



MORE THAN YOU IMAGINED



READY, SET, REGISTER FOR RELAUNCH! Culver City Wellness Relaunch Starts Today at 12 noon!

You can still [Register](#) for Today's Live Virtual Kickoff!

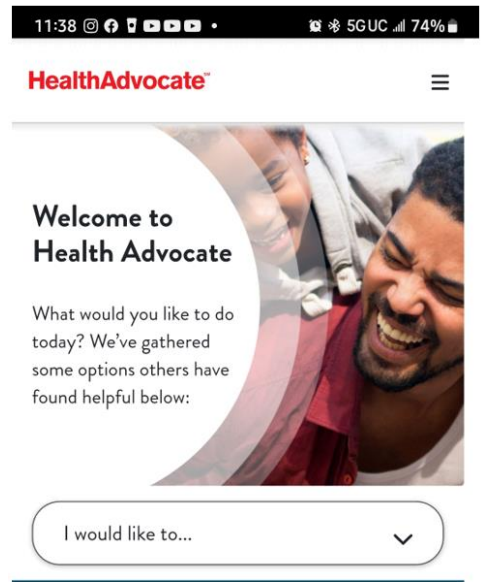
The City is reconfirming its commitment to the City's greatest asset – EMPLOYEES! To support your overall well-being, employee wellness is being promoted on a 360-degree platform: Physical, Behavioral and Financial. Today, the City is relaunching its Wellness Program that will re-introduce you to **Health Advocate**, a robust suite of Work/Life and Behavioral Health resources in addition to a month-long game of **Wellness B-I-N-G-O** to refresh the importance of self-care! Prizes will be raffled – be in it to win it!

Increase your chances of winning Wellness B-I-N-G-O! Attend today's live **Health Advocate** webinar hosted by Guest Speaker Jennifer Hinds, **today, April 5, 2023, at 12 noon – 1pm** followed by a Q&A. The webinar will be recorded.

Ready, Set, Go! Complete the link to the [Participation Waiver Form](#) and [Register](#) for the upcoming live Webinar!



Next Steps: Join the City's [MS Teams Wellness Community Page](#) and click on the QR code to access your Virtual Wellness B-I-N-G-O Card!



A limited supply of giveaways is available in the Louis Armstrong Room at City Hall (after 1pm today) and Department Secretaries will be contacted to pick up items & Bingo Cards for staff.

The Wellness B – I – N – G – O Challenge Is April 5 – May 4, 2023

Check out the ["Minute for Me"](#) video to help you restart wellness! It's time for a reset!



Go to the City's HR [page](#) where you will find benefit information and more.