

EARLY LEARNERS Page 9

Parks

SPRING CAMPS Page 16

ANZA

# **City Information**



Parks, Recreation & Community Services Department Numbers

Recreation Office	(310) 253-6650
Municipal Plunge	(310) 253-6680
Senior Center	(310) 253-6700
Teen Center	(310) 253-6676

### Parks, Recreation & Community Services Commission

Palvi Mohammed	Chair
Jane Leonard	Vice Chair
William Rickards	Commissioner
Khary Cuffe	Commissioner
Crystal Alexander	Commissioner



Fiesta La Ballona circa 1951

Other Important City Phone Numbers

Animal Control	
Building and Safety	
Business License (Recorded Info)	
City Clerk	
CityBus	(310) 253-6500
CityBus Route Info	(310) 253-6510
Code Enforcement	(310) 253-5940
Cultural Affairs	(310) 253-5716
Disability Services	(310) 253-6727
Film Permits	(310) 253-6216
Finance Department	(310) 253-5850
Fire Department Administration	(310) 253-5900
Fire Prevention/Fire Marshal	(310) 253-5925
Graffiti Removal Hotline	(310) 253-5555
Housing Division	(310) 253-5780
Neighborhood Watch	(310) 253-6258
Personnel Dept./Job Hotline	(310) 253-5651
Planning Division	(310) 253-5710
Police Department/Non-Emergency	(310) 837-1221
Redevelopment Agency	
Sanitation/Recycling	(310) 253-6400
SPCLA	(310) 676-1149
Street Lights/Traffic Signals	(310) 253-6433
Street Permits	(310) 253-5600
Street/Sewer Maintenance	(310) 253-6440
Traffic Management	(310) 253-5600
Trees	(310) 253-6428

www.culvercity.org

### **City Officials**

Yasmine-Imani McMorrin - Mayor Dan O'Brien - Vice Mayor Göran Eriksson - Councilmember Freddy Puza - Councilmember Albert Vera - Councilmember



John Nachbar- City Manager (310) 253-6000 www.culvercity.org/city-hall/city-council

City Elected and Appointed Officials can be reached by mail at City of Culver City, PO Box 507, Culver City, CA 90232-0507

### **City Meetings**

Indoor masking continues to be suggested for vaccinated and unvaccinated individuals at any indoor in-person meeting of City Council and City Commissions, Boards and Committees. Call for actual location.

<u>City Council</u>	(310) 253-5851
Civil Service Commission	(310) 253-5640
Cultural Affairs Commission	(310) 253-5716
Equity & Human Relations Advisory Committee	(310) 253-5640
Parks, Recreation & Community Services	
Commission	(310) 253-5640
Planning Commission	(310) 253-5741
Committee on Permits and Licenses	(310) 253-5870
Landlord Tenant Mediation Board	(310) 253-5780
Committee on Homelessness	(310) 253-5780
General Plan Advisory Committee	(310) 253-5740
Disability Advisory Committee	(310) 253-6722
Fiesta La Ballona Committee	(310) 253-6471

### **ABOUT CULVER CITY**

Culver City is a five-square-mile, urban community of approximately 40,000 residents, incorporated in 1917. The city is particularly known for its wellrun public school system, "small town" charm, and growing high tech, creative economy. Culver City is filled with outdoor cafes unique shops, and galleries opening onto pedestrian-friendly boulevards and provides a full range of municipal services including Fire, Police, Community Development, Transportation, Public Works, and Parks, Recreation and Community Services.

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### **REGISTRATION PROCEDURE FOR CITY PROGRAMS**

Classes must be paid for in full prior to the first class meeting. Enrollment may be completed at the Registration Office or online at <u>www.culvercity.org/active</u>. We accept cash, money orders, checks, VISA or MasterCard. Credit cards must be presented in person or saved to your ActiveNet account.

### **REGISTRATION DATES**

Residents: February 5, 2024 Non - Residents: February 12, 2024



### **CREATE AN ACCOUNT ON-LINE**

- 1. Visit <u>www.culvercity.org/active</u>.
- 2. Click on the "create account" in the upper right corner.
- 3. Enter your email address in the box.
- 4. Click on the green box that says "Next".
- 5. Enter your first name, last name, date of birth, create a password and confirm your password. Check the two boxes.
- 6. Click on the green box that says "Next".
- 7. Enter your gender, address and phone number.
- 8. Create your security question, fill in your answer and then confirm your answer.
- 9. Check the "I'm not a robot box".
- 10. Click on the green box that says "Submit".

### **REGISTER FOR A CLASS OR ACTIVITY ONLINE**

- 1. Login at <u>www.culvercity.org/active</u>.
- Click on the "Activities" link- the second word on the gray bar below the green logo/picture.
- 3. If you know the name of the course you would like to register for, enter it in the search bar.
- 4. If you would like to browse the activities we are offering, you can search by date, age group, or program area using the side bar or the drop down menu under the activities link in the gray bar at the top of the page.
- Select the course dates and times you would like to enroll in and add them to your cart.
- 6. Enter the participant's information or choose your participant.
- Read the waiver and initial the box next to it.
- 8. Enter your payment method.

### HAVE ANY QUESTIONS, SUGGESTIONS OR CONCERNS?

- Give us a call: (310) 253-6650
- Visit us online: <u>www.culvercity.org</u>
- Email us: info.recreation@culvercity.org
- Register for programs: <u>www.culvercity.org/active</u>
- Report any issues or concerns: <u>www.culvercity.org/contact-us</u>

### **REFUND INFORMATION**

### **GENERAL REFUND GUIDELINES:**

All refunds must be requested at <u>www.culvercity.org/refund</u>. Refunds will be issued either in the form of a credit to your Culver City ActiveNet account, back to the card of purchase or by check. Check refunds may take up to 2-6 weeks to process. Refunds issued back to the card of purchase or to your Culver City ActiveNet account may take up to 72 hours to process. Full refunds will be extended when a program or rental is canceled by the City.

### PROGRAMS AND ACTIVITIES REFUND GUIDELINES:

- No refunds, transfers, or cancellations will be granted after the second activity/program day.
- Refunds/prorations will not be given for missed days nor may they be made up due to participant illness or absence.
- Refunds requested at least 7 days prior to the start of an activity will be granted a full refund.
- Refunds requested 6 days prior to and/or before the second activity/program day will be issued a refund less a 15% processing fee.

### **OUTDOOR RENTALS REFUND GUIDELINES:**

- There will be no refunds for any cancellations or rescheduling of a rental without 7 days' notice.
- Refunds requested at least 7 days prior to the rental will be granted a refund less a 15% processing fee.

### **BUILDING RENTALS REFUND GUIDELINES:**

- There will be no refunds for any cancellations or rescheduling of a rental without 14 days' notice.
- Refunds requested at least 14 days prior to the rental will be granted less a 15% processing fee.

### **RESCHEDULING GUIDELINES:**

- Location/date/time changes can be made up to 7-14 days prior to rental for an additional 15% processing fee.
- The new rental must be booked at the time of cancellation of the original rental.
- The rescheduled rental must take place within 90 days of the original reservation date.
- There will only be one rescheduling allowed per rental.
- Refunds will not be granted in the event the rescheduled rental is canceled.

### **RESIDENT / NON-RESIDENT STATUS:**

You can verify if your home address falls within Culver City boundaries. Please visit <u>https://gisproxy.culvercity.org/</u> <u>Html5Viewer/index.html?viewer=PropertyInfo.PropertyInfo</u> and use the search box in the upper right hand corner to look up your property address.

\* Programs and prices are subject to change.

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# From the Director's Desk



### **GREETINGS FROM THE PRCS DIRECTOR**

I am truly honored to begin this exciting journey as the new Parks, Recreation and Community Services Director in this incredible city. Joining this dynamic team of dedicated professionals, I look forward to collaborating and contributing to enhance the quality of life for all of our residents. Together, we'll make this city an even greater place to live, work, and play.

It is going to be an exciting year here at PRCS. We are finalizing the feasibility study for the future of our two major regional parks, Veterans Memorial and Culver City. Additionally, our

Department will begin our long range Master Planning Initiative that will guide us through the next 10+ years. In order for our Master Planning process to be successful we need the community to engage with us and provide the necessary feedback required for us to create a road map for the future of your community parks.

You can receive updates and meeting information by following us on Facebook and Instagram or by visiting our website at www.culvercity.org/Explore/Parks-Recreation

I look forward to seeing you at one of our community meetings!

Sincerely,

### **Ted Stevens**

Parks, Recreation and Community Services Director





# **Upcoming Community Events**





# **After School Programs**



### CCARP

The PRCS Culver City After School Recreation Program (CCARP) locations are currently full. As hiring continues, we plan to add capacity at CCARP sites, while maintaining a 12:1 staff ratio. We look forward to serving those on the wait list as space becomes available or staffing levels allow for program expansion.

You may register a child online for the wait list for free. Please join only one wait list for the school your child will attend during the 2023/2024 academic year.

CCARP provides supervised recreational activities for students at four Culver City elementary schools. Activities include homework time, arts and crafts, games, free play, and special events.

