45 per participant. Payment in cash or check is required at time of registration. Registration takes place on Monday, December 11 & Wednesday, December 13 from 10 AM - noon. CCSCA Members Only.

Class Type	Day	Time
Intermediate Computer	TUES	9:15 AM - 11:15 AM
Intermediate Computer	THUR	9:15 AM - 11:15 AM

# Tech Opportunities

## Computer Lab Hours

The Computer Lab at the Culver City Senior Center is available at the days and times noted below. CCSCA members are able to utilize the lab only when a designated Computer Lab Volunteer is monitoring the room during open hours. Our Computer Lab volunteer Judi is available to assist members on Mondays.

Days	Time
MON, WEDS & FRI	9:15 - 11:15 AM

## CCHS Tech Help

Do you have a technology question you would like assistance with? Feel free to come to the Computer Lab for help from a few Culver City High School Students (number of volunteers available may fluctuate).

Date	Day	Time
December 6	WEDS	3 - 4:45 PM

## CCSCA Trip Office



**Trip Sales begin December 6.** Office hours are Wednesday & Friday 10 AM - 1 PM. Cash or check only.

## Academy Museum of Motion Pictures

Date	Cost	Departure
Thursday, February 1	\$95	10:30 AM

This self guided tour includes transportation, admission and a box lunch.

## Soboba Casino

Date	Cost	Departure
Thursday, February 15	\$50	8 AM

## Riverside Laughlin

Date	Cost	Departure
Sunday, February 25 - Tuesday, February 27	\$200 per person (doubles) \$250 (singles)	8 AM

Includes: Transportation, (1) bag handling (extra \$5 per bag), fun book, \$15 food voucher per person & driver's tip.

**Please bring previous players card number during registration. December 6 registration will occur in C71 from 10 AM - 11 AM.**



## Special Activities

### CCSCA Origami Group

Come join Notre Dame Academy High School Student Bethlehem Arefaine and delve into the relaxing and engaging world of Origami! Paper and popsicle sticks (if needed) will be provided for the class. Feel free to show any folds you know or come to learn some designs such as the butterfly and crane. If you're a little more experienced, feel free to ask for some more complicated tutorials after class! This is a free monthly activity. There will not be a meeting in December.



Date	Day	Time
January 4	THURS	3 - 4 PM

### Local Walking Trip: Exploring Venice Boulevard



Join Los Angeles Conservancy docent Jill for a historic walking tour down Venice Boulevard in Palms! We'll walk from the Senior Center over to Venice Blvd and walk east up Venice to meet Main Street Culver City, checking out historic structures and hidden gems you may not have noticed before. Be sure to wear comfortable walking shoes and know this tour will be a couple of miles long.

This tour will occur on Friday, December 15th with a departure time of 9:30 AM sharp and will return to the Senior Center around 12:30 PM. Members must arrive at the center by 9:25 AM so we leave on time. Registration begins December 8 at 9 AM. Space is limited. Voicemail RSVPs will NOT be accepted. Open to CCSCA members only.

Date	Day	Time
December 15	FRI	9:30 AM - 12:30 PM

### CCSCA Member Appreciation Holiday Dance

Happy Holidays to all from the Culver City Senior Citizens Association (CCSCA)! To celebrate, the CCSCA is inviting members to a holiday dance for the discounted price of \$1 per ticket! Come out to dance and eat delicious pastries with us at this event. Danny Freyer's Red Hot Flyers will be playing holiday tunes in addition to jazz and swing music for our members to enjoy. We hope to see you there. Space is limited, please purchase your ticket early. Tickets go on sale Monday, December 11.

# Happy Holidays!

Date	Fee	Day	Time
December 20	\$1	WEDS	1:30 - 3:30 PM

### New Years Eve Party Pack Giveaway

2024  
LOADING

It's time to get ready for 2024 and we want to bring the party to your home! Sign up to receive a FREE New Year's Eve Party Pack filled with fun items that will help you welcome 2024!! Sign ups begin on Friday, December 15 at 9 AM. CCSCA members can reserve a party pack by visiting or calling the Business Desk at (310) 253-6700. You must speak with a staff member. Voicemail messages will not be accepted. Party packs will be available for pick up on Friday, December 29th between 11 AM - 1 PM in the Senior Center parking lot.

Date	Day	Time
December 29	FRI	11 AM - 1 PM

## Programs & Services

### Health Insurance Counseling & Advocacy Program (HICAP)

HICAP (the Health Insurance Counseling & Advocacy Program) provides free and objective information and counseling about Medicare. Consultations have now resumed at the center for those who are interested in seeking more information about Medicare. One hour appointments from 10 AM - 2 PM are available twice a month.



