City Information

**Parks & Recreation Numbers**

Recreation Office .................................................. (310) 253-6650
Municipal Plunge .................................................. (310) 253-6680
Senior Center .................................................. (310) 253-6700

**Recreation & Community Services Commission**

Kay Heineman .................................................. Vice Chair
Palvi Mohammed .................................................. Commissioner
William Rickards .................................................. Commissioner
Scott Zeidman .................................................. Commissioner

**OTHER IMPORTANT CITY PHONE NUMBERS**

Animal Control .................................................. (310) 253-6143
Building and Safety .................................................. (310) 253-5800
Business License (Recorded Info) .................................. (310) 253-5888
City Clerk .................................................. (310) 253-5851
CityBus .................................................. (310) 253-6500
CityBus Route Info .................................................. (310) 253-6510
Code Enforcement .................................................. (310) 253-5940
Cultural Affairs .................................................. (310) 253-5716
Disability Services .................................................. (310) 253-6729
Film Permits .................................................. (310) 253-6216
Finance Department .................................................. (310) 253-5850
Fire Department Administration .................................. (310) 253-5900
Fire Prevention/Fire Marshal .................................. (310) 253-5925
Graffiti Removal Hotline .................................. (310) 253-5555
Housing Division .................................................. (310) 253-5780
Neighborhood Watch .................................................. (310) 253-6258
Personnel Dept./Job Hotline .................................. (310) 253-5651
Planning Division .................................................. (310) 253-5710
Police Department/Non-Emergency .................................. (310) 837-1221
Redevelopment Agency .................................. (310) 253-5760
Sanitation/Recycling .................................. (310) 253-6400
SPCLA .................................................. (310) 676-1149
Street Lights/Traffic Signals .................................. (310) 253-6433
Street Permits .................................................. (310) 253-5600
Street/Sewer Maintenance .................................. (310) 253-6440
Traffic Management .................................. (310) 253-5600
Trees .................................................. (310) 253-6428

www.culvercity.org
CITY OFFICIALS

Alex Fisch - Mayor
Daniel Lee - Vice Mayor
Göran Eriksson - Council Member
Yasmine-Imani McMorrin - Council Member
Albert Vera - Council Member
John Nachbar - City Manager

(310) 253-6000
www.culvercity.org/city-hall/city-council

City Elected and Appointed Officials can be reached by mail at City of Culver City, PO Box 507, Culver City, CA 90232-0507

CITY MEETINGS

To combat the spread of COVID-19 all meetings will take place virtually.

City Council...........................................(310) 253-5851
Meetings are generally held on 2nd and 4th Mondays of each month, at 7 PM in the Council Chambers.

Civil Service Commission.............................(310) 253-5640
1st Wednesday of the Month at 7 PM

Cultural Affairs Commission...........................(310) 253-5716
3rd Tuesday of the month at 7 PM

Parks and Recreation Commission...............(310) 253-6655
1st Tuesday of the Month at 7 PM

Planning Commission.................................(310) 253-5741
2nd Wednesday of the Month at 7 PM

Committee on Permits and Licenses...............(310) 253-5870
Wednesdays at 10 AM as needed

Landlord Tenant Mediation Board...................(310) 253-5780
Quarterly

Committee on Homelessness Meeting...........(310) 253-5780
4th Tuesday of the Month

Advisory Committee on Redevelopment.......(310) 253-5760
2nd Thursday of the Month at 7:30 PM as needed

Disability Advisory Committee....................(310) 253-6729
2nd Wednesday of Feb, Apr, Jun, Aug, Oct, Dec at 6:30 PM at the Culver City Senior Center

Equity & Human Relations Advisory Committee.(310) 253-5640
4th Tuesday of the month at 7 PM quarterly or as needed

Fiesta La Ballona Committee.....................(310) 253-6663
Veterans Memorial Complex
4117 Overland Avenue Culver City, CA 90230
“Parks Make Life Better” is a popular slogan in our field, but it has rarely been so evident as in 2020. The Culver City Parks, Recreation & Community Services (PRCS) Department is honored to continue to serve a vital role in the City’s response to the COVID Pandemic, as we have done since March. As essential workers we have worked diligently to reinvent services and programs, clean and sanitize parks and playgrounds, and make the time to engage those most vulnerable in our community.

We have become more mindful of the impact our staff makes when we are in contact with our community and will continue to train and develop our team to provide the highest level of customer service while keeping your health and safety at the forefront. We now better understand our need to stay connected with every sector of our community in order to gain further trust and encourage the sharing of ideas. With this in mind, we invite you to share and engage with us via all of our social media platforms.

As we begin the New Year, PRCS’s resolution will be to continue to be resilient, responsive and pro-active in the rebirth of our community and to make every effort to provide a safe and nurturing environment for all—regardless of age and ability. PRCS is committed to supporting all age groups and encouraging life-long learning through opportunities to enhance individuals and families and improve our community.

