

Culver CITY



LIVING

A GUIDE TO LEISURE ACTIVITIES

SUMMER 2022



SUMMER CAMPS
Page 15 - 17

SWIM LESSONS
Page 24

City Information

Featured on front cover:

Photo: Culver City's Just 4 Kids visits Recreational Swim at the Plunge.

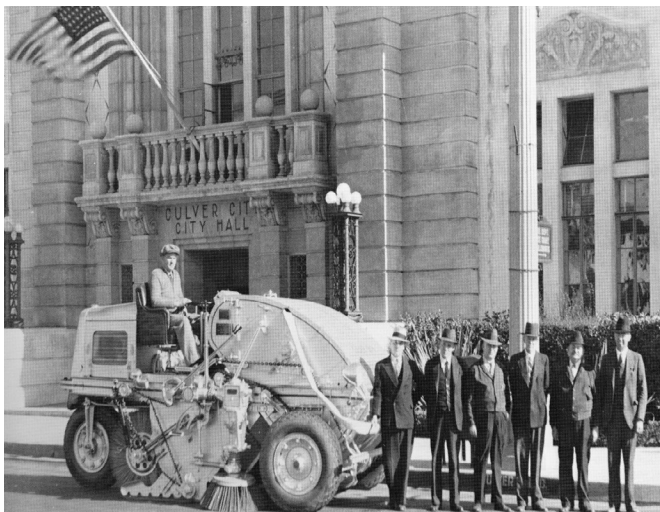


Parks, Recreation & Community Services Department Numbers

Recreation Office	(310) 253-6650
Municipal Plunge	(310) 253-6680
Senior Center	(310) 253-6700
Teen Center.....	(310) 253-6676

Parks, Recreation & Community Services Commission

Kay Heineman	Chair
William Rickards	Vice Chair
Khary Cuffe	Commissioner
Palvi Mohammed	Commissioner
Scott Zeidman	Commissioner



Culver City's City Hall 1928.

Other important City Phone Numbers

Animal Control	(310) 253-6143
Building and Safety	(310) 253-5800
Business License (Recorded Info).....	(310) 253-5888
City Clerk.....	(310) 253-5851
CityBus	(310) 253-6500
CityBus Route Info.....	(310) 253-6510
Code Enforcement	(310) 253-5940
Cultural Affairs	(310) 253-5716
Disability Services.....	(310) 253-6727
Film Permits	(310) 253-6216
Finance Department	(310) 253-5850
Fire Department Administration	(310) 253-5900
Fire Prevention/Fire Marshal.....	(310) 253-5925
Graffiti Removal Hotline.....	(310) 253-5555
Housing Division	(310) 253-5780
Neighborhood Watch	(310) 253-6258
Personnel Dept./Job Hotline	(310) 253-5651
Planning Division.....	(310) 253-5710
Police Department/Non-Emergency.....	(310) 837-1221
Redevelopment Agency	(310) 253-5760
Sanitation/Recycling.....	(310) 253-6400
SPCLA	(310) 676-1149
Street Lights/Traffic Signals	(310) 253-6433
Street Permits	(310) 253-5600
Street/Sewer Maintenance	(310) 253-6440
Traffic Management	(310) 253-5600
Trees.....	(310) 253-6428

Dr. Daniel Lee - Mayor
 Albert Vera- Vice Mayor
 Göran Eriksson- Councilmember
 Alex Fisch- Councilmember
 Yasmine-Imani McMorris- Councilmember
 John Nachbar- City Manager



(310) 253-6000
www.culvercity.org/city-hall/city-council

City Elected and Appointed Officials can be reached by mail at City of Culver City, PO Box 507, Culver City, CA 90232-0507

Indoor masking continues to be required for vaccinated and unvaccinated individuals at any indoor in-person meetings of City Council and City Commissions, Boards and Committees. Call numbers below for actual meeting location. Free parking is available and may be accessed off of Duquesne Avenue.

City Council	(310) 253-5851
Civil Service Commission	(310) 253-5640
Cultural Affairs Commission	(310) 253-5716
Equity & Human Relations Advisory Committee	(310) 253-5640
Parks, Recreation and Community Services Commission	(310) 253-6645
Planning Commission	(310) 253-5741
Committee on Permits and Licenses	(310) 253-5870
Landlord Tenant Mediation Board	(310) 253-5780
Committee on Homelessness	(310) 253-5780
General Plan Advisory Committee	(310) 253-5740
Disability Advisory Committee	(310) 253-6722
Fiesta La Ballona Committee	(310) 253-6471

JOINING THE FUN IS FOR EVERYONE!

The Culver City Parks, Recreation and Community Services (PRCS) Department believes in providing quality programs for all community members. While each program site and amenities are slightly different in nature, PRCS staff-run programs strive to maintain a 1:12 child to staff ratio. Our day camp and afterschool programs are designed to balance the needs of each child with the needs of all participants. If you believe your child may need additional assistance, reasonable accommodations can be made with prior arrangements. Please contact the PRCS Department at (310) 253-6650 to speak with the Recreation and Community Services Supervisor or Manager.

Culver CITY LIVING

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From the Director's Desk

Summer at the Parks, Recreation and Community Services (PRCS) Department is a season of sunshine, outdoor activities and family gatherings at our parks. As the sun grows brighter, so does the outlook for PRCS, and our ability to positively impact the community. PRCS staff strive to be proactive in anticipating and meeting the needs of the community. We use many methods and tools to do this, such as keeping the lines of communication open between the Department and our patrons. Other PRCS practices that will enhance your summer experience with us this year include our ongoing park maintenance efforts and our focus on training opportunities.

We have created special events and program surveys to capture your feedback. Surveys are given online and in-person at the Senior Center. These surveys have proven to be an asset in developing high quality customer-oriented programs. Moving forward, PRCS will develop a thorough method of evaluation to determine the most effective types of marketing tools. Staff continues to develop relationships with businesses and organizations to learn their successful marketing strategies. Through these relationships, PRCS will be able to tap into their social networks for marketing and advertising purposes. PRCS' electronic and hard copy programs and evaluation forms are reviewed monthly. These items including the Culver City Living (PRCS program brochure) are updated consistently throughout the marketing and publication timeframe.

Communication is a two-way street; so is community engagement. To create more opportunities for you to be involved in our community, PRCS is planning to expand the volunteer program. This more extensive program will allow patrons to assist with special events, recreation programming, and cultural activities. College and high school students will be able to complete their internships/volunteer hours in the PRCS volunteer program.

Outdoor activities like sports and swimming are synonymous with summer. Field and court maintenance are essential to the enjoyment of outdoor sports. Filling low spots in fields, grading, leveling, re-engineering valve placement, adding dust control measures, seeding, and sodding are constant commitments. Repairing and replacing park fencing throughout the park system is ongoing, as is the need to evaluate existing equipment and repair and replace as needed. Parks staff steps up to the plate to meet these responsibilities all year round.

PRCS prides itself on the relevance and quality of our staff training. This year, Aquatics has added a Water Safety Instructor Trainer to their roster. This enables us to train the general public to become swim instructors, as well as lifeguards and certified CPR and First Aid administrators. PRCS pool managers and staff are scheduled to host either an American Red Cross First Aid and CPR, Lifeguarding and/or Water Safety Instructor course every month. May is Water Safety Month, but for our Aquatics team and all PRCS staff, your safety, full participation and enjoyment are always priorities.

Let's all keep shining!

Respectfully,

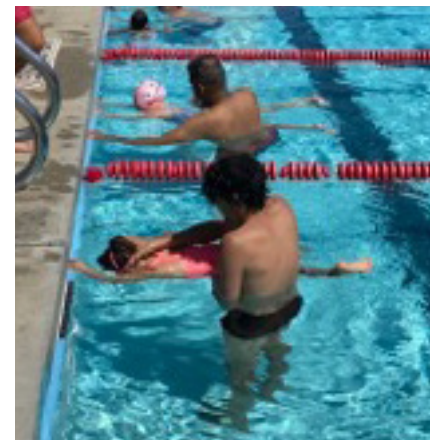
Armando Abrego

Parks, Recreation and Community Services Director

Culver City Updated Masking Guidelines

In accordance with new Los Angeles County Public Health guidelines, indoor masking is now strongly recommended, but not required, for vaccinated and unvaccinated employees and patrons at City facilities. However indoor masking continues to be required for vaccinated and unvaccinated individuals at any indoor in-person meetings of City Council and City Commissions, Boards and Committees. [Click here to view the City of Culver City's COVID-19 Vaccination Requirement FAQ's.](#)

Help us create tomorrow's memories! Take our online survey today!



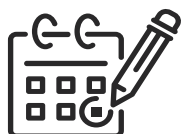
Registration and Refund Information

REGISTRATION PROCEDURE FOR CITY PROGRAMS

Classes must be paid for in full prior to the first class meeting. Enrollment may be completed at the registration office or online at www.culvercity.org/active. We accept cash, money orders, checks, VISA or MasterCard. Credit cards must be presented in person or saved to your ActiveNet account.

REGISTRATION DATES

Residents: Monday, April 4
Non-Residents: Monday, April 11



CREATE AN ACCOUNT ON-LINE

1. [Click here to set up an account.](#)
2. Click on the "create account" in the upper right corner.
3. Enter your email address in the box.
4. Click on the green box that says "Next".
5. Enter your First name, last name, date of birth, create a password and confirm your password. Check the two boxes
6. Click on the green box that says "Next".
7. Enter your gender, address and phone number.
8. Create your security question, fill in your answer and then confirm your answer.
9. Check the "I'm not a robot box".
10. Click on the green box that says "Submit".

REGISTER FOR A CLASS OR ACTIVITY ON-LINE

1. Log in to your [account](#).
2. Click on the "Activities" Link- the second word on the gray bar below the green logo/picture.
3. If you know the name of the course you would like to register for enter it in the search bar.
4. If you would like to browse the activities we are offering you can search by date, age groups, or program area using the side bar or the drop down menu under the activities link in the gray bar at the top of the page.
5. Select the course dates and times you would like to enroll in and add them to your cart.
6. Enter the participant's information or choose your participant.
7. Read the waiver and initial the box next to it.
8. Enter your payment method.

HAVE ANY QUESTIONS, SUGGESTIONS OR CONCERNS?

