CULVER CITY SENIOR CENTER NEWSLETTER



DECEMBER 2021





Holiday Hours FYI - The Senior Center will be closing at 2 PM on Friday, December 24th and Friday, December 31st.

The Senior Center will be closed all day on Saturday,

December 25th and Saturday, January 1st.



CITY OFFICIALS

Alex Fisch - Mayor
Daniel Lee - Vice Mayor
Göran Eriksson - Councilmember
Yasmine-Imani McMorrin - Councilmember
Albert Vera - Councilmember
John Nachbar - City Manager

(310) 253-6000 www.culvercity.org/city-hall/city-council

City Elected and Appointed Officials can be reached by mail at City of Culver City, PO Box 507, Culver City, CA 90232-0507 or by email at city.council@culvercity.org

CULVER CITY PRCS COMMISSION

Kay Heineman - Chair William Rickards - Vice Chair Scott Zeidman - Member Palvi Mohammed - Member Khary Cuffe - Member

The PRCS Commission meets on the first Tuesday of the month at 7 PM. PRCS Commission meetings can be viewed live in Culver City on Channel 35 by Time Warner subscribers, on Channel 37 by Frontier FIOS subscribers and for AT&T Uverse subscribers by going to Channel 99.

For more information and to view the meeting agenda, go to this link https://www.culvercity.org/Events-directory/
Parks-Recreation-Community-Services-Commission-Regular-Meeting

PRCS SENIOR CENTER STAFF

Armando Abrego - PRCS Director
Darren Uhl - RCS Manager
Jill Thomsen - RCS Supervisor
Amanda Rigali - RCS Coordinator
Alexis Anderson - Recreation Specialist
Melanie Morales - Recreation Specialist
John Panganiban - Senior Recreation Leader
Martha Diaz - Senior Recreation Leader
Franna Diamond - Recreation Leader II
Silvia Tapia - Recreation Leader II

Culvercity

SENIOR CENTER NEWSLETTER

TABLE OF CONTENTS

- 2 PRCS & City Information
- 3 2022 CCSCA Membership Registration
- 4 Special Monthly Activities
- 5 Special Monthly Activities
- 6 Class Schedule
- 7 Class Schedule
- 8 Movies
- 9 Virtual Concerts & Workshops
- 10 More Important Information
- 11 More Important Information

CCSCA BOARD OF DIRECTORS

John Rollins - President
Carolyn Conway - Vice President
Kay Heineman - Secretary
Benita Williams - Treasurer
Roberta Roybal
Marsha Orth
Rudy Carino
Barbara Silverstein
Paul Taylor
Ron Gorman

The CCSCA Board of Directors meet on the 2nd Monday of the month at 1 PM at the Senior Center. This meeting is open to all members of the CCSCA and the public.



SENIOR CENTER 4095 Overland Avenue Culver City, CA 90232

2022 CCSCA Membership Registration Drive



2022 Membership Renewal Information

The Culver City Senior Citizens Association 2022 Membership Drive will be held during the below dates and times in the Senior Center Lobby:

- December 6th 10th from 9:30 AM 1:00 PM
- January 3rd 7th from 9:30 AM 1:00 PM
- January 10th 14th from 9:30 AM 1:00 PM

2022 Membership Cost Breakdown:

- 2022 Membership Dues \$20.00
- 90+ Membership Due \$5.00 (must be 90 years old at time of membership renewal)
- Parking Pass \$5.00
- Fitness Room \$125.00 for the calendar year or \$75.00 for 6 months (all Fitness Room renewals require an updated 2022 Physician's Authorization Form)

2022 Membership Reminders:

- Proof of full Covid-19 vaccination and photo ID will be required when renewing your membership.
- Only cash or check is accepted.
- No bills over \$20.00 will be accepted.
- No refunds.

All CCSCA members must have a current 2022 membership & parking sticker by Monday, January 17th. Membership renewal can only be done in person. Beginning Monday, January 17th, the Business Desk will be accepting membership renewals.

New Additions to 2022 Membership

Newsletter Mailing - The City of Culver City will continue to pay for the monthly newsletter to be mailed to all CCSCA members in 2022. The option of purchasing the newsletter mailing has been taken off the 2022 membership card.