We thank YOU, who we proudly serve, and appreciate the partnership as we work together to make Culver City inclusive, accessible and fun for all.

Respectfully,

Your PRCS Department Staff
Community Events

MLK JR. DAY CELEBRATION 2021 VIRTUAL SERIES

ON INSTAGRAM IN JANUARY
DREAM OUT LOUD!
FRIDAY, JANUARY 15TH, 2021
LISTEN UP!
SATURDAY, JANUARY 16TH, 2021
SPEAK UP!
SATURDAY, JANUARY 16TH, 2021
SPEAK OUT!

FOLLOW US FOR EVENT DETAILS
@CulverCityPRCS
@CulverCityPRCS

Save the Date!
Spring Eggstravaganza Virtual Event
March 20, 2021

Follow us for event details
@CulverCityPRCS
@CulverCityPRCS

Need new ideas for at home activities?
visit the Virtual Recreation Center
for fun activity ideas and resources

www.culvercity.org/virtualrecreation

Looking for a winter camp?
Culver City Winter Pocket Camps are open for your 1st - 6th graders!

Residents: $80/week
Located at Veterans Memorial Building - Winter Pocket Camp is BACK! 1st-6th graders don’t want to miss out on outdoor activities, themed weeks, socialization and most important- a break from screens!!!

• Each pod will have a maximum of 12 kids.
• Indoor and outdoor activities
• All participants and staff must wear masks
• Siblings must stay together
• Temperature/wellness checks daily
• Participant must provide their own snacks, lunch and water

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<thead>
<tr>
<th>Session</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>12/21-12/24</td>
<td>M - TH</td>
<td>10:00am-3:00pm</td>
</tr>
<tr>
<td>Week 2</td>
<td>12/28-12/31</td>
<td>M - TH</td>
<td>10:00am-3:00pm</td>
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</tbody>
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REGISTER @ WWW.CULVERCITY.ORG/ACTIVE  •  FOR MORE INFORMATION (310) 253-6650
Pre-school Classes

1st Class Prep

See below for fees
Monthly
Location: Syd Kronenthal Park

1st Class Pre-K’s program is designed to provide children 2 ½ - 6 with a loving, safe, diverse and stimulating environment where everyone feels relaxed and ready to learn through play. Class time and special activities are planned according to themes designed to meet the individual needs of children during this active time of growth and development. Our zoophonics curriculum encourages an enthusiastic and receptive attitude toward school, with an emphasis on Kinder. Activities which include an introduction to Spanish, letter and sound recognition, shape and number recognition, cooking, math, reading and art, are centered around seasonal themes. Please provide a healthy lunch. A morning and afternoon snack will be provided.

Instructor: 1st Class Prep Staff

Important Info:
Due to the strict COVID-19 CDC guidelines we must follow in our preschool classes, children and teachers will never commingle with children or teachers from another class. Everyone will be required to have their temperature taken as well as answering symptom questions every morning before entering the building. Parents are only allowed to enter the classroom to help and get children settled through the transitions. Sanitation will be of the utmost importance, including the daily sanitation of toys, tables, chairs, hand washing, and commonly used areas.

Material Fee: $250 Material fee and Registration fee. December fees are due Nov 27. A non-refundable fee of $250 material fee is due January 4, 2021. Students who start in the months in between, will pay a prorated material fee. No registration prorating. Students must be potty trained. For more info or questions please email us at 1stclassprepla@gmail.com.

Res/non-res Days Time Age
$624/$635 M/W/F 9:00 AM - 1:00 PM 2½ - 6
$790/$801 M - F 9:00 AM - 1:00 PM 2½ - 6
Add $146/$157 M - F 8:00 AM - 9:00 AM 2½ - 6
Add $270/$288 M - F 1:00 PM - 3:00 PM 2½ - 6

Note(s): No Class December 21 - December 31

Beyond en Español

Resident: $832/month
Non-resident: $843/month
Aftercare Resident: $624/month
Aftercare Non-resident: $635/month
Location: Culver West-Alexander Park

Beginning 2/1/2021, Help your child begin the journey of acquiring a second language at an early age! Our hands-on immersion program is taught by trained native speakers with college degrees in Child Development and Education from the U.S. and Mexico. The Spanish language is introduced through multi-sensory activities that stimulate children’s natural curiosity and creativity and with the goal to foster life-long learning, the development of motor skills, self-expression, empathy and exposure of diverse cultures to adapt to this global ever changing world. The afternoon class is designed for kids to learn to listen, speak, read and write in Spanish. We follow CCUSD calendar and holidays the school year. Please pack a healthy lunch for the morning session.

It is mandatory to contact teachers prior to enrollment at beyondpk@gmail.com. If you are accepted, family and child need to have tested negative Covid-19 test results prior to starting classes. We will be following strict CDC guidelines. No parents will be allowed in the building due to Covid-19.

