

Hello!

If you are self-isolating, I can help!

My name is _____

I live locally at _____

My phone number is _____

If you are self-isolating due to COVID-19 I can help you with:

Picking up shopping

Urgent supplies

A friendly phone
call/check-in call

Coronavirus is contagious. Be sure to take every precaution to ensure the only thing you are spreading is kindness!
Please maintain 6 feet of distance, avoid physical contact, and wash your hands regularly.
Dropped off items should be left on the doorstep.

#ViralKindness