- Give us a call: **(310) 253-6650**
- Visit us on-line: www.culvercity.org
- Email us: info.recreation@culvercity.org
- Register for programs: www.culvercity.org/active
- Report any issues or concerns: [Contact Culver City](#)

GENERAL REFUNDS GUIDELINES:

All refunds must be requested in writing. Refunds will be issued either in the form of a check, an account credit, or a refund back to the credit card of purchase and may take up to 2-6 weeks to process. Credit card transaction refunds can take 2 to 5 days to process.

PROGRAMS AND ACTIVITIES REFUND GUIDELINES:

Full refunds will be extended when a program is cancelled by the City.

- No refunds, transfers, or cancellations will be granted after the second activity/program day.
- Refunds/prorations will not be given for missed days nor may they be made up due to participant illness or absence.
- Refunds requested at least 7 days prior to the start of an activity will be granted a full refund.
- Refunds requested 6 days prior to and/or before the second activity/program day will be issued a refund less a 15% processing fee.

RENTAL REFUND GUIDELINES:

Full refunds will be extended when a rental is cancelled by the City.

Outdoor Rentals:

- There will be no refunds for any cancellations or rescheduling of a rental without 7 days' notice.
- Refunds requested at least 7 days prior to the rental will be granted a refund less a 15% processing fee.

Rescheduling an Outdoor Rental Guidelines:

- Location/date/time changes can be made up to 7 days prior to rental for an additional 15% processing fee.
- The new rental must be booked at the time of cancellation of the original rental.
- The rescheduled rental must take place within 90 days of the original reservation date.
- There will only be one rescheduling allowed per rental.
- Refunds will not be granted in the event the rescheduled rental is cancelled.

Building Rentals:

- There will be no refunds for any cancellations or rescheduling of a rental without 14 days' notice.
- Refunds requested at least 14 days prior to the rental will be granted less a 15% processing fee.

Rescheduling a Building Rental Guidelines:

- Location/date/time changes can be made up to 14 days prior to rental for an additional 15% processing fee.
- The new rental must be booked at the time of cancellation of the original rental.
- The rescheduled rental must take place within 90 days of the original reservation date.
- There will only be one rescheduling allowed per rental.
- Refunds will not be granted in the event the rescheduled rental is cancelled.



Upcoming Community Events



SPRING
Egg-stravaganza
APRIL 9 & 10, 2022



Mother's Day Tea
Party to Go
MAY 7, 2022

COMING THIS JULY.

MOVIES

IN THE PARK

Parks Make Life Better!

ABOUT THE TEEN CENTER



The Teen Center serves high school students and middle school students. We pride ourselves on continuing the dream of our founders of being a positive outlet for youth in Culver City. Staff provide a safe, inclusive, and supervised program for students that live inside Culver City or attend a Culver City Unified School. We offer a variety of services during the school year.

Hours of Operation:

During the school year the Teen Center is open Monday through Friday, from 2 PM to 6:30 PM. On Wednesdays, the Teen Center will open one hour earlier at 1 PM. The Teen Center does not offer regular hours during summer, winter, and spring recesses; however, alternative teen programming including arts and learning classes, camps, meetup groups and field trips will be offered at various facilities as staffing levels allow.

Membership:

Membership to Teen Center is \$100 per school year or \$50 per semester. Purchasing a membership is fast and easy—you can register online at www.culvercity.org/active or in person at the Culver City Registration Office located at 4117 Overland Avenue, Monday-Friday, 8 AM - 6 PM, Saturday & Sunday, 10 AM - 4 PM. Please call (310) 253-6676 for more information.

Instructor: City Staff

Location: 4153 Overland Ave., Culver City, CA 90230

DROP-IN ACTIVITIES & FACILITIES



Game Room

Pool tables, ping pong, foosball & arcade games.
Multipurpose Room
Group activities & games, cooking projects, etc.

Homework Room

The homework room is quiet for focus and well-equipped with the necessary tools for students to succeed.

Television Room

The television room is used for movie days & other activities.

Computer Lab

The computer lab is equipped with computers with filtered internet access that allow students to complete homework and school projects, play computer games, socialize online at safe and secure city-approved sites, learn new computer programs, or just hang out.

Teen Employment

The PRCS department regularly hires young adults ages 15 and older with a valid work permit for our introductory position of Recreation Leader I and those age 16 and older as Lifeguards. These valuable members of our team are vital support for our various programming: afterschool, day camps, aquatics, special events etc.

Friday, July 29th Teen Movie Night at the Plunge

Teens 13-18 years old are welcome join the Plunge for recreational swim and a screening of "Aquaman"!

7pm - 10:30 pm
(the movie will begin at sundown)

\$3 per teen
Pre-registration is required. Space is limited
Registration will begin Monday, June 27th

Visit the Teen Center webpage for full details and to register.





Preschool Summer Classes

1st CLASS PREP: SUMMER

Resident: \$260/weekly

Non Resident: \$271/weekly

Join 1st Class Kids Kamp for weekly sessions of fun for campers "who are just as big as the other kids." Activities include arts and crafts, music and movement, socially distant sports such as tennis, soccer skills training, obstacle course, basketball skills training and tee ball.

Instructor: Mari Davis and Michaela Davis

Location: Syd Kronenthal Park

Dates: June 13 - August 18

Material Fee: \$20 per week

Notes: This program will follow public health directives pertaining to COVID-19 currently in effect. Parents are only allowed to enter the classroom to help children get settled through the transitions. Sanitation will be of the upmost importance, including the daily sanitation of toys, tables, chairs, hand washing, and commonly used areas. No camp July 4 - July 8 and August 1 - August 5.

Dates	Days	Times	Age	Fees
6/13 - 6/16	M - TH	9 AM - 2 PM	2½ - 6	\$260/\$271
6/20 - 6/23	M - TH	9 AM - 2 PM	2½ - 6	\$260/\$271
6/27 - 6/30	M - TH	9 AM - 2 PM	2½ - 6	\$260/\$271
7/11 - 7/14	M - TH	9 AM - 2 PM	2½ - 6	\$260/\$271
7/18 - 7/21	M - TH	9 AM - 2 PM	2½ - 6	\$260/\$271
7/25 - 7/28	M - TH	9 AM - 2 PM	2½ - 6	\$260/\$271
8/8 - 8/11	M - TH	9 AM - 2 PM	2½ - 6	\$260/\$271
8/15 - 8/18	M - TH	9 AM - 2 PM	2½ - 6	\$260/\$271



BEYOND PRE-K IN SPANISH: SUMMER

Resident: \$208/weekly

Non-resident: \$219/weekly

Aftercare Resident: \$104/weekly

Aftercare Non-resident: \$115/weekly

This camp will introduce your child to Spanish through a fun-filled day of activities, traditional games, storytelling, singing, cooking, crafts and a variety of hands-on indoor and outdoor activities. Children need to be potty trained.

Location: Culver West Alexander Park

Dates: July 5 - July 28

Material Fee: \$40 per week to instructor for materials, snacks and extracurricular classes.

Note (s): This program will follow public health directives pertaining to COVID-19 currently in effect. It is mandatory to contact teachers prior to enrollment at beyondpk@gmail.com. Children need to listen and follow directions for safety reasons. There is no proration.

Dates	Days	Times	Age	Fee
7/5 - 7/8	M - TH	9 AM - 1 PM	3 - 5	\$208/\$219
After Care	M - TH	1 PM - 3 PM	3 - 5	\$104/\$115
7/11 - 7/14	M - TH	9 AM - 1 PM	3 - 5	\$208/\$219
After Care	M - TH	1 PM - 3 PM	3 - 5	\$104/\$115
7/18 - 7/21	M - TH	9 AM - 1 PM	3 - 5	\$208/\$219
After Care	M - TH	1 PM - 3 PM	3 - 5	\$104/\$115
7/25 - 7/28	M - TH	9 AM - 1 PM	3 - 5	\$208/\$219
After Care	M - TH	1 PM - 3 PM	3 - 5	\$104/\$115



PRE SCHOOL FALL REGISTRATION: 4/4 for Residents and 4/11 for Non-residents

1st CLASS PREP: FALL PREVIEW

1st Class Pre-K's program is designed to provide children 2½ - 6 with a loving, safe, diverse and stimulating environment where everyone feels relaxed and ready to learn through play. Our zoophonics curriculum encourages an enthusiastic and receptive attitude toward school, with an emphasis on Kinder. Activities which include an introduction to Spanish, letter and sound recognition, shape and number recognition, cooking, math, reading and art that are centered around seasonal themes. Students must be potty trained. Please provide a healthy lunch. A morning and afternoon snack will be provided. **ORIENTATION DAY:** September 6, 2022 from 10:00 AM-12:00 PM. All paperwork should be printed and turned in on 9/6.

BEYOND PRE-K IN SPANISH: FALL PREVIEW

Help your child begin the journey of acquiring a second language in Spanish at an early age! Our hands-on immersion program is taught by trained native speakers with college degrees in Child Development and Education from the U.S. and Mexico. The Spanish language is introduced through multi-sensory activities that stimulate children's natural curiosity and creativity and with the goal to foster life-long learning, the development of motor skills, self-expression, empathy and exposure of diverse cultures to adapt to this globally changing world. Class meets continuously within the CCUSD schedule. Please pack a healthy lunch. Child must be potty trained. For those registered there will be a **MANDATORY MEETING:** Thursday, September 1, 2022 at 5:30 PM.





KIDS TIME: SUMMER

Resident: \$572

Non-resident: \$583

Monthly

This program provides a nurturing environment for kids. Children will participate in creative art, music, movement and play activities designed to develop motor skills, self-awareness and independence in an environment that is full of fun. Children will be introduced to their ABC's, phonics, reading and numbers along with simple math concepts through play and hands on activities. This program is ideal for learning and preparing for kindergarten.

Instructor: Poonam Sharma

Location: Blanco Park Building

Material Fee: \$20 material fee per month.

Note(s): Kids must be potty trained. Class meets continuously to follow CCUSD calendar.

No Class:

- 7/4

Dates	Days	Time	Age
6/1 - 6/30	M - F	9:00 AM - 12:30 PM	3 - 5
7/5 - 7/29	M - F	9:00 AM - 12:30 PM	3 - 5

LEARN 'N PLAY THE BILINGUAL WAY: SUMMER

Resident: \$832

Non-resident: \$843

Monthly

This program is designed to stimulate early education in a bilingual (English and Spanish) environment. Promoting social, intellectual, physical and emotional development as the children "Learn and Play". They will participate in a day filled with multi-sensory activities, lessons, arts & crafts, recognizing the alphabets, letter sounds, numbers, shapes, colors and songs. Children will also be introduced to simple science experiments, music and movement. This class will prepare your child for Kindergarten. Please pack a healthy snack and lunch. Children must be fully potty trained, able to stay by themselves and follow directions.