Senior Genter Passport • Each senior who renews their membership will be receiving our new Senior Center Passport. This Passport is your key to unlocking the full experience of your Culver City Senior Center. The passport lists a series of tasks to be completed with designated initials. Once the passport is complete, you may submit the passport to the Business Desk to claim a prize from the Culver City Parks, Recreation and Community Services Department. The passport must be completed by the end of 2022 to receive a prize. Members who complete the passport will also have their name highlighted in the newsletter.

Senior Center Survey • We value your feedback! As we continue to evolve and celebrate the Senior Center being open again, we'd love to hear from you! You will be receiving an anonymous survey at the membership drive that we encourage you to fill out and submit to the box at the Business Desk.



Special Monthly Activities

Ikebana Japanese Floral Sculpture

Ikebana is the ancient Japanese art of floral sculpture. Please come and enjoy the beautiful display of Ohara-style Ikebana by Satsuki Palter and her team in the Senior Center lobby all week.

Date	Day	Time
November 29th - December 3rd		11:00 AM - 5:00 PM

Book Club

Join Culver City High School students Emily & Teagan for an intergenerational monthly Book Club! The group is currently reading "The Night Circus" by Erin Morgenstern. You don't want to miss it!

Date	Day	Time
December 1st	WEDS	2:00 PM - 3:00 PM
December 15th	WEDS	2:00 PM - 3:00 PM

Walking Group

Join PRCS staff member, John, twice a month for our walking group! Each month he will guide the group on new routes around beautiful Culver City for 45 minutes to an hour. This group will meet on the Senior Center Patio. All participants must wear proper exercise shoes. We recommend wearing bright colored clothes, bringing a reusable water bottle (disposable plastic is not allowed), wearing a hat & applying sunscreen. Open to CCSCA members only.

Date	Day	Time
December 7th	TUES	9:15 AM
December 21 st	TUES	9:15 AM

Trivia with Michael

Come test your trivia skills with Michael on the 1st Tuesday of the month. *Open to CCSCA members only.*

Date	Day	Time
December 7th	TUES	10:00 AM - 11:00 AM

Karaoke on the Patio with Rudy

Join Rudy and friends for a fun filled afternoon of karaoke on the Senior Center patio every 2nd & 3rd Wednesday of the month. On December 15th, a special Holiday Gratitude Program will be put on by Rudy & Friends! Come and enjoy a sing and dance performance with light refreshments and a raffle giveaway! Open to CCSCA members only.

Date	Day	lime
December 8th	WEDS	1:00 PM - 3:00 PM
December 15th	WEDS	1:00 PM - 3:00 PM



Kindness Rock Painting

Last month we had so much fun painting rocks with kindness messages! Come paint rocks to fill our wonderful rock garden! Come join PRCS staff on the Senior Center patio and paint a rock that shares a message of kindness, inspiration or motivation. The rock garden will be on display at the front of the Senior Center for your fellow senior friends to read the kind messages as they enter the building. Open to CCSCA members only.

Date	Day	Time
December 9th	THURS	1:00 PM - 2:30 PM

Music Mends Minds - Rhythm, Play and Community!

Join us for the Music Mends Minds Drum Circle! The Drum Circle will be moving into Room A4 this month. Instruments will be provided, and feel free to bring your own! No experience needed to join in our joyful music making! Open to CCSCA members only.

Date	Day	Time
December 10th	FRI	12:30 PM - 1:30 PM

Wesley Park Holiday Guitar Concert

Wesley Park is a concert classical guitarist and educator from the Los Angeles area. With his colorful playing and enjoyable programs, he has played professional concerts internationally in countries such as the United States, Canada, Germany, and Austria. Come listen to Wesley perform a holiday themed classical guitar concert at the Center! Open to CCSCA members only.

Date	Day	Time
December 11th	SAT	1:00 PM - 2:00 PM

Vista Music School Holiday Recital

Vista Music School is thrilled to be back at the Culver City Senior Center for another festive and fun holiday recital. Our students will be playing and singing a variety of classical and modern pieces, followed by a short holiday sing-along for all to enjoy! It uplifts the spirit to come together after so long to celebrate our students' passion for music. It means so much to see an enthusiastic audience applauding and we hope to see you there!