Instructor: Elvia Wulf and Vera Chang-Garcia

Note(s): Tuition is paid monthly online and a monthly material and specialized classes fee of $100 is paid directly to the teacher. Monthly registration fees are due 20th of each month and there is no pro-rating. Students must be potty trained. Class time, Activities and fees subject to change due to Covid-19.

Date Beginning 2/1/2021 Day Time Age
Monthly M - TH 9:00 AM - 1:00 PM 4
After School Care: M - TH 1:15 PM - 3:45 PM 5-6

Note(s): No Class December 21 - December 31
Rec Extension

Residents $140
Weekly

PRCS understands challenges exist with distance learning and wants to help you! Rec Extension will offer a safe environment for your child as they go through their school day. Counselors will encourage students to: Stay on task, Keep up with assignmen, Pay attention to their teachers.

Lunch will be outside. When the school day ends, the Counselors will walk the students to Veterans Memorial Park to enjoy outdoor activities.

- FREE Wi-Fi Available
- 8-12 Students Per Pod
- Independent Learning
- Temperature and Wellness Checks in the Morning
- Bring Your Own Laptop & Headphones
- Bring Your Own Snacks, Lunch & Water
- Afternoon Activities in Veterans Park
- All COVID-19 Precautions Observed
- Masks are Required

Online registration is now open on a first come, first served basis. Please note that registration is only available online only.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Grade</th>
<th>Location</th>
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<tbody>
<tr>
<td>M - F</td>
<td>8:00 AM - 5:00 PM</td>
<td>3 - 6</td>
<td>Veterans Memorial</td>
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<tr>
<td>M - F</td>
<td>8:00 AM - 5:00 PM</td>
<td>3 - 6</td>
<td>Senior Center</td>
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</table>

In light of the ever fluid situation surrounding COVID-19. Program dates and times are subject to change and/or cancellation

Notice about COVID Response from the manager

Out of an abundance of caution all registration will take place online. The City reserves the right to combine classes or cancel classes. In the event of a cancelled class, a full refund will be granted.
Spring Camps

Spring Pocket Camp
Residents: $100  
Non-Residents: $111  
Weekly  
Location: Veteran’s Park

Spring Break Pocket Camp is quickly approaching! 1st-6th graders don’t want to miss out on outdoor activities, themed weeks, socialization and most important- a break from screens!!!

Staff: City of Culver City PRCS Staff

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<tr>
<th>Session</th>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
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<tr>
<td>1</td>
<td>3/22 - 3/26</td>
<td>M - F</td>
<td>10:00 AM - 3:00 PM</td>
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<tr>
<td>2</td>
<td>3/29 - 4/2</td>
<td>M - F</td>
<td>10:00 AM - 3:00 PM</td>
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</tbody>
</table>

Notes:
- Each pod will have a maximum of 12 kids.
- Indoor and outdoor activities
- All participants and staff must wear masks
- Siblings must stay together
- Temperature/wellness checks daily
- Participant must provide their own snacks, lunch and water.

Dee-Lightful’s Dance and Comedy Camp
Residents: $208.00  
Non-Residents: $219.00  
Weekly  
Location: Veteran’s Park

Enjoy learning songs and choreography from various Musical Theatre styles and fun Comedy Improv with our Dee-Lightful staff and guest teaching artists!

We will continue to honor Covid-19 restrictions... temperature checking, social distancing, mask-wearing, frequent handwashing, hand sanitizer always available. Groups limited to 12 participants. Enjoy socializing in a safe way while learning and being creative!

Staff: Dolores Aguanno, Allegra Williams-Stirrat and guest teaching artists

Material Fee: $30.00

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<th>Dates</th>
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<th>Time</th>
<th>Ages</th>
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<tbody>
<tr>
<td>3/22 - 3/26</td>
<td>M - F</td>
<td>9:00 AM - 1:00 PM</td>
<td>7-17</td>
</tr>
<tr>
<td>3/22 - 3/26</td>
<td>M - F</td>
<td>1:30PM - 5:30 PM</td>
<td>7-17</td>
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<tr>
<td>3/29 - 4/2</td>
<td>M - F</td>
<td>9:00 AM -1:00 PM</td>
<td>7-17</td>
</tr>
<tr>
<td>3/29 - 4/2</td>
<td>M - F</td>
<td>1:30 PM - 5:30 PM</td>
<td>7-17</td>
</tr>
</tbody>
</table>
Teen Programs

Grades 6-8

Walking Group

FREE
Monthly Beginning 1/6

Let’s go for a walk! Teens will meet with a Recreation Leader at a different park each week to get fresh air and stretch the legs. Masks will be required. No more than 12 per group. Temperature and health check each day.