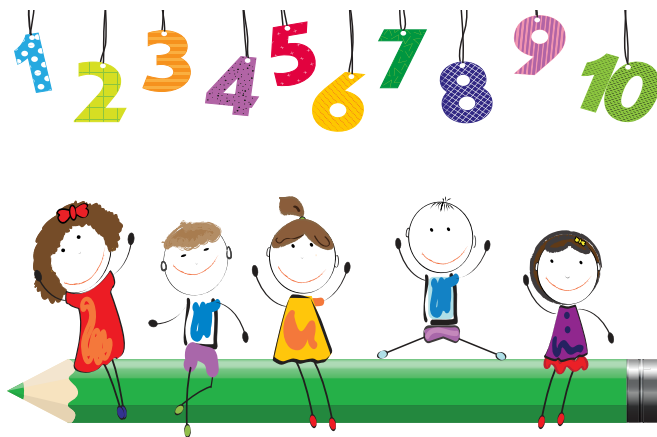
Instructors: Angie Cady

Location: El Marino Park

Material Fee: A material fee of \$200 is payable in January.

Note(s): This program will follow public health directives pertaining to COVID-19 currently in effect. I will ensure enough time before and after school to completely sanitize and clean all toys, tables and chairs as sanitization is of the utmost importance.

Dates	Days	Times	Age
6/1 - 6/17	M - F	9:00 AM - 1:00 PM	3 - 5



PRE SCHOOL FALL REGISTRATION: 4/4 for Residents and 4/11 for Non-residents

KIDS TIME: FALL PREVIEW

This program provides a nurturing environment for kids. Children will participate in creative art, music, movement and play activities designed to develop motor skills, self-awareness and independence in an environment that is full of fun. Children will be introduced to their ABC's, phonics, reading and numbers along with simple math concepts through play and hands on activities. This program is ideal for learning and preparing for kindergarten. Child must be potty trained. Classes to follow CCUSD school calendar.

LEARN 'N PLAY THE BILINGUAL WAY: FALL PREVIEW

This program is designed to stimulate early education in a bilingual (English and Spanish) environment. Promoting social, intellectual, physical and emotional development as the children "Learn and Play". They will participate in a day filled with multi-sensory activities, lessons, arts & crafts, recognizing the alphabets, letter sounds, numbers, shapes, colors and songs. Children must be fully potty trained, able to stay by themselves and follow directions. will also be introduced to simple science experiments, music and movement. This class will prepare your child for Kindergarten. Class meets continuously within the CCUSD school calendar. For more info or questions, please email at learnnplaybilingualway@gmail.com.



Youth Recreational Activities

ARISE SELF-DEFENSE: GIRLS

Resident: \$25

Non-resident: \$36

Monthly

Self-Defense techniques for Girls. Learn how to block, elbow, hammer fist, kick, knee, palm strike, and punch. Escape from arm grabs, bearhugs, chokeholds, headlocks, and hair grabs. Fight against and protect yourself from attackers and bullies. Build awareness, coordination, mental and physical confidence, and strength. Practice being loud and vocal.

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yanji Room

Note(s): Female Class. Beginners and Intermediate. Bring Water. Wear comfortable clothing and shoes.

Dates	Days	Times	Ages
6/4 - 6/25	SA	11:00 AM - 11:45 AM	5 - 9
7/9 - 7/30	SA	11:00 AM - 11:45 AM	5 - 9
8/6 - 8/27	SA	11:00 AM - 11:45 AM	5 - 9

ARISE SELF-DEFENSE: FATHERS & DAUGHTERS

Resident: \$20

Non-resident: \$31

Monthly

Dads & Daughters to learn self-defense techniques together. Learn how to protect each other and escape from arm grabs, bearhugs, chokeholds, hair grabs, headlocks, and ground defense. Fight against and run away from attackers and strangers. Build coordination, knowledge, mental and physical confidence.

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yanji Room

Note(s): Dads & Daughters class together. Beginners and Intermediate. Bring Water. Wear comfortable clothing and shoes.

Dates	Days	Times	Ages
6/4 - 6/25	SA	2 PM - 2:45 PM	5+
7/9 - 7/30	SA	2 PM - 2:45 PM	5+
8/6 - 8/27	SA	2 PM - 2:45 PM	5+

ARISE SELF-DEFENSE: MOMS & DAUGHTERS

Resident: \$20

Non-resident: \$31

Monthly

Moms & Daughters to learn self-defense together. How to protect each other and escape from arm grabs, bearhugs, chokeholds, hair grabs, headlocks, and ground defense. Fight against and run away from attackers and strangers. Build coordination, knowledge, mental and physical confidence, and strength.

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yanji Room

Note(s): Female class. Moms must sign up with daughters. Beginners and Intermediate. Bring Water. Wear comfortable clothing and shoes.

Dates	Days	Times	Ages
6/4 - 6/25	SA	10:00 AM - 10:45 AM	5+
7/9 - 7/30	SA	10:00 AM - 10:45 AM	5+
8/6 - 8/27	SA	10:00 AM - 10:45 AM	5+

ARISE SELF-DEFENSE: MOMS & SONS

Resident: \$20

Non-resident: \$31

Monthly

Moms & Sons to learn self-defense techniques together. How to protect each other and escape from arm grabs, bearhugs, chokeholds, hair grabs, headlocks, and ground defense. Fight against and run away from attackers and strangers. Build coordination, knowledge, mental and physical confidence.

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yanji Room

Note(s): Moms & Sons together. Beginners and Intermediate. Bring Water. Wear comfortable clothing and shoes.

Dates	Days	Times	Ages
6/4 - 6/25	SA	1 PM - 1:45 PM	5+
7/9 - 7/30	SA	1 PM - 1:45 PM	5+
8/6 - 8/27	SA	1 PM - 1:45 PM	5+



Youth Recreational Activities



GOLDEN TIGER KUNG FU, FU JOW PAI BEGINNERS

Monthly Resident: \$166

Non-resident: \$177

Season Resident: \$468

Non-resident: \$479

Real and effective self-defense for kids and adults. This style of kung fu is based on the movements and demeanor of an attacking tiger and includes empty hand forms, weapon forms, empty hand against weapon. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline and stress reduction! Our certified ranking system is recognized worldwide.

Instructor: Behnam Kanani

Location: Senior Center Room B45-B47

Material Fee: \$25 KGTKF T-shirt (Paid to instructor)

\$45 Testing, Belt, Certification (paid to instructor upon ranking)

Note(s): Comfortable clothes, Kung fu/flat bottom shoes (no heels)
Re-assessment test/Administration fee of \$100 for lapsed memberships.

Dates	Days	Times	Age
6/2 - 6/30	T/TH	5:45 PM - 6:55 PM	4 +
7/5 - 7/28	T/TH	5:45 PM - 6:55 PM	4 +
8/2 - 8/25	T/TH	5:45 PM - 6:55 PM	4 +
6/2 - 8/25	T/TH	5:45 PM - 6:55 PM	4 +

GOLDEN TIGER KUNG FU, FU JOW PAI INTERMEDIATE

Monthly Resident: \$198

Non-resident: \$209

Season Resident: \$562

Non-resident: \$573

Real and effective self-defense for kids and adults. This style of kung fu is based on the movements and demeanor of an attacking tiger and includes empty hand forms, weapon forms, empty hand against weapon. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline and stress reduction! Our certified ranking system is recognized worldwide.

Instructor: Behnam Kanani

Location: Senior Center Room B45-B47

Material Fee: \$25 KGTKF T-shirt (Paid to instructor)

\$45 Testing, Belt, Certification (paid to instructor upon ranking)

Note(s): Comfortable clothes, Kung fu/flat bottom shoes (no heels). Must be a qualified Gold Stripe Belt and higher level to participate. Re-assessment test/Administration fee of \$100 for lapsed memberships.

Dates	Days	Times	Age
6/2 - 6/30	T/TH	5:45 PM - 7:15 PM	9 +
7/5 - 7/28	T/TH	5:45 PM - 7:15 PM	9 +
8/2 - 8/25	T/TH	5:45 PM - 7:15 PM	9 +
6/2 - 8/25	T/TH	5:45 PM - 7:15 PM	9 +



Youth Recreational Activities

PINTSIZE SOCCER

Resident: \$123

Non-resident: \$134

This class is designed as an introduction to soccer and prepares children for organized sports league play in a FUN, positive environment. Children will learn and practice a variety of soccer skills such as dribbling, kicking and passing, trapping, throwing, and agility. They will also learn how to work within a team, the basic rules of the game and much more. Parents are encouraged to participate and must stay for the duration of the class.

Instructor: Pintsize Sports Instructors

Location: Culver West Alexander Park

Note(s): Participants are encouraged to bring their own soccer ball with their name on it. *No Class 7/2.

Dates	Days	Times	Age
6/4 - 7/30*	SA	9:30 AM - 10:15 AM	4 - 6
6/4 - 7/30*	SA	10:20 AM - 10:50 AM	2 - 4



PINTSIZE TEE BALL

Resident: \$123

Non-resident: \$134

This class is designed as an introduction to Tee Ball and prepares children for organized sports league play in a FUN, positive environment. Children will learn and practice a variety of baseball skills such as throwing, catching, hitting with a bat, running bases, and agility skills. They will also learn how to work within a team, the basic rules of the game, and much more. Parent or adult participation recommended. *No Class 7/2.

Instructor: Pintsize Sports Instructors

Location: Culver West Alexander Park

Dates	Days	Times	Age
6/4 - 7/30*	SA	10:55 AM - 11:40 AM	3 - 5



Youth Recreational Activities



THE SKATESIDE - BEGINNER

**Resident: \$259
Monthly**

Non-resident: \$270

Focusing on safety and skateboard fundamentals, this class is fantastic for beginners to learn how to ride a skateboard. Learn skateboard safety, balance, pushing, turning, and cool tricks. Great for friends and siblings! This is a monthly class that meets 4 times per month on the days and times listed below. Skatepark is reserved for enrolled students during program time.

Instructor: The Skateside Staff

Location: Culver City Skate Park

Note(s): Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols.