To book an appointment, visit the Business Desk or call (310)253-6700.

### Forms with Janet

Retired Senior Paralegal Janet Sasser is offering CCSCA members assistance in completing government documents, medical paperwork, forms and hard to understand questionnaires. Schedule an appointment with Janet to direct questions and get assistance with frustrating paperwork. This is a great way to get on top of starting and completing paperwork to meet completion deadlines.

Janet is available for appointments the first and second Thursday of the month from 1 PM - 3 PM with walk-ins from 3 PM - 4 PM. This service is free and is open to CCSCA members only.

### CCSCA Veterans Social Group

The center has a Veterans Social Group and meets the first Tuesday of the month from 1:30 - 3 PM. Come out and share your experiences with other Veterans through this free, drop-in social group!

### CaptionCall - Captioning Service



Visit CaptionCall on December 12 from 11 AM - 1 PM to learn about a no cost telephone captioning service in the hallway at the center.

### Loss Support Group at the Senior Center

Wise & Healthy Aging's Loss Support Group is at the center every 2nd and 4th Wednesday of each month. If you or someone you know may benefit from joining this group, please email [Mike.Odunze@culvercity.org](mailto:Mike.Odunze@culvercity.org) to be connected with the group leader and begin the intake process prior to joining the group meetings at the center. This is not a drop-in activity. There is a suggested donation of \$3 for those who join the group at each session.

### Special Service for Groups (SSG)

Special Service for Groups Silver (SSG) is a counseling program that serves older adults and family caregivers who are in need of assistance. If you are in need of resources, are feeling sad or lonely, stop by and speak with an SSG counselor. Special Service for Groups can be found in the Community Partnerships Office at the Senior Center during the times and dates listed below, or reached by phone at (310) 253-6717.

- Mondays 10 AM to 3 PM
- Tuesdays 1 to 5 PM (Support Group from 2PM to 3PM)
- Wednesdays 9:30 AM to 3 PM



### In Memoriam



Genevieve DePew (Ginny)



FOR QUESTIONS & MORE INFORMATION CALL THE BUSINESS DESK AT (310) 253-6700



# Holiday Activities

## Merry Makers Holiday and Jewelry Sale

The Merry Makers, a CCSCA social group, is bringing back their annual Jewelry Sale on Monday, December 4. The sale will be located in the main hallway of the Center. All proceeds will be donated to charity. In the past, the group has donated to Guide Dogs for the Blind and St. Jude's Hospital, among others.

Date	Day	Time
December 4	MON	11:30 AM - 1 PM

## Santa Monica Choir

Come out to listen to the Santa Monica Choir perform holiday tunes to kick off the season of cheer!

Date	Day	Time
December 7	THURS	10:30 AM

## CCSCA Yiddish Group Hanukkah Event

Join the CCSCA Yiddish Conversations Group and learn about Hanukkah with Rabbi Levi Begun! Open to CCSCA members only.

Date	Day	Time
December 8	FRI	2:30 PM

## Bring a Buddy to the Movies!

Join us in celebrating the holiday season with delicious snacks, crafts, a holiday photo opportunity and a free movie. Current 2023 Culver City Senior Citizen Association, Inc. (CCSCA) members are encouraged to bring a buddy of any age to our Holiday Craft & Movie showing of *Elf* at the Culver City Senior Center on Sunday, December 10 from 12 PM - 3:30 PM. We can't wait to see you there to help spread holiday cheer!

At least one member of your party (maximum of four) must be an active 2023 CCSCA member to register and attend. Register for this event by visiting staff onsite at the Culver City Senior Center. Participants must sign a waiver upon arrival at the event.

Date	Day	Time
December 10	SUN	12PM

## El Marino Elementary School Chorus Performance

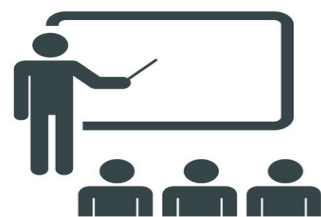
Come out and enjoy a free holiday performance by elementary students in the El Marino School chorus. El Marino Language School is a public elementary school operated by the Culver City Unified School District. The goal of El Marino educational programs is for students to master grade level content while learning to speak, understand, read and write in both English and the target language – Spanish or Japanese.

Date	Day	Time
December 16	SAT	1:30 PM

## Presentations

### Los Angeles County Department of Mental Health (LACDMH) Lunch & Learn

Join Los Angeles County Department of Mental Health for a FREE lunch as they discuss the importance putting your mental health first! Space is limited, CCSCA members can RSVP starting Friday, December 8.