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<th>Dates</th>
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<th>Time</th>
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<tr>
<td>1/6</td>
<td>W</td>
<td>3:00 PM - 4:00 PM</td>
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</table>

Connect Club

FREE
Monthly
Location: El Marino Park

It is time to Connect with each other! Teens will meet with a Recreation Leader at El Marino Park and discuss a new topic each week. Participants will choose the topic for the next week. Masks will be required. No more than 12 per group. Temperature and health check each day.

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<th>Dates</th>
<th>Day</th>
<th>Time</th>
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<tr>
<td>1/5</td>
<td>T</td>
<td>3:00 PM - 4:00 PM</td>
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</table>

TikTok Dance Crew

FREE
Monthly
Location: Carlson Park

Let’s DANCE! Teens will meet with a Recreation Leader at Carlson Park and learn and record a new TikTok Dance. Participants will choose the dance for the next week. Masks will be required. No more than 6 per group. Temperature and health check each day.

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<tr>
<td>1/7</td>
<td>TH</td>
<td>3:00 PM - 4:00 PM</td>
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Art in the Park

FREE
8 Weeks
Location: El Marino Park

Bring your creativity! Teens will meet with a Recreation Leader at El Marino Park and create a new art piece each week. A different medium will be provided each week. Participants will not share tools. Masks will be required. No more than 12 per group. Temperature and health check each day.

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<td>1/4</td>
<td>M</td>
<td>3:00 PM - 4:00 PM</td>
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Teen Programs

Grades 9-12

Walking Group

FREE
Monthly Beginning 1/6

Let’s go for a walk! Teens will meet with a Recreation Leader at a different park each week to get fresh air and stretch the legs. Masks will be required. No more than 12 per group. Temperature and health check each day.

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<tr>
<td>1/6</td>
<td>W</td>
<td>1:30 PM - 2:30 PM</td>
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</tbody>
</table>

Connect Club

FREE
Monthly Beginning 1/5
Location: El Marino Park

It is time to Connect with each other! Teens will meet with a Recreation Leader at El Marino Park and discuss a new topic each week. Participants will choose the topic for the next week. Masks will be required. No more than 12 per group. Temperature and health check each day.

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<tr>
<td>1/5</td>
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<td>4:00 PM - 5:00 PM</td>
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Art in the Park

FREE
8 Weeks
Location: El Marino Park

Bring your creativity! Teens will meet with a Recreation Leader at El Marino Park and create a new art piece each week. A different medium will be provided each week. Participants will not share tools. Masks will be required. No more than 12 per group. Temperature and health check each day.

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<tr>
<td>1/7</td>
<td>TH</td>
<td>4:00 PM - 5:00 PM</td>
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</table>
Dee-Lightful’s Production Musical Theatre

**Resident:** $1,092  
**Non-resident:** $1,103

We will cast and re-cast this beautiful Disney production, Annie, jr, that we started last spring, this time rehearsing a production primarily geared for the on-camera experience. We will rehearse and shoot our show both indoors and outdoors. Classes are limited to 12 participants, Covid-19 restrictions will be followed: Mask wearing, social distancing observed.

**Instructor:** Dolores Aguano

**Material Fee:** $395 due at Orientation (payable to dee-Lightful Productions)

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<tr>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Group</th>
<th>Age</th>
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<tbody>
<tr>
<td>1/5 - 3/9</td>
<td>W/TH</td>
<td>3:00 PM - 6:00 PM</td>
<td>Group 1</td>
<td>7-17</td>
</tr>
<tr>
<td>1/2 - 3/13</td>
<td>SA</td>
<td>2:00 PM - 6:00 PM</td>
<td>Group 1</td>
<td>7-17</td>
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<tr>
<td>1/8 - 3/12</td>
<td>TU/F</td>
<td>3:00 PM - 6:00 PM</td>
<td>Group 2</td>
<td>7-17</td>
</tr>
<tr>
<td>1/2 - 3/13</td>
<td>SA</td>
<td>9:30 AM - 1:30 PM</td>
<td>Group 2'</td>
<td>7-17</td>
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</tbody>
</table>

Golden Tiger Kung Fu

**Resident:** $120  
**Non-resident:** $131

**8 Weeks**  
**Location:** Veterans Memorial Park

The Class entails real urban self defense for kids and adults. This style of kung Fu is based on the movements and demeanor of an attacking tiger and includes: Empty hand forms, weapon forms, empty hand against weapon. Standard curriculum unchanged since 1968 promotes fitness, weight control, cardio, stamina, strength, patience, discipline and stress reduction! Our certified ranking system is recognized worldwide.

**Instructor:** Ben Kanani

**Note(s):** Must wear face mask/shield, light comfortable black pants, Kung fu or flat bottom (No Heels) shoes.  
**Material Fee:** $25 material fee for KGTF T-shirt

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<th>Dates</th>
<th>Day</th>
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<tbody>
<tr>
<td>1/5 - 2/23</td>
<td>T/TH</td>
<td>6:00 PM - 7:15 PM</td>
<td>5-18</td>
</tr>
</tbody>
</table>

Pintsize Karate™ Live ONLINE

**Resident:** $38  
**Non-resident:** $49

**Monthly**  
**Location:** ONLINE  
This class will introduce children to the basics of karate and martial arts in a positive fun online format, so they can develop their motor skills, strength and coordination. Additional benefits include discipline, self-confidence, improved strength and agility. Class starts with a warm up and includes basic exercises, self-defense techniques, character challenges and fun game.