Dates	Days	Times	Age	Level
6/5 - 6/26	SU	9:00 AM - 10:20 AM	5 - 15	Beginner
7/10 - 7/31	SU	9:00 AM - 10:20 AM	5 - 15	Beginner
8/7 - 8/28	SU	9:00 AM - 10:20 AM	5 - 15	Beginner

THE SKATESIDE - INTERMEDIATE

**Resident: \$259
Monthly**

Non-resident: \$270

Take your skills to the next level and learn advanced tricks, dropping in, and skateboard style. Students should be able to navigate the skatepark comfortably and do basic beginner tricks. Great for friends and siblings! This is a monthly class that meets 4 times per month on the days and times listed below. Skatepark is reserved for enrolled students during program time.

Instructor: The Skateside Staff

Location: Culver City Skate Park

Note(s): Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! An email will be sent out with rules and safety protocols.

Dates	Days	Times	Age	Level
6/5 - 6/26	SU	10:30 AM - 11:50 AM	5 - 15	Intermediate
7/10 - 7/31	SU	10:30 AM - 11:50 AM	5 - 15	Intermediate
8/7 - 8/31	SU	10:30 AM - 11:50 AM	5 - 15	Intermediate

Looking for a Skateboarding Camp this Spring:

THE SKATESIDE SPRING CAMP

Resident: \$404

Non-resident: \$415

3/28 - 4/01 M-F 9:00 AM - 12:00 PM 5 - 15

4/04 - 4/08 M-F 9:00 AM - 12:00 PM 5 - 15

THE SKATESIDE SUNDAY CAMP 5/29

Resident: \$130

Non-resident: \$141

5/29 SU 9:00 AM - 11:50 AM 5 YRS-15 YRS

See what Skateside has to offer for Summer Camp 2022 on page 18!



Youth Recreational Activities

TENNIS FOR KIDS AT FOX HILLS- BEGINNER

Resident: \$156

Non-resident: \$167

Skill level beginner. Duration is one hour per lesson. Students sign up for a series of five. Classes have a maximum of 6 students.

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)

Location: Fox Hills Tennis Court #1

Note(s): Participants must furnish their own racket.

SESSION DATES

Session 1: 5/30 - 7/2

Session 2: 7/11 - 8/13

CLASS DAYS AND TIMES

Days	Time/s	Age	Level
M	3 PM - 4 PM	7 - 11	Beginner
M	4 PM - 5 PM	9 - 11	Beginner
T	3 PM - 4 PM	7 - 11	Beginner
T	4 PM - 5 PM	9 - 11	Beginner
W	3 PM - 4 PM	7 - 11	Beginner
W	4 PM - 5 PM	9 - 11	Beginner
TH	3 PM - 4 PM	7 - 11	Beginner
TH	4 PM - 5 PM	9 - 11	Beginner
F	3 PM - 4 PM	7 - 11	Beginner
F	4 PM - 5 PM	9 - 11	Beginner
SA	9 AM - 10 AM	7 - 11	Beginner

TENNIS FOR KIDS AT FOX HILLS- INT/ADV

Resident: \$156

Non-resident: \$167

Skill level intermediate to advanced. Duration is one hour per lesson. Students sign up for a series of five. Classes have a maximum of 6 students.

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)

Location: Fox Hills Tennis Court #1

Note(s): Participants must furnish their own racket.

SESSION DATES

Session 1: 5/30 - 7/2

Session 2: 7/11 - 8/13

CLASS DAYS AND TIMES

Day	Time/s	Age	Level
M	5 PM - 6 PM	7-10	INT/ADV
M	6 PM - 7 PM	11-17	INT/ADV
T	5 PM - 6 PM	7-10	INT/ADV
T	6 PM - 7 PM	11-17	INT/ADV
W	5 PM - 6 PM	7-10	INT/ADV
W	6 PM - 7 PM	11-17	INT/ADV
TH	5 PM - 6 PM	7-10	INT/ADV
TH	6 PM - 7 PM	11-17	INT/ADV
F	5 PM - 6 PM	7-10	INT/ADV
F	6 PM - 7 PM	11-17	INT/ADV
SA	10 AM - 11 AM	11-17	INT/ADV
SA	11 AM - 12 PM	7-10	INT/ADV

TENNIS FOR KIDS AT FOX HILLS- TINY TOTS

Resident: \$104

Non-resident: \$115

This class is designed as an introduction to tennis and prepares children for organized sports league play in a FUN, positive environment.

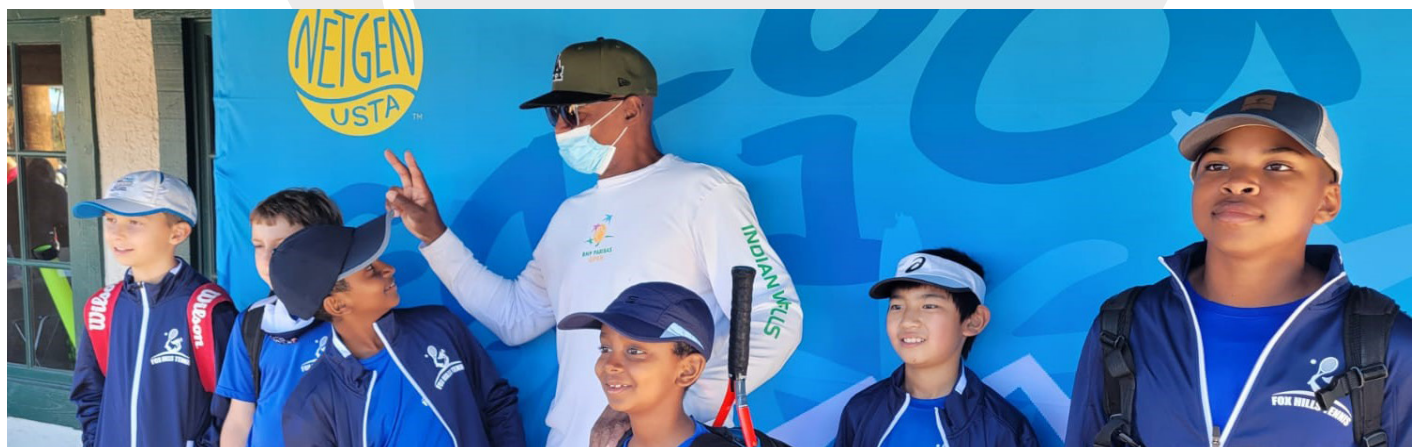
Children will learn tennis skills and the basic rules of the game. Class offered in 5-week cycle

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)

Location: Fox Hills Tennis Court #1

Note(s): Participants must furnish their own racket.

Dates	Days	Times	Age	Level
6/4 - 7/2	SA	8:00 AM - 9:00 AM	4 - 6	TINY TOT
7/16 - 8/13	SA	8:00 AM - 9:00 AM	4 - 6	TINY TOT



Summer Camps

PRCS SUMMER CAMPS

JUST4KIDS DAY CAMP: is a stimulating, power-packed program filled with engaging activities for campers 5 to 12 years old. Camp is Monday through Friday from 7:30 AM - 6 PM with structured camp activities from 10 AM - 4 PM. No camp 7/4. Location: Veterans Park Teen Center

Dates	Times	Theme	Fees
6/13 - 6/17	7:30 AM - 6 PM	Superheroes	\$161/\$193
6/20 - 6/24	7:30 AM - 6 PM	Around the World	\$161/\$193
6/27 - 7/1	7:30 AM - 6 PM	Wacky Science	\$161/\$193
7/5 - 7/8*	7:30 AM - 6 PM	Imagination Exploration	\$129/\$154
7/11 - 7/14	7:30 AM - 6 PM	Wide World of Sports	\$161/\$193
7/18 - 7/22	7:30 AM - 6 PM	Art & Animation	\$161/\$193
7/25 - 7/29	7:30 AM - 6 PM	Animal Kingdom	\$161/\$193
8/1 - 8/5	7:30 AM - 6 PM	Welcome to Screenland	\$161/\$193
8/8 - 8/12	7:30 AM - 6 PM	Camp Rewind	\$161/\$193

*2nd child discount is \$15 /week

JUST4KIDS JR. CAMP: Just4Kids Jr. Camp is a specialized program for younger campers ages 4 to 6 focused on encouraging creativity and fun. Camp is Monday through Friday from 9 AM-3 PM. No extended care. No camp 7/4. Location: El Marino Park

Dates	Times	Theme	Fees
6/13 - 6/17	9 AM - 3 PM	Rainforest Expedition	\$114/\$125
6/20 - 6/24	9 AM - 3 PM	Pirate Adventure	\$114/\$125
6/27 - 7/1	9 AM - 3 PM	Under the Sea	\$114/\$125
7/5 - 7/8*	9 AM - 3 PM	Out of this World	\$91/\$102
7/11 - 7/14	9 AM - 3 PM	Reptiles & Amphibians	\$114/\$125
7/18 - 7/22	9 AM - 3 PM	What if CC had a Farm	\$114/\$125
7/25 - 7/29	9 AM - 3 PM	Imagination Week	\$114/\$125
8/1 - 8/5	9 AM - 3 PM	Very Hungry Caterpillar	\$114/\$125
8/8 - 8/12	9 AM - 3 PM	Colors of the Rainbow	\$114/\$125

*2nd child discount is \$15 /week

JUST4KIDS SPORTS CAMP: Sports themed weeks focused on fundamentals, drills and friendly competition for 7-13 year olds. Camp is Monday through Friday from 7:30 AM - 6 PM with structured camp activities from 10 AM - 5 PM. No camp 7/4. Location: Lindberg Park

Dates	Times	Theme	Fees
6/13 - 6/17	7:30 AM - 6 PM	Flag Football	\$161/\$193
6/20 - 6/24	7:30 AM - 6 PM	Basketball	\$161/\$193
6/27 - 7/1	7:30 AM - 6 PM	Soccer	\$161/\$193
7/5 - 7/8*	7:30 AM - 6 PM	Baseball	\$129/\$154
7/11 - 7/14	7:30 AM - 6 PM	Olympics	\$161/\$193
7/18 - 7/22	7:30 AM - 6 PM	Hockey	\$161/\$193
7/25 - 7/29	7:30 AM - 6 PM	Camp Sports	\$161/\$193
8/1 - 8/5	7:30 AM - 6 PM	Over the Net	\$161/\$193
8/8 - 8/12	7:30 AM - 6 PM	Camp Rewind	\$161/\$193

*2nd child discount is \$15 /week





Summer Camps

DEE - LIGHTFUL MUSICAL THEATRE CAMP SESSION 1: KIDS (6-11)

Resident: \$1248 **Non-resident: \$1259**

This camp session will include the audition process, learning the music, dialogue and choreography for Frozen, culminating in end of session performances open to the public. Our day will include learning the show... music, dances, dialogue for this shorter version of the stage play. Theatre games, yoga, arts n' crafts, outdoor play will also be included. Sign up soon! Enrollment will be limited. No camp 7/4.