- Wait list CCARP Blanco (El Rincon Elementary)
- Wait list CCARP El Marino
- Wait list CCARP Lin Howe
- Wait list CCARP Lindberg (Farragut Elementary)



### YSE

The YSE After School Program focuses on team-building and sport skills. YSE provides a fun and educational experience using sports, games, music, and fitness activities that develop sport skills, teach good sportsmanship, refine body movement and coordination, and reinforce health and wellness values. Academics are also emphasized and homework assistance is offered.

Instructor: Coach DJ and YSE Staff Location: Culver City Middle School Material Fee: \$30 (Optional for a daily snack) Days: Monday - Friday on CCUSD school days only. (YSE will not be held on school holidays or pupil free days) No Class 3/8, 3/25- 4/5 and 5/27

Notes: Monthly fees are adjusted to account for school holidays, pupil free days and breaks. YSE schedule will follow CCUSD school calendar and start time in line with the school dismissal/ bell schedule.

Dates	Days	Time/s	Ages	Fees
March	M - F	2:15 PM - 6 PM	10 - 14	\$276/\$287
April	M - F	2:15 PM - 6 PM	10 - 14	\$270/\$281
May/June	M - F	2:15 PM - 6 PM	10 - 14	\$452/\$463





# **Teen Center Programming**

### **TEEN SPRING BREAK CAMP**

This Spring, have your teen come join in on the fun at our Teen Experience Spring Break Camp! Our camp offers a variety of activities, programming, and excursions for youth that are currently in 6th-12th grade.

### Instructor: PRCS Staff Location: Culver City Teen Center

Dates	Days	Times	Ages	Fees
Week 1	M - F	8:00 AM - 5:00 PM	11 - 17	\$119/\$152
Week 2	M - F	8:00 AM - 5:00 PM	11 - 17	\$119/\$152
		*Addi	tional child	discount \$11





### **ABOUT THE TEEN CENTER**

The Culver City Teen Center, located at 4153 Overland Ave., Culver City, CA 90230, serves high school and middle school students. Staff provide a safe, inclusive, and supervised program for students with a variety of services.

### **Hours of Operation:**

During the school year the facility is open Monday through Friday, from 2 PM to 6 PM and 1 PM to 6 PM on Wednesdays. Alternative programs are offered during seasonal breaks as staffing allows.

### **Membership:**

Membership fees are \$50 per semester per student. Register online at www.culvercity.org/active or in person at the Registration Office located at 4117 Overland Avenue. Call (310) 253-6676 for more information.

### Amenities:

- Computer Lab
- Study/Craft Areas
- Game Room
- Vending Machines
- Outdoor Patio
- Video Game Center
- Snacks and drinks provided at each meeting? Want to prepare yourself for the buture? Culvercity TEEN CENTER LEADERSHIP COMMITTEE

### As a Council Member, you will:

- Learn more about your community! Volunteer in and around Culver City, and gain important experience for your future goals.
- Get rewarded and celebrate! Plan and host parties at the Teen Center with your choice of activity, snack, and more! Think of this as a thank-you for your hard work as you volunteer in the community.



For questions, please contact the Teen Center **Email:** youthprograms@culvercity.org **Phone:** 310-253-6650

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# **Early Learners**

### 1st CLASS PREP PRE-K: SPRING

### Monthly

1 st Class Pre-K's program is designed to provide children 2 ½ - 6 with a loving, safe, diverse and stimulating environment where everyone feels relaxed and ready to learn through play. Class time and special activities are planned according to themes designed to meet the individual needs of children during this active time of growth and development. Our zoophonics curriculum encourages an enthusiastic and receptive attitude toward school, with an emphasis on Kindergarten. Activities, which include an introduction to Spanish, letter and sound recognition, shape and number recognition, cooking, math, reading and art, are centered around seasonal themes.

### Instructors: Mari Davis and Michaela Davis Location: Syd Kronenthal Park Dates: Monthly

Class meets continuously within the CCUSD schedule. **No Class:** 3/25 - 4/1 and 5/27

Materials Fee: A non-refundable material fee of \$250 is due January in class. Students who start in the months in between will pay a prorated material fee. Students must be potty trained. Please provide a healthy lunch. A morning and afternoon snack will be provided. \*Students must be signed up for Mini Day or Part Day to enroll in morning care or afternoon care. For more info, or questions, please email us at 1stclassprepla@gmail.com Notes: Students must be toilet trained.

Days	Times	Ages	Fees
M - F	8:00 AM - 3:00 PM	2½ - 6	\$1196/\$1207
M - F	9:00 AM - 1:00 PM	21⁄2 - 6	\$832/\$844
M/W/F	9:00 AM - 1:00 PM	21⁄2 - 6	\$676/\$687
*Morning Care	8:00 AM - 9:00 AM	21⁄2 - 6	\$168/\$179
*Afternoon Care	1:00 PM - 3:00 PM	21/2 - 6	\$291/\$302

### **BEYOND PRE-K IN SPANISH: SPRING**

### Monthly

Help your child learn a second language in Spanish at an early age! Our hands-on immersion program is taught by trained native speakers with college degrees in child development and education from the U.S. and Mexico. The Spanish language is introduced through multi-sensory activities that stimulate children's natural curiosity and creativity and with the goal to foster life-long learning, the development of motor skills, self-expression, empathy and exposure of diverse cultures to adapt to this globally changing world. Class meets continuously within the CCUSD schedule. Please pack a healthy lunch. Child must be potty trained.

### Instructors: Elvia Wulf and Vera Chang Location: Culver West Alexander Park Dates: March 1 - May 31 (monthly enrollment) Class meets continuously within the CCUSD schedule. No Class: 3/8, 3/25 - 4/5 and 5/27

Materials Fee: \$100/month for extra-curricular activities and materials.

Notes: It is mandatory to contact teachers prior to enrollment at **beyondpk@gmail.com**. Children need to be able to listen and follow directions for safety.

Days	Times	Ages	Fees
M - TH	9:00 AM - 2:00 PM	3 1/2 - 5 1/2	\$1125/\$1136
F	9:00 AM - 12:30 PM		
Afternoon Care	Times	Ages	Fees
T - TH	2:00 PM - 3:45 PM	3 1/2 - 5 1/2	\$270/\$281





# **Early Learners**

### **1 st CLASS PREP: TRANSITIONAL TODDLERS**

### Monthly

The world is a playground for active, energetic 1 and 2-year-olds. Channeling that enthusiasm into opportunities for growing, learning, building independence, and achieving success is the design of this unique educational program. Our mommy and me classes offer our 1 and 2-year-old learners a fun curriculum for milestone development, interactive, hands-on learning experiences, fun arts & crafts and music and movement.

Instructors: Mari Davis and Michaela Davis Location: Syd Kronenthal Park No Class: 3/25 - 4/1 and 5/27

Materials Fee: A non-refundable materials fee of \$30. Notes: Parents stay with children for the duration of class or until parent and child have attended 4 classes and the child is ready to attend class independently (M/W classes only). Parents must stay with children during T/TH classes. All fees are due before the first day of the session. All paperwork should be printed and turned in on the first day of class.

<b>Dates</b> 3/4 - 3/20	<b>Days</b> M/W	<b>Times</b> 9:30 AM - 11 AM 11:30 AM - 1 PM	<b>Ages</b> 1-2	<b>Fees</b> \$85/\$96
3/5 - 3/21	T/TH	9:30 AM-10:15 AM 10:45 AM-11:30 AM 12 PM-12:45 PM	1-2	\$165/\$176
4/8 - 4/24	M/W	9:30 AM - 11 AM 11:30 AM - 1 PM	1-2	\$85/\$96
4/9 - 4/24	T/TH	9:30 AM-10:15 AM 10:45 AM-11:30 AM 12 PM-12:45 PM	1-2	\$165/\$176
4/29 - 5/15	M/W	9:30 AM - 11 AM 11:30 AM - 1 PM	1-2	\$85/\$96
4/30 - 5/16	T/TH	9:30 AM-10:15 AM 10:45 AM-11:30 AM 12 PM-12:45 PM	1-2	\$165/\$176



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### KIDS TIME: PARENT AND ME

### Quarterly

Children at the age of 2 start talking and enjoying activities with other kids of their age and are not totally dependent on their parents. This class will provide an educational setting to help them play with other kids, follow directions, learn alphabets and numbers through rhymes/songs, stories, and other activities. Please pack a healthy snack. Parents must stay in class.

Instructor: Poonam Sharma Location: Blanco Park No Class: 3/29 and 4/5

Materials Fee: \$20 per month. Notes: Kids must be potty trained. Classes follow the CCUSD school calendar.

Dates	Days	Times	Ages	Fees
3/1 - 5/17	F	9:00 AM - 10:30 AM	2-3	\$208/\$219

### **KIDS TIME: TRANSITIONS**

### Monthly

Kids time provides a fun and nurturing environment for children to participate in creative art, movement, and play activities. This program is designed to develop motor skills, self-awareness, and independence. Children will be introduced to their ABC's, phonics, reading and numbers, along with simple math concepts through play and hands on activities.