**Instructor:** Pintsize staff

**Note:** Classes take place via Zoom and can be attended in the safety and comfort of your living room, garage or backyard. Best for kids age 4 to 12 but all ages are welcome.

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<tr>
<td>T/TH</td>
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Pintsize Ninja Workout™ ONLINE

**Resident:** $28  
**Non-resident:** $39

**Monthly**  
**Location:** ONLINE

Grab your Ninja gear and get ready for 30 minutes of fun exercises, challenges and indoor games that will improve strength, agility, balance and focus all while getting all that extra energy out, while little ninjas can’t make it to the jungle gym. Perfect for martial arts/ sports/ gymnastics conditioning.

**Instructor:** Pintsize staff

**Note:** Classes take place via Zoom and can be attended in the safety and comfort of your living room, garage or backyard. Best for kids age 4 to 8 but all ages are welcome.

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<th>Day</th>
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<tr>
<td>M/W</td>
<td>3:00 PM - 3:30 PM</td>
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</table>

Pintsize Soccer™ Backyard Edition ONLINE

**Resident:** $38  
**Non-resident:** $49

**Monthly**  
**Location:** ONLINE

Soccer skills and fun games that kids can do from the safety of their own backyard, garage or patio. Kids will practice those individual skills, work on agility, balance and focus to keep them sharp and ready for when the season begins! While our regular sports classes on the field and flat top are on hold, this is the next best thing! Minimum equipment: soccer size ball, 2 cones (or use plastic cups, rolled up socks, stuffed toys or anything that can be used as a place marker.)

**Instructor:** Pintsize staff

**Note:** Classes take place via Zoom and can be attended in the safety and comfort of your living room, garage or backyard. Best for kids age 4 to 8 but all ages are welcome.

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<tr>
<th>Day</th>
<th>Time</th>
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<tr>
<td>T</td>
<td>9:00 AM - 9:30 AM</td>
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</table>
**THE SKATESIDE**

Afterschool: Resident: $415, Non-resident: $426  
Beginner: Resident: $249, Non-resident: $260  
Intermediate: Resident: $249, Non-resident: $260  
Day Camp: Resident: $103, Non-resident: $114  
4 Weeks  
Location: Culver City Skate Park

Get outdoors and learn to skate the Culver City Skatepark with THE SKATESIDE coaches. This program is open to beginner and intermediate skaters. Participants will get safe, engaging skateboarding instruction with time to socialize and decompress. Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY!  
Instructor: THE SKATESIDE STAFF

Note: Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY!

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<tr>
<th>Day</th>
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<th>Class</th>
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<tr>
<td>T/TH</td>
<td>3:00 PM - 5:00 PM</td>
<td>6-15</td>
<td>Afterschool</td>
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<tr>
<td>SU</td>
<td>9:00 AM - 10:20 AM</td>
<td>4½ - 14</td>
<td>Beginner</td>
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<tr>
<td>SU</td>
<td>10:30 AM - 11:50 AM</td>
<td>5 - 14</td>
<td>Intermediate</td>
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<td>SU, 1/31</td>
<td>9:00 AM - 1:00 PM</td>
<td>6 - 14</td>
<td>Day Camp</td>
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</tbody>
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**Tennis for Kids at Fox Hills**

Resident: $156  
Non-resident: $167  
5 weeks  
Location: Fox Hills Park

Tennis classes are designed to introduce students to the game of tennis with a variety of fun drills and games. Our teaching approach is built around the proven success of the USTA Junior & 10 and Under Program. We have two Pathways: Recreational & Competitive. This approach makes it fun for beginning players and challenging for players wanting to attain higher levels of tennis. Participants must furnish racket. Students must use face covering at all time and follow Covid-19 regulations. *NO CLASS ON 1/20  
Instructor: Ted Salter

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<thead>
<tr>
<th>Dates</th>
<th>Day</th>
<th>Time</th>
<th>Age</th>
<th>Level</th>
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<tbody>
<tr>
<td>1/4-2/1</td>
<td>M</td>
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Youth Progression Tennis (10-12)

Youth Progression Tennis ages (10-12)
Resident: $208
Non-resident: $219
4 weeks
Location: Veterans Memorial Park

Youth Progression (Ages 10-12) uses GREEN low compression balls so students can learn ball control, stroke production, rallying and matchplay. Students are evaluated on skills and performance. Material Fee: $10 per student. Students are encouraged to bring their own rackets and water. Tennis shoes required. Students must use face coverings at all times and follow Covid-19 regulations.