Date	Day	Time
December 14	Thursday	11 AM - 12:30 PM

## CCSCA Hiking Group

Join PRCS staff member, Nancy, on a hiking route from Stoneview Nature Center to Baldwin Hills Scenic Overlook. The route is approximately 2 miles and is meant for intermediate level. Participants must RSVP at the business desk and leave a phone number. The business desk will provide you with an info sheet about the meet up point. Space is limited. You must meet at Stoneview Nature Center, transportation will not be provided to and from the hike. Join the hiking group at your own risk. Email Nancy at Nancy.Ruvalcaba@culvercity.org for more information or call (310)253-6724. Meet up time is at 8:00am.

Date	Day	Time
December 13	WED	8 AM

## Community Corner

### How do you picture Culver City in 2045?



The public draft General Plan is now available for public comment. For more information or to participate in an upcoming event, visit [www.pictureculvercity.com](http://www.pictureculvercity.com)

### Culver City Municipal Plunge Activities

Take advantage of the Plunge to beat the heat! For more information or to learn about the Plunge's activities for adults such as short course or long course lap swim and registration timeframes, call (310) 253-6680.

### Adult Swim Lessons

Each 3-week session will meet 2 times a week on either Monday/Wednesday or Tuesday/Thursday for 50 mins each day. Pricing for each three week session for residents is \$42 and \$52 for non-residents.

Date	Day	Time
December 4 - 21 (Session 1)	MON/WEDS TUES/THURS	8 AM or 6 PM 9 AM or 6 PM
Jan. 15 - Feb. 1 (Session 2)	MON/WEDS TUES/THURS	8 AM or 6 PM 9 AM or 6 PM
No Class 1/15		
Feb. 12 - 29 (Session 3)	MON/WEDS TUES/THURS	8 AM or 6 PM 9 AM or 6 PM



**Sunday, December 31, 2023**  
6am - 12pm

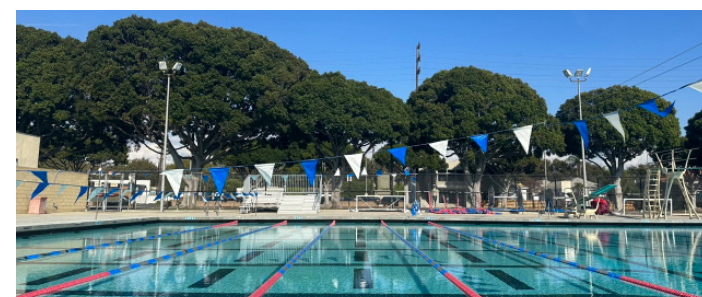
### Plunge into the new year at the 2nd Annual Polar Bear Plunge!

Join us after your swim at the hot chocolate bar for some warm beverages. Bring your family and friends and join us as we welcome the new year!

Diving boards and in-water obstacle course will be available!\*

Fee: \$2 per person  
Reservation required.  
Space is limited.  
Visit [culvercity.org/active](http://culvercity.org/active) to register.  
Under activities tab, search "Polar".

\*Diving Boards and in-water obstacle course will be open for those who successfully pass a swim test.