Date	Day	Time
December 12th	SUN	1:00 PM - 2:00 PM

Gingerbread House Competition

Sign up for our first ever Gingerbread House Competition! We will be accepting 40 sign ups. Seniors will be split into teams of 4. You can pick your own team or staff will assign you to a team. Supplies will be provided. The top 3 Gingerbread Houses will receive a prize! Sign ups begin on Monday, December 6th at the Business Desk. Open to CCSCA members only.

Date	Day	Time
December 14th	TUES	11:00 AM - 1:00 PM



Special Monthly Activities

The Cunning Consumer

Consumer writer and award-winning reporter Ellis Levinson, a.k.a. The Consumer Guy, continues his monthly class, The Cunning Consumer. This session's topic will be, "The best ways to hire and deal with contractors for jobs both large and small". Whether you might be thinking of hiring a handyman or a big-job contractor, please bring your questions and concerns. Open to CCSCA members only.

Date	Day	Time
December 15th	WEDS	10:30 AM - 11:30 AM

Ask the Physical Therapist

Physical Therapist, Cristina Gabor is back to live series of presentations on "Aging Back - Tips on How to Stay Pain Free". Open to CCSCA members only.

Date	Day	Time
December 16th	THURS	1:00 PM - 2:00 PM

Adventure with Doug - Adventure to Titus Canyon & Thimble Peak

Butted against the Nevada State line, the Grapevine Mountains are some of the most scenic in California's Death Valley. Winding through these spectacular mountains, a rough dirt road makes its way through beautiful and mysterious Titus Canyon. Before we get through, though, we'll stop and attempt to summit dramatic Thimble Peak, standing proudly above the desert landscape. Join us for a great escape—our slide show filled with fun stories, fascinating facts and stunning images. We may even find a ghost town or two along the way. Open to CCSCA members only.

Date	Day	Time	
December 21 st	TUES	3:30 PM	

Bingo

Join PRCS staff for Bingo in Room B47. Prizes will be provided by the Culver City PRCS

Department. Open to CCSCA members only.

Date	Day	Time
December 29th	WEDS	1:00 PM - 2:00 PM





SUNDAY	MONDAY	TUESDAY	WEDNES
12:00- 3:45 Bridge, Mah Jong & Pan 1:00 Movie * Means the Class Has	8:00 Zumba Gold* 9:00 Ceramics* 9:15 Beginning Ukulele* 9:15 Stretch and Flex (Cancelled Dec 27th - Jan 10th) 10:00 Chair Zumba* 10:15 Intermediate Ukulele* 10:30 Sit N Be Fit* 10:30 Tai Chi with Anton* 12:00 Dancersice* 12:15 Photography* 1:00 Art with Coco 1:00 Line Dancing* 2:30 Yoga with Phil*	9:00 Gentle Mat Yoga with Lauren* 9:00 Mah Jong & Bridge 9:00 Pan 9:15 Tai Chi with Greg 9:15 Walking Group (Meets 1st & 3rd Tuesday) 10:45 Hula Dance 11:00 Karaoke 11:30 Balance Challenge* 1:00 Chair Yoga with Caroline 1:00 Movie 1:00 Improv for Fun (if interested please see Amanda) 1:00 Platicando Sabroso 2:00 SSG Support Support Group 3:30 Gentle Yoga with Cyndi*	8:00 Zumba Gold* 9:00 Crochet Group 9:00 Pan 9:30 Chair Abs & Co 10:00 Loss Support ((No Drop Ins & Meets To 10:30 Pan 11:00 Beginning Spo 11:00 Chair Yoga wi 1:00 Yoga with Phil* 1:30 Current Events* 2:00 Genealogy (Cancelled in December) 2:15 Beginning Spar