Instructor: Dolores Aguanno
Location: Veteran's Memorial Park
Material Fee: \$395 payable to Dee-Lightful Productions, includes the scripts, t-shirts, music, licensing, art supplies, and more.
Note(s): 4 performances, July 7, July 8, and July 9 in the VMB auditorium. Extended care is available; see fees below.
Show Ticket Sales: Will take place on line and in the registration office. Stay tuned for more information.

Session	Dates	Days	Times	Age	Fees
1- Kids Camp	6/13 - 7/9	M-F	9 AM - 3 PM	6 - 11	\$1248/\$1259
Extended care	6/13 - 7/9	M-F	8 AM - 9 AM 3 PM - 5 PM	6 - 11	\$78/\$89

DEE - LIGHTFUL MUSICAL THEATRE CAMP SESSION 1: TEENS N' TWEENS (11-18)

Resident: \$1248 **Non-resident: \$1259**

Our Teens n' Tweens will get to perform Disney's Frozen, Jr. They will learn all the creative aspects of the show, will audition for, rehearse and perform. Double casting will allow more kids to experience the lead roles. There will be 4 performances open to the public. Sign up soon! Enrollment will be limited. No camp 7/4.

Instructor: Dolores Aguanno
Location: Veteran's Memorial Park
Material Fee: \$395 payable to Dee-Lightful Productions, includes the scripts, t-shirts, music, licensing, art supplies, and more.
Note(s): 4 performances, July 7, July 8, and July 9 in the VMB auditorium.
Show Ticket Sales: Will take place on line and in the registration office. Stay tuned for more information.

Dates	Days	Times	Age	Fees
6/13 - 7/9	M-F	12 PM - 6 PM	11 - 18	\$1248/\$1259



DEE - LIGHTFUL MUSICAL THEATRE CAMP SESSION 2: KIDS (6-11)

Resident: \$1248 **Non-resident: \$1259**

This camp session will provide the opportunity for our young performers to perform in The Music Man (kids version). Our day will include the audition process, learning the show... music, dances, dialogue for this shorter version of the stage play. Theatre games, arts n' crafts, outdoor play will also be included. Enrollment is limited! Sign up soon!

Instructor: Dolores Aguanno
Location: Veteran's Memorial Park
Material Fee: \$395 payable to dee-Lightful Productions, includes the scripts, t-shirts, music, licensing, art supplies, and more.
Note(s): 4 performances, August 10 through August 13 in the VMB auditorium. Extended care is available; see fees below.
Show Ticket Sales: Will take place on line and in the registration office. Stay tuned for more information.

Session	Dates	Days	Times	Age	Fees
2- Kids Camp	7/19 - 8/13	M-F	9 AM - 3 PM	6 - 11	\$1248/\$1259
Extended care	7/19 - 8/13	M-F	8 AM - 9 AM 3 PM - 5 PM	6 - 11	\$78/\$89

DEE - LIGHTFUL MUSICAL THEATRE CAMP SESSION 2: TEENS N' TWEENS (11-18)

Resident: \$1248 **Non-resident: \$1259**

Our 11-18 year -old campers will audition for The Music Man, Jr. rehearse all the creative aspects of the music, script, choreography and will have at least 4 performances. Double casting will allow more kids to experience the lead roles. Camp activities will include outdoor fun, arts n' crafts and more. Enrollment will be limited! Sign up soon!

Instructor: Dolores Aguanno
Location: Veteran's Memorial Park
Material Fee: \$395 payable to dee-Lightful Productions, includes the scripts, t-shirts, music, licensing, art supplies, and more.
Note(s): 4 performances, August 11, August 12, and August 13 in the VMB auditorium.
Show Ticket Sales: Will take place on line and in the registration office. Stay tuned for more information.

Dates	Days	Times	Age	Fees
7/19 - 8/13	M-F	12 PM - 6 PM	11 - 18	\$1248/\$1259



Summer Camps

TENNIS AT FOX HILLS SUMMER CAMP

The Tennis for Kids tennis camp will teach kids the latest tennis techniques, tactics and strategies through on-court instruction, competitive drills and match play. Campers will improve their skills, build confidence and have fun with other campers that enjoy tennis. Tennis Camp is for kids of all ages and abilities - from beginners to elite high school players.

Instructor: Ted Salter

Location: Fox Hills Park Court 1

Dates	Days	Times	Age	Fees
6/13 - 6/17	M - F	8 AM - 11 AM	7 - 10	\$156/\$167
6/20 - 6/24	M - F	8 AM - 11 AM	7 - 10	\$156/\$167
6/27 - 7/1	M - F	8 AM - 11 AM	7 - 10	\$156/\$167
6/13 - 6/17	M - F	11 AM - 1 PM	11 - 18	\$156/\$167
6/20 - 6/24	M - F	11 AM - 1 PM	11 - 18	\$156/\$167
6/27 - 7/1	M - F	11 AM - 1 PM	11 - 18	\$156/\$167

THE SKATESIDE SUMMER CAMP

THE SKATESIDE SUMMER CAMP

Camps are a great way to build a child's character. At THE SKATESIDE CAMP students are encouraged to practice and consistently demonstrate the "RULES OF THE PARK". Safety, Respect, Encouragement, Teamwork, and FUN are implemented in our program to ensure that campers are having the most impactful, positive, skateboarding camp experience. **No camp 7/4.**

Instructor: The Skateside Staff

Location: Culver City Skate Park

Note(s): Skateboard, Helmet, Pads, Wrist Guards, ARE MANDATORY Mouth Guard (optional) *If students are not wearing all equipment, they will not be able to participate in the program for the day. No rental equipment available. You can purchase equipment at www.theskateside.com

Dates	Days	Times	Age	Fees Res/NR
6/13 - 6/17	M - F	9 AM - 11:50 AM	5 - 15	\$410/\$421
6/20 - 6/24	M - F	9 AM - 11:50 AM	5 - 15	\$410/\$421
6/27 - 7/1	M - F	9 AM - 11:50 AM	5 - 15	\$410/\$421
7/5 - 7/8*	T - F	9 AM - 11:50 AM	5 - 15	\$349/\$360
7/11 - 7/15	M - F	9 AM - 11:50 AM	5 - 15	\$410/\$421
7/18 - 7/22	M - F	9 AM - 11:50 AM	5 - 15	\$410/\$421
7/25 - 7/29	M - F	9 AM - 11:50 AM	5 - 15	\$410/\$421
8/1 - 8/5	M - F	9 AM - 11:50 AM	5 - 15	\$410/\$421
8/8 - 8/12	M - F	9 AM - 11:50 AM	5 - 15	\$410/\$421
8/15 - 8/19	M - F	9 AM - 11:50 AM	5 - 15	\$410/\$421
8/22 - 8/26	M - F	9 AM - 11:50 AM	5 - 15	\$410/\$421

SKATESIDE LUNCH CARE OPTION AVAILABLE

Residents: \$125

Non-residents: \$136

Add on class for registered campers /students ONLY from 11:50 AM - 12:50 PM. Please make sure to register for the same week as your registered camp week. Students will enjoy some lunch and free time with friends. There will be minimal to no skateboarding during this time. (Week of 7/5 - 7/8 is \$100 for residents \$111 for non residents)



YSE SUMMER CAMP

Resident: \$156 Non-resident: \$167
Sibling Discount: Resident: \$146 Non-resident: \$157

YSE Camp is a program that focuses on Youth Sports Enrichment and team building games. Campers play daily sports such as basketball and field games such as dodgeball. This camp also teaches the foundation of different sports to young children while building on sport skills for older children. Campers may also participate in arts and crafts.

Instructor: Coach DJ and YSE Staff

Location: Veterans Memorial Park

Material Fee: \$20 material fee for activity supplies for the week enrolled (due the Monday of the camp week to instructor)

Note(s): This program will follow public health directives pertaining to COVID-19 currently in effect. All siblings and household members will remain in the same group regardless of age. Staff to camper ratio will be 1 to 14 per group for older groups and 1 to 12 younger groups. * No camp 7/4.

Dates	Days	Times	Age	Fees
6/13 - 6/17	M - F	9 AM - 3 PM	5 - 16	\$156/\$167
6/20 - 6/24	M - F	9 AM - 3 PM	5 - 16	\$156/\$167
6/27 - 7/1	M - F	9 AM - 3 PM	5 - 16	\$156/\$167
7/5 - 7/8*	M - F	9 AM - 3 PM	5 - 16	\$125/\$136
7/11 - 7/14	M - F	9 AM - 3 PM	5 - 16	\$156/\$167
7/18 - 7/22	M - F	9 AM - 3 PM	5 - 16	\$156/\$167
7/25 - 7/29	M - F	9 AM - 3 PM	5 - 16	\$156/\$167
8/1 - 8/5	M - F	9 AM - 3 PM	5 - 16	\$156/\$167
8/8 - 8/12	M - F	9 AM - 3 PM	5 - 16	\$156/\$167





Adult Recreational Activities



ADULT CERAMICS

Resident: \$130

Non-resident: \$141

A unique experience to learn basic hand building and wheel work in a multi-level shared environment, beginner to advanced. Projects range from simple plates, mugs and bowls to complex projects designed by students

Instructor: Barbara Lamb

Location: El Marino Park Ceramics Hut

Material Fee: A \$25 materials fee will be collected at the first class meeting for clay, glazes, insurance, and tools.

Class	Dates	Days	Times	Age
8 Wks	6/21 - 8/9	T	6:30 PM - 8:30 PM	18+
8 Wks	6/22 - 8/10	W	10 AM - 12 PM	18+
8 Wks	6/23 - 8/11	TH	6:30 PM - 8:30 PM	18+

ARISE SELF-DEFENSE: FATHERS & DAUGHTERS

Resident: \$20

Non-resident: \$31

Monthly

Dads & Daughters to learn self-defense techniques together. Learn how to protect each other and escape from arm grabs, bearhugs, chokeholds, hair grabs, headlocks, and ground defense. Fight against and run away from attackers and strangers.

Build coordination, knowledge, mental and physical confidence.

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yanji Room

Note(s): Dads & Daughters class together. Beginners and Intermediate. Bring Water. Wear comfortable clothing and shoes.

