# City Information

## Featured on front cover: Culver City Egg Hunt 2022

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### Parks, Recreation & Community Services Department Numbers

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recreation Office</td>
<td>(310) 253-6650</td>
</tr>
<tr>
<td>Municipal Plunge</td>
<td>(310) 253-6680</td>
</tr>
<tr>
<td>Senior Center</td>
<td>(310) 253-6700</td>
</tr>
<tr>
<td>Teen Center</td>
<td>(310) 253-6676</td>
</tr>
</tbody>
</table>

### Parks, Recreation & Community Services Commission

- William Rickards: Chair
- Scott Zeidman: Vice Chair
- Khary Cuffe: Commissioner
- Jane Leonard: Commissioner
- Palvi Mohammed: Commissioner

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### Other Important City Phone Numbers

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Animal Control</td>
<td>(310) 253-6143</td>
</tr>
<tr>
<td>Building and Safety</td>
<td>(310) 253-5800</td>
</tr>
<tr>
<td>Business License (Recorded Info)</td>
<td>(310) 253-5888</td>
</tr>
<tr>
<td>City Clerk</td>
<td>(310) 253-5851</td>
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<tr>
<td>CityBus</td>
<td>(310) 253-6500</td>
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<tr>
<td>CityBus Route Info</td>
<td>(310) 253-6510</td>
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<tr>
<td>Code Enforcement</td>
<td>(310) 253-5940</td>
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<tr>
<td>Cultural Affairs</td>
<td>(310) 253-5716</td>
</tr>
<tr>
<td>Disability Services</td>
<td>(310) 253-6727</td>
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<tr>
<td>Film Permits</td>
<td>(310) 253-6216</td>
</tr>
<tr>
<td>Finance Department</td>
<td>(310) 253-5850</td>
</tr>
<tr>
<td>Fire Department Administration</td>
<td>(310) 253-5900</td>
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<tr>
<td>Fire Prevention/Fire Marshal</td>
<td>(310) 253-5925</td>
</tr>
<tr>
<td>Graffiti Removal Hotline</td>
<td>(310) 253-5555</td>
</tr>
<tr>
<td>Housing Division</td>
<td>(310) 253-5780</td>
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<tr>
<td>Neighborhood Watch</td>
<td>(310) 253-6258</td>
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<tr>
<td>Personnel Dept./Job Hotline</td>
<td>(310) 253-5651</td>
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<tr>
<td>Planning Division</td>
<td>(310) 253-5710</td>
</tr>
<tr>
<td>Police Department/Non-Emergency</td>
<td>(310) 837-1221</td>
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<td>Redevelopment Agency</td>
<td>(310) 253-5760</td>
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<td>Sanitation/Recycling</td>
<td>(310) 253-6400</td>
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<td>SPCLA</td>
<td>(310) 676-1149</td>
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<td>Street Lights/Traffic Signals</td>
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<td>Street/Sewer Maintenance</td>
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<td>Trees</td>
<td>(310) 253-6428</td>
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[www.culvercity.org](http://www.culvercity.org)
JOINING THE FUN IS FOR EVERYONE!

The Culver City Parks, Recreation and Community Services (PRCS) Department believes in providing quality programs for all community members. While each program site and amenities are slightly different in nature, PRCS staff-run programs strive to maintain a 1:12 child to staff ratio. Our day camp and afterschool programs are designed to balance the needs of each child with the needs of all participants. If you believe your child may need additional assistance, reasonable accommodations can be made with prior arrangements. Please contact the PRCS Department at (310) 253-6650 to speak with the Recreation and Community Services Supervisor or Manager.
REGISTRATION PROCEDURE FOR CITY PROGRAMS

Classes must be paid for in full prior to the first class meeting. Enrollment may be completed at the Registration Office or online at www.culvercity.org/active. We accept cash, money orders, checks, VISA or MasterCard. Credit cards must be presented in person or saved to your ActiveNet account.

REGISTRATION DATES

Residents: Monday, January 30
Non - Residents: Monday, February 6

CREATE AN ACCOUNT ON-LINE

1. Click here to set up an account.
2. Click on the “create account” in the upper right corner.
3. Enter your email address in the box.
4. Click on the green box that says “Next”.
5. Enter your first name, last name, date of birth, create a password and confirm your password. Check the two boxes.
6. Click on the green box that says “Next”.
7. Enter your gender, address and phone number.
8. Create your security question, fill in your answer and then confirm your answer.
9. Check the “I’m not a robot box”.
10. Click on the green box that says “Submit”.

REGISTER FOR A CLASS OR ACTIVITY ONLINE

1. Log in to your account.
2. Click on the “Activities” link- the second word on the gray bar below the green logo/picture.
3. If you know the name of the course you would like to register for, enter it in the search bar.
4. If you would like to browse the activities we are offering, you can search by date, age group, or program area using the side bar or the drop down menu under the activities link in the gray bar at the top of the page.
5. Select the course dates and times you would like to enroll in and add them to your cart.
6. Enter the participant’s information or choose your participant.
7. Read the waiver and initial the box next to it.
8. Enter your payment method.

HAVE ANY QUESTIONS, SUGGESTIONS OR CONCERNS?

- Give us a call: (310) 253-6650
- Visit us online: www.culvercity.org
- Email us: info.recreation@culvercity.org
- Register for programs: www.culvercity.org/active
- Report any issues or concerns: Contact Culver City

REFUND INFORMATION

GENERAL REFUND GUIDELINES:

All refunds must be requested in writing. Refunds will be issued either in the form of a credit to your Culver City ActiveNet account, back to the card of purchase or by check. *Note: Check refunds may take up to 2-6 weeks to process. Refunds issued back to the card of purchase or to your Culver City ActiveNet account may take up to 72 hours to process.

PROGRAMS AND ACTIVITIES REFUND GUIDELINES:

Full refunds will be extended when a program is cancelled by the City.
- No refunds, transfers, or cancellations will be granted after the second activity/program day.
- Refunds/prorations will not be given for missed days nor may they be made up due to participant illness or absence.
- Refunds requested at least 7 days prior to the start of an activity will be granted a full refund.
- Refunds requested 6 days prior to and/or before the second activity/program day will be issued a refund less a 15% processing fee.

RENTAL REFUND GUIDELINES:

Full refunds will be extended when a rental is cancelled by the City.

Outdoor Rentals:
- There will be no refunds for any cancellations or rescheduling of a rental without 7 days’ notice.
- Refunds requested at least 7 days prior to the rental will be granted a refund less a 15% processing fee.

Rescheduling Outdoor Rental Guidelines:
- Location/date/time changes can be made up to 7 days prior to rental for an additional 15% processing fee.
- The new rental must be booked at the time of cancellation of the original rental.
- The rescheduled rental must take place within 90 days of the original reservation date.
- There will only be one rescheduling allowed per rental.
- Refunds will not be granted in the event the rescheduled rental is cancelled.

Building Rentals:
- There will be no refunds for any cancellations or rescheduling of a rental without 14 days’ notice.
- Refunds requested at least 14 days prior to the rental will be granted less a 15% processing fee.

Rescheduling a Building Rental Guidelines:
- Location/date/time changes can be made up to 14 days prior to rental for an additional 15% processing fee.
- The new rental must be booked at the time of cancellation of the original rental.
- The rescheduled rental must take place within 90 days of the original reservation date.
- There will only be one rescheduling allowed per rental.
- Refunds will not be granted in the event the rescheduled rental is cancelled.
Parents’ Night Out!
We’ll watch the kids

February 11, 2023
Games, crafts, dinner & a movie!

Pre-registration is required.

Mother’s Day Tea
Saturday, May 13, 2023
2 PM–4 PM
at the Senior Center Patio

Join us for an in-person tea to celebrate the special women in your life!

Tea, snacks, live entertainment and crafts.

Registration begins Saturday, April 1, 2023.
Space is limited.

EGG-STRAVAGANZA
Veterans Memorial Park
Saturday, April 1, 2023
11 AM - 2 PM

In-person egg hunts, carnival games, crafts & more!

REGISTER @ WWW.CULVERCITY.ORG/ACTIVE • FOR MORE INFORMATION (310) 253-6650
Afterschool Programs

CCARP

The PRCS Culver City Afterschool Recreation Program (CCARP) locations are currently full. As hiring continues, we plan to add capacity at CCARP sites, while maintaining a 12:1 staff ratio. We look forward to serving those on the wait list as space becomes available or staffing levels allow for program expansion.

You may register a child online for the wait list for free. Please join only one wait list for the school your child will attend during the 2022/2023 academic year.

CCARP provides supervised recreational activities for students at four Culver City elementary schools. Activities include homework time, arts and crafts, games, free play, and special events.

- Wait list – CCARP – Blanco (El Rincon Elementary)
- Wait list – CCARP – El Marino
- Wait list – CCARP – Lin Howe
- Wait list – CCARP – Lindberg (Farragut Elementary)

YSE

The YSE Afterschool Program focuses on team-building and sport skills. YSE provides a fun and educational experience using sports, games, music, and fitness activities that develop sport skills, teach good sportsmanship, refine body movement and coordination, and reinforce health and wellness values. Academics are also emphasized and homework assistance is offered.

Instructor: Coach DJ and YSE Staff
Location: Culver City Middle School
Material Fee: $30 (Optional for a daily snack)
Days: Monday - Friday on CCUSD school days only. (YSE will not be held on school holidays or pupil free days) No Class 3/27-4/7, 5/29 and 6/9

Note(s): Monthly fees are adjusted to account for school holidays, pupil free days and breaks. YSE schedule will follow CCUSD school calendar and start time in line with the school dismissal/bell schedule.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time/s</th>
<th>Ages</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>M - F</td>
<td>2:15 PM - 6 PM</td>
<td>10 - 14</td>
<td>$260/$271</td>
</tr>
<tr>
<td>April</td>
<td>M - F</td>
<td>2:15 PM - 6 PM</td>
<td>10 - 14</td>
<td>$260/$271</td>
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<tr>
<td>May/June</td>
<td>M - F</td>
<td>2:15 PM - 6 PM</td>
<td>10 - 14</td>
<td>$333/$344</td>
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</table>
ABOUT THE TEEN CENTER

The Teen Center provides a welcoming, positive space for middle and high school students. Membership is open to students who live in Culver City or attend a Culver City school. Staff are onsite to supervise, offer homework encouragement, and facilitate a variety of activities. The facility is equipped with the following: WiFi, pool tables, game room, TV lounge, foosball, multi-purpose room, patio, ping pong tables, homework/study space, video/arcade games, and a computer lab. Though fully staff supervised, the Teen Center program allows participants to sign themselves in and out. Some students stay until picked up by parents; however, attendance will not be enforced.