SUNDAY	MONDAY	TUESDAY	WEDN
			1. 9:15-11:15 Comput 2:00 Book 2:00 LADMH W Depression &
5. 12:00- 3:45 Bridge, Mah Jong & Pan on the Patio 1:00 Movie	6. 9:15-11:15 Computer Lab Open 1:00 Virtual Reality (must preregister) 9:00-1:30 Membership Registration in the Lobby	7. 9:15 Walking Group 10:00 Trivia with Mike 1:00 Movie	8. 9:15-11:15 Comput 10:00-11:30 Loss St 1:00-3:00 Karaoke with Ruc 2:00 LADMH Worksh
14. 12:00- 3:45 Bridge, Mah Jong & Pan on the Patio 1:00 Vista Music School Holiday Recital	13. 9:15-11:15 Computer Lab Open 1:00 CCSCA Board Meeting 1:00 Virtual Reality (must preregister)	14. 1:00 Movie	15. 9:15-11:15 Comput 10:30 Cunning (1:00-3:00 Karaoke with Ruc 2:00 Book
19. 12:00- 3:45 Bridge, Mah Jong & Pan on the Patio 1:00 Movie	20. 9:15-11:15 Computer Lab Open 1:00 Virtual Reality (must preregister)	21. 9:15 Walking Group 1:00 Movie 3:30 Adventure with Doug	22. 9:15-11:15 Comput
26. 1:00 Movie	27. Stretch & Flex Cancelled 9:15-11:15 Computer Lab Open 1:00 Virtual Reality (must preregister)	28. 1:00 Movie	29. 10:00-11:30 Loss St 10:00-12:00 Volun (maximum 3 do 1:00 Bin





DAY	THURSDAY	FRIDAY	SATURDAY
re Group vice a Month) inish th Caroline	9:00 Watercolor* 9:00 Mah Jong & Bridge 9:00 Pan 9:15 Dance Fit with John 10:00 Sign Language 10:00 Spanish (Meets Last Thursday) 11:00 Reading Short Story Group 11:30 Balance Challenge* 12:00 Dancercise* 12:00 Duplicate Bridge (Meets in the Veterans Building) 12:30 Fun with Pastels 1:00 Beginning Mah Jong 1:00 Chair Yoga with Caroline 1:00 Latin American Group 1:00 Yoga with Phil*	8:00 Zumba Gold* 9:00 Knitting Group 9:00 Mah Jong & Bridge 9:00 Pan 9:00 Tai Chi with Anton* 9:45 Gentle Mat Yoga with Caroline* 10:30 Balance Challenge with Marguerite* 11:00 Chair Yoga with Caroline 1:00 German Conversations 1:00 Line Dancing* 1:00 Remembranzas 2:00 Mindfulness Meditation on the Patio 3:30 Gentle Yoga with Cyndi*	12:00- 3:45 Bridge, Mah Jong & Pan
	3:00 French (Meets 3rd Thursday)		

SDAY THURSDAY		FRIDAY	SATURDAY	
er Lab Open Club orkshop - Anxiety	2.	3. 9:15-11:15 Computer Lab Open 9:30-10:30 Blood Pressure Checks	4. 12:00- 3:45 Bridge, Mah Jong & Pan on the Patio	
er Lab Open upport Group on the Patio dy op -Resiliency	9. 10:00 Spanish 1:00-2:00 Rock Painting	10. 9:15-11:15 Computer Lab Open 9:30-10:30 Blood Pressure Checks 12:30-1:30 Music Mends Minds Drum Circle	11. 12:00- 3:45 Bridge, Mah Jong & Pan on the Patio 1:00 Wesley Park Holiday Guitar Concert	
er Lab Open Consumer on the Patio ly Club	1:00 Ask the Physical Therapist 3:00 French	17. 9:15-11:15 Computer Lab Open 9:30-10:30 Blood Pressure Checks	18. 12:00- 3:45 Bridge, Mah Jong & Pan on the Patio	
er Lab Open	23.	24. Senior Center Closes at 2:00 Today	25. SENIOR CENTER CLOSED TODAY	
upport Group teer Notary cuments) go	30. 11:00-1:00 New Years Eve Party Pack Pick-Up	31. Senior Center Closes at 2:00 Today	HAPPY NEW YEAR	



Movies



Movies Every Tuesday & Sunday at 1:00 PM

The CCSCA sponsors a movie screening every Tuesday & Sunday at 1:00 PM for your enjoyment! The movies are open to CCSCA members only, you must show your membership card for admittance. In the interest of fairness, seats are first come, first served, as space is limited. Do not move the chairs. Movies and time is subject to change.