Instructor: Michael Guice

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Youth Progression Tennis (5-7)

Youth Progression Tennis (Ages 5-7) uses RED low compression balls so that students can learn ball control, stroke production, rallying and matchplay early on. Students are evaluated on skills and performance. Material Fee: $10 per student. Students are encouraged to bring their own rackets and water. Tennis shoes required. Students must use face coverings at all times and follow Covid-19 regulations.

Instructor: Michael Guice

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Youth Progression Tennis (8-10)

Youth Progression Tennis ages (8-10)
Resident: $156
Non-resident: $167
4 weeks
Location: Veterans Memorial Park

Youth Progression (Ages 8-10) uses Orange Low compression balls so students can learn ball control, stroke production, rallying and matchplay. Students are evaluated on skills and performance. Material Fee: $10 per student. Students are encouraged to bring their own rackets and water. Tennis shoes required. Students must use face coverings at all times and follow Covid-19 regulations.

Instructor: Michael Guice

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WE HAVE HAD A TOTAL OF 39,239 REGISTRATIONS SINCE MAY OF THE PANDEMIC, WITH REGARDS TO OUR LIMITED PROGRAMMING. WE ARE STILL ABLE TO SERVE AND HELP CREATE A SENSE OF COMMUNITY DURING THESE DIFFICULT TIMES, THAT IS BOTH SAFE AND FUN! ALL PROGRAMS FROM LAP SWIMMING TO PRESCHOOL CLASSES HAVE WORKED HARD TO PUT PROTOCOLS IN PLACE TO KEEP OUR COMMUNITY SAFE!
ADULT SPORTS

Tennis Adult Beginner I/II
Resident: $208
Non-resident: $219
4 weeks
Location: Veterans Memorial Park

Adult Beginner I/II is for beginners and advanced beginners. While the main focus remains technique and stroke production, plenty of games and drills will increase your confidence and keep you moving! Material Fee: $10 per student. Students are encouraged to bring their own rackets and water. Tennis shoes required. Students must use face coverings at all times and follow Covid-19 regulations.

Instructor: Michael Guice

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Tennis Adult Intermediate/Advanced
Resident: $208
Non-resident: $219
4 weeks
Location: Veterans Memorial Park

Adult Intermediate / Advanced for experienced players who have a USTA NTRP rating of at least 4.0. This is a player who can control the depth and direction of their shots with average consistency. Material Fee: $10 per student. Students are encouraged to bring their own rackets and water. Tennis shoes required. Students must use face coverings at all times and follow Covid-19 regulations.

Instructor: Michael Guice

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Private Lessons (Adult and Youth)
Resident: $416
Non-resident: $427
4 weeks
Location: Veterans Memorial Park

Private instruction (up to 2 students) from USPTA-certified Pro Michael Guice. Michael is a former All-American Champion, former top-ranked player in SoCal and former head coach at Occidental College. Students are evaluated on skills and performance. Material Fee: $10 per student. Students are encouraged to bring their own rackets and water. Tennis shoes required. Students must use face coverings at all times and follow Covid-19 regulations.

Instructor: Michael Guice

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WE HAVE BEEN ABLE TO SAFELY OFFER OVER 25 DIFFERENT PROGRAMS AND CLASSES DURING THE PANDEMIC.

THESE CLASSES RANGE FROM PRESCHOOL, AFTER SCHOOL CARE, TENNIS LESSONS AND MUCH MUCH MORE!

AS WE LOOK TO KEEP THE COMMUNITY ENGAGED DURING THE PANDEMIC PLEASE LOOK OUT FOR THESE PROGRAMS THAT WE CAN STILL OFFER SAFELY THROUGH THE PROTOCOLS PROVIDED BY THE COUNTY OF LOS ANGELES.
## Senior Activities

### Senior Center Programming

The Senior Center is currently closed until further notice. During this time, we are hosting various virtual classes and events to keep our members connected while staying safe at home.

If you are age 50+ and would like access to the Senior Center courses listed on this page, please email senior.center@culvercity.org. These Senior Center classes are not located on ActiveNet.

For information please call: (310) 253-6700 • (310) 253-6736 (TDD) Email: senior.center@culvercity.org

### MindBodyDance- On-line

A joyful mind-body workout blending movement and music. Instructor: Maribeth Dougherty

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### Tai Chi- On-line

A class focused on slow, circular stretching motions and bodily balance. Instructor: Anton Summers

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### Heartfulness Meditation- On-line

This session includes guided relaxation and meditation. It is open to anyone interested in learning meditation the heartfulness way. Instructor: Prasad Singamsetty

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### Yoga- On-line

Improve your posture, balance and coordination with the physical exercise, breath control, positive thinking and meditation that yoga provides. Helpful to have a yoga mat, sturdy chair (without rollers) and yoga blocks. Instructor: Phil Henrikson

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### Zumba- On-line

Experience a low impact workout featuring easy to follow Latin inspired dance moves. Instructor: Sandy Whitfield

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DISABILITY & SOCIAL SERVICES PROGRAMS

Located at the Senior Center, Senior and Social Services staff is available Monday through Friday to residents of all ages, offering assistance with information, referrals, and help on topics such as: alternative transportation, counseling, caregiver information, support groups, disability programs, aging resources, low income programs & services, government benefits, abuse reporting, health & medical resources, and others.