Hours of Operation:
During the school year the Teen Center is open Monday, Tuesday Thursday and Friday, from 2 PM to 6:30 PM. On Wednesdays, the Teen Center is open from 1 PM - 6:30 PM. (The Teen Center is not open during school holidays, summer, winter, and spring breaks.)

Teen Center Location:
4153 Overland Ave., Culver City, CA 90230

Membership:
Membership fees are $50 per semester for each student. Purchasing a membership is fast and easy. You can register for Session 2 online at www.culvercity.org/active or in-person at the Culver City Registration Office located at 4117 Overland Avenue. Please call (310) 253-6676 for more information.

Teen Employment
The PRCS department regularly hires young adults ages 15 and older with a valid work permit for our introductory position of Recreation Leader I and those age 16 and older as Lifeguards. These valuable members of our team are vital support for our various programming: afterschool, day camps, aquatics, special events and more.
1st CLASS PREP PRE-K: SPRING

Monthly
1st Class Prep’s Pre-K program is designed to provide children 2 ½ - 6 with a loving, safe, diverse and stimulating environment where everyone feels relaxed and ready to learn through play. Class time and special activities are planned according to themes designed to meet the individual needs of children during this active time of growth and development. Our zoophonics curriculum encourages an enthusiastic and receptive attitude toward school, with an emphasis on kindergarten requirements. Activities include an introduction to Spanish, letter and sound recognition, shape and number recognition, cooking, math, reading and art. Students must be toilet trained. Please provide a healthy lunch. A morning and afternoon snack will be provided.

Instructors: Mari Davis and Michaela Davis
Location: Syd Kronenthal Park
Dates: Monthly
No Class: 4/3 - 4/7 and 5/29
Materials Fee: A non-refundable material fee of $250 is due January 3, 2023 in class. Students who start in the months in between will pay a prorated material fee. For more info, or questions, please email us at 1stclassprepla@gmail.com

<table>
<thead>
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<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Fees</th>
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<tr>
<td>M - F</td>
<td>8 AM - 3 PM</td>
<td>2½ - 6</td>
<td>$1196/$1207</td>
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<tr>
<td>M - F</td>
<td>9 AM - 1 PM</td>
<td>2½ - 6</td>
<td>$832/$844</td>
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<tr>
<td>M/W/F</td>
<td>9 AM - 1 PM</td>
<td>2½ - 6</td>
<td>$676/$687</td>
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<tr>
<td>*Morning Care</td>
<td>8 AM - 9 AM</td>
<td>2½ - 6</td>
<td>$168/$179</td>
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<td>*Afternoon Care</td>
<td>1 PM - 3 PM</td>
<td>2½ - 6</td>
<td>$291/$302</td>
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</table>

*Students must be signed up for Mini Day or Part Day to enroll in morning care or afternoon care.

BEYOND PRE-K IN SPANISH: SPRING

Monthly
Help your child begin the journey of acquiring a second language in Spanish at an early age! Our hands-on immersion program is taught by trained native speakers with college degrees in Child Development and Education from the U.S. and Mexico. The Spanish language is introduced through multi-sensory activities that stimulate children’s natural curiosity and creativity. The goal is to foster life-long learning, the development of motor skills, self-expression, empathy and exposure of diverse cultures to adapt to this globally changing world. Class meets continuously during the CCUSD school year. Please pack a healthy lunch. Children must be potty trained.

Location: Culver West Alexander Park
Dates: March 1 - May 31
No Class: 3/27 - 4/7, and 5/29
Materials Fee: $100/month for extra-curricular activities and materials.

Note(s): It is mandatory to contact teachers prior to enrollment at beyondpk@gmail.com. Children need to be able to listen and follow directions for safety. Holidays are not prorated.

<table>
<thead>
<tr>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Fees</th>
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<tbody>
<tr>
<td>M - TH</td>
<td>9 AM - 2 PM</td>
<td>4 - 5</td>
<td>$1040/$1051</td>
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<td>F</td>
<td>9 AM - 12:30 PM</td>
<td>4 - 5</td>
<td>$416/$427</td>
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<tbody>
<tr>
<td>M - TH</td>
<td>2 PM - 4 PM</td>
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<tr>
<td>F</td>
<td>12:30 PM - 2:30 PM</td>
<td>4 - 5</td>
<td>$291/$302</td>
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BEYOND PRE K: SUMMER 2023

Weekly- July 10 - July 27 $234.00
When joining this camp, kids will learn and/or continue learning Spanish through a fun-filled day of activities, traditional games, storytelling, singing, cooking, gardening, crafts, and a variety of hands-on indoor and outdoor activities. Children need to be potty trained. It is mandatory to contact teachers prior to enrollment at beyondpk@gmail.com. Children need to listen and follow directions for safety reasons. Please pack a healthy light lunch.

Material Fee of $40 that cover extracurricular-activities, materials, and snack

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<tr>
<td>M - TH</td>
<td>9 AM - 2 PM</td>
<td>4 - 5</td>
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1st CLASS KIDS KAMP: SUMMER 2023

Weekly June 21 - August 17 $312.00
Join 1st Class Kids Kamp for 8 weeks of fun for campers “who are just as big as the other kids”. Enjoy a fun filled summer of arts and crafts, water fun, sports, dance and movement, games, songs, fun field trips full of amusement and entertainment.

Material fee of $20. All participants MUST be toilet trained.
*No camp July 3-6, July 31 - August 3

<table>
<thead>
<tr>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Fees</th>
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<tr>
<td>M - TH</td>
<td>9 AM - 2 PM</td>
<td>2½ - 5 yrs 11 months</td>
<td>$312.00</td>
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</table>
KIDS TIME: SPRING

Monthly
Kids Time provides a fun and nurturing environment for children to participate in creative art, movement and play activities. This program is designed to develop motor skills, self-awareness and independence. Children will be introduced to their ABC’s, phonics, reading and numbers along with simple math concepts through play and hands on activities.

Instructor: Poonam Sharma
Location: Blanco Park
Dates: September 6 - September 30 & monthly thereafter
No Class: 3/23 - 4/7 and 5/29
Materials Fee: $20 per month.
Note(s): Kids must be potty trained. Classes follow the CCUSD school calendar.

KIDS KAMP: SUMMER 2023

Weekly $312.00
Join 1st Class Kids Kamp for 8 weeks of fun for campers “who are just as big as the other kids”. Enjoy a fun filled summer of arts and crafts, water fun, sports, dance and movement, games, songs, and fun field trips full of amusement and entertainment.

Days Times Ages Fees
M - TH 9 AM - 1:30 PM 2½ - 5 $572/$583

FALL 2023 EARLY LEARNER PROGRAM INFO

1st CLASS PREP
1st Class Prep’s Pre-K program is designed to provide children 2 ½ - 6 with a loving, safe, diverse and stimulating environment where everyone feels relaxed and ready to learn through play. Class time and special activities are planned according to themes designed to meet the individual needs of children during this active time of growth and development. Our zoophonics curriculum encourages an enthusiastic and receptive attitude toward school, with an emphasis on kindergarten requirements. Activities include an introduction to Spanish, letter and sound recognition, shape and number recognition, cooking, math, reading and art. Students must be toilet trained. Please provide a healthy lunch. A morning and afternoon snack will be provided.

Instructors: Mari Davis and Michaela Davis
Location: Syd Kronenthal Park
Dates: Monthly
Materials Fee: $20 per month.
Materials Fee: A non-refundable material fee of $250 is due two times a year. For more info, or questions, please email us at 1stclassprepla@gmail.com

BEYOND PRE K IN SPANISH FALL
Help your child begin the journey of acquiring a second language in Spanish at an early age! Our hands-on immersion program is taught by trained native speakers with college degrees in Child Development and Education from the U.S. and Mexico. The Spanish language is introduced through multi-sensory activities that stimulate children’s natural curiosity and creativity. The goal is to foster life-long learning, the development of motor skills, self-expression, empathy and exposure of diverse cultures to adapt to this globally changing world. Class meets continuously during the CCUSD school year. Please pack a healthy lunch. Children must be potty trained.

Location: Culver West Alexander Park
Dates: August 21 through June 14, 2024 (Monthly)
Material Fee: $125 per month

KIDS TIME
Kids Time provides a fun and nurturing environment for children to participate in creative art, movement and play activities. This program is designed to develop motor skills, self-awareness and independence. Children will be introduced to their ABC’s, phonics, reading and numbers along with simple math concepts through play and hands on activities.

Instructor: Poonam Sharma
Location: Blanco Park
Fall Dates: Monthly
Materials Fee: $20 per month.
Note(s): Kids must be potty trained. Classes to follow CCUSD school calendar.
Youth Art, Dance, and Music Programs

**CHILDREN’S PIANO: BEGINNING**

**Resident:** $188  
**Non-resident:** $199

A solid foundation in the fundamentals of playing piano is offered by a teacher with many happy years of working with children of all ages. Students must bring their own keyboard to class. All Culver City Covid-19 protocols apply, and the instructor will contact you with an informational email before the Spring Session begins.