Instructor: Poonam Sharma Location: Blanco Park No Class: 3/26, 3/28, 4/2, 4/4 and 5/27

Materials Fee: \$20 per month. Note(s): Kids must be potty trained. Classes follow the CCUSD school calendar.

Dates	Days	Times	Ages	Fees
3/5 - 3/21	M/W or T/TH	9:00 AM-11:30 PM	21/2 - 31/2	\$162/\$173
4/9 - 4/30	M/W or T/TH	9:00 AM-11:30 PM	21/2 - 31/2	\$208/\$219
5/2 - 5/30	M/W or T/ TH	9 AM - 12 PM	21⁄2 - 31⁄2	\$208/\$219



# Youth Art, Dance, and Music Programs

### **CHILDREN'S PIANO: BEGINNING**

### Resident: \$218

### Non-resident: \$229

A solid foundation in the fundamentals of playing piano is offered by a teacher with many happy years of working with children of all ages. Students must bring their own keyboard to class. The instructor will contact you with an informational email before the spring session begins.

Instructor: Jennifer Macchiarella

Location: Veterans Memorial Building – Multipurpose Room Materials Fee: \$20

Dates	Days	Times	Ages
4/13 - 6/15	SA	8:45 AM - 9:45 AM	5 - 16
4/13 - 6/15	SA	10 AM - 11 AM	5 - 16

### DEE - LIGHTFUL MUSICAL THEATRE WORKSHOP KIDS 7-14

### Resident: \$775

### Non-resident: \$786

This Spring Dee-Lightful Productions is excited to offer Disney's The Jungle Book (kids version). Deep in the heart of the jungle, a pack of wolves raises a beloved man-cub named Mowgli until Shere Khan, the tiger, decides that the boy is no longer welcome in the jungle! This beloved musical version is based on the Disney animated feature originally adapted from the classic novel by Rudyard Kipling. Our dee-Lightful kids will have a blast learning these incredible songs (such as the Bare Necessities, I Wanna Be Like You, and That's What Friends Are For), And such fun choreography! With characters like these, plus Bagheera the Panther, Kaa the Snake, Baloo the Bear, Colonel Hathi the Elephant and more, there's lots of room for our imaginations to run wild! Instructor: Dolores Aguanno and Staff

Location: Culver West Alexander

Materials Fee: \$395, payable to dee-Lightful Productions, includes

script, music, and some production costs. Notes: Our performances will take place May 9 - May 11 at the Veterans Memorial Auditorium. We will add 1 or 2 tech/dress rehearsals during production week, TBD. There will be no class on Saturday, March 30.

Dates	Days	Times	Ages
3/2 - 5/11	SA	12:00 PM - 5:00 PM	7-14



### CHILDREN'S PIANO: CONTINUING

Resident: \$218

Non-resident: \$229

A solid foundation in the fundamentals of playing piano is offered by a teacher with many happy years of working with children of all ages. Students must bring their own keyboard to class. The instructor will contact you with an informational email before the spring session begins.

Instructor: Jennifer Macchiarella

Location: Veterans Memorial Building – Multipurpose Room Materials Fees: \$20

Dates	Days	Times	Ages
4/13 - 6/15	SA	11:15 AM - 12:15 PM	5 - 16
4/13 - 6/15	SA	12:30 PM - 2:00 PM	5 - 16
4/13 - 6/15	SA	2:00 PM - 3:00 PM	5-16

### **TINY TOTS BALLET & TAP**

### Resident: \$183

### Non-resident: \$194

Young dancers will learn the basics of ballet, tap, and creative movement in a safe and fun environment. This is a great way to let your child explore their creative side using the foundation and technique of ballet and the sense of rhythm through tap.

Instructor: Caroline Antunes

Location: Culver West Alexander Park

Materials Fee: \$5 for costume rental

Notes: Please wear leotard, tights, and ballet shoes. Tap shoes strongly recommended but not mandatory. Parents and siblings will not be allowed inside classroom. \* No class 5/27.

Dates	Days	Times	Ages
4/8-6/3*	Μ	3:45 PM - 4:30 PM	3 - 5

YOUTH BALLET & TAP

### Resident: \$208

Non-resident: \$219

Ballet is the foundation of dance technique, developing grace, flexibility, strength, and balance. Tap is great to exercise the body and the mind, challenging children to integrate rhythmic patterns using their feet as the instrument. This class will focus on coordination, confidence, and choreography through fun and exciting exercises.

Instructor: Caroline Antunes

Location: Culver West Alexander Park

Materials Fee: \$5 for costume rental

Notes: Please wear leotard, tights, and ballet shoes. Tap shoes strongly recommended but not mandatory. Parents and siblings will not be allowed inside classroom. \* No class 5/27.

Dates	Days	Times	Ages
4/8-6/3*	Μ	4:30 PM - 5:30 PM	6 - 9

### PINTSIZE SOCCER

### Resident: \$123

### Non-resident: \$134

This class is designed as an introduction to soccer and prepares children for organized sports league play in a FUN, positive environment. Children will learn and practice a variety of soccer skills such as dribbling, kicking, passing, trapping, throwing, and agility. Coaches will teach the basic rules of the game while emphasizing teamwork.

### Location: Carlson Park

Notes: Participants should bring their own soccer ball with their name on it. Adult participation is required.

Dates	Days	Times	Ages
3/04 - 4/22	SA	9:30 AM - 10:15 AM	4 - 6
3/04 - 4/22	SA	10:20 AM - 10:50 AM	2 - 4



### **PINTSIZE TEE BALL**

### Resident: \$123

### Non-resident: \$134

This class is designed as an introduction to Tee Ball and prepares children for organized sports league play in a FUN, positive environment. Children will learn and practice a variety of baseball skills such as throwing, catching, hitting with a bat, running bases, and agility skills. Coaches will teach the basic rules of the game while emphasizing teamwork.

### Location: Carlson Park

Notes: Adults are encouraged to participate and must stay for the duration of the class.

Dates	Days	Times	Ages
3/04 - 4/22	SA	10:55 AM - 11:40 AM	3 - 5

### TENNIS FOR KIDS AT FOX HILLS - TINY TOTS

### Resident: \$187

### Non-resident: \$198

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This class introduces 4-6 year old children to the game of tennis through a variety of fun, skill-activities. We utilize the USTA Red Ball Curriculum. Players learn the fundamentals of stroke production and ABCs of tennis (agility. balance, and coordination) using age appropriate tennis balls, music and fun activities.

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR) Location: Fox Hills Tennis Court #1

Notes: Participants must furnish their own racket.

Dates	Days	Times	Ages
3/2 - 4/6	SA	8:00 AM - 9:00 AM	4-6
4/13 - 5/18	SA	8:00 AM-9:00 AM	4-6







### THE SKATESIDE - AFTER SCHOOL BEG/INT SKATEBOARD

THE SKATESIDE after school skateboarding program at the skate park is perfect for beginners and experienced skaters alike. Participants will learn essential skills such as balance, coordination, and proper technique. This program is a great opportunity to improve your skills and have fun in a safe and supportive environment. Join us today and discover the joys of skateboarding!

Instructor: The Skateside Staff

Location: Culver City Skate Park

Notes: Wrist guards, knee pads, elbow pads, and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols. No class 3/27, 4/3, 5/1

Dates	Days	Times	Ages	Fees
3/6-3/20	W	3 PM - 4:50 PM	5 - 12	\$231/\$242
4/10 - 5/1	W	3 PM - 5:30 PM	5 - 14	\$281/\$292
5/8 - 5/29	W	3 PM - 5:30 PM	5 - 14	\$281/\$292

### THE SKATESIDE - BEGINNER SKATEBOARD

The quickest and safest way for beginner skateboarders to learn how to ride a skateboard. Learn skateboard safety, balance, pushing, turning, and cool tricks at the Culver City Skate Park. Great for friends and siblings! Skate park is reserved for enrolled students during program time.

Instructor: The Skateside Staff

Location: Culver City Skate Park

Notes: Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols. No Class 3/31

Dates	Days	Times	Ages	Fees
3/3 - 3/24	SU	9 AM - 10:20 AM	5 - 14	\$269/\$280
4/7 - 4/28	SU	9 AM - 10:20 AM	5 - 14	\$269/\$280
5/5 - 5/26	SU	9 AM - 10:20 AM	5 - 14	\$269/\$280



### THE SKATESIDE - INTERMEDIATE SKATEBOARD

Take your child's skateboarding skills to the next level and learn advanced tricks like how to drop in, how to ollie, and more! Students should be able to navigate the skate park comfortably and do basic beginner tricks. Great for friends and siblings! The Skate park is reserved for enrolled students during program time.