Dates	Days	Times	Ages
6/4 - 6/25	SA	2 PM - 2:45 PM	5+
7/9 - 7/30	SA	2 PM - 2:45 PM	5+
8/6 - 8/27	SA	2 PM - 2:45 PM	5+

ARISE SELF-DEFENSE: MOMS & DAUGHTERS

Resident: \$20

Non-resident: \$31

Monthly

Moms & Daughters to learn self-defense together. How to protect each other and escape from arm grabs, bearhugs, chokeholds, hair grabs, headlocks, and ground defense. Fight against and run away from attackers and strangers. Build coordination, knowledge, mental and physical confidence, and strength.

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yanji/Iksan Room

Note(s): Female class. Moms must sign up with daughters. Beginners and Intermediate. Bring Water. Wear comfortable clothing and shoes.

Dates	Days	Times	Ages
6/4 - 6/25	SA	10:00 AM - 10:45 AM	5+
7/9 - 7/30	SA	10:00 AM - 10:45 AM	5+
8/6 - 8/27	SA	10:00 AM - 10:45 AM	5+

ARISE SELF-DEFENSE: MOMS & SONS

Resident: \$20

Non-resident: \$31

Monthly

Moms & Sons to learn self-defense techniques together. How to protect each other and escape from arm grabs, bearhugs, chokeholds, hair grabs, headlocks, and ground defense. Fight against and run away from attackers and strangers. Build coordination, knowledge, mental and physical confidence.

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yanji/Iksan Room

Note(s): Moms & Sons together. Beginners and Intermediate. Bring Water. Wear comfortable clothing and shoes.

Dates	Days	Times	Ages
6/4 - 6/25	SA	1 PM - 1:45 PM	5+
7/9 - 7/30	SA	1 PM - 1:45 PM	5+
8/6 - 8/27	SA	1 PM - 1:45 PM	5+

ARISE SELF-DEFENSE: PRE-TEENS TO ADULT

Monthly: Resident: \$25

Non-resident: \$36

Self-Defense techniques for Pre-Teens to Adults. Learn how to block, elbow, hammer fist, kick, knee, palm strike, and punch. Escape from arm grabs, bearhugs, chokeholds, hair grabs, and ground defense. Fight against and run away from attackers, bullies, and strangers. Build awareness, mental and physical confidence, concentration, and strength.

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yanji/Iksan Room

Note(s): Female class. Beginners and Intermediate. Bring Water. Wear comfortable clothing and shoes.

Dates	Days	Times	Ages
6/4 - 6/25	SA	12:00 PM - 12:45 PM	9+
7/9 - 7/30	SA	12:00 PM - 12:45 PM	9+
8/6 - 8/27	SA	12:00 PM - 12:45 PM	9+



Adult Recreational Activities



GOLDEN TIGER KUNG FU, FU JOW PAI BEGINNERS

Monthly Resident: \$166

Non-resident: \$177

Season Resident: \$468

Non-resident: \$479

Real and effective self-defense for kids and adults. This style of kung fu is based on the movements and demeanor of an attacking tiger and includes empty hand forms, weapon forms, empty hand against weapon. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline and stress reduction! Our certified ranking system is recognized worldwide.

Instructor: Behnam Kanani

Location: Senior Center Room B45-B47

Material Fee: \$25 KGTFK T-shirt (Paid to instructor) \$45

Testing, Belt, Certification (paid to instructor upon ranking)

Note(s): Comfortable clothes, Kung fu/flat bottom shoes (no heels)
Re-assessment test/Administration fee of \$100 for lapsed memberships.

Dates	Days	Times	Age
6/2 - 6/30	T/TH	5:45 PM - 6:55 PM	4 +
7/5 - 7/28	T/TH	5:45 PM - 6:55 PM	4 +
8/2 - 8/25	T/TH	5:45 PM - 6:55 PM	4 +
6/2 - 8/25	T/TH	5:45 PM - 6:55 PM	4 +



GOLDEN TIGER KUNG FU, FU JOW PAI INTERMEDIATE

Monthly Resident: \$198

Non-resident: \$209

Season Resident: \$562

Non-resident: \$573

Real and effective self-defense for kids and adults. This style of kung fu is based on the movements and demeanor of an attacking tiger and includes empty hand forms, weapon forms, empty hand against weapon. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline and stress reduction! Our certified ranking system is recognized worldwide.

Instructor: Behnam Kanani

Location: Senior Center Room B45-B47

Material Fee: \$25 KGTFK T-shirt (Paid to instructor) \$45

Testing, Belt, Certification (paid to instructor upon ranking)

Note(s): Comfortable clothes, Kung fu/flat bottom shoes (no heels).
Must be a qualified Gold Stripe Belt and higher level to participate.
Re-assessment test/Administration fee of \$100 for lapsed memberships.

Dates	Days	Times	Age
6/2 - 6/30	T/TH	5:45 PM - 7:15 PM	9 +
7/5 - 7/28	T/TH	5:45 PM - 7:15 PM	9 +
8/2 - 8/25	T/TH	5:45 PM - 7:15 PM	9 +
6/2 - 8/25	T/TH	5:45 PM - 7:15 PM	9 +





Adult Recreational Activities

IAIDO - WAY OF THE JAPANESE SWORD

Resident: \$151

Non-resident: \$162

Iaido is the ancient Japanese art of drawing the sword and cutting in a single movement. Originally created for the physical and mental discipline of the Samurai warrior, today the martial art joins together various defensive and offensive sword movements, along with related weapons training, in order to develop a calm mind, better concentration, and physical coordination.

Instructor: Masakazu Tazaki 7th Degree Black Belt

Location:

Note(s): Must meet instructor approval. Testing fees apply for all belt progression. Students under 14 must have instructor approval.

Dates	Days	Times	Age	Location
6/1 - 8/31	W	7 PM - 8:30 PM	14+	Teen Center



INTRO TO FENCING



Resident: \$78

Non-resident: \$88

Fencing helps develop balance, agility, reflexes, and leg strength. Course is for fencers of all levels. Students are grouped based on their current level of fencing, as determined by the instructors. Instruction will begin with the foil and advanced students may also choose epee or saber. Group instruction is done during the first hour and the remaining time is for drills and practice. All equipment is supplied for beginners.

Instructors: Instructors from Salle d'Armes Couturier

Location: Senior Center B45/47

Materials fee: \$20 for equipment.

Note(s): USA Fencing Association annual membership required. (\$10) No Class 7/4.

Dates	Days	Times	Age
6/2 - 8/29"	M/TH	7:45 PM - 9:45 PM	18+



CARDIO TENNIS AT FOX HILLS

Resident: \$156

Non-resident: \$167

Cardio Tennis is a fun group activity and is a great way to get in shape and enjoy the game of tennis. Cardio Tennis is offered for adults from beginning to advanced levels. Class offered in 5-week cycle.

Instructor: Ted Salter- Certified Teaching Pro thru the Professional Tennis Registry (PTR)

Location: Fox Hills Tennis Court #1

Note(s): Participants must furnish racket. Students must use face covering at all time and follow Covid-19 regulations.

Dates	Days	Times	Age	Level
6/02 - 6/30	TH	7:00 PM - 8:00 PM	18+	BEG TO ADV
7/14 - 8/1	TH	7:00 PM - 8:00 PM	18+	BEG TO ADV



Adult Recreational Activities



LET'S GET FIT- FOR SENIOR (50+)

Resident: \$42, Non-resident: \$53
Resident: \$52, Non-resident: \$63
Resident: \$140, Non-resident: \$151
Pass*

Any 5 Classes
Monthly
Season

*Season pass is only available for purchase until mid- June.

Let's get fit! is a Low-Impact exercise class that allows you to strength train and stretch your body with easy, unique dance movements. Each session is 1 hour long, and if you want to workout more, we offer an additional conditioning chair-workout for 30 minutes after the first session. Would you like to start a healthy routine and make new friends? We are a very cheerful group and waiting for you to join!

Instructor: Akiko Miyoshi

Location: VMC

Note(s): Wear walking shoes and comfortable clothing. Bring a pair of 1-3lbs hand held weights and water for hydration.

Dates	Days	Times	Age	Room
6/2 - 6/30	T/TH	9:30 AM - 11:15 AM	50+	VMC
	SA	9:30 AM - 11:15 AM	50+	VMC
7/2 - 7/30	T/TH	9:30 AM - 11:15 AM	50+	VMC
	SA	9:30 AM - 11:15 AM	50+	VMC
8/2 - 8/30	T/TH	9:30 AM - 11:15 AM	50+	VMC
	SA	9:30 AM - 11:15 AM	50+	VMC
6/1 - 8/30	T/TH	9:30 AM - 11:15 AM	50+	VMC
	SA	9:30 AM - 11:15 AM	50+	VMC

YOGA FROM THE INSIDE OUT

Resident: \$87, Non-resident: \$98
Resident: \$150, Non-resident: \$161

6 Class Series
12 Class Series

Yoga provides simple tools to build strength, flexibility, and balance in body, mind, and spirit. Stop striving, find ease within difficult poses and emotions, and calm your mind with this gentle practice. Breathe and move more freely; experience deep rest and renewal in a friendly, inclusive environment, whatever your skill level.

Instructor: Tara Kamath

Location: Mondays: Senior Center Thursdays: Veteran's Memorial Complex

Note(s): Bring a yoga mat, a towel or yoga blanket, and two yoga blocks to class and wear layers (e.g., sweater, socks) for temperature control. *No Class 7/4

Class	Dates	Days	Times	Age
6 wks	6/2 - 7/7	TH	4 PM - 5:30 PM	18 - 85
6 wks	7/14 - 8/18	TH	4 PM - 5:30 PM	18 - 85
12 wks	6/2 - 8/18	TH	4 PM - 5:30 PM	18 - 85
6 wks	6/6 - 7/18*	M	6:30 PM - 8 PM	18 - 85
6 wks	7/25 - 8/29	M	6:30 PM - 8 PM	18 - 85
12 wks	6/6 - 8/29*	M	6:30 PM - 8 PM	18 - 85

DID YOU KNOW CULVER CITY HAS ADULT SPORTS LEAGUES?

**CHECK OUT THE LINKS BELOW FOR
 MORE INFORMATION!**



CULVER CITY ADULT SOFTBALL LEAGUE
MAJOR LEAGUE SOFTBALL



CULVER CITY ADULT BASKETBALL LEAGUE
ALL CITY ATHLETICS



Senior Activities

SENIOR CENTER PROGRAMMING

The Senior Center offers various fitness, art, and language classes per week, plus support groups, special interest groups and live entertainment, musical programs, and special events. For information on specific daily, weekly, monthly "ongoing" classes and activities, readers have been directed to the Senior Center Newsletter online at the link below.