**Instructor:** Jennifer Macchiarella  
**Location:** Veterans Memorial Building – Multipurpose Room  
**Materials Fee:** $20

<table>
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<th>Dates</th>
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<th>Times</th>
<th>Ages</th>
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</thead>
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<tr>
<td>4/15 - 6/3</td>
<td>SA</td>
<td>8:45 AM - 9:45 AM</td>
<td>5 - 16</td>
</tr>
<tr>
<td>4/15 - 6/3</td>
<td>SA</td>
<td>10 AM - 11 AM</td>
<td>5 - 16</td>
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</table>

**CHILDREN’S PIANO: CONTINUING**

**Resident:** $188  
**Non-resident:** $199

A solid foundation in the fundamentals of playing piano is offered by a teacher with many happy years of working with children of all ages. Students must bring their own keyboard to class. All Culver City Covid-19 protocols apply, and the instructor will contact you with an informational email before the Spring Session begins.

**Instructor:** Jennifer Macchiarella  
**Location:** Veterans Memorial Building – Multipurpose Room  
**Materials Fees:** $20

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<tbody>
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<td>4/15 - 6/3</td>
<td>SA</td>
<td>11:15 AM - 12:15 PM</td>
<td>5 - 16</td>
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<tr>
<td>4/15 - 6/3</td>
<td>SA</td>
<td>12:30 PM - 1:30 PM</td>
<td>5 - 16</td>
</tr>
</tbody>
</table>

**DEE - LIGHTFUL MUSICAL THEATRE WORKSHOP**

**KIDS 6 - 11**

**Resident:** $728  
**Non-resident:** $739

For our Kids group, we will offer a slightly shortened version of the Broadway Junior Revue: RAISE YOUR VOICE! We will meet once a week on Saturdays for 14 weeks, not including Spring Break. This show will give lots of kids a great opportunity to have solos and duets as well as group production numbers. Featuring 10 or more fabulous songs from across the MTI collection from classics such as Guys and Dolls, Fiddler on the Roof, and Oliver to beloved Disney shows such as The Little Mermaid and Mary Poppins! A great way for our kids to experience many different shows in the legacy of musical theatre.

**Instructor:** Dolores Aguanno and Staff  
**Location:** Culver West Alexander  
**Materials Fee:** $395, payable to dee-Lightful Productions, includes script, music, some production costs, and a professionally produced DVD of our show.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/4 - 5/13</td>
<td>SA</td>
<td>9:45 PM - 1:45 PM</td>
<td>6 - 11</td>
</tr>
</tbody>
</table>

**DEE - LIGHTFUL MUSICAL THEATRE**

**TWEENS AND TEENS 10 - 17**

**Resident:** $1144  
**Non-resident:** $1155

This winter we will offer a Broadway Junior Revue: RAISE YOUR VOICE! We will meet 2x/week on Fridays and Saturdays. Featuring 15 fabulous songs from across the MTI collection including vocal solos, duets and full productions numbers from classics such as Guys and Dolls, Fiddler on the Roof, and Oliver to beloved Disney shows such as The Little Mermaid and Mary Poppins. This is a great way for our young performing artists to experience many different shows in the legacy of musical theatre.

**Instructor:** Allegra Williams-Stirrat  
**Location:** Culver West Alexander  
**Materials Fee:** $395, payable to dee-Lightful Productions, includes script, music, some production costs, and a professionally produced DVD of our show.

<table>
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<tr>
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<tbody>
<tr>
<td>2/3 - 5/13</td>
<td>F</td>
<td>3:15 PM - 6:45 PM</td>
<td>10 - 17</td>
</tr>
<tr>
<td></td>
<td>SA</td>
<td>2 PM - 6 PM</td>
<td>10 - 17</td>
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</table>
### TINY TOTS BALLET & TAP

**Resident: $183**

Young dancers will learn the basics of ballet, tap and creative movement in a safe and fun environment. This is a great way to let your child explore their creative side using the foundation and technique of ballet and the sense of rhythm through tap.

**Instructor:** Caroline Antunes  
**Location:** Veterans Memorial Building- Garden Room  
**Materials Fee:** $5 for costume rental  
**Note(s):** Please wear leotard, tights, and ballet shoes. Tap shoes strongly recommended but not mandatory. Parents and siblings will not be allowed inside classroom. * No class 5/29.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/17 - 6/12*</td>
<td>M</td>
<td>3:45 PM - 4:30 PM</td>
<td>3 - 5</td>
</tr>
</tbody>
</table>

### YOUTH BALLET & TAP

**Resident: $183**

Ballet is the foundation of dance technique, developing grace, flexibility, strength and balance. Tap is great to exercise the body and the mind, challenging children to integrate rhythmic patterns using their feet as the instrument. This class will focus on coordination, confidence and choreography through fun and exciting exercises.

**Instructor:** Caroline Antunes  
**Location:** Veterans Memorial Building- Garden Room  
**Materials Fee:** $5 for costume rental  
**Note(s):** Please wear leotard, tights and ballet shoes. Tap shoes strongly recommended but not mandatory. Parents and siblings will not be allowed inside classroom. * No class 5/29

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/17 - 6/12*</td>
<td>M</td>
<td>4:30 PM - 5:30 PM</td>
<td>5 - 9</td>
</tr>
</tbody>
</table>
PINTSIZE SOCCER
Resident: $123  Non-resident: $134
This class is designed as an introduction to soccer and prepares children for organized sports league play in a FUN, positive environment. Children will learn and practice a variety of soccer skills such as dribbling, kicking, passing, trapping, throwing, and agility. Coaches will teach the basic rules of the game while emphasizing teamwork.

Instructor: Pintsize Sports Instructors
Location: Culver West Alexander Park
Note(s): Participants should bring their own soccer ball with their name on it. Adult participation is required.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/04 - 4/22</td>
<td>SA</td>
<td>9:30 AM - 10:15 AM</td>
<td>4 - 6</td>
</tr>
<tr>
<td>3/04 - 4/22</td>
<td>SA</td>
<td>10:20 AM - 10:50 AM</td>
<td>2 - 4</td>
</tr>
</tbody>
</table>

PINTSIZE TEE BALL
Resident: $123  Non-resident: $134
This class is designed as an introduction to Tee Ball and prepares children for organized sports league play in a FUN, positive environment. Children will learn and practice a variety of baseball skills such as throwing, catching, hitting with a bat, running bases, and agility skills. Coaches will teach the basic rules of the game while emphasizing teamwork.

Instructor: Pintsize Sports Instructors
Location: Culver West Alexander Park
Note(s): Adults are encouraged to participate and must stay for the duration of the class.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
</table>
THE SKATESIDE - AFTERSCHOOL Beg/Int

- Advance your child's skateboarding skills at a skatepark after school. Learn how to use your skateboard for transportation or learn advanced tricks like how to drop in, ollie, and more. Great for friends and siblings! This is a monthly class that meets 2 times per week on the days and times listed below. Skatepark is reserved for enrolled students during program time.

**Instructor:** The Skateside Staff  
**Location:** Culver City Skate Park  
**Note(s):** Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/1 - 3/27</td>
<td>MW</td>
<td>3:30 PM - 5:30 PM</td>
<td>5 - 15</td>
<td>$415/$426</td>
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<td>4/10 - 4/26*</td>
<td>MW</td>
<td>3:30 PM - 5:30 PM</td>
<td>5 - 15</td>
<td>$333/$344</td>
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<tr>
<td>5/1 - 6/2**</td>
<td>MW</td>
<td>3:30 PM - 5:30 PM</td>
<td>5 - 15</td>
<td>$415/$426</td>
</tr>
</tbody>
</table>

* No Class: 4/3 and 4/5  
**No Class: 5/29 and 5/31

THE SKATESIDE - BEGINNER

This program is the quickest and safest way for beginners to learn how to ride a skateboard. Learn skateboard safety, balance, pushing, turning, and cool tricks. Great for friends and siblings! This is a monthly class that meets 4 times per month. The Skatepark is reserved for enrolled students during program time.

**Instructor:** The Skateside Staff  
**Location:** Culver City Skate Park  
**Note(s):** Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols. *No class 4/9 and 5/28

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/5 - 3/26</td>
<td>SU</td>
<td>9 AM - 10:20 AM</td>
<td>5 - 15</td>
<td>$269/$280</td>
</tr>
<tr>
<td>4/2 - 4/30</td>
<td>SU</td>
<td>9 AM - 10:20 AM</td>
<td>5 - 15</td>
<td>$269/$280</td>
</tr>
<tr>
<td>5/7 - 5/21</td>
<td>SU</td>
<td>9 AM - 10:20 AM</td>
<td>5 - 15</td>
<td>$231/$242</td>
</tr>
</tbody>
</table>

THE SKATESIDE - INTERMEDIATE

Take your child's skateboarding skills to the next level and learn advanced tricks like how to drop in, how to ollie, and more! Students should be able to navigate the skatepark comfortably and do basic beginner tricks. Great for friends and siblings! This is a monthly class that meets 4 times per month. The Skatepark is reserved for enrolled students during program time.

**Instructor:** The Skateside Staff  
**Location:** Culver City Skate Park  
**Note(s):** Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols. *No class 4/9 and 5/28

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/5 - 3/26</td>
<td>SU</td>
<td>10:30 AM - 11:50 AM</td>
<td>5 - 15</td>
<td>$269/$280</td>
</tr>
<tr>
<td>4/2 - 4/30</td>
<td>SU</td>
<td>10:30 AM - 11:50 AM</td>
<td>5 - 15</td>
<td>$269/$280</td>
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<tr>
<td>5/7 - 5/21</td>
<td>SU</td>
<td>10:30 AM - 11:50 AM</td>
<td>5 - 15</td>
<td>$231/$242</td>
</tr>
</tbody>
</table>
TENNIS FOR KIDS AT FOX HILLS- BEGINNER  AGES 7-10

Monthly Resident: $187  Non-resident: $198

UTSA 10 and Under Tennis for Beginners. We introduce children to the game of tennis through a variety of fun, skill building activities.

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)

Location: Fox Hills Tennis Court #1

Note(s): Participants must furnish their own racket. Tennis shoes are a must; bring water and children should be capable of following basic instructions.