FOR QUESTIONS & MORE INFORMATION CALL THE BUSINESS DESK AT (310) 253-6700

# BILL BOTTS

## ATTENDING

### IN-PERSON MEETINGS

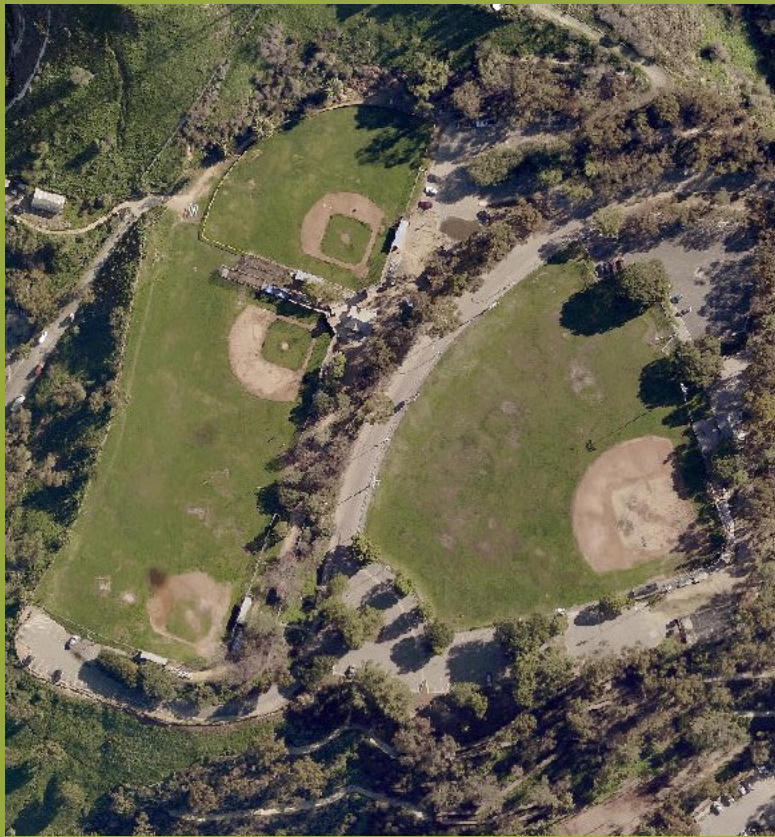
Saturday, December 9, 2023 9 AM-11 AM

Thursday, February 8, 2024 6 PM-8 PM

### VIRTUAL MEETINGS

Each in-person meeting will have a hybrid component for anyone who wishes to attend but can not be at the meeting in-person.

To attend virtually, please use the link found at: [www.culvercity.org/VetsParkandBillBotts](http://www.culvercity.org/VetsParkandBillBotts)



# COMMUNITY MEETINGS

## GETTING THERE

### VETERANS MEMORIAL AUDITORIUM

4117 Overland Ave.  
Culver City, CA 90230

Enter at the Overland Avenue lobby entrance.

### DRIVE

Free parking available on site.

### RIDE

The Culver CityBus lines 3 and 7 have stops in front of Veterans Memorial Building. Plan your trip in advanced by visiting [www.culvercitybus.com/Home](http://www.culvercitybus.com/Home).

### WALK

Neighbors are encouraged to walk to the Community Meeting.



# VETERANS MEMORIAL PARK

## WE WANT TO HEAR FROM YOU ABOUT OUR PARKS!

The City is envisioning the future for Bill Botts Fields and Veterans Memorial Park—and we want to hear from you! The Bill Botts Fields and Veterans Memorial Park Feasibility Study is a comprehensive visioning project to determine how these two parks will accommodate the community’s 21st century needs for indoor and outdoor recreational, community meeting, event and cultural facilities. The study will take an extensive look at the parks and facilities located at each site.

As part of the City’s effort, these community meetings will help determine the needs and priorities for Bill Botts Fields and Veterans Memorial Park. Join us for in-person and virtual community conversations about these parks’ futures.

## FOR QUESTIONS PLEASE CONTACT

**Adam Ferguson**  
Senior Management Analyst  
[adam.ferguson@culvercity.org](mailto:adam.ferguson@culvercity.org)  
(310) 253-6685





### Golden Future 50+ Expo

Adults 50+ may attend any Golden Future Event FREE of charge! Events will feature speakers, interactive workshops, live entertainment, raffles, games, giveaways, job listings, and the best selection of products and services to enhance your daily life!

*Please be advised that all programming at the Culver City Senior Center will be cancelled on Saturday, December 2 and the center will close at 1:30 PM when the expo ends. The Fitness Room will be closed this day as well. Thank you for understanding.*

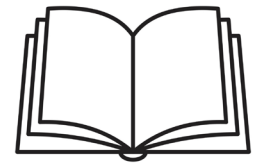
Date	Day	Time
December 2	SAT	9 AM - 1:30 PM

### Turning Point School & Culver City Senior Center Intergenerational Project

Are you interested in connecting with students through writing? Turning Point School is looking for seniors for their Spring 2024 intergenerational project with their students. *If you are interested in joining this program and would like more information, please email [Melanie.Morales@culvercity.org](mailto:Melanie.Morales@culvercity.org).*

### Our Senior Center Newsletter will look a bit different next year.

Be on the look out for it next month and let us know what you think!



### Giant Game Play on the Patio with PRCS Staff

Join PRCS staff for free open play with a few giant games on the patio! From cornhole, giant jenga, tic tac toe to giant connect four, we have a great game for you. We look forward to seeing you soon for a round or two.

Date	Day	Time
December 22	FRI	10:30 AM - 11:30 AM



### Culver City Living



Join the fun and get in on our new winter programs! If you are interested in Yoga from the Inside Out, Ceramics, Cardio Tennis, laido or Fencing check out Culver City's Winter 2023 programming through our Culver City Living issue!



Registration for Winter 2023 activities have begun. Scan the QR code or visit <https://www.culvercity.org/Explore/Parks-Recreation/Culver-City-Living-Brochure>.