Sunday Movies

December 5th - Misteltoe & Menorahs

When a toy company executive must learn about Hanukkah to land a big account, she enlists the help of her co-worker's friend, who also happens to be in need of turning his home into a Christmas Wonderland to impress his girlfriend's father. 2019; PG; Drama, Romance; Kelley Jakle, Jake Epstein, Cory Lee; 85 min.

December 12th - No Movie 1:00 PM Vista Music School Holiday Recital



December 19th - Four Christmases

A happily unmarried San Francisco couple find themselves socked in by fog on Christmas morning, As a result their exotic vacation plans morph into the family-centric holiday. 2008; PG-13; Comedy, Drama, Romance; Reese Witherspoon, Vince Vaughn, Nary Steenburgen; 109 min.

December 26th - The Holiday

From writer/director Nancy Meyers comes a romantic comedy about two women on opposite sides of the globe who swap houses only to discover that a change of address can really change their lives. 2006; PG-13; Comedy, Romance; Kate Winslet, Cameron Diaz, Jude Law; 88 min.

Tuesday Movies

December 7th - Last Holiday

Upon learning of a terminal illness, a shy woman decides to sell all her possessions and live it up at a posh Central European hotel. 2006; PG-13; Comedy, Romance; Queen Latifah, LL Cool J, Timothy Hutton; 112 min.

December 14th - Christmas with the Kranks

With their daughter, Blair, away, Luther and Nora Krank decide to skip Christmas all together until she decides to come home, causing an uproar when they have to celebrate it at the last minute. 2004; PG; Comedy, Family; Tim Allen, Jamie Lee Curtis, Dan Aykroyd; 99 min.

December 21st - Elf

Raised as an over-sized elf, a human travels from the North Pole to NYC to meet his biological father who doesn't know he exists and is in desperate need of some Christmas spirit. 2003; PG; Adventure, Comedy, Family; Will Ferrell, James Caan, Bob Newhart; 97 min.

December 28th - New Year's Eve

The lives of several couples and singles in New York City intertwine over the course of New Year's Eve. 2011; PG-13; Comedy, Romance; Sarah Jessica Parker, Jessica Biel, Ashton Kutcher; 118 min.



Virtual Concerts

Bob Levy "The Music Man"

Bob returns with his guitar, singing voice and nostalgic songs from Frank Sinatra to the Beatles. Eddie Ed Obrien, the zany comedian will also join again to bring more laughter and fun to this musical hour. We hope you can be there.

Date	Day	Time
December 15th	WEDS	1:00 PM - 2:00 PM

Music Mends Minds

Join Music Mends Minds for a fun filled concert three times a week! Music Mends Minds is a nonprofit that creates musical support groups for patients with Alzheimer's, dementia, Parkinson's, traumatic brain injury, stroke, and PTSD. These musical support groups foster a community between the musicians and singers, as well as their families, friends, and caregivers, all of whom thrive on socialization and music-making. Join in on one of their global online sing-a-long sessions! Contact Carol Rosenstein at (818) 326-0500.

Date	Day	Time
On-Going	MON	11:30 AM - 12:30 PM
On-Going	WEDS	11:30 AM - 12:30 PM
On-Going	FRI	11:30 AM - 12:30 PM

Music with Michael

Our awesome volunteer guitarist, Michael Monogan, will continue hosting his weekly Zoom concerts. Tune in to hear him play the songs of Sinatra, Astaire, Elvis, the Beatles and more!

Date	Day	Time
On-Going	THURS	1:00 PM - 2:00 PM
0	1	

IF YOU WOULD LIKE

ACCESS TO ANY OF OUR THESE VIRTUAL

CONCERTS OR WORKSHOPS, PLEASE EMAIL

INFO.SENIORCENTER@CULVERCITY.ORG AND WE

WILL SEND YOU THE CLASS' ZOOM LINK AND

MEETING ID.

Workshops

LADMH - Depression & Anxiety

Learn to recognize the symptoms of depression and anxiety. Find out what contributes to these problems and what needs to be done when you or someone you love suffers from depression or anxiety. For those who do not have internet access at home, the Senior Center will be showing this workshop virtually onsite in Room B47.