SESSION DATES

SESSION 1  3/6 - 4/15
SESSION 2  4/17 - 5/27

CLASS DAYS AND TIMES

Days  Time (s)
M  3 PM - 4 PM
T  3 PM - 4 PM
W  3 PM - 4 PM
TH  3 PM - 4 PM
F  3 PM - 4 PM
SA  9 AM - 10 AM
SA  10 AM - 11 AM

TENNIS FOR KIDS AT FOX HILLS- INT A- AGES 7-10

Monthly Resident: $187  Non-resident: $198

Players are able to consistently rally and cooperate with a partner. Maintaining proper technique and proficiency on serve is a necessity at this level. Players are encouraged to participate in Junior Team Tennis and/or entry level tournaments to further their development.

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)

Location: Fox Hills Tennis Court #1

Note(s): Tennis shoes are a must; bring water and children should be capable of following basic instructions.

SESSION DATES

SESSION 1  3/6 - 4/15
SESSION 2  4/17 - 5/27

CLASS DAYS AND TIMES

Days  Time (s)
M  4 PM - 5 PM
T  4 PM - 5 PM
W  4 PM - 5 PM
TH  4 PM - 5 PM
F  4 PM - 5 PM
# Youth Sports and Recreational Activities

## TENNIS FOR KIDS FOX HILLS- INT B-

**Ages 11-18**

**Monthly Resident:** $187  
**Non-resident:** $198

For players who are transitioning into full-court play with green balls. This class will further emphasize player’s ability to adjust to different heights and depth, while maintaining technical foundation, and covering the full court effectively.

**Location:** Fox Hills Tennis Court #1  
**Note(s):** Participants must furnish their own racket. Tennis shoes are a must; bring water and children should be capable of following basic instructions.

<table>
<thead>
<tr>
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<tbody>
<tr>
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<tr>
<td>SESSION 2</td>
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<table>
<thead>
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<tbody>
<tr>
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<td>Time(s)</td>
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</tr>
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<td>M*</td>
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<td>T*</td>
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<td>W</td>
<td>5 PM - 6 PM</td>
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<tr>
<td>TH</td>
<td>5 PM - 6 PM</td>
<td></td>
</tr>
<tr>
<td>F</td>
<td>5 PM - 6 PM</td>
<td></td>
</tr>
</tbody>
</table>

## TENNIS FOR KIDS FOX HILLS- ADV

**Ages 12-18**

**Monthly Resident:** $187  
**Non-resident:** $198

Ages 12 to 18 - Skill level advanced. For performance players who are committed to playing tournaments and/or junior team tennis and have the desire to compete on local or regional level.

**Instructor:** Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)  
**Location:** Fox Hills Tennis Court #1  
**Note(s):** Tennis shoes are a must; bring water and children should be capable of following basic instructions.

<table>
<thead>
<tr>
<th>SEASON DATES</th>
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</tr>
</thead>
<tbody>
<tr>
<td>SESSION 1</td>
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</tr>
<tr>
<td>SESSION 2</td>
<td>4/17 - 5/27</td>
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<table>
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<th>CLASS DAYS AND TIMES</th>
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</thead>
<tbody>
<tr>
<td>Days</td>
<td>Time(s)</td>
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<tr>
<td>M</td>
<td>6 PM - 7 PM</td>
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<td>T</td>
<td>6 PM - 7 PM</td>
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<td>W</td>
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<td>TH</td>
<td>6 PM - 7 PM</td>
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</tr>
<tr>
<td>F</td>
<td>6 PM - 7 PM</td>
<td></td>
</tr>
<tr>
<td>SA</td>
<td>8 AM - 9 AM</td>
<td></td>
</tr>
<tr>
<td>SA</td>
<td>11 AM - 12 PM</td>
<td></td>
</tr>
</tbody>
</table>

## TENNIS FOR KIDS AT FOX HILLS- TINY TOTS

This class is designed as an introduction to tennis and prepares children for organized sports league play in a FUN, positive environment. Children will learn tennis skills and the basic rules of the game. Class offered in 5-week cycle.

**Instructor:** Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)  
**Location:** Fox Hills Tennis Court #1  
**Note(s):** Participants must furnish their own racket.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Time(s)</th>
<th>Age</th>
<th>Level</th>
<th>Fees</th>
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<tr>
<td>3/6 - 4/15</td>
<td>SA</td>
<td>8:00 AM - 9:00 AM</td>
<td>4 - 6</td>
<td>TINY TOT</td>
<td>$125/$136 * 4 Classes</td>
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<tr>
<td>4/17 - 5/27</td>
<td>SA</td>
<td>8:00 AM - 9:00 AM</td>
<td>4 - 6</td>
<td>TINY TOT</td>
<td>$156/$167 * 5 Classes</td>
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</tbody>
</table>

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**Register:** [WWW.CULVERCITY.ORG/ACTIVE](http://WWW.CULVERCITY.ORG/ACTIVE)  
**For more information:** (310) 253-6650
PRCS ONE DAY AND SPRING CAMP

Culver City PRCS welcomes all kids from Kindergarten-6th grade to participate in our seasonal Spring Break Camp. We provide a fun, safe and creative experience in a standard camp day setting. From arts & crafts to active games outside throughout the day, Culver City PRCS is the place to be!

Location: Veterans Memorial Park - Teen Center
Instructors: PRCS Staff

ONE DAY CAMP

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Ages</th>
<th>Fees</th>
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<tbody>
<tr>
<td>2/20</td>
<td>7:30 AM - 6 PM</td>
<td>5 - 12</td>
<td>$28/$36.40</td>
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JUST4KIDS SPRING CAMP

<table>
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<th>Time</th>
<th>Ages</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/27 - 3/31</td>
<td>7:30 AM - 6 PM</td>
<td>5 - 12</td>
<td>$140/$173</td>
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<tr>
<td>4/3 - 4/7</td>
<td>7:30 AM - 6 PM</td>
<td>5 - 12</td>
<td>$140/$173</td>
</tr>
</tbody>
</table>

2nd Child $125/$157
SKATESIDE SPRING CAMP

This program provides the quickest and safest way for beginners to learn how to ride a skateboard. This skateboard skill focused camp brings you everything you love about skateboarding. Learn to shred the Culver City Skate Park, develop basic skateboard skills, or take your skills to the next level. Skateboard, helmet, elbow pads, knee pads, and wrist guards are required to participate.

Location: Culver City Skate Park
Instructors: The Skateside Staff
Notes: Wrist guards, knee pads, elbow pads, and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols.

SKATESIDE SPRING CAMP

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Ages</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/3 - 4/7</td>
<td>9 AM - 11:50 AM</td>
<td>5 - 15</td>
<td>$411/$422</td>
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ONE DAY CAMP

<table>
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<th>Time</th>
<th>Ages</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/24</td>
<td>9 AM - 11:50 AM</td>
<td>5 - 12</td>
<td>$140/$151</td>
</tr>
</tbody>
</table>

YSE SPRING SPORTS CAMP

YSE Sports Camp is a program that focuses on youth sports enrichment. Campers play daily sports such as basketball and field games such as dodgeball. This camp also teaches the foundation of different sports to young children while building on sport skills for older children. Campers may also participate in baking and crafts.

Location: Veterans Park
Instructors: Coach DJ and YSE Staff
Materials Fee: $25
Notes: Campers must wear tennis shoes and light comfortable clothes. Must bring a daily snack, lunch, and water. Please do not pack any peanut butter products.

YSE SPRING SPORTS CAMP

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Ages</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/27 - 3/31</td>
<td>9 AM - 3 PM</td>
<td>5 - 16</td>
<td>$182/$193</td>
</tr>
<tr>
<td>4/3 - 4/7</td>
<td>9 AM - 3 PM</td>
<td>5 - 16</td>
<td>$182/$193</td>
</tr>
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</table>

GETTING READY FOR SUMMER?
Check out our Summer Camp Guide due out Mid February.

REGISTRATION FOR SUMMER CAMPS
April 3 for Residents
April 10 for Non-Residents
### ARISE SELF-DEFENSE: FAMILY

**Monthly Resident: $21  Non-resident: $32**

Families (Parents-Kids, Relatives) will learn self-defense together. How to defend against strangers attacking. * Price is per person. **Family must include one female.

**Instructor:** Andy Pancho, ARISE Staff

**Location:** Veterans Memorial Building – Iksan/Yanji Room

**Note(s):** Families together. Price per person. Beginners class. Bring Water.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/4 - 3/25</td>
<td>SA</td>
<td>10 AM - 11 AM</td>
<td>7 +</td>
</tr>
<tr>
<td>4/1 - 4/29</td>
<td>SA</td>
<td>10 AM - 11 AM</td>
<td>7 +</td>
</tr>
<tr>
<td>5/6 - 5/27</td>
<td>SA</td>
<td>10 AM - 11 AM</td>
<td>7 +</td>
</tr>
</tbody>
</table>

### ARISE SELF-DEFENSE: FEMALE - BEGINNER

**Monthly Resident: $26  Non-resident: $37**

Learn the basic self-defense techniques to escape from arm grabs, bear hugs, choke holds, hair grabs, etc. Practice how to block, hit, and kick against attackers and bullies.

**Instructor:** Andy Pancho, ARISE Staff

**Location:** Veterans Memorial Building – Iksan/Yanji Room

**Note(s):** Females only class. Beginners Class. Bring Water.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/4 - 3/25</td>
<td>SA</td>
<td>11 AM - 12 PM</td>
<td>7 +</td>
</tr>
<tr>
<td>4/1 - 4/29</td>
<td>SA</td>
<td>11 AM - 12 PM</td>
<td>7 +</td>
</tr>
<tr>
<td>5/6 - 5/27</td>
<td>SA</td>
<td>11 AM - 12 PM</td>
<td>7 +</td>
</tr>
</tbody>
</table>

### ARISE SELF-DEFENSE: FEMALE - INTERMEDIATE

**Monthly Resident: $26  Non-resident: $37**

Learn advanced self-defense techniques to fight off attackers and bullies. Escape from ground attacks, headlocks, wrist grabs, and more. Practice ground and wrestling defense.