Instructor: The Skateside Staff

Location: Culver City Skate Park

Notes: Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! No Class 3/31

Days	Times	Ages	Fees
SU	10:30 AM - 11:50 AM	5 - 14	\$269/\$280
SU	10:30 AM - 11:50 AM	5 - 14	\$269/\$280
SU	10:30 AM - 11:50 AM	5 - 14	\$269/\$280
	SU SU	SU 10:30 AM - 11:50 AM	SU 10:30 AM - 11:50 AM 5 - 14 SU 10:30 AM - 11:50 AM 5 - 14

### **THE SKATESIDE - AFTER SCHOOL ROLLERSKATING**

THE SKATESIDE roller skate class for kids at the Culver City skate park is perfect for beginners and advanced roller skaters alike. It's a non-intimidating class that offers a supportive environment for learning. In this program, beginners will learn essential skills: how to balance on skates, how to stop safely, how to turn, navigate the skate park and more. Join us and gain the confidence to skate like a pro!

Instructor: The Skateside Staff

Location: Culver City Skate Park

Notes: Wrist guards, knee pads, elbow pads, and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols. No class 3/27, 4/3, 5/1

Dates	Days	Times	Ages	Fees
3/6 - 3/20	W	3 PM - 4:50 PM	5 - 14	\$231/\$242
4/10 - 5/1	W	3 PM - 4:50 PM	5 - 12	\$281/\$292
5/8 - 5/29	W	3 PM - 4:50 PM	5 - 14	\$281/\$292

### **THE SKATESIDE - BEGINNER ROLLERSKATING**

THE SKATESIDE beginner kids roller skate class is a nonintimidating class that offers a supportive environment for learning. In this program, beginners will learn essential skills: how to balance on skates, how to stop safely, how to turn, and more. Join us and gain the confidence to roller skate! Instructor: The Skateside Staff Location: Culver City Skate Park Notes: Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! No Class 3/31 Dates Days Times Ages Fees

Dates	Days	limes	Ages	rees
3/3 - 3/24	М	9 AM - 10:20 AM	5 - 14	\$269/\$280
4/7 - 4/28	М	9 AM - 10:20 AM	5 - 14	\$269/\$280
5/5 - 5/26	М	9 AM - 10:20 AM	5 - 14	\$269/\$280

### THE SKATESIDE - INTERMEDIATE ROLLERSKATING

Take your roller skating skills to the next level and learn advanced skills like skating backwards, crossovers, jumps, and how to skate down larger ramps. Roller skaters should be able to navigate the skate park comfortably and do basic tricks. Great for friends and siblings!

Instructor: The Skateside Staff

Location: Culver City Skate Park

Notes: Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! No Class 3/31

Dates	Days	Times	Ages	Fees
3/3 - 3/24	SU	10:30 AM - 11:50 AM	5 - 14	\$269/\$280
4/7 - 4/28	SU	10:30 AM - 11:50 AM	5 - 14	\$269/\$280
5/5 - 5/26	SU	10:30 AM - 11:50 AM	5 - 14	\$231/\$242

FOLLOW US ON





### **TENNIS FOR KIDS AT FOX HILLS- BEGINNER**

### Monthly Resident: \$187

### Non-resident: \$198

UTSA 10 and Under Tennis for Beginners. We introduce children to the game of tennis through a variety of fun, skill building activities. Classes meet one day a week but you are welcome to do more than one day a week.

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)

Location: Fox Hills Tennis Court #1

Notes: Participants must furnish their own racket. Tennis shoes are a must; bring water and children should be capable of following basic instructions.

Dates	Days	Times	Ages
3/4 - 4/8	Μ	3:30 PM - 4:30 PM	7-10
4/15 - 5/20	Μ	3:30 PM - 4:30 PM	7-10
3/5 - 4/9	Т	3:30 PM - 4:30 PM	7-10
4/16 - 5/21	Т	3:30 PM - 4:30 PM	7-10
3/7 - 4/11	TH	3:30 PM - 4:30 PM	7-10
4/18 - 5/23	TH	3:30 PM - 4:30 PM	7-10
3/8 - 4/12	F	3:30 PM - 4:30 PM	7-10
4/19 - 5/24	F	3:30 PM - 4:30 PM	7-10



### **TENNIS FOR KIDS FOX HILLS-** INT/ADV

### Non-resident: \$198

For players who are transitioning into full-court play with green balls. This class will further emphasize player's ability to adjust to different heights and depth, while maintaining technical foundation, and covering the full court effectively.

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)

Location: Fox Hills Tennis Court #1

Monthly Resident: \$187

Notes: Participants must furnish their own racket. Tennis shoes are a must; bring water and children should be capable of following basic

### Non-resident: \$198

Players are able to consistently rally and cooperate with a partner. Maintaining proper technique and proficiency on serve is a necessity at this level. Players are encouraged to participate in Junior Team Tennis and/or entry level tournaments to further their development.

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)

Location: Fox Hills Tennis Court #1

Monthly Resident: \$187

Notes: Participants must furnish their own racket. Tennis shoes are a must; bring water and children should be capable of following basic instructions.

Dates	Days	Times	Ages
3/4 - 4/8	Μ	4:30 PM-5:30 PM	11-17
4/15 - 5/20	Μ	4:30 PM-5:30 PM	11-17
3/5-4/9	Т	4:30 PM-5:30 PM	11-17
4/16 - 5/21	Т	4:30 PM-5:30 PM	11-17
3/7 - 4/11	TH	4:30 PM-5:30 PM	11-17
4/18-5/23	TH	4:30 PM-5:30 PM	11-17
3/8 - 4/12	F	4:30 PM-5:30 PM	11-17
4/19 - 5/17	F	4:30 PM-5:30 PM	11-17
3/9 4/13	SA	9:00 AM-10:00 AM	11-17
4/20 - 5/25	SA	9:00 AM-10:00 AM	11-17

### **TENNIS FOR KIDS AT FOX HILLS- ADV**

### Monthly Resident: \$187

### Non-resident: \$198

Ages 12 to 18 - Skill level advanced. For performance players who are committed to playing tournaments and/or junior team tennis and have the desire to compete on local or regional level.

Instructor: Ted Salter-Certified Teaching Pro thru the Professional Tennis Registry

Location: Fox Hills Tennis Court #1

Notes: Participants must furnish their own racket. Tennis shoes are a must; bring water and children should be capable of following basic instructions.

instructions.			g bacie	Dates	Days	Times	Ages
Dates	Days	Times	Ages	3/4 - 4/8	м	6:30 PM-7:30 PM	11-17
3/4 - 4/8	Μ	5:30 PM-6:30 PM	11-17	4/15 - 5/20	м	6:30 PM-7:30 PM	11-17
3/4 - 4/8	Μ	6:30 PM-7:30 PM	11-17	3/5-4/9	Т	6:30 PM-7:30 PM	11-17
4/15 - 5/20	Μ	5:30 PM-6:30 PM	11-17	4/16 - 5/21	Т	6:30 PM-7:30 PM	11-17
4/15 - 5/20	Μ	6:30 PM-7:30 PM	11-17	3/6 - 4/10	W	6:30 PM-7:30 PM	11-17
3/5 - 4/9	Т	5:30 PM-6:30 PM	11-17	4/17 - 5/22	W	6:30 PM-7:30 PM	11-17
4/16 - 5/21	Т	6:30 PM-7:30 PM	11-17	3/7 - 4/11	TH	6:30 PM-7:30 PM	11-17
3/6 - 4/10	W	5:30 PM-6:30 PM	11-17	4/18 - 5/23	TH	6:30 PM-7:30 PM	11-17
4/17 - 5/22	W	6:30 PM-7:30 PM	11-17	3/9 - 4/13	SA	11:00 AM-12:00 PM	11-17
3/7 - 4/11	TH	5:30 PM-6:30 PM	11-17	4/20 - 5/25	SA	11:00 AM-12:00 PM	11-17
4/18 - 5/23	TH	6:30 PM-7:30 PM	11-17				

REGISTER @ WWW.CULVERCITY.ORG/ACTIVE • FOR MORE INFORMATION (310) 253-6650

# **Spring Camps**

### PRCS ONE DAY AND JUST4KIDS SPRING CAMP

Culver City PRCS welcomes all kids from Kindergarten-6th grade to participate in our seasonal Spring Break Camp. We provide a fun, safe and creative experience in a standard camp day setting. From arts & crafts to active games outside throughout the day, Culver City PRCS is the place to be!

Location: Veterans Memorial Park - Teen Center Instructors: PRCS Staff

### ONE DAY CAMP

Dates	Time	Ages	Fees (R/NR)
3/8	7:30 AM - 6 PM	5 - 12	\$32/\$38
			2nd Child \$29/\$35

### JUST4KIDS SPRING CAMP

Week	Dates	Time	Ages	Fees (R/NR)
1	3/25-3/29	7:30 AM - 6 PM	5 - 12	\$161/\$192
2	4/1-4/5	7:30 AM - 6 PM	5 - 12	\$161/\$192
			2nd C	hild \$146/\$177

\*Excursion information to follow





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C

# **Spring Camps**



### SKATESIDE SPRING & ONE DAY CAMPS

This program provides the quickest and safest way for beginners to learn how to ride a skateboard. This skateboard skill focused camp brings you everything you love about skateboarding. Learn to shred the Culver City Skate Park, develop basic skateboard skills, or take your skills to the next level.

Skateboard, helmet, elbow pads, knee pads, and wrist guards are required to participate.

Location: Culver City Skate Park

Instructors: The Skateside Staff

Notes: Wrist guards, knee pads, elbow pads, and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols.