Date	Day	Time
December 1st	WEDS	2:00 PM - 3:00 PM

LADMH - Resiliency

We all have challenging events that occur in our lives, but how can we better cope with the stress of these life events? Resilience is an ability that can be developed in anyone. Learn tips on cultivating this valuable skill. For those who do not have internet access at home, the Senior Center will be showing this workshop virtually onsite in Room B47.

Date	Day	Time
December 8th	WEDS	2:00 PM - 3:00 PM

LADMH - Late Life Transitions

As we age, we all face key social, physical, and psychological changes. This presentation identifies late-life transitions which can affect the way we function and offers tips on maintaining a positive self-view, feeling good about our past, and making the most of life in the face of these changes. For those who do not have internet access at home, the Senior Center will be showing this workshop virtually onsite in Room B47.

Date	Day	Time
December 15th	WEDS	2:00 PM - 3:00 PM

Savvy Caregiver Classes – The Southern California Caregiver Study

USC is conducting a research study for family members caring for someone with memory loss, dementia, or Alzheimer's disease. Participation is voluntary, at no cost, and any services you use will not be affected. Participants will be compensated \$20 for every interview completed, up to \$80, or \$100 if they participate in the focus group. Information obtained about participants is confidential. For interested participants who are over 18, able to read English, and can attend online class, call attend online classes, call: 213-740-1887 or email Melanie Morales for more information at Melanie.Morales@culvercity.org.

Date	Day	Time
December 14th	TUES	10:00 AM - 11:00 AM



More Important Information

Reminder from the Culver City Senior Center Staff

The use, consumption or possession of drugs or alcohol on City property, including the parking lot, is prohibited. In addition, patrons shall not be under the influence of drugs or alcohol when using the Senior Center. Please also be reminded the Center is a shared space and be considerate to others. Please review and abide by the City's Code of Conduct, which is posted throughout the building.



Culver City Equity & Human Relations Award Nominations

Do you know someone who has contributed to equity and human relations in Culver City? Nominate them to celebrate their amazing contribution! Go online to https://www.culvercity.org/City-Hall/Boards-Commissions/Equity-Human-Relations-Advisory-Committee-EHRAC/Equity-and-Human-Relations-Award to nominate someone and see further instructions on how to nominate. Submissions for nominations opened in September 2021 and will end on December 31, 2021.

Who can be nominated?

- A Culver City resident
- A person employed in Culver City
- A Culver City student from any school (Elementary, Middle School, High School, or West LA College)
- A Culver City business owner or an executive director of a non-profit organization

Downtown Culver City Tree Lighting

The 2021 Holiday Tree Lighting will be on Thursday, December 2nd from 6 PM - 8 PM in Downtown Culver City. The event will feature live performances, treats, games a visit from Santa Claus for photo opportunities! Free parking for up to 1 hour in any one of Downtown's three municipal parking structures.



AARP Driver Safety

The AARP Driver Safety courses will be returning in 2022! Patrons may sign up now at the Business Desk for the 8 hour Driver Safety class and 4 hour refresher course. Please stop by the Business Desk for more information on the 2022 class schedule and fees.



Zoom with Santa

Santa is Zooming to Culver City this month! Sign your grandkids up for a fun and unique Zoom session with Santa where they can get the chance to chat with their favorite holiday friend! Participants will also receive a Holiday Craft Crate and personalized letter from Santa with their Zoom session. Call the PRCS Registration Office at (310) 253-6650 to sign your grandkids up now!



Merry Makers Club

The Merry Makers will be hosting their first in-person meeting on January 24, 2022 at 10:00am in Room C71 at the Senior Center.



More Important Information

The 2022 Membership Drive Needs YOUR Assistance

If you would like to volunteer for the 2022 membership drive, please contact Alexis at (310) 253-6748 or stop by her office next to the entrance of the Senior Center. Please see page 3 for membership drive dates. Senior Center staff will be conducting a mandatory training for all membership drive volunteers on Wednesday, December 1st from 3:30 PM - 4:30 PM in Room B47 at the Senior Center.