**Instructor:** Andy Pancho, ARISE Staff

**Location:** Veterans Memorial Building – Iksan/Yanji Room

**Note(s):** Prerequisite any ARISE Female Beginner’s or Family class. Bring Water.

<table>
<thead>
<tr>
<th>Dates</th>
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<th>Times</th>
<th>Ages</th>
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</thead>
<tbody>
<tr>
<td>3/4 - 3/25</td>
<td>SA</td>
<td>12 PM - 1 PM</td>
<td>7 +</td>
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<td>4/1 - 4/29</td>
<td>SA</td>
<td>12 PM - 1 PM</td>
<td>7 +</td>
</tr>
<tr>
<td>5/6 - 5/27</td>
<td>SA</td>
<td>12 PM - 1 PM</td>
<td>7 +</td>
</tr>
</tbody>
</table>
GOLDEN TIGER KUNG FU, FU JOW PAI (BEGINNER)

This class entails real urban self-defense for kids and adults. This style of Kung Fu is based on the movements and demeanor of an attacking tiger and includes: empty hand forms, weapon forms, and empty hand against weapons forms. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline and stress reduction! Our certified ranking system is recognized worldwide.

Instructor: Behnam Kanani
Location: TBD- Check ActiveNet location details
Materials Fee: Uniform T-shirt $35, testing/certification upon achievement $30, belt $30 paid directly to the instructor.
Note(s): Kung Fu or flat heel shoes recommended. Belt Certification fee paid to instructor upon ranking.

* No class 3/14, 3/16, and 4/6.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/2 - 3/29*</td>
<td>T/TH</td>
<td>5:30 PM - 6:45 PM</td>
<td>6+</td>
<td>$183/$194</td>
</tr>
<tr>
<td>4/4 - 4/27*</td>
<td>T/TH</td>
<td>5:30 PM - 6:45 PM</td>
<td>6+</td>
<td>$183/$194</td>
</tr>
<tr>
<td>5/2 - 5/25*</td>
<td>T/TH</td>
<td>5:30 PM - 6:45 PM</td>
<td>6+</td>
<td>$183/$194</td>
</tr>
<tr>
<td>3/2 - 5/25*</td>
<td>T/TH</td>
<td>5:30 PM - 6:45 PM</td>
<td>6+</td>
<td>$494/$505</td>
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</table>

GOLDEN TIGER KUNG FU, FU JOW PAI (INTERMEDIATE)

The Class entails real urban self-defense for kids and adults. This style of kung fu is based on the movements and demeanor of an attacking tiger and includes: empty hand forms, weapon forms, empty hand against weapon forms. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline and stress reduction! Our certified ranking system is recognized worldwide.

Instructor: Behnam Kanani
Location: TBD- Check ActiveNet location details
Materials Fee: Uniform T-shirt $35, testing/certification upon achievement $30, belt $30 paid directly to the instructor.
Note(s): Kung Fu or flat heel shoes recommended. Must have at least one year experience and gold stripe ranking to participate in the intermediate class.

* No Class 3/14, 3/16, and 4/6.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/2 - 3/29*</td>
<td>T/TH</td>
<td>5:30 PM - 7 PM</td>
<td>9+</td>
<td>$205/$216</td>
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<tr>
<td>4/4 - 4/27*</td>
<td>T/TH</td>
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<td>9+</td>
<td>$205/$216</td>
</tr>
<tr>
<td>5/2 - 5/25*</td>
<td>T/TH</td>
<td>5:30 PM - 7 PM</td>
<td>9+</td>
<td>$205/$216</td>
</tr>
<tr>
<td>3/2 - 5/25*</td>
<td>T/TH</td>
<td>5:30 PM - 7 PM</td>
<td>9+</td>
<td>$562/$573</td>
</tr>
</tbody>
</table>
Adult Recreational Activities

**ADULT CERAMICS**

**Resident: $198**  
**Non-resident: $209**

A unique experience to learn basic hand building and wheel work in a multi-level shared environment. Projects range from simple plates, mugs and bowls to complex projects designed by students.

**Instructor:** Barbara Lamb  
**Location:** El Marino Park Ceramics Hut

<table>
<thead>
<tr>
<th>Class</th>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Wks</td>
<td>TBD</td>
<td>T</td>
<td>6:30 PM - 8:30 PM</td>
<td>20+</td>
</tr>
<tr>
<td>10 Wks</td>
<td>TBD</td>
<td>W</td>
<td>10 AM - 12 PM</td>
<td>20+</td>
</tr>
<tr>
<td>10 Wks</td>
<td>TBD</td>
<td>TH</td>
<td>6:30 PM - 8:30 PM</td>
<td>20+</td>
</tr>
</tbody>
</table>

**CARDIO TENNIS AT FOX HILLS**

**Resident: $187**  
**Non-resident: $198**

Cardio Tennis is a fun group activity and is a great way to get in shape and enjoy the game of tennis. This 6 week program is offered for adult tennis players of all skill levels.

**Instructor:** Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)  
**Location:** Fox Hills Tennis Court #1  
**Note(s):** Participants must furnish racket.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/9 - 4/13</td>
<td>TH</td>
<td>7 PM - 8 PM</td>
<td>18+</td>
<td>BEG TO ADV</td>
</tr>
<tr>
<td>4/20 - 5/25</td>
<td>TH</td>
<td>7 PM - 8 PM</td>
<td>18+</td>
<td>BEG TO ADV</td>
</tr>
</tbody>
</table>

**IAIDO - WAY OF THE JAPANESE SWORD**

**Resident: $151**  
**Non-resident: $162**

Iaido is the ancient Japanese art of drawing the sword and cutting in a single movement. Originally created for the physical and mental discipline of the Samurai warrior, today’s martial art, iaido joins together various defensive and offensive sword movements. This class along related weapons training, in order to develop a calm mind, better concentration, and physical coordination.

**Instructor:** Masakazu Tazaki 8th Degree Black Belt  
**Location:** TBD- Check ActiveNet location details  
**Note(s):** Must meet instructor approval. Testing fees apply for all belt progression.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/1 - 5/3</td>
<td>W</td>
<td>7 PM - 8:30 PM</td>
<td>14+</td>
<td>TBD</td>
</tr>
</tbody>
</table>

**INTRO TO FENCING**

**Resident: $78**  
**Non-resident: $87**

Fencing helps develop balance, agility, reflexes, and leg strength. Course is for fencers of all levels. Students are grouped based on their current level of fencing, as determined by the instructors. Instruction will begin with the foil and advanced students may also choose epee or saber. Group instruction is done during the first hour and the remaining time is for drills and practice. All equipment is supplied for beginners.

**Instructors:** Instructors from Salle d’Armes Couturier  
**Location:** TBD- Check ActiveNet location details  
**Materials fee:** $20 for equipment.  
**Note(s):** USA Fencing Association annual membership required. ($10)

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/6 - 5/22</td>
<td>M /TH</td>
<td>7:45 PM - 9:45 PM</td>
<td>18+</td>
</tr>
</tbody>
</table>
**LET’S GET FIT- FOR BEGINNERS AND SENIORS**

Resident: $42, Non-resident: $53  
Any 5 Classes  
Monthly

Resident: $52, Non-resident: $63  
Monthly

Resident: $140, Non-resident: $151  
Season Pass*

*Pases can be used at any T/TH/SA classes and have an expiration date.

Would you like to add an exercise habit in your daily life and meet new friends? We are a very cheerful and supportive group and would love for you to join! Let’s Get Fit! is a low-impact exercise program that includes simple light cardio, strength training and stretching with easy steps and unique dance movements for one hour. After the one hour class, there is also a 30 minute conditioning chair exercise session with tube bands/hand-held weights as an optional session for those who want additional strength training. You can come for one or both sessions and go at your own pace. No experience is needed!  
Instructor: Akiko Miyoshi  
Location: Veterans Memorial Building  
Note(s): Wear athletic shoes and comfortable clothing. Bring a pair of 1-3 lbs hand held weights and water for hydration. Exercise mat is optional. * No class 5/27

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/2 - 3/30</td>
<td>T/TH</td>
<td>9:30 AM - 11:15 AM</td>
<td>21+</td>
<td>VMC</td>
</tr>
<tr>
<td></td>
<td>SA</td>
<td>9:30 AM - 11:15 AM</td>
<td>21+</td>
<td>VMC</td>
</tr>
<tr>
<td>4/1 - 4/29</td>
<td>T/TH</td>
<td>9:30 AM - 11:15 AM</td>
<td>21+</td>
<td>VMC</td>
</tr>
<tr>
<td></td>
<td>SA</td>
<td>9:30 AM - 11:15 AM</td>
<td>21+</td>
<td>VMC</td>
</tr>
<tr>
<td>5/2 - 5/30</td>
<td>T/TH</td>
<td>9:30 AM - 11:15 AM</td>
<td>21+</td>
<td>VMC</td>
</tr>
<tr>
<td></td>
<td>SA</td>
<td>9:30 AM - 11:15 AM</td>
<td>21+</td>
<td>VMC</td>
</tr>
<tr>
<td>3/2 - 5/30</td>
<td>T/TH</td>
<td>9:30 AM - 11:15 AM</td>
<td>21+</td>
<td>VMC</td>
</tr>
<tr>
<td></td>
<td>SA</td>
<td>9:30 AM - 11:15 AM</td>
<td>21+</td>
<td>VMC</td>
</tr>
<tr>
<td>Season Pass</td>
<td>SA</td>
<td>9:30 AM - 11:15 AM</td>
<td>21+</td>
<td>VMC</td>
</tr>
</tbody>
</table>

**YOGA FROM THE INSIDE OUT**

Drop In: $22  
Resident: $100, Non-resident: $111  
Any 6 Classes  
Monthly

Resident: $150, Non-resident: $161  
12 Class Series  
Monthly

* 6 class option can be used for any combination of Monday and Thursday classes. 12 class series is for either Monday or Thursday (Can not be combined.)