### SKATEBOARD OR ROLLER SKATE SPRING CAMP

Dates	Time	Ages	Fees
3/25-3/29	9 AM - 11:50 AM	5 - 16	\$442/\$453
4/1-4/5	9 AM - 11:50 AM	5 - 16	\$442/\$453

### **ONE DAY CAMP**

Dates	Time	Ages	Fees
3/8	9 AM - 11:50 AM	5 - 16	\$151/\$162
4/24	9 AM - 11:50 AM	5 - 16	\$151/\$162





### **YSE SPRING SPORTS CAMP**

YSE Sports Camp is a program that focuses on youth sports enrichment. Campers play daily sports such as basketball and field games such as dodgeball. This camp also teaches the foundation of different sports to young children while building on sport skills for older children. Campers may also participate in arts, crafts, movies, and field trips, including Dave & Busters.

### Location: Veterans Park

Instructors: Coach DJ and YSE Staff Materials Fee: \$60 for activity supplies and Field trip Notes: Campers must wear tennis shoes and light comfortable clothes. Must bring a daily snack, lunch, and water. Please do not pack any peanut butter products.

Dates	Time	Ages	Fees
3/25-3/29	9 AM - 3 PM	5 - 16	\$182/\$193
4/1-4/5	9 AM - 3 PM	5 - 16	\$182/\$193
		*Multi child	discount \$10

### **EXTENDED CARE**

Dates	Time	Ages	Fees
3/25-3/29	8:30-9 AM & 3-5 PM	5 - 16	\$78/\$89
4/1-4/5	8:30-9 AM & 3-5 PM	5 - 16	\$78/\$89



# Intergenerational Recreational Activities

### **ARISE SELF-DEFENSE: BEGINNER**

### Monthly Resident: \$21

### Non-resident: \$32

Families, Females and Friends will learn self-defense together. How to Block, Hit, Kick, and defend against Attackers and Bullies.

Practice various escape techniques from:

- Arm Grabs, Bear Hugs, Choke Holds, Hair Grabs, Headlocks, etc.
- \* Family and Friends must include one female.
- \* Price per person

Instructor: Andy Pancho, ARISE Staff Location: Veterans Memorial Building – Iksan/Yanji Room Notes: Bring Water. Senior citizens are welcome to join.

Dates	Days	Times	Ages
3/2 - 3/30	SA	10 AM - 11 AM	5 +
4/6 - 4/27	SA	10 AM - 11 AM	5 +
5/4 - 5/25	SA	10 AM - 11 AM	5 +

### **ARISE SELF-DEFENSE: INTERMEDIATE**

### Monthly Resident: \$21

### Non-resident: \$32

Families, Females and Friends will learn more advanced self-defense techniques; and review the beginner's techniques. Defend and escape against Bullies and Strangers attacking. Practice advanced techniques to escape from: Ground Attack, Headlocks, Wrist Grabs, etc.

\* Family and Friends must include one female.

\* Price per person

Instructor: Andy Pancho, ARISE Staff Location: Veterans Memorial Building – Iksan/Yanji Room Notes: Please bring water.

Dates	Days	Times	Ages
3/2 - 3/30	SA	11 AM - 12 PM	5 +
4/6 - 4/27	SA	11 AM - 12 PM	5 +
5/4 - 5/25	SA	11 AM - 12 PM	5 +











# **Intergenerational Recreational Activities**



### GOLDEN TIGER KUNG FU, FU JOW PAI (BEGINNER)

This class entails real urban self-defense for kids and adults. This style of Kung Fu is based on the movements and demeanor of an attacking tiger and includes: empty hand forms, weapon forms, and empty hand against weapons forms. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline, and stress reduction! Our certified ranking system is recognized worldwide.

### Instructor: Behnam Kanani

Location: Senior Center Room B45

Materials Fee: Uniform T-shirt \$35 paid directly to the instructor. Notes: Required attire: Comfortable black pants, Kung fu or flat heel shoes. \* No class 4/2.

Dates	Days	Times	Ages	Fees
3/5 - 3/28*	T/TH	5:45 PM - 7:00 PM	6 +	\$191/\$202
4/4 - 4/30*	T/TH	5:45 PM - 7:00 PM	6 +	\$191/\$202
5/2 - 5/28*	T/TH	5:45 PM - 7:00 PM	6 +	\$191/\$202
3/5 - 5/30*	T/TH	5:45 PM - 7:00 PM	6 +	\$546/\$557

### GOLDEN TIGER KUNG FU, FU JOW PAI (INTERMEDIATE)

The class entails real urban self-defense for kids and adults. This style of kung fu is based on the movements and demeanor of an attacking tiger and includes: empty hand forms, weapon forms, empty hand against weapon forms. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline and stress reduction! Our certified ranking system is recognized worldwide.

### Instructor: Behnam Kanani

Location: Senior Center Room B45

Materials Fee: Uniform T-shirt \$35 paid directly to the instructor. Notes: Required attire: Comfortable black pants, Kung fu or flat heel shoes. \* No class 4/2.

	Dates	Days	Times	Ages	Fees
2	3/5-3/28*	T/TH	5:45 PM - 7:15 PM	9 +	\$233/\$244
2	4/4 - 4/30*	T/TH	5:45 PM - 7:15 PM	9 +	\$233/\$244
2	5/2 - 5/28*	T/TH	5:45 PM - 7:15 PM	9 +	\$233/\$244
57	3/2 - 5/30*	T/TH	5:45 PM - 7:15 PM	9 +	\$665/\$676



# **Adult Recreational Activities**

### **POTTERY - WHEEL THROWING**

### Resident: \$312

### Non-resident: \$323

Class is designed to provide guidance and encourage the exploration of creating ceramic art using the potter's wheel. Lessons are designed to walk through the fundamental steps to create both functional and artistic projects. Each week builds on the previous weeks work. Individuals will create multiple pieces and learn various techniques using wheel, as well as glazing and decorating styles. This class is for beginners and those who are looking to brush up on their throwing process, with individual time for those who are more advanced in their techniques. Final Class will include a Horsehair firing on Saturday June 22nd.

Instructor: Jeffery Greathouse Location: El Marino Park Ceramics Hut Materials fee: \$25 Notes: \*No Class 5/27

Class	Dates	Days	Times	Ages
Basics	4/8-6/17*	М	6:00 PM - 9:00 PM	18+
Advanced	4/11-6/20	TH	6:00 PM - 9:00 PM	18+





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### CARDIO TENNIS AT FOX HILLS

Resident: \$187

### Non-resident: \$198

Cardio Tennis is a fun group activity and is a great way to get in shape and enjoy the game of tennis. This 6 week program is offered for adult tennis players of all skill levels.

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR) Location: Fox Hills Tennis Court #1 Notes: Participants must furnish racket.

Dates	Days	Times	Ages	Level
2/29 - 4/4	TH	7:30 PM - 8:30 PM	18+	BEG TO ADV
4/11 - 5/16	TH	7:30 PM - 8:30 PM	18+	BEG TO ADV



### IAIDO - WAY OF THE JAPANESE SWORD

### Resident: \$151

### Non-resident: \$162

laido is the ancient Japanese art of drawing the sword and cutting in a single movement. Originally created for the physical and mental discipline of the Samurai warrior, today this martial art joins together various defensive and offensive sword movements in its training. This class offers basic weapons training in sword and related weapons, to develop a calm mind, better concentration, and physical coordination.

Instructor: Jeff Learned 7th Degree Black Belt Location: Teen Center

Notes: Must meet instructor approval. Testing fees apply for all belt progression. No Class 5/22 & 5/29

Dates	Days	Times	Ages	Location
3/6 - 5/29	W	7 PM - 8:30 PM	14+	Teen Center



20



### **INTRO TO FENCING**

### Resident: \$78

### Non-resident: \$87

Fencing helps develop balance, agility, reflexes, and leg strength. Course is for fencers of all levels. Students are grouped based on their current level of fencing, as determined by the instructors. Instruction will begin with the foil and advanced students may also choose epee or saber. Group instruction is done during the first hour and the remaining time is for drills and practice. All equipment is supplied for beginners.

Instructors: Salle d'Armes Couturier Location: Senior Center Room B45 Materials fee: \$20 for equipment. Notes: USA Fencing Assoc. annual membership (\$29) required (application form given at 1 st meeting).

Dates	Days	Times	Ages
4/1-6/27	M /TH	7:45 PM - 9:45 PM	18+

# Adult Recreational Activities

LET'S GET FIT- FOR BEGINNERS AND SENIORS

Resident: \$50, Non-resident: \$61Any 5 ClassesResident: \$56, Non-resident: \$67Monthly

(March fee is resident \$33/ non-resident \$44)

**Resident: \$140, Non-resident: \$151** Season Pass\* \*Passes can be used at any T/TH/SA classes and have an expiration date.

Would you like to add an exercise habit in your daily life and meet new friends? We are a very cheerful and supportive group and would love for you to join! Let's Get Fit! is a low-impact exercise program that includes simple light cardio, strength training and stretching with easy steps and unique dance movements for one hour. After the one hour class, there is also a 30 minute conditioning chair exercise session with tube bands/hand-held weights as an optional session for those who want additional strength training. You can come for one or both sessions and go at your own pace. No experience is needed!