Location: 4095 Overland Ave, Culver City, CA 90232

Hours of Operation:

Monday through Friday9 AM - 5 PM
 Weekends & Holidays12 PM - 4 PM
 Business Desk: Weekdays9 AM - 4 PM
 Business Desk: Weekends12 PM - 3:30 PM

Membership: Membership in the Culver City Senior Citizens Association Inc. (CCSCA), a 501(c)(3) organization, is open to individuals 50 years of age and over. CCSCA Membership is required for participation in classes and most activities at the Senior Center. Participants must have a 2022 CCSCA membership to attend classes, join the Fitness Room, Computer Lab, movies and most activities. CCSCA Membership is based on the calendar year as follows:

- \$20 annual 2022 membership
- \$5 annual membership for seniors who turn 90 in 2022 and older
- \$5 parking pass
- \$75 Fitness Room fee for Jan.- June 2022,
- \$125 Fitness Room fee for calendar year Jan.-Dec. 2022

*The Newsletter is free if you pick it up in person or view it online at:
<http://www.culvercity.org/live/community-neighborhood/adult-senior-services/senior-center-newsletters>

CCSCA MEMBERSHIP & VACCINATION

In order to join the Culver City Senior Citizens Association as a member and participate in most Senior Center activities, you must show proof of vaccination when you sign up for membership. You are able to show proof of vaccination through one of the following means:

1. Your white COVID-19 Vaccination Record Card issued by the Centers for Disease Control and Prevention. The card must include the name of the person vaccinated, type of vaccine provided and the date the last dose was administered.
2. A digital record on your phone. Visit the State of California's Digital COVID-19 Vaccine record website to download a digital record to your phone.
3. A photograph of a Vaccination Record Card. The photo can be shown on a smartphone or other mobile device, or it can be a physical photograph.
4. Documentation of COVID-19 vaccination from a healthcare provider. If you have misplaced your vaccination record you can find it online at the State of California's Digital COVID-19 Vaccine record website. If you are not tech savvy or need assistance obtaining an digital record, visit the Senior Center computer lab open lab Monday, Wednesday, and Friday from 9:15 AM - 11:15 AM.

For information please call:
(310) 253-6700 • (310) 253-6736 (TDD)
Email: senior.center@culvercity.org



Did You Know?

Our Senior Center Book Club was created by & is led by two Culver City High School students, Emily & Teagan!



Disability and Social Services



DISABILITY & SOCIAL SERVICES PROGRAMS

Located at the Senior Center, staff are available Monday through Friday via phone and in-person to residents of all ages to offer assistance with information, referrals, and help on topics such as transportation, counseling, caregiver information, support groups, disability programs, aging resources, low income programs and services, government benefits, abuse reporting, health and medical resources and others.

For questions or more information, contact Senior & Social Services Recreation Coordinator: Melanie Morales at (310) 253-6727 or email melanie.morales@culvercity.org

COMPLIMENTARY SOCIAL WORK SERVICE

The Senior Center has a partnership with Social Service for Groups SILVER (SSG), which specializes in field based case management and behavioral health services. If you or someone you know needs a little extra help, you can speak with an SSG social worker via phone at (213) 553-1800. They are also available to meet in person at the Senior Center: Monday 1 PM - 5 PM, Tuesday 10 AM – 2 PM and Wednesday 9:30 AM - 3 PM.

Website: www.ssg.org

HOUSING AND ROOMMATE SERVICES

The Affordable Living for the Aging program is available to seniors and non-seniors who are seeking roommates or shared and affordable housing arrangements. To make an appointment to speak with staff at the Senior Center, please call (323) 650-7988 to begin the intake process.

SENIOR NUTRITION PROGRAM

The Culver City Senior Center transitioned the intake process for the Elderly Nutrition Program to Jewish Family Services (JFS). JFS is a Los Angeles based non-profit organization. This program continues to provide nutritionally balanced lunches to eligible participants. All meals are frozen and available for pick-up at the Center every Monday and Wednesday until further notice. Meal delivery is also available for eligible homebound seniors. If you are interested in joining this program or are already enrolled and need delivery schedule updates or have questions, please contact Jewish Family Services at (877) 275-4537.

Website: www.jfsla.org

Address: 330 N. Fairfax Avenue Los Angeles, CA 90036



Join us for Socialites Dinners and Dances for the Developmentally Disabled events!

To volunteer or for program information, please contact Melanie Morales by email at melanie.morales@culvercity.org



Aquatics-Swim Lessons

JUNIOR GUARDS/L6 SWIM FOR FITNESS

Resident: \$37.50

Non-resident: \$45

A 3 week course designed to give Red Cross Swimmers Level 5 or higher a sneak peek into what it takes to become a lifeguard. Junior Guards introduces participants to in-water rescues, first aid, and CPR all while improving their swimming technique, strength, speed, and endurance. Sign up for both Mon/Wed and Tue/Thu sessions for a full week of fun. *No Class 7/4

Instructor: Plunge Staff

Location: Culver City Municipal Plunge

Session	Dates	Days	Times Offered
1	6/20 - 7/08*	M/W or T/TH	5:30 PM - 7 PM
2	7/11 - 7/29	M/W or T/TH	5:30 PM - 7 PM
3	8/1 - 8/19	M/W or T/TH	5:30 PM - 7 PM

PRIVATE LESSONS: FRIDAY

Resident: \$162

Non-resident: \$173

Let our friendly and experienced instructors help you reach your swimming goals! Each 3 week session of classes will meet once a week for 50 minutes each Friday.

Instructor: Plunge Staff

Location: Culver City Municipal Plunge

Session	Dates	Times
1	6/24 - 7/8	9 AM, 10 AM, 11 AM, 3 PM, 4 PM, 5 PM
2	7/15 - 7/29	9 AM, 10 AM, 11 AM, 3 PM, 4 PM, 5 PM
3	8/5 - 8/19	9 AM, 10 AM, 11 AM, 3 PM, 4 PM, 5 PM

SATURDAY GROUP LESSONS: CHILDREN

Resident: \$31

Non-resident: \$42

Let our friendly and experienced instructors help you reach your swimming goals! Each 3 week session of classes will meet once a week for 50 minutes each Saturday.

Instructor: Plunge Staff

Location: Culver City Municipal Plunge

Session	Session Dates
1	6/25 - 7/9
2	7/16 - 7/30
3	8/6 - 8/20

Level	Times offered
L1, L2, L3	10 AM, 11 AM, 1 PM, 2 PM
L4	10 AM, 2 PM
L5	11 AM, 1 PM
Parent & Me	10 AM, 11 AM



WEEKDAY GROUP LESSONS: ADULT

Resident: \$52

Non-resident: \$62

Back by popular demand! This summer we will offer Adult Beginner and Adult Intermediate courses for participants age 13 and up. Each 3 week session of swim classes will meet 2 times a week on either Monday/Wednesday or Tuesday/Thursday for 50 minutes each day.

Instructor: Plunge Staff

Location: Culver City Municipal Plunge

Session	Dates	Days	Times offered
1	6/20 - 7/08*	M/W or T/TH	8 AM, 5 PM
2	7/11 - 7/29	M/W or T/TH	8 AM, 5 PM
3	8/1 - 8/19	M/W or T/TH	8 AM, 5 PM

WEEKDAY GROUP LESSONS: CHILDREN

Resident: \$41.60

Non-resident: \$49.60

Let our friendly and experienced instructors help you reach your swimming goals! Each 2 week session of swim classes will meet Monday through Thursday for 30 minutes each day.

Instructor: Plunge Staff

Location: Culver City Municipal Plunge

Session	Session Dates
1	6/20 - 6/30
2	7/11 - 7/21
3	8/1 - 8/11

Days	Level	Times Offered
M-TH	L1, L2, L3	9 AM, 10 AM, 11 AM, 3 PM, 4 PM, 5 PM
M-TH	L4	10 AM, 3 PM, 5 PM
M-TH	L5	9 AM, 11 AM, 4 PM
M-TH	Parent & Me	10 AM, 11 AM

Join Culver City Aquatics' World's Largest Swim Lesson & Movie Night



Culver City Municipal Plunge
June 23, 2022
Swim Lesson: 5 PM - 7 PM
Movie: 7:30 PM - 9:30 PM



American Red Cross Courses



AMERICAN RED CROSS SWIM LEVEL DESCRIPTIONS

All City of Culver City Swim Instructors are American Red Cross certified Water Safety Instructors and our swim lessons are developed based on the American Red Cross Learn to Swim Program guidelines. Please see below for brief description of what swimmers should know going into each lesson. [Visit our website for a more detailed description and look at the skills your swimmers will learn in each level.](#)

- **LEVEL 1 (L1):** For participants 3 and up who have not had lessons before or are uncomfortable in/fearful of the water.
- **LEVEL 2 (L2):** For participants 3 and older who are comfortable in the water, can submerge their head, hold their breath for 5 seconds and can float on their front and back with support comfortably
- **LEVEL 3 (L3):** Incoming Level 3 participants are able to float on their front and back independently, kick and glide on their front and back for 3 body lengths independently, and also know the basic crawl stroke.
- **LEVEL 4 (L4):** Incoming Level 4 participants are able to complete 25 yards of front crawl, 15 yards of backstroke, 15 yards of breaststroke kick, and can tread in deep water.
- **LEVEL 5 (L5):** Incoming Level 5 participants are able to complete 50 yards of front crawl, 25 yards of backstroke, 25 yards of breaststroke, 15 yards of butterfly kick and can tread in deep water.
- **JUNIOR GUARDS/LEVEL 6 (L6) SWIM FOR FITNESS:** For participants that have completed Level 5 to get a sneak peek into what it takes to become a lifeguard and swim team swimmer. Junior Guards introduces participants to first aid and CPR all while improving their swimming technique, strength, speed, and endurance.
- **PARENT & ME:** Participants 6 months to 3 years old will work on developing swimming readiness through water exploration activities geared to create a fun experience for both parent and child.
- **ADULT BEGINNER:** For participants 13 and up that have not had lessons before or are uncomfortable in/fearful of the water.
- **ADULT INTERMEDIATE:** For participants 13 and up that know how to swim 25 yards front crawl and back crawl and have a basic understanding of breaststroke.