Yoga provides simple tools to build strength, flexibility, and balance in body, mind, and spirit. Stop striving, find ease within difficult poses and emotions, and calm your mind with this gentle practice. Learn to breathe and move more freely; experience deep rest and renewal in a friendly, inclusive environment whatever your skill level.  
Instructor: Tara Kamath  
Location: Veterans Memorial Building  
Note(s): Bring a yoga mat, a large towel or yoga blanket, and two yoga blocks to class and wear layers (e.g., sweater, socks) for temperature control. * No Class 5/29

<table>
<thead>
<tr>
<th>Weeks</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 WKS</td>
<td>3/20 - 6/12</td>
<td>M</td>
<td>6:30 PM - 8 PM</td>
<td>18+</td>
</tr>
<tr>
<td>12 WKS</td>
<td>3/16 - 6/1</td>
<td>TH</td>
<td>4 PM - 5:30 PM</td>
<td>18+</td>
</tr>
</tbody>
</table>

**CULVER CITY ADULT SPORTS LEAGUES**

**ZogSports**

[www.zogsports.com](http://www.zogsports.com)

NEW Basketball Leagues Coming in April of 2023!
Aquatics - Exercise Classes

ADULT EXERCISE

Senior (50+): $1 Per Class  
Adult (18-49): $2 Per Class

Low-impact water exercise in shallow water; ideal for all fitness levels, including non-swimmers, and anyone recovering from injuries. The class will be offered Monday, Wednesday and Friday from 9:00-9:50am. Pre-Registration required.


Instructor: Sandy Devlin  
Location: Culver City Municipal Plunge

<table>
<thead>
<tr>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Ages</th>
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</thead>
<tbody>
<tr>
<td>On - Going</td>
<td>M/W/F</td>
<td>9 AM - 9:50 AM</td>
<td>18+</td>
</tr>
</tbody>
</table>

AQUAFIT DEEP WATER WILL RESUME IN APRIL

$12 Per Class

If you are an above average exerciser, DEEP WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided for each client. They give you support while moving freely in the water. Hand buoys and noodles are some of the equipment items used to create a well balanced body exercise.

Instructor: Allyson Bailey  
Location: Culver City Municipal Plunge

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>On - Going</td>
<td>M/W</td>
<td>7 PM - 7:50 PM</td>
<td>18+</td>
</tr>
<tr>
<td>On - Going</td>
<td>SA</td>
<td>9 AM - 9:50 AM</td>
<td>18+</td>
</tr>
</tbody>
</table>

AQUAFIT SHALLOW WATER WILL RESUME IN APRIL

$11 Per Class

If you are a beginner or average water exerciser, SHALLOW WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided to give support while moving freely in the water. Hand buoys and noodles are some of the equipment used to create a well balanced body exercise.

Instructor: Allyson Bailey  
Location: Culver City Municipal Plunge

<table>
<thead>
<tr>
<th>Dates</th>
<th>Days</th>
<th>Times</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>On - Going</td>
<td>M/W</td>
<td>10 AM - 10:50 AM</td>
<td>18+</td>
</tr>
<tr>
<td>On - Going</td>
<td>SA</td>
<td>10 AM - 10:50 AM</td>
<td>18+</td>
</tr>
</tbody>
</table>

AQUAFIT STAND UP WILL RESUME IN APRIL

$21 Per Class

AQUA STAND UP is the best total body workout on an inflatable stand up paddle board. Fun and safe exercises are designed to improve balance, stabilize the core muscle groups, and increase cardiovascular endurance. Burn up to 650 calories during each workout.

Instructor: Allyson Bailey  
Location: Culver City Municipal Plunge

<table>
<thead>
<tr>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>On Going</td>
<td>M/W</td>
<td>11 AM - 11:50 AM</td>
<td>18+</td>
</tr>
<tr>
<td>On Going</td>
<td>SA</td>
<td>11 AM - 11:50 AM</td>
<td>18+</td>
</tr>
</tbody>
</table>

Culver City Municipal Plunge  
Visit us in person at 4175 Overland Ave.  
Culver City, CA 90230  
(310) 253-6680  
Visit us online at:  
Culver City Website - Municipal Plunge  
Culver City Municipal Plunge Facebook Page

Follow us on  
@CULVERCITYPRCS  
@CULVERCITYPRCS
LAP SWIM

$4 Adult (18 - 49)
$3 Senior (50+) Youth (13 -17) & Disabled

Take the Plunge for lap swim! Sessions begin at the start of each hour for 50 minute time blocks. Pre Registration and check in are required. Lanes are limited to 3 swimmers per lane. Unclaimed spaces are opened up to standby swimmers 10 minutes after the hour. * Pool Closed 3/20-4/9 for annual maintenance.

Location: Culver City Municipal Plunge

Days Times
M/W 6 AM - 12:50 PM and 8 PM - 8:50 PM
T/TH/F 6 AM - 12:50 PM and 7 PM - 8:50 PM
SA 7 AM - 2:50 PM
SU 9 AM - 2:50 PM

FAMILY SWIM/ WATER EXERCISE LANE

$4 Adult (18 - 49)
$3 Senior (50+) Youth (Up to 17) & Disabled

Family Swim allows for 6 participants per 1/2 lane space to play and exercise in the water. Lap swim is not permitted in family/water exercise lanes. Children under 48 inches tall must be accompanied by an adult 18 years or older within arms reach in the water, in a 1 to 1 ratio. Family Swim sessions begin at the start of each hour for 50 minute time blocks. Pre Registration and check in are required.* Pool Closed 3/20-4/9 for annual maintenance.

Location: Culver City Municipal Plunge

Days Times
M/W 6 AM - 8:50 AM, 12 - 12:50 PM, and 3 PM - 8:50 PM
T/TH/F 6 AM - 12:50 PM and 3 PM - 8:50 PM
SA 7 AM - 9:50 AM
SU 9 AM - 11:50 AM

YOUTH LAP SWIM

$3 Youth (Up to 17)

Swimmers 48 inches or taller and under 18 jump in the Plunge’s youth lap swim! Sessions begin at the start of each hour for 50 minute time blocks. Pre Registration and check in are required. Lanes are limited to 3 swimmers per lane. Unclaimed spaces are opened up to standby swimmers 10 minutes after the hour. * Pool Closed 3/20-4/9 for annual maintenance.

Location: Culver City Municipal Plunge

Days Times
F 6 PM - 6:55 PM

PLUNGE CLOSURE DATES

1/16 POOL CLOSED: MLK Day
3/20 - 4/09 POOL CLOSED: Annual Maintenance
5/29 POOL CLOSED: Memorial Day
7/04 POOL CLOSED: 4th of July
8/25-8/27 SPECIAL EVENT HOURS: Fiesta
9/04 POOL CLOSED: Labor Day
11/23 - 11/24 POOL CLOSED: Thanksgiving Holiday
12/25 POOL CLOSED: Christmas
1/1/24 POOL CLOSED: New Year’s Day

REGISTER @ WWW.CULVERCITY.ORG/ACTIVE • FOR MORE INFORMATION (310) 253-6650
JUNIOR GUARDS/L6 FITNESS SWIMMER
Resident: $37.50             Non-resident: $45
This program is a week course designed to give Red Cross Swimmers Level 5 or higher a sneak peek into what it takes to become a lifeguard. Junior Guards introduces participants to in-water rescues, first aid, and CPR, all while improving their swimming technique, strength, speed, and endurance. Sign up for both Mon/Wed and Tue/Thu sessions for a full week of fun.
Instructor: Plunge Staff
Location: Culver City Municipal Plunge
Spring Session Dates Days Times Offered
1 2/27 - 3/16 M/W or T/TH 5:30 PM - 7 PM
2 4/10 - 4/27 M/W or T/TH 5:30 PM - 7 PM
3 5/8 - 5/25 M/W or T/TH 5:30 PM - 7 PM

YOUTH WATER POLO
Resident: $37.50             Non-resident: $45
This program is an introduction to water polo, designed to bridge the gap between learn-to-swim and the sport of water polo for children ages 5-12. The intent is to provide basic skills and understanding of the sport in a recreational format.
Instructor: Plunge Staff
Location: Culver City Municipal Plunge
Spring Session Dates Days Times
1 2/27 - 3/16 M/W or T/TH 3:30 PM - 4:20 PM
2 4/10 - 4/27 M/W or T/TH 3:30 PM - 4:20 PM
3 5/8 - 5/25 M/W or T/TH 3:30 PM - 4:20 PM

WEEKDAY GROUP LESSONS: ADULT
Resident: $52             Non-resident: $62
Back by popular demand! This winter we will offer Adult Beginner and Adult Intermediate courses for participants age 13 and up. Each 3- week session of swim classes will meet 2 times a week on either Monday/Wednesday or Tuesday/Thursday for 50 minutes each day. *No Class- 3/20-4/9 - Pool closed for maintenance.
Instructor: Plunge Staff
Location: Culver City Municipal Plunge
Spring Session Dates Days Times
1 2/27 - 3/16 M/W or T/TH 8 AM or 7 PM
2 4/10 - 4/27 M/W or T/TH 8 AM or 7 PM
3 5/8 - 5/25 M/W or T/TH 8 AM or 7 PM

AMERICAN RED CROSS SWIM LEVEL DESCRIPTIONS
All City of Culver City Swim Instructors are American Red Cross certified Water Safety Instructors and our swim lessons are developed based on the American Red Cross Learn to Swim Program guidelines. Please see below for brief description of what swimmers should know going into each lesson. Visit our website for a more detailed description and look at the skills your swimmers will learn in each level.

• **LEVEL 1 (L1):** For participants 3 and up who have not had lessons before or are uncomfortable in/fearful of the water.

• **LEVEL 2 (L2):** For participants 3 and older who are comfortable in the water, can submerge their head, hold their breath for 5 seconds and can float on their front and back with support comfortably.

• **LEVEL 3 (L3):** Incoming Level 3 participants are able to float on their front and back independently, kick and glide on their front and back for 3 body lengths independently, and also know the basic crawl stroke.

• **LEVEL 4 (L4):** Incoming Level 4 participants are able to complete 25 yards of front crawl, 15 yards of backstroke, 15 yards of breaststroke kick, and can tread in deep water.