### Instructor: Akiko Miyoshi

Location: Veterans Memorial Building

Notes: Wear athletic shoes and comfortable clothing. Bring a pair of 1-3lbs hand held weights and water for hydration. Exercise mat is optional.

\*No class 3/1 - 3/14

Dates	Days	Times	Ages	Room
3/16 - 3/30	t/th/sa	9:30 AM - 11:15 AM	21+	VMC
4/2 - 4/30	t/th/sa	9:30 AM - 11:15 AM	21+	VMC
5/2 - 5/30	T/TH/SA	9:30 AM - 11:15 AM	21+	VMC
3/16 - 5/29	t/th/sa	9:30 AM - 11:15 AM	21+	VMC



# **Adult Recreational Activities**

### YOGA FROM THE INSIDE OUT

Resident: \$20, Non-Resident: \$31 Resident: \$87, Non-resident: \$98 Resident: \$150, Non-resident: \$161 Drop - In Any 6 Classes 12 Class Series

\* 6 class option can be used for any combination of Monday and Thursday classes. 12 class series is for either Monday or Thursday (Cannot be combined.)

Yoga provides simple tools to build strength, flexibility, and balance in body, mind, and spirit. Stop striving, find ease within difficult poses and emotions, and calm your mind with this gentle practice. Learn to breathe and move more freely; experience deep rest and renewal in a friendly, inclusive environment whatever your skill level.

### Instructor: Tara Kamath

**ADULT RECREATIONAL ACTIVITIES** 

Location: Veterans Memorial Building

Notes: Bring a yoga mat, a large towel or yoga blanket, and two yoga blocks to class and wear layers (e.g., sweater, socks) for temperature control. \*No Class 5/27

Weeks	Dates	Day	Time	Ages
12 WKS	4/1 - 6/24*	Μ	6:30 PM - 8 PM	18 +
12 WKS	3/28 - 6/13	ТН	4 PM - 5:30 PM	18 +

### YOGA FROM THE INSIDE OUT II

Resident: \$20, Non-Resident: \$31 Resident: \$87, Non-resident: \$98 Resident: \$150, Non-resident: \$161

Drop - In Any 6 Classes 12 Class Series

\* 6 class option can be used for any combination of Monday and Thursday classes. 12 class series is for either Monday or Thursday (Cannot be combined.)

### Instructor: Tara Kamath

Location: Veterans Memorial Building

Notes: Bring a yoga mat, large towel or yoga blanket, two blocks, and a yoga strap to class, and wear layers (e.g., socks, sweater) for temperature control.

The same gentle, inwardly guided practice we use in all Yoga From the Inside Out classes, with a higher level of physical challenge. This class is for those without injuries looking for more strength-building sequences, along with the deep inner benefits of yoga practice.

Weeks	Dates	Day	Time	Ages
12 WKS	3/28 - 6/13	TH	6:30 PM - 8 PM	18 +



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The Culver City Parks & Recreation Department Presents: Basketball with 2 ZogSports

To check out our current league offerings, visit www.zogsports.com/la/basketball



# **Aquatics- Exercise Classes**

**ADULT EXERCISE** 

### Senior (50+): \$1 Per Class Adult (18-49): \$2 Per Class

Low-impact water exercise in shallow water; ideal for all fitness levels, including non-swimmers, and anyone recovering from injuries. Pre-Registration required.

\* Pool Closed 3/17-4/7 for annual maintenance. Instructor: Sandy Devlin Location: Culver City Municipal Plunge

Dates	Day	Time	Ages
On - Going	M/W/F	9:00 AM - 9:55 AM	18+

### AQUAFIT DEEP WATER WILL RESUME IN APRIL

### \$12 Per Class

If you are an above average exerciser, DEEP WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided for each client. They give you support while moving freely in the water. Hand buoys and noodles are some of the equipment items used to create a well balanced body exercise. Instructor: Allyson Bailey

Location: Culver City Municipal Plunge

Dates	Days	Times	Ages
On - Going	M/W	7 PM - 7:50 PM	18+
On - Going	SA	9 AM - 9:50 AM	18+

### AQUAFIT SHALLOW WATER WILL RESUME IN APRIL

### \$11 Per Class

If you are a beginner or average water exerciser, SHALLOW WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided to give support while moving freely in the water. Hand buoys and noodles are some of the equipment used to create a well balanced body exercise.

Instructor: Allyson Bailey

Location: Culver City Municipal Plunge

Dates	Days	Times	Ages
On - Going	M/W	10 AM - 10:50 AM	18+
On - Going	SA	10 AM - 10:50 AM	18+

### AQUAFIT STAND UP WILL RESUME IN APRIL

### \$25 Per Class

AQUA STAND UP is the best total body workout on an inflatable stand up paddle board. Fun and safe exercises are designed to improve balance, stabilize the core muscle groups, and increase cardiovascular endurance. Burn up to 650 calories during each workout.

Instructor: Allyson Bailey

Location: Culver City Municipal Plunge

Dates	Day	Time	Ages
On Going	M/W	11 AM - 11:50 AM	18+
On Going	SA	11 AM - 11:50 AM	18+

\* Pool Closed 3/17-4/7 for annual maintenance.





# **Aquatics- Swim Lessons**

### **PLUNGE PIRANHA SWIM**

### Resident: \$65

### Non-resident: \$77.50

This is a 3-week program that meets 5 days a week. The intent is to improve swimmer technique and build speed, endurance, and strength. Must have passed Red Cross learn-to-swim level 5.

### Instructor: Plunge Staff

Location: Culver City Municipal Plunge \*Pool Closed 3/17-4/7 for annual maintenance.

Spring Session	Dates	Days	Times Offered
1	4/8-4/26	M-F	4:30 PM
2	5/6-5/24	M-F	4:30 PM

### PLUNGE PIRANHA WATER POLO

### Resident: \$65

**AQUATICS-SWIM LESSONS** 

### Non-resident: \$77.50

This 3-week program that meets 5 days a week, is designed to bridge the gap between learn-to-swim and the sport of water polo. The intent is to provide basic skills and understanding of the sport in a recreational format.

### Instructor: Plunge Staff

Location: Culver City Municipal Plunge \*Pool Closed 3/17-4/7 for annual maintenance.

Spring Session	Dates	Days	Times
1	4/8-4/26	M-F	3:30 PM
2	5/6-5/24	M-F	3:30 PM

### WEEKDAY GROUP LESSONS: ADULT

### Resident: \$52

### Non-resident: \$62

Each 3- week session of swim classes will meet 2 times a week on either Monday/Wednesday or Tuesday/Thursday for 50 minutes each day.

### Instructor: Plunge Staff

Location: Culver City Municipal Plunge

\*Pool Closed 3/17-4/7 for annual maintenance.

Spring Session	Dates	Days	Times
1	4/8-4/25	M/W	8:00 AM or 6:00 PM
		T/TH	9:00 AM or 6:00 PM
2	5/6-5/23	M/W	8:00 AM or 6:00 PM
		T/TH	9:00 AM or 6:00 PM

### SWIM LEVEL DESCRIPTIONS

All City of Culver City Swim Instructors are American Red Cross certified Water Safety Instructors and our swim lessons are developed based on the American Red Cross Learn to Swim Program guidelines. Please see below for brief description of what swimmers should know going into each lesson.

- LEVEL 1 (L1): For participants 3 and up who have not had lessons before or are uncomfortable in/fearful of the water.
- LEVEL 2 (L2): For participants 3 and older who are comfortable in the water, can submerge their head, hold their breath for 5 seconds and can float on their front and back with support comfortably.
- LEVEL 3 (L3): Incoming Level 3 participants are able to float on their front and back independently, kick and glide on their front and back for 3 body lengths independently, and also know the basic crawl stroke.
- LEVEL 4 (L4): Incoming Level 4 participants are able to complete 25 yards of front crawl, 15 yards of breaststroke kick, and can tread in deep water.
- LEVEL 5 (L5): Incoming Level 5 participants are able to complete 50 yards of front crawl, 25 yards of backstroke, 25 yards of breaststroke, 15 yards of butterfly kick and can tread in deep water.
- JUNIOR GUARDS/LEVEL 6 (L6) SWIM FOR FITNESS: For participants that have completed Level 5 to get a sneak peek into what it takes to become a lifeguard and swim team swimmer. Junior Guards introduces participants to first aid and CPR all while improving their swimming technique, strength, speed, and endurance.
- PARENT & ME: Participants 6 months to 3 years old will work on developing swimming readiness through water exploration activities geared to create a fun experience for both parent and child.
- ADULT BEGINNER: For participants 13 and up who have not had lessons before or are uncomfortable in/fearful of the water.
- ADULT INTERMEDIATE: For participants 13 and up who know how to swim 25 yards front crawl, back crawl, and have a basic understanding of breaststroke.



