



CCSCA MEMBER OF THE YEAR  
**BERNICE ADAMS**

The Culver City Senior Citizens Association is pleased to honor

*Bernice Adams*

*Member of the Year for 2015*

Bernice has been an active volunteer at the Senior Center for over 11 years and continues to thoroughly enjoy her volunteer activities. She sincerely believes that "as we get older, we seem to be more relaxed with our lives and we can accept others with love and caring." How fortunate we are that Bernice shares her positive outlook with us!

Bernice was born in "Good Ole Pittsburgh", an only child whose mother taught her to respect and care about others and consider the feelings of other people as you speak with them. At the young age of 11 years, Bernice knew she wanted to be a nurse, a profession that would allow her to help and care for others. When she finished high school, Bernice was off to Philadelphia to attend nursing school, working at a colorful array of odd jobs in order to pay for her education.

Bernice's husband was in the military, and after they got married her life took another turn as they lived and travelled extensively abroad. They had two children, lived in France and Germany and visited many other European countries. Later, the family settled in the San Francisco Bay area. When her husband passed away, Bernice moved to Los Angeles and worked as a home health nurse for Santa Monica Visiting Nurses. She learned of our Senior Center from one of the friends she met there who suggested she would enjoy the Line Dance classes.

When she retired, Bernice decided she would seek out some volunteer opportunities and has enjoyed 11+ years of working with the Wednesday Work Project, serving as an officer of the Merry Makers Club, helping with Membership Registration, Flu Clinics and just about anything you can think of! Also, every second Wednesday of the month, Bernice does Blood Pressure Screenings. She has volunteered for many other organizations over her 20+ years in Los Angeles, including the American Heart Association and The A.P.L.A., Aids Project LA. Bernice is grateful to be named the "Member of the Year" and she wants to encourage *you* to volunteer, to "satisfy your soul and feel good about yourself." Giving back is Bernice's way of life and, as she puts it, "Try it! You'll like it!"



*A Message...*  
**FROM THE CCSCA  
BOARD OF DIRECTORS**

*The Holiday Season is here and we should all be mindful of how fortunate we are to have this wonderful Senior Center to enjoy. Let's all work together to continue to provide opportunities that benefit all of us. On behalf of the entire CCSCA Board of Directors, we wish you a very happy and healthy holiday season. ~ Kay Heineman, CCSCA President*