• **LEVEL 5 (L5):** Incoming Level 5 participants are able to complete 50 yards of front crawl, 25 yards of backstroke, 25 yards of breaststroke, 15 yards of butterfly kick and can tread in deep water.

• **JUNIOR GUARDS/LEVEL 6 (L6) SWIM FOR FITNESS:** For participants that have completed Level 5 to get a sneak peek into what it takes to become a lifeguard and swim team swimmer. Junior Guards introduces participants to first aid and CPR all while improving their swimming technique, strength, speed, and endurance.

• **PARENT & ME:** Participants 6 months to 3 years old will work on developing swimming readiness through water exploration activities geared to create a fun experience for both parent and child.

• **ADULT BEGINNER:** For participants 13 and up who have not had lessons before or are uncomfortable in/fearful of the water.

• **ADULT INTERMEDIATE:** For participants 13 and up who know how to swim 25 yards front crawl, back crawl, and have a basic understanding of breaststroke.

PLUNGE PROGRAM REGISTRATION DATES
SPRING

<table>
<thead>
<tr>
<th>SPRING SESSION</th>
<th>RESIDENT REGISTRATION</th>
<th>NON-RESIDENT REGISTRATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>February 20 at 7 AM</td>
<td>February 22 at 7 AM</td>
</tr>
<tr>
<td>2</td>
<td>March 20 at 7 AM</td>
<td>March 22 at 7 AM</td>
</tr>
<tr>
<td>3</td>
<td>April 3 at 7 AM</td>
<td>April 5 at 7 AM</td>
</tr>
</tbody>
</table>

ADULT EXERCISE, AQUAFIT, LAP & FAMILY SWIM
Takes place weekly for the next week’s swims on: Mondays at 7 AM for Culver City residents Wednesday at 7 AM for non-Culver City residents.
Buddy Lap Swim Day

Come swim at the plunge and bring a buddy on February 14th! The plunge will be offering regular lap swim hours...bring a buddy and swim two for the price of one!

<table>
<thead>
<tr>
<th>Lap swim hours</th>
<th>How to register</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 AM - 6:55 AM</td>
<td>1. Log onto your culver city activenet account</td>
</tr>
<tr>
<td>7 AM - 7:55 AM</td>
<td>2. Enroll one (1) person into Buddy lap swim.</td>
</tr>
<tr>
<td>8 AM - 8:55 AM</td>
<td>3. Show up to the plunge and let the person at the front know that you will</td>
</tr>
<tr>
<td>9 AM - 9:55 AM</td>
<td>be participating in “Buddy Swim”</td>
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<td>10 AM - 10:55 AM</td>
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<tr>
<td>11 AM - 11:55 AM</td>
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<tr>
<td>12 PM - 12:55 PM</td>
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<tr>
<td>7 PM - 7:55 PM</td>
<td></td>
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<tr>
<td>8 PM - 8:55 PM</td>
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</tbody>
</table>

**Pricing**
- Buddy swim 2x1: $4
- Adults (18-49): $4
- Youth (13-17): $3
- Seniors (50+): $3

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FEBRUARY 14TH, 2023  
CULVER CITY MUNICIPAL PLUNGE  
4175 OVERLAND AVE.  
CULVER CITY, CA 90230

REGISTER @ WWW.CULVERCITY.ORG/ACTIVE  • FOR MORE INFORMATION (310) 253-6650
Senior Center

SENIOR CENTER PROGRAMMING

The Senior Center offers various fitness, art, and language classes per week, plus support groups, special interest groups and live entertainment, musical programs, and special events. For information on specific daily, weekly, monthly “ongoing” classes and activities, readers are directed to the Senior Center Newsletter online at the link below.

Location: 4095 Overland Ave, Culver City, CA 90232

Hours of Operation:
Monday through Friday ...........................................................9 AM - 5 PM
Weekends ................................................................. 12 PM - 4 PM
Business Desk: Weekdays .......................................................9 AM - 4 PM
Business Desk: Weekends ............................................... 12 PM – 3:30 PM

Membership: Membership in the Culver City Senior Citizens Association Inc. (CCSCA), a 501(c)(3) organization, is required to participate in all CCSCA activities at the Center and is open to individuals 50 years of age and over. CCSCA Membership is based on the calendar year as follows:

- $20 Annual 2023 membership
- $5 Annual membership for those 90 and older - or those turning 90 in 2023
- $5 Parking pass
- $25 Newsletter mailing (optional)
- $75 Fitness Room fee for six months from January - June 2023 or July – December 2023; $125 for the 2023 calendar year January - December 2023.

*The Newsletter is free if you pick it up in person or view it online at: http://www.culvercity.org/live/community-neighborhood/adult-senior-services/senior-center-newsletters

For information please call:
(310) 253-6700
Email: info.seniorcenter@culvercity.org

Congratulations to the Culver City Senior Citizens Association, Inc. on its 50th anniversary of service to our Culver City community!
As members of the CCSCA at the Senior Center, members have the opportunity to participate in any of the classes and activities listed below for a small additional fee (activities with an asterisk require an additional class fee*) or for free.

**ARTS AND CRAFTS**
- Ceramics*
- Art with Coco
- Crochet Group
- Watercolor*
- Fun with Pastels
- Knitting Group
- Kindness Rock Painting

**CARD AND BOARD GAMES**
- Bridge, Mah Jong & Pan
- Duplicate Bridge (meets in the Veterans Memorial Building)
- Beginning Mah Jong
- Bingo
- Beginning Chess

**DANCE**
- Dancercise*
- Line Dancing*
- Hula Dance
- MindBodyDance*
- International Folk Dance
- Dance Fit with John

**DISCUSSION**
- Genealogy
- Current Events*
- The Cunning Consumer
- Trivia with Michael
- Adventures with Doug
- Ask the Physical Therapist

**FITNESS**
- Zumba Gold*
- Chair Zumba*
- Sit N Be Fit*
- Tai Chi with Anton*
- Yoga with Phil*
- Gentle Mat Yoga with Lauren*
- Tai Chi with Greg
- Walking Group (meets the 1st & 3rd Tuesday of the month)
- Balance Challenge*
- Chair Yoga with Caroline*
- Gentle Yoga with Cyndi*
- Chair Abs & Core
- Chair Yoga with Caroline
- Ping Pong
- Balance Challenge with Marguerite*
- Fitness Room*
- Mat Pilates
CCSCA Classes and Activities at the Senior Center

As members of the CCSCA at the Senior Center, members have the opportunity to participate in any of the classes and activities listed below for a small additional fee (activities with an asterisk require an additional class fee*) or for free.

CHECK OUT OUR WEEKLY CLASS SCHEDULE IN OUR MONTHLY NEWSLETTER!

FACILITY SPACES AND ACTIVITIES

- Open Computer Lab
- Tuesday & Sunday Movie Showings
- Blood Pressure Checks
- AARP Driver Safety Course

LANGUAGE CLASSES

- German (meets 1st Monday of the month)
- Beginning Spanish
- Beginning Sign Language
- Intermediate Sign Language
- Spanish (meets the last Thursday of the month)
- French (meets the 3rd Thursday of the month)
- German Conversation
- Yiddish Conversation

LITERATURE

- Reading Short Stories
- Book Club

MUSIC

- Beginning Ukulele*
- Intermediate Ukulele*
- Karaoke
- Monthly concerts
- Music Time Machine (meets the last Friday of the month)
- Music Mends Minds Drum Circle (meets the 2nd Friday of the month)

SOCIAL GROUPS

- Merry Makers Club (meets the 1st Monday of the month)
- Platicando Sabroso
- Veterans Social Group (meets 1st Tuesday of the month)
- Latin American Group
- Remembranzas
- Yiddish Social Group

SUPPORT GROUPS

- Special Services for Groups Support Group
- Loss Support Group

THEATRE

- Improv on the Patio (meets the 4th Tuesday of the month)

WELLNESS

- Heartfulness Meditation
- Mindfulness Meditation with Resa

VIRTUAL ACTIVITIES

- Cal Fresh Classes
- Bob Levy, The Music Man
- Music with Michael

CCSCA Classes and Activities at the Senior Center

As members of the CCSCA at the Senior Center, members have the opportunity to participate in any of the classes and activities listed below for a small additional fee (activities with an asterisk require an additional class fee*) or for free.

CHECK OUT OUR WEEKLY CLASS SCHEDULE IN OUR MONTHLY NEWSLETTER!
Disability and Social Services

**DISABILITY & SOCIAL SERVICES PROGRAMS**

Located at the Senior Center, staff are available Monday through Friday via phone and in-person to residents of all ages to offer assistance with information, referrals, and help on topics such as transportation, counseling, caregiver information, support groups, disability programs, aging resources, low income programs and services, government benefits, abuse reporting, health and medical resources and others.

For questions or more information, contact Senior & Social Services Recreation Coordinator: Mike Odunzeat (310) 253-6716 or email mike.odunze@culvercity.org

**SOCIAL WORK SERVICES FOR SENIORS**

The Senior Center has a partnership with Special Services for Groups (SSG), which specializes in field-based case management and behavioral health services. If you or someone you know needs a little extra help, you can speak with an SSG social worker via phone at (213) 553-1800.

Website: https://www.ssg.org/
Address: 905 E. 8th Street, Los Angeles CA 90021

**HOUSING AND ROOMMATE SERVICES**

The Affordable Living for the Aging program is available to seniors and non-seniors who are seeking roommates or shared and affordable housing arrangements. To make an appointment to speak with staff at the Senior Center, please call (323) 650-7988 to begin the intake process.

**SENIOR NUTRITION PROGRAM**

The Culver City Senior Center partners with Jewish Family Services (JFS) to provide the Elderly Nutrition Program. JFS is a Los Angeles based non-profit organization. This program continues to provide nutritionally balanced lunches to eligible participants. Meal delivery is an available option for eligible homebound senior participants. If you are interested in joining this program, need information, or are already enrolled and have delivery schedule updates or questions, please contact Jewish Family Services at (323) 937-5843

Website: www.jfsla.org
Address: 330 N. Fairfax Avenue Los Angeles, CA 90036

Join us for Socialites dinners and Dances for the Developmentally Disabled events!