FOLLOW US ON

### 

# **Aquatics - Lap and Recreational Swim**







### **PLUNGE CLOSURE DATES**

3/17 - 4/7	<b>POOL CLOSED:</b> Annual Maintenance
5/27	POOL CLOSED: Memorial Day
7/4	POOL CLOSED: 4th of July
8/23-8/25	SPECIAL EVENT HOURS: Fiesta
9/2	POOL CLOSED: Labor Day
11/28 - 11/29	POOL CLOSED: Thanksgiving
12/25	POOL CLOSED: Christmas
1/1/25	POOL CLOSED: New Year's Day

### LAP SWIM

### \$4 Adult (18 - 49)

**\$3 Senior** (50+) **Youth** (Up to 17) & **Disabled** Take the Plunge for lap swim! Sessions begin at the start of each hour for 55 minute time blocks. Pre-registration and check-in are required. Lanes are limited to 3 swimmers per lane for short course (25 yards) and 6 swimmers per lane long course (50 meters). Unclaimed spaces are opened up to standby swimmers 10 minutes after the hour. Disabled patrons' aids do not need to pay for entry. \*Pool Closed 3/17-4/7 for annual maintenance.

Location: Culver City Municipal Plunge

### Days Times

M/W/F	6:00 AM - 12:55 PM 8:00 PM - 8:55 PM	
T/TH	Long Course 5:30 AM - 8:25 AM	SHORT COURSE 9:00 AM - 12:55 PM 6:00 PM - 8:55 PM
SA	7:00 AM - 2:55 PM	
SU	Long Course 8:30 AM - 11:25 AM	SHORT COURSE 12:00 PM - 2:55 PM

### FAMILY SWIM/WATER EXERCISE LANE

### **\$4 Adult** (18 - 49)

**\$3 Senior** (50+) **Youth** (Up to 17) & **Disabled** Family Swim allows for 6 participants per 1/2 lane space to play and exercise in the water. Lap swim is not permitted in family/water exercise lanes. Children under 48 inches tall must be accompanied by an adult 18 years or older within arms reach in the water, in a 1 to 1 ratio. Family Swim sessions begin at the start of each hour for 55 minute time blocks. Pre-registration and check-in are required. \*Pool Closed 3/17-4/7 for annual maintenance. Location: Culver City Municipal Plunge

### Days Times

W/W	6:00 AM - 8:55 AM
	12:00 PM - 12:55 PM
	3:00 PM - 8:55 PM

T/TH	9:00 AM - 12:55 PM
	3:00 PM - 8:55 PM

SA 7:00 AM - 2:55 PM

SU 12:00 PM - 2:55 PM





12:00PM 3:00PM

### REGISTRATION REQUIRED. FOR MORE INFO PLEASE VISIT CULVERCITY.ORG/ACTIVE OR CALL 310.253.6680



# PLUNGE COMMUNITY WATER SAFETY DAY

4175 OVERLAND AVE CULVER CITY CA 90230

- HANDS-ONLY CPR
  DEMOS
- RECREATIONAL SWIM
- SNOW CONES
- MUSIC AND MORE!



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FOLLOW US ON

**AQUATIC EVENTS** 

# **Senior Center**

# Culver City Senior Center



### **The Center Offers:**

- Classes
- Art Workshops
- Computer Lab
- Support Groups
- Entertainment
- Special Events
- Fitness Room
- Games and More

### Hours:

Monday - Friday: 9:00 AM - 5:00 PM Business desk closes at 4 PM.

Saturday - Sunday: 12:00 PM - 4:00 PM Business desk closes at 3:30 PM.

Culver City Senior Center (310) 253-6700 4095 Overland Ave. Culver City, CA 90232 Email: info.seniorcenter@culvercity.org

### **Membership:**

Culver City Senior Citizens Association (CCSCA) membership is required to participate in activities and events. Adults ages 50+ must register in person. Culver City residency is not required.

- Membership Dues (Ages 50-89) \$20.00
- Membership Dues (Ages 90 +) \$5.00
- Facility Parking Pass
- Fitness Room (Calendar Year) \$125.00
- Fitness Room (6 months) \$75.00

\$5.00

SENIOR ACTIVITIES

# **CCSCA Classes and Activities at the Senior Center**

As members of the CCSCA at the Senior Center, members have the opportunity to participate in any of the classes and activities listed below for a small additional fee (activities with an asterisk require an additional class fee\*) or for free. CHECK OUT OUR WEEKLY CLASS SCHEDULE IN OUR MONTHLY NEWSLETTER!

### FACILITY SPACES AND ACTIVITIES

Open Computer Lab Tuesday & Sunday Movie Showings Blood Pressure Checks AARP Driver Safety Course

### LANGUAGE CLASSES

German (meets 1 st Monday of the month) Beginning Spanish Beginning Sign Language Intermediate Sign Language Spanish (meets the last Thursday of the month) French (meets the 3rd Thursday of the month) German Conversation Yiddish Conversation

### LITERATURE

Reading Short Stories Book Club

### MUSIC

Beginning Ukulele\* Intermediate Ukulele\* Karaoke Monthly concerts Music Time Machine (meets the last Friday of the month) Music Mends Minds Drum Circle (meets the 2nd Friday of the month)

### SOCIAL GROUPS

Merry Makers Club (meets the 1st Monday of the month) Platicando Sabroso Veterans Social Group (meets 1st Tuesday of the month) Latin American Group Remembranzas Yiddish Social Group

### **SUPPORT GROUPS**

Special Services for Groups Support Group Loss Support Group

### THEATRE

Improv on the Patio (meets the 4th Tuesday of the month)

### WELLNESS

Heartfulness Meditation Mindfulness Meditation with Resa

### VIRTUAL ACTIVITIES

Cal Fresh Classes Bob Levy, The Music Man Music with Michael





# **CCSCA Classes and Activities at the Senior Center**

As members of the CCSCA at the Senior Center, members have the opportunity to participate in any of the classes and activities listed below for a small additional fee (activities with an asterisk require an additional class fee\*) or for free.



### **ARTS AND CRAFTS**

Ceramics\* Art with Coco Crochet Group Watercolor\* Fun with Pastels Knitting Group Kindness Rock Painting

### CARD AND BOARD GAMES

Bridge, Mah Jong & Pan Duplicate Bridge (meets in the Veterans Memorial Building) Beginning Mah Jong Bingo Beginning Chess

### DANCE

Dancercise \* Line Dancing \* Hula Dance Mind Body Dance \* International Folk Dance Dance Fit with John



### DISCUSSION

Genealogy Current Events\* The Cunning Consumer Trivia with Michael Adventures with Doug Ask the Physical Therapist

### FITNESS

Zumba Gold\* Chair Zumba\* Sit N Be Fit\* Tai Chi with Anton\* Yoga with Phil\* Gentle Mat Yoga with Lauren\* Tai Chi with Greg Walking Group (meets the 1st & 3rd Tuesday of the month) Balance Challenge\* Chair Yoga with Caroline\* Gentle Yoga with Cyndi\* Chair Abs & Core Chair Yoga with Caroline Ping Pong Balance Challenge with Marguerite\* Fitness Room\* Mat Pilates





# Disability and Social Services





### JOIN US FOR SOCIALITES DINNERS, DANCES, & EVENTS FOR THE DEVELOPMENTALLY DISABLED!

To volunteer or for program information, please contact Mike Odunze at mike.odunze@culvercity.org



### **DISABILITY & SOCIAL SERVICES PROGRAMS**

Located at the Senior Center, staff are available Monday through Friday via phone and in-person to residents of all ages to offer assistance with information, referrals, and help on topics such as transportation, counseling, caregiver information, support groups, disability programs, aging resources, low income programs and services, government benefits, abuse reporting, health and medical resources and others. For questions or more information, contact Mike Odunze, Recreation & Community Services Coordinator at Mike.Odunze@culvercity.org or call (310) 253-6716.

### SOCIAL WORK SERVICES FOR SENIORS

The Senior Center has a partnership with Social Service for Groups SILVER (SSG), who specializes in field based case management and behavioral health services. If you or someone you know needs a little extra help, you can speak with an SSG social worker via phone at (213) 553-1800.

### Website: www.ssg.org

### SENIOR NUTRITION PROGRAM

The Senior Nutrition Program to provide nutritionally balanced lunches to eligible participants. Join us here at the Culver City Senior Citizen Center for in-person dining Monday-Friday from 11:30 AM-1:00 PM call (310) 253-6700 for more information.





# **Park In the Spotlight**

## **Fox Hills Park** 5809 Green Valley Circle, Culver City CA, 90232



### **HISTORY:**

The name Fox Hills traces back to the Fox Hills golf course that existed in the area when Culver City annexed it in 1964. It is said that the name stuck when the fairways were plowed under for the developments of apartments and condominiums that now surround the park. The park was constructed around the early 80's to provide a safe and hidden gem of a park for this area. It is unique in that it sits on top of a mesa, and you have no idea how beautiful it truly is until you park and walk up the hill. Fox Hills Park has a decomposed granite path with exercise equipment stations all along the way. It is a friendly environment with many of its frequenters on a first name basis. This Park also has tennis, paddle, and basketball courts. A shaded Kom Pan playground with apparatuses that can challenge any child. This 10-acre Park also is home to many organized play groups with activities that include football, soccer, tennis, and physical fitness.