For questions or more information, contact Senior & Social Services Manager Armando Abrego at: (310) 253-6729 or e-mail Armando.abrego@culvercity.org

Senior Nutrition Program

The Culver City Senior Center transitioned the intake process for the Elderly Nutrition Program to Jewish Family Services (JFS) in July 2020. JFS is a Los Angeles based non-profit organization. This program continues to provide nutritionally balanced lunches to eligible participants. All meals provided during the Covid pandemic are frozen and delivered to your doorstep! Three meals are delivered on Monday and four meals are delivered on Wednesday. If you are interested in joining this program, please contact Jewish Family Services at (323) 937-5843.

For enrolled clients with updates or questions to their delivery schedules, contact Recreation and Community Services Coordinator, Daniella Gutierrez, at (310) 253-6712 or email daniella.gutierrez@culvercity.org.

Complimentary Social Work Service

Do you or someone you know need a little extra help? The Senior Center has a partnership with Special Service for Groups SILVER (SSG), who specializes in field based case management and behavioral health services. If you or someone you know needs a little extra help, you can speak with an SSG social worker via phone at (310) 253-6717.

Here are a few of the specific services SSG provides:

- Care management
- Family caregiver supportive services
- Mental health services
- Information and referral services

Ask the Nurse

The Los Angeles Department of Mental Health has continued to provide the ‘Ask the Nurse’ program over the phone or via Zoom. If you would like to receive individual or group counseling, contact the Senior Center Busniess Desk at (310) 253-6700.

WE HAVE MADE OVER 34,000 WELLNESS CALLS TO OUR MEMBERS SINCE WE CLOSED ON MARCH 14TH!!

WE HAVE HOSTED MANY DRIVE-BY EVENTS TO SAY HELLO TO OUR SENIORS IN THE LAST FEW MONTHS! CHECK OUT OUR PHOTOS ON INSTAGRAM @CULVERCITYPRCS AND ON OUR CULVER CITY PRCS FACEBOOK.

WE HELD OUR FIRST EVER ZOOM SOCIALITES TRIVIA EVENT! EVERYONE HAD A GREAT TIME AND WE CAN’T WAIT TO SEE THEM ALL AGAIN VIA ZOOM IN JANUARY!
Aquatics

Adult Exercise
Resident: $1
Non-resident: $2
Per Class
Low-impact water exercise in shallow water; ideal for all fitness levels, including non-swimmers, and anyone recovering from injuries. The class will be offered Monday, Wednesday and Friday from 9:00-9:50am. Participation is limited so students must pre-register.
Instructor: Sandy Devlin
Location: Culver City Municipal Plunge

AquaFit
AquaFit Deep Water
$12 per Class
Location: Culver City Municipal Plunge
If you are an above average exerciser, DEEP WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided for each client. They give you support while moving freely in the water. Hand buoys, and noodles are some of the equipment items used to create a well balanced body exercise.
Instructor: Allyson Bailey

AquaFit Shallow Water
$10 per Class
Location: Culver City Municipal Plunge
If you are an above average exerciser, DEEP WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided for each client. They give you support while moving freely in the water. Hand buoys, and noodles are some of the equipment items used to create a well balanced body exercise.
Instructor: Allyson Bailey

Lap Swim
Adult: $4
Senior/Student/Disabled: $3
Location: Culver City Municipal Plunge
For Swimmers age 12 and up. Swimmers must pre-register for 50-minute blocks of time. Upon arrival Swimmers must line up outside the plunge on the marked spaces wear their masks and maintain social distancing of six (6) feet at all times. A COVID-19 screening will take place prior to entry. Swimmers are strongly encouraged to come dressed and ready for their swim- Lockers, locker rooms and indoor showers will be closed; however, restrooms and sinks will be available as well as newly installed outdoor showers. Only one swimmer permitted per lane. Swimmers must stay in the center of their lane at all times.