To volunteer or for program information, please contact Mike Odunze by email at mike.odunze@culvercity.org
Rental Information - Parks and Park Buildings

PICNIC AND PARK BUILDING RENTALS

Picnic areas and park building rental requests are available online at www.culvercity.org/active or in person with a minimum of 14 days’ advance notice. Rental fees are based on a minimum of 3 hours. Maximum limits vary by location and groups may not exceed the limit. If there is no picnic rental issued for an area when a party shows up to a site, it is then available to the public on a first come first served basis.

Picnic Rental Process

Step 1: Click here to access the Picnic Permit Reservations or visit the Recreation Office at 4117 Overland Ave, Culver City CA 90230. Office hours: Mon-Fri: 8:00 AM – 7:00 PM and Sat & Sun: 9:00 AM - 5:00 PM.

Step 2: You will receive an email once your request has been approved.

Step 3: Log on to your Active Net account to pay your fees or pay in person at the Recreation Office.

Step 4: Upon payment of your fees your reservation will be complete.

Step 5: Bring a copy of your permit with you to your picnic site the day of your event.

MOONBOUNCES, FOOD TRUCKS, GAMING TRUCKS/VENDORS

Moonbounces, food and gaming trucks and vendors are allowed in designated Culver City parks by special permit only. Moonbounces may be a maximum size of 15’X15’. No moonbounces at Carlson Park, Lindberg Park and SK Park Picnic Shelter. A Certificate of Liability Insurance is required from the moonbounce rental company, food truck and/or gaming truck/vendor. Permit will not be issued until after moonbounce, food truck or gaming truck/vendor insurance is received. Insurance must be received no later than 5 business days before permit date. Moonbounce, food truck and/or gaming truck/vendor permit fees are $32.00 per item.

RENTAL BLACK OUT DATES - PICNIC AREAS WILL BE OPEN ON A FIRST-COME FIRST-SERVED BASIS

- 5/14
- 5/29
- 6/3
- 6/18
- 7/4
- 8/25 - 8/27
- 9/4
- 11/23 and 11/24
- 12/25
- 1/1/23
- 1/15/23
**VMC RENTALS**

Let us help you plan your parties, milestone family events, community meetings, recitals, rehearsals, screenings, and private classes. Facility rentals are available seven days a week and, as always, event parking is free. Book your event today! Contact the Registration Office at (310) 253-6650 or email us at book.VMC@culvercity.org for an appointment to tour Veterans Memorial Building, the Culver City Senior Center, and the Culver City Teen Center to find the room you need.

**REFUND POLICY**

There will be no refunds for any cancellations or rescheduling of a rental without 14 days’ notice. Refunds requested at least 14 days prior to the rental will be granted less a 15% processing fee.

**VMC HOURLY ROOM RATES**

<table>
<thead>
<tr>
<th>Veterans Memorial Building</th>
<th>Non Profit Resident/Govenment</th>
<th>Non Profit Resident</th>
<th>Private Party Resident</th>
<th>Private Party Resident</th>
<th>Commercial Resident</th>
<th>Commercial Non-Resident</th>
<th>Damage Deposit</th>
<th>Food Fee</th>
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<tr>
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<td>$238</td>
<td>$245</td>
<td>$274</td>
<td>$308</td>
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<table>
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<tr>
<th>Culver City Senior Center</th>
<th>Non Profit Resident/Govenment</th>
<th>Non Profit Resident</th>
<th>Private Party Resident</th>
<th>Private Party Resident</th>
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<th>Commercial Non-Resident</th>
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<td>$26</td>
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<td>$45</td>
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</table>

| Dining Room                | $81                            | $89                | $113                   | $126                   | $134                | $149                   | $104           | $26     |
| B45                        | $64                            | $71                | $85                    | $95                    | $107                | $119                   | $104           | $15     |
| B47                        | $64                            | $71                | $85                    | $95                    | $107                | $119                   | $104           | $15     |
| C71                        | $17                            | $18                | $22                    | $24                    | $27                 | $30                    | $52            | $15     |
| C73                        | $18                            | $23                | $29                    | $32                    | $57                 | $63                    | $52            | $15     |
| C75                        | $18                            | $23                | $29                    | $32                    | $57                 | $63                    | $52            | $15     |
| C77                        | $17                            | $18                | $22                    | $24                    | $27                 | $30                    | $52            | $15     |
| Crafts Room                | $10                            | $15                | $24                    | $26                    | $41                 | $45                    | $52            | $15     |
Then and Now: Culver City Landmarks

Can you guess which Culver City Building this is or was a part of?

**THEN**

1. 

2. 

3. 

4. 

**NOW**

1. 

2. 

3. 

4. 

FOLLOW US ON @CULVERCITYPRCS
Park In the Spotlight

Tellefson Park

11057 Washington Pl.

HISTORY

This land, once traversed by the Tongva Native Americans, became a part of Rancho La Ballona under Spanish rule, and later was included in Culver City’s post-incorporation “Bohemia Annexation” in 1924. Then, in 1928, the largest roller-skating rink in the United States opened here. Conceived by Chester Park Crawford and designed by Carl Boller, the 34,000 sq. ft. Rollerdrome was a popular recreational venue for over 50 years. With its distinctive, gently-rounded roofline, the building was without a single post or pillar and featured a ‘noiseless’ skating surface of rock maple over layers of felt and Oregon pine. Parties, skating competitions, dances, and dog shows were held in the facility, which could accommodate more than 2,500 people—truly a fixture in our city’s social scene. A dress code was strictly enforced, and organ music was added in 1929. After the business closed in 1970, the building was demolished. In 1975, the City of Culver City acquired the vacant property for use as the park you see today. Named for former city attorney, mayor, and chief administration officer Michael Tellefson, Tellefson Park was dedicated in 1976 as part of Culver City’s U.S. Bicentennial celebration.

FEATURES

Basketball Court
BBQ
Picnic Shelter
Passive Grass Area
Restrooms
Children’s Play Area

DID YOU KNOW?

Culver City Kids chose the playground you see today! Culver City’s youngest along with their parents and the community were presented with 4 designs which they got to vote on.
Non-Profit Youth Group Directory

COMMUNITY NON PROFIT YOUTH GROUP DIRECTORY

AYSO Region 19 ................................................................................................................................. www.ayso19.com
Brazil Stars Soccer Club ................................................................................................................... www.instagram.com/brazilstarssoccercl
California Youth Sports Federation ................................................................................................. www.open990.org
Culver City Football Club ............................................................................................................... www.culvercityfootballclub.com
Culver City Little League .................................................................................................................. www.culvercitylittleleague.org
Culver City Swim Team Booster - Youth USA Swim Team ............................................................... www.blastswimming.org
Edge Americas Sports .................................................................................................................... www.edgeamericassports.com
One with the Water - Youth Adaptive Swim Lessons .................................................................... www.onewiththewater.org
Royal Swim Team - Youth USA Swim Team .................................................................................. Royal Swim Team: Team Unify
SCAQ Kids - Youth Lessons and Novice Swim Team ..................................................................... www.swim.net
United States Youth Volleyball League .......................................................................................... www.usyvl.org
USA Dance ......................................................................................................................................... www.usadance.org
Volunteer Opportunities

The Culver City volunteer directory provides the community with information on more than 80 local service opportunities. The directory can help you find a meaningful volunteer opportunity. It provides questions to think about when starting a volunteer position, links to general online volunteer databases and resources and specific information about various non-profit schools, hospitals and community sites within Culver City and the local community. It also includes information such as address, telephone number, email and website if available.

To go to the directory, please visit:

- Directory: culvercity.org/Explore/Volunteer
- Twitter
- Email Blast Registration

Volunteer Opportunities

AQUATICS JOB OPPORTUNITIES

LIFEGUARDS
$18.15 - 19.89 Hourly
The positions assigned to this classification are responsible for the safety and well being of persons using the City Municipal Plunge and performing light maintenance duties on the pool, locker rooms and grounds. No certification? No problem, we can certify you!

LIFEGUARD/SWIM INSTRUCTORS
$19.65 - $21.55 Hourly
The positions assigned to this classification are responsible for the safety and well being of persons using the City Municipal Plunge; teaching swimming lessons and performing light maintenance duties on the pool, locker rooms and grounds. Applicants must have American Red Cross Lifeguard or equivalent and Water Safety Instructor certification to apply.

RECREATION JOB OPPORTUNITIES

SENIOR RECREATION LEADER:
$ 20.57 - $22.67 Hourly
The Senior Recreation Leader is the third level in the Recreation Leader series. Classifications in this series organize, lead and participate in the various recreation programs at City parks, playgrounds, day camps, and other community facilities on a part-time basis.

RECREATION LEADER II
$ 17.48 - $19.27 Hourly
A Recreation Leader II is distinguished from a Recreation Leader I in that the Recreation Leader II implements and takes the lead on programs, performs more complex work requiring greater skill and often supervises lower level Recreation Leaders. Classifications in this series organize, lead and participate in the various recreation programs at City parks, playgrounds, day camps, and other community facilities on a part-time basis.

Click here for the latest recruitment information.
Park Locations and Hours of Operation

**Culver City Park**
- **Dog Park**: Open 7 days a week from Sunrise to Sunset
- **Skate Park**: Open 7 days a week from 8:00 AM - 6:00 PM
- **Bill Botts Fields**
- **Fulcrum Ropes Course**

**Veteran’s Park**
- **Municipal Plunge**
- **Senior Center**
- **Teen Center**
- **Veterans Memorial Building**

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* Culver City Park includes:
  - Dog Park: Open 7 days a week from Sunrise to Sunset
  - Skate Park: Open 7 days a week from 8:00 AM - 6:00 PM
  - Bill Botts Fields
  - Fulcrum Ropes Course

**Veteran’s Park** includes:
- Municipal Plunge
- Senior Center
- Teen Center
- Veterans Memorial Building