### **PARK HIGHLIGHTS:**

- Basketball Court
- BBQ Grills
- Picnic Tables
- Playground
- Fitness Equipment
- Restrooms
- Tennis Court
- Volleyball Court
- Walking/Jogging Path









# **Rental Information - Parks and Park Buildings**



### PICNIC AND PARK BUILDING RENTALS

Picnic areas and park building rental requests are available online or in person with a minimum of 14 days advance notice. Rental fees are based on a minimum of 3 hours. Maximum limits vary by location and groups may not exceed the limit. If there is no picnic rental issued for an area when a party shows up to a site, it is then available to the public on a first come first served basis.

Picnic Rental Process

- Step 1: Visit www.culvercity.org/permits-rentals or stop by the Recreation Office at
  - 4117 Overland Ave, Culver City, CA 90230. Mon-Fri: 8:00 AM 7:00 PM and Sat/Sun: 9:00 AM 5:00 PM.
- Step 2: You will receive an email once your request has been approved.
- Step 3: Log on to your ActiveNet account to pay your fees or pay in person at the Recreation Office.
- Step 4: Upon payment of your fees your reservation will be complete.
- Step 5: Bring a copy of your permit with you to your picnic site the day of your event.

### MOON BOUNCES, FOOD TRUCKS, GAMING TRUCKS/VENDORS

Moon bounces, food and gaming trucks and vendors are only allowed in designated Culver City parks by special permit. Moon bounces may be a maximum size of 15'X15'. No moon bounces at Carlson Park, Lindberg Park and SK Park Picnic Shelter. A Certificate of Liability Insurance is required from the moon bounce rental company, food truck and/or gaming truck/vendor. Permit will not be issued until after moon bounce, food truck or gaming truck/vendor insurance certificate is received. Insurance must be received no later than 5 business days before permit date. Moon bounce, food truck and/or gaming truck/vendor permit fees are \$32.00 per item.

### **RENTAL BLACK OUT DATES -PICNIC AREAS WILL BE OPEN ON A FIRST-COME FIRST-SERVED BASIS**





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# **Rental Information-VMC**



### **VMC RENTALS**

Let us help you plan your parties, milestone family events, community meetings, recitals, rehearsals, screenings, and private classes. Facility rentals are available seven days a week and, as always, event parking is free. Book your event today! Contact the Registration Office at (310) 253-6650 or email us at <u>bookVMC@culvercity.org</u> for an appointment to tour Veterans Memorial Building, the Culver City Senior Center, and the Culver City Teen Center to find the room you need.

### **REFUND POLICY**

Classroom "1" \$10

\$15

\$24

There will be no refunds for any cancellations or rescheduling of a rental without 14 days' notice. Refunds requested at least 14 days prior to the rental will be granted less a 15% processing fee.

### **VMC HOURLY ROOM RATES**

Veterans Memo- rial Building	NonProfit Resident/ Government	Non Profit Non-Resident	Private Party Resident	Private Party Non-Resident	Commercial Resident	Commercial Non-Resident	Damage Deposit	Food Fee
Auditorium	\$172	\$238	\$245	\$274	\$308	\$342	\$520	\$104
Room "A"	\$8	\$12	\$14	\$15	\$20	\$23	\$52	\$10
Room "B"	\$8	\$12	\$14	\$15	\$20	\$23	\$52	\$10
Room "C"	\$8	\$12	\$14	\$15	\$20	\$23	\$52	\$10
Rotunda	\$34	\$50	\$79	\$87	\$113	\$127	\$312	\$26
Garden	\$24	\$34	\$64	\$71	\$110	\$111	\$312	\$26
Kaizuka	\$10	\$16	\$31	\$34	\$47	\$52	\$104	\$15
Uraupan	\$10	\$16	\$31	\$34	\$47	\$52	\$104	\$15
Iksan	\$11	\$17	\$24	\$27	\$31	\$34	\$52	\$16
Multi-purpose	\$26	\$36	\$54	\$60	\$68	\$75	\$312	\$26
Classroom "2"	\$9	\$14	\$17	\$20	\$23	\$25	\$52	\$15
Classroom "3"	\$11	\$1 <i>7</i>	\$24	\$27	\$31	\$34	\$52	\$15
Teen Center	NonProfit Resident/ Government	Non Profit Non-Resident	Private Party Resident	Private Party Non-Resident	Commercial Resident	Commercial Non-Resident	Damage Deposit	Food Fee
Teen Center	\$56	\$80	\$97	\$107	\$121	\$134	\$416	\$104

CulverCity Senior Center	Non Profit Resi- dent/Government	Non Profit Non-Resident	Private Party Resident	Private Party Non-Resident	Commercial Resident	Commercial Non-Resident	Damage Deposit	Food Fee
Dining Room	\$81	\$89	\$113	\$126	\$134	\$149	\$104	\$26
B45	\$64	\$71	\$85	\$95	\$107	\$119	\$104	\$15
B47	\$64	\$71	\$85	\$95	\$107	\$119	\$104	\$15
C71	\$17	\$18	\$22	\$24	\$27	\$30	\$52	\$15
C73	\$18	\$23	\$29	\$32	\$57	\$63	\$52	\$15
C75	\$18	\$23	\$29	\$32	\$57	\$63	\$52	\$15
C77	\$17	\$18	\$22	\$24	\$27	\$30	\$52	\$15
Crafts Room	\$10	\$15	\$24	\$26	\$41	\$45	\$52	\$15

\$26

\$41

\$45

\$52

\$15

REGISTER @ WWW.CULVERCITY.ORG/ACTIVE • FOR MORE INFORMATION (310) 253-6650

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# **Non-Profit Youth Group Directory**

### COMMUNITY NON PROFIT YOUTH GROUP DIRECTORY

AYSO Region 19	
Brazil Stars Soccer Club	• · · ·
California Youth Sports Federation	
Culver City Football Club	
Culver City Little League	,
Culver City Swim Team Booster - Youth USA Swim Team	
Edge Americas Sports	
One with the Water - Youth Adaptive Swim Lessons	www.onewiththewater.org
SCAQ Kids-Youth Lessons and Novice Swim Team	www.swim.net
United States Youth Volleyball League	
USA Dance	www.usadance.org

# **VOLUNTEER OPPORTUNITIES**

# **Volunteer & Job Opportunities**

### **VOLUNTEER OPPORTUNITIES**

Culver City has volunteer opportunities available for you! We can provide you with a community volunteer directory with information on more than 80 local service opportunities. It provides questions to think about when applying for a volunteer position, links to general online volunteer databases, resources and specific information about various organizations and companies within Culver City and the local community.

For more information or to sign up, contact Mike Odunze at (310) 253-6716 or email mike.odunze@culvercity.org



### **RECREATION JOB OPPORTUNITIES**



### SENIOR RECREATION LEADER:

### \$20.57 - \$22.67 Hourly

The Senior Recreation Leader is the third level in the Recreation Leader series. Classifications in this series organize, lead and participate in the various recreation programs at City parks, playgrounds, day camps, and other community facilities on a part-time basis.

### **RECREATION LEADER II**

### \$17.48 - \$19.27 Hourly

A Recreation Leader II implements and takes the lead on programs, performs more complex work requiring greater skill and often supervises lower level Recreation Leaders. Classifications in this series organize, lead and participate in the various recreation programs at City parks, playgrounds, day camps, and other community facilities on a part-time basis.

Visit www.culvercity.org/jobopportunities for the latest info.







# **Park Locations and Hours of Operation**

- **1** Blair Hills Park: 5950 Wrightcrest Dr. 2 Blanco Park: 5801 Sawtelle Blvd. (310) 253-6681 3 Dr. Paul Carlson Park: 10400 Braddock Dr. Culver City Park\*: 9910 Jefferson Blvd. 5 Culver West-Alexander Park: 4162 Wade St. (310) 253-6644 6 Ivy Substation and Media Park 9070 Venice Blvd. 7 El Marino Park: 5301 Berryman Ave. (310) 253-6648 8 Fox Hills Park: 5809 Green Valley Cir. Iindberg Park: 5401 Rhoda Way (310) 842-8459 **U** Linwood E. Howe Playground: 4100 Irving Pl. Open only Sat/Sun from 8:00 AM - 5:00 PM **Description** Paddle Tennis Courts: Culver Blvd & Elenda Ave. Open 7 days a week from 8:00 AM - 10:00 PM 2 Syd Kronenthal Park: 3459 McManus Ave. (310) 839 - 0127 13 Tellefson Park: 11057 Washington Pl. Veterans Memorial Park\*\*: 4117 Overland Ave. (310) 253-6650 \* Culver City Park Includes: Dog Park: Open 7 days a week from Sunrise to Sunset Skate Park: Open 7 days a week from 8:00 AM - 6:00 PM
  - Bill Botts Fields
  - Fulcrum Ropes Course
  - \* Veterans Memorial Park Includes:
    - Municipal Plunge
    - Senior Center
    - Teen Center
    - Veterans Memorial Building