AquaFit Stand Up
$20 per Class
Location: Culver City Municipal Plunge
AQUA STAND UP is the best total body workout on an inflatable stand up paddle board. These fun and safe exercises are designed to improve balance, stabilize the core muscle groups, and increase cardiovascular endurance. The bonus, it's possible to burn up to 650 calories in the 45 minute workout.
Instructor: Allyson Bailey
Recreational Family Swim

Family Recreational Swim lane reservations may only take place in water that is 4 to 4.5 feet deep and will allow for up to four participants per lane from the same household. Any swimmer under 48 inches tall must be accompanied by an adult, 18 years of age or older, in a 1 to 1 ratio. All participants must remain in the center of the lane and/or wall for social distancing. Please note: Family swim is not intended for general lap swimming. For each swimmer’s safety, any individuals wishing to lap swim must reserve a lap swim lane where only one swimmer is permitted per lane. See Lap swim days and times. To register choose a lap swim day and time and enroll. After enrollment is confirmed call the pool to enroll up to 3 additional family members.

Swim Lessons

Swim Lessons Continued

Group Swim Lessons

Resident: $52
Non-resident: $64

Classes will meet two days a week for 50 minutes each day on either a Monday/Wednesday or Tuesday/Thursday. All or our students that are Level 3 or lower will require a parent/guardian over the age of 18 to be in the water with them.

Instructor: Plunge Staff

Swim Lessons Continued

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Non-resident: $64

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Instructor: Plunge Staff

Swim Lessons

We are so glad to get the lessons back up and running! In these times we have had to shift our lesson program to ensure that you our patrons get the best lesson experience possible while ensuring their safety. So our lessons will look a little bit different than they have in the past.

Our friendly and experienced instructors will continue to provide the same quality swim lessons but now we must do it from a safe social distance of six (6) feet. With these new requirements; all or our students that are Level 3 or lower will require a parent/guardian over the age of 18 to be in the water with them. Parents/Guardians will be a key part of the new Student Team as they will team up with their swimmers and our instructors to help facilitate the drills, skills and tasks necessary to assist their swimmer in reaching his/her swimming goals!

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Volunteering Opportunities

The Culver City volunteer directory provides the community with information on more than 80 local service opportunities. The directory is here to help you find a meaningful volunteer opportunity. It provides questions to think about when starting a volunteer position, links to general online volunteer databases and resources and specific information about various non-profit, school, hospitals and community sites within Culver City and the local community. It also includes information about the site such as address, telephone number, email and website if available.

To go to the directory please visit:

- Directory: [www.culvercity.org/Explore/Volunteer](http://www.culvercity.org/Explore/Volunteer)
- Twitter Feed: [@CulverVolunteer](https://twitter.com/CulverVolunteer)
Park & Facility Information

Parks & Playgrounds Location & Staffing Hours

1. Blair Hills Park: 5950 Wrightcrest Dr.
2. Blanco Park: 5801 Sawtelle Blvd.
3. Dr. Paul Carlson Park: Braddock Dr at Motor Ave.
4. Culver City High School*: 4401 Elenda Ave.
5. Culver City Park*: Duquesne & Jefferson
   Hours: M-F: 12pm-5pm; Sat-Sun: 9am - 5pm
6. Skate Park Hours: Daily: 8am - 5pm
   Hours: M-F: 12pm-6pm; Sat-Sun: 9am - 4pm
   Hours: M-F: 3pm-6pm; Sat-Sun: 9am - 4pm
10. Fox Hills Park: Green Valley & Buckingham Pkwy.
    Hours: M-F: 12pm-6pm; Sat-Sun: 9am - 4pm
12. Lindberg Park: 5401 Rhoda Way
    Hours: M-F: 2pm-6pm; Sat-Sun: 9am - 4pm
    Hours: Sat-Sun Only: 9am - 5pm
14. Syd Kronenthal Park: 3459 McManus Ave
    Hours: M-F: 2pm - 6pm; Sat-Sun: 9am - 4pm
15. Tellefson Park: Washington Place & Tilden Ave.
16. Veterans Park**: 4117 Overland Ave.
    Hours: M-F: 2pm-8pm; Sat-Sun: 9am - 4pm

* Culver City Park includes Dog Park, Skate Park, Bill Botts Field & Fulcrum Ropes Course;
** Veteran’s Park area includes the Municipal Pool, Senior Center Teen Center, and the Veterans Memorial Complex

Parks & Playgrounds are not staffed on:

- 12/25/2021 in observance of Christmas Day
- 1/01/2021 in observance of New Year’s Day
- 1/18/2021 in observance of Martian Luther King Jr. Day

We are currently only accepting applications from the following groups to rent outdoor field spaces per Culver City Twenty-Third and Twenty-Fourth Supplement to Public Orders

- Commercial Gyms & Fitness Establishments
- Sports Field Permits for Youths
- Faith Based Services and Therapeutic Small Group Meetings

PRCS staff will contact applicants within 48 hours of receipt of the application via the email listed on the rental questionnaire. Applications received over the weekend will be reviewed the following Monday.
Thank you for visiting us at the Veteran’s Memorial Complex. We hope we achieved our goals in making your event memorable by providing outstanding services. We strive to make the experience one you will remember forever.

We hope to see you in 2021!

HAPPY HOLIDAYS!

SINCERELY,
PRCS STAFF