Turning Point School Intergenerational Project

Are you interested in connecting with students and sharing stories? Turning Point School in Culver City is looking for seniors for their Spring 2021 intergenerational project with their 6th grade students. The project would begin in mid-January and end in mid-March. The project will be conducted via Zoom once a week sometime between 9:00 AM - 10:00 AM on a week day. The day of the week is still to be determined. The project would require each participant to be Zoom-savvy. If you are interested in joining this program and would like more information, please contact amanda.rigali@culvercity.org.

New Years Eve Party Packs

We are so sad that we are not able to ring in the new year at our annual New Year's Eve party this year, so we want to bring the party to your home! Sign up to receive a New Year's Eve Party Pack filled with fun items that will help you welcome 2022 while staying safe at home!! Sign ups begin on Wednesday, December 15th at 10:00 AM. You can reserve your party pack by calling the Business Desk at (310) 253-9700. You must speak with a staff member and not leave a voicemail. Party packs will be available for pick up on Thursday, December 30th between 11:00 AM -1:00 PM in the Senior Center parking lot.



Apply to be Appointed to a Culver City Commission, Board or Committee!

Serve your City on one of the following bodies:

- Advisory Committee on Housing and Homeless
- Civil Service Commission
- Fiesta La Ballona Committee

Applications must be submitted by January 31, 2022 at 5:00 PM.

For more information, please go online to <u>www.culvercity.org/serve</u> or contact the City Clerk's Office at (310) 253-5851.



The CCSCA would like to honor the members who have passed since March of 2020

Thank you to the families who submitted the name of their loved one who has passed.

Ralph J. Villagomez Linda Westerschulte Stephen Richard Seldin Rudy Paige Pagliaccio Ama de Elejade Guadalupe Arzola Dolores Vega Louis Block Vivian Brown Maria lannone Barry Mogcowitz

For those who submitted photos of their loved one, the photos will be hung on the bulletin board outside Room C73 from December 6th - December 20th.

WE ARE HERE FOR YOU!!

IF YOU OR A FRIEND NEED ANYTHING DURING THESE TIMES PLEASE DO NOT HESITATE TO CALL

Senior Center Business Desk (310) 253-6700

Culver City Coronavirus Hotline (310) 253-6890

Available M-F: 7:30 AM - 5:30 PM or visit www.culvercity.org/coronavirus

Senior Meals (JFS)(323) 937-5843

Special Service for Groups (SSG)...... (310) 253-6717

Mental Health Resources

Visit our PRCS Department website at: www.culvercity.org/prcs

Visit the City website at: www.culvercity.org

BE SURE TO FOLLOW US ON SOCIAL MEDIA

PRCS Department Instagram: @culvercityprcs

City Instagram: @culvercitygov

PRCS Facebook: www.facebook.com/CulverCityPRCS

City Facebook: www.facebook.com/CityofCulverCity

Plunge Facebook: www.facebook.com/culverpool



Parks, Recreation & Community Services

Proof of Full Covid Vaccine is Required to Enter the Senior Center

The Culver City City Council has voted to require all patrons entering a City facility to show proof of full covid vaccination. This does not include the booster shot. This mandate will go into effect on Monday, November 29, 2021. Please be prepared to show a photo ID and proof of covid vaccination when entering the Senior Center and all other City facilities. This applies to all patrons, including caregivers.

You are able to show proof of vaccination through one of the following means:

- Your white COVID-19 Vaccination Record Card issued by the Centers for Disease Control and Prevention. The
 card must include the name of the person vaccinated, type of vaccine provided and the date the last dose was
 administered.
- 2. A digital record on your phone. Visit the State of California's Digital COVID-19 Vaccine record website at https://myvaccinerecord.cdph.ca.gov to download a digital record to your phone or by scanning the QR code on the right side of this page.
- 3. A photograph of a Vaccination Record Card. The photo can be shown on a smartphone or other mobile device, or it can be a physical photograph.
- 4. Documentation of COVID-19 vaccination from a healthcare provider.

If you have misplaced your vaccination record you can find it online at https://myvaccinerecord.cdph.ca.gov

If you are not tech savvy or need assistance obtaining an digital record, there is open lab at the Senior Center computer lab on MWF from 9:15-11:15 AM.

Please remember that face masks are required to be worn properly at all times while inside the Senior Center. Masks must stay above your nose.

If you or a friend need a mask, just ask a PRCS staff member!!