Culver City Municipal Plunge

Visit us in person at 4175 Overland Ave.
Culver City, CA 90230
(310) 253-6680

Visit us at on-line at:

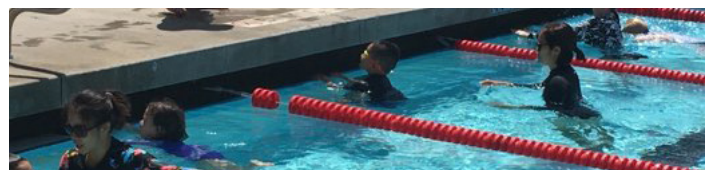
[Culver City Website- Municipal Plunge](#)
[Culver City Municipal Plunge Facebook Page](#)

PLUNGE PROGRAM REGISTRATION DATES SWIM LESSONS

SESSION	RESIDENT REG	NON RESIDENT REG
1	April 4, 2022 at 7 AM	April 11, 2022 at 7 AM
2	July 4, 2022 at 7 AM	July 6, 2022 at 7 AM
3	July 25, 2022 at 7 AM	July 27, 2022 at 7 AM

ADULT EXERCISE, AQUAFIT, LAP & FAMILY SWIM

Takes place weekly for the next week's swims on:
Mondays at 7 AM for Culver City residents
Wednesdays at 7 AM for non Culver City residents.



AMERICAN RED CROSS FIRST AID AND CPR

Resident: \$ 75

Non-resident: \$90

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. Upon successful completion of this course participants will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED.

Instructor: Plunge Staff

Location: Culver City Municipal Plunge

Dates	Day	Time
8/6 - 8/7	SA/SU	9 AM - 3 PM

AMERICAN RED CROSS LIFEGUARDING

Resident: \$ 172

Non-resident: \$182

American Red Cross Lifeguarding provides entry-level participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until EMS personnel take over. Blended learning combines online learning with in-person skills sessions. Upon successful completion of this course participants will receive a digital certificate for Lifeguarding.

Instructor: Plunge Staff

Location: Culver City Municipal Plunge

Dates	Day	Time
9/16	F	4 PM - 7 PM
9/17- 9/18	SA/SU	9 AM - 6 PM

AMERICAN RED CROSS WATER SAFETY INSTRUCTOR

Resident: \$ 206

Non-resident: \$218

The purpose of this instructor course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program including Parent and Child Aquatics, Preschool Aquatics, Learn-to-Swim, Adult Swim, Private Lessons, Water Safety Courses (including Safety Training for Swim Coaches*) and Water Safety Presentations. Upon successful completion of this course participants will receive a digital certificate for Water Safety Instructor.

Instructor: Plunge Staff

Location: Culver City Municipal Plunge

Dates	Day	Time
7/1	F	3 PM - 7 PM
7/2 - 7/3	SA/SU	10:00 AM - 6 PM

RED CROSS CLASS REGISTRATION DATES

April 4 at 7 AM for Culver City residents
April 11 at 7 AM for non Culver City residents.



Aquatics Drop In Programs

ADULT EXERCISE

Senior (50+): \$1 **Adult (18-49): \$2**
Per Class

Low-impact water exercise in shallow water; ideal for all fitness levels, including non-swimmers, and anyone recovering from injuries. The class will be offered Monday, Wednesday and Friday from 9:00-9:50am. Pre-Registration required.

Instructor: Sandy Devlin

Location: Culver City Municipal Plunge

Dates	Day	Time	Age
On Going	M/W/F	9 AM - 9:50 AM	18+

AQUAFIT

AquaFit Deep Water - Beginning April 18
\$12 per Class

If you are an above average exerciser, DEEP WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided for each client. They give you support while moving freely in the water. Hand buoys, and noodles are some of the equipment items used to create a well balanced body exercise.

Instructor: Allyson Bailey

Location: Culver City Municipal Plunge

Dates	Days	Times	Age
On Going	M/W	7 PM - 7:50 PM	18+
On Going	SA	9 AM - 9:50 AM	18+

AquaFit Shallow Water - Beginning April 18
\$11 per Class

If you are an a beginner or average water exerciser, SHALLOW WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided to give support while moving freely in the water. Hand buoys and noodles are some of the equipment used to create a well balanced body exercise.

Instructor: Allyson Bailey

Location: Culver City Municipal Plunge

Dates	Days	Times	Age
On Going	M/W	10 AM - 10:50 AM	18+
On Going	SA	11 AM - 11:50 AM	18+

AquaFit Stand Up - Beginning April 18
\$21 per Class

AQUA STAND UP is the best total body workout on an inflatable stand up paddle board. Fun and safe exercises are designed to improve balance, stabilize the core muscle groups, and increase cardiovascular endurance. Burn up to 650 calories during each workout.

Instructor: Allyson Bailey

Location: Culver City Municipal Plunge

Dates	Day	Time	Age
On Going	M/W	11 AM - 11:50 AM	18+
On Going	SA	10 AM - 10:50 AM	18+

LAP SWIM: SUMMER HOURS BEGIN JUNE 20

\$4 Adult (18 - 49)

\$3 Senior (50+) Youth (13 - 17) & Disabled

For Swimmers age 13 and up. Swimmers must pre-register for a 50-minute block of time. Upon arrival Swimmers must check in. Lanes are limited to 3 swimmers per lane. Spaces left open at 10 minutes after the hour will be opened up to standby swimmers. Click here for current Spring hours.

Days	Times
M/W	6 AM - 9:50 AM, 12 PM - 2:50 PM, and 8 PM - 8:50 PM
T/TH/F	6 AM - 2:50 PM, 7 PM - 8:50 PM
SA	7 AM - 3:50 PM
SU	9 AM - 10:50 AM, 12 PM - 2:50 PM

FAMILY SWIM: SUMMER HOURS BEGIN JUNE 20

\$4 Adult (18 - 49)

\$3 Senior (50+) Youth (Up to 18) & Disabled

Allows for 4 participants per 1/2 lane space. Preregistration for a 50 minute time block required. *Lap swim will not be permitted in a family swim lane. Children under 48 inches tall must be accompanied by an adult 18 years or older within arms reach in the water, in a 1 to 1 ratio. Click here for current Spring hours.

Days	Times
M/W	6 AM - 8:50 AM, 6 PM - 8:50 PM
T/TH/F	6 AM - 11:50 AM, 6 PM - 8:50 PM
SA	7 AM - 9:50 AM

RECREATIONAL SWIM: HOURS BEGIN JUNE 20

\$4 Adult (18 - 49)

\$3 Senior (50+) Youth (Up to 18) & Disabled

Enjoy shallow water open areas where participants may navigate freely, a deep water play lane, diving boards and log rolling for those that pass the swim test. Pre-registration for a 70 minute time block is required. Children under 48 inches tall must be accompanied in the water by an adult 18 years or older within arms reach, in a 1 to 1 ratio.

Days	Times
M - SA	12 PM - 2:55 PM
SU	9 AM - 2:55 PM

PLUNGE CLOSURE DATES

3/28 - 4/11	ANNUAL MAINTENANCE
5/30	MEMORIAL DAY
6/04	PRCS ALL STAFF TRAINING
7/04	4TH OF JULY
9/05	LABOR DAY
11/24 - 11/25	THANKSGIVING HOLIDAY
12/24	LIMITED HOURS 6 AM - 2 PM
12/25	CHRISTMAS
12/31	LIMITED HOURS 6 AM - 2 PM
1/1/23	POOL CLOSED



Fall Afterschool Program Information



CCARP

CCARP is a fee-based program run by Culver City Parks, Recreation and Community Services staff which provides supervised recreational activities, including homework time, arts and crafts, games, and free play. The program serves elementary and middle school-aged students at the program sites listed below who attend full-day school programs. Priority registration for currently registered participants.

Locations:

- Blanco Park (El Rincon Elementary)
- El Marino Park (El Marino Language School)
- Linwood Howe Elementary
- Lindberg Park (Farragut Elementary)

Program Schedule:

- Monday- Friday: Afterschool to 6:00 PM

The program is not offered on pupil-free days and holidays. CCARP is closed during winter, spring, and summer recesses.

INFORMATIONAL ZOOM MEETING ON MARCH 31 AT 7 PM. Please email darren.uhl@culvercity.org for a link to the meeting.

YSE

The YSE afterschool program is a unique, sports and academics program. YSE focuses on fun and learning through sports, games, music and fitness activities that develop skills, teach good sportsmanship and wellness values. Academics are also important and homework assistance is offered along with tutoring. Monthly fees are adjusted to account for school holidays, pupil free days and breaks. YSE schedule will follow CCUSD School calendar. Start time in line with the school dismissal/bell schedule.

Instructor: Coach DJ and YSE Staff

Location: Culver City Middle School The Teen Center serves high school and middle school students.

TEEN CENTER

We pride ourselves on continuing the dream of our founders of being a positive outlet for youth in Culver City. Staff provide a safe, inclusive, and supervised program for students that live in Culver City or attend a Culver City Unified School. We offer a variety of services during the school year

Hours of Operation:

During the school year the Teen Center is open Monday through Friday, from 2 PM to 6:30 PM. On Wednesdays the Teen Center will open one hour earlier at 1 PM. The Teen Center does not offer regular hours during summer, winter and spring recesses.

Membership:

Membership to Teen Center is \$100 per school year or \$50 per semester.

Location: Culver City Teen Center, 4153 Overland Ave., Culver City, CA 90230



Park and Facility Rental Information



VMC RENTALS

Let us help you plan your parties, milestone family events, community meetings, recitals, rehearsals, screenings, and private classes. Facility rentals are available seven days a week and, as always, event parking is free. [Book your event today!](#) Contact the Rental Office at (310) 253-6650 or email us at book.VMC@culvercity.org for an appointment to tour Veterans Memorial Building, the Culver City Senior Center, and the Culver City Teen Center to find the room you need.

PICNIC AND PARK BUILDING RENTALS

Picnic areas and park building rental requests are available online at www.culvercity.org/active or in person, with a minimum of 14 days advance notice. Rental fees are based on a minimum of 3 hours. Maximum limits vary by location and groups may not exceed the limit. If there is no picnic rental issued for an area when a party shows up to a site, it is then available to the public on a first come first served basis unless otherwise reserved.

Picnic Rental Process

Step 1: Click here to access the Picnic Permit Reservations or visit the Recreation Office at 4117 Overland Ave, Culver City CA 90230
Office hours: Mon-Fri: 8:00 AM – 7:00 PM and Sat & Sun: 9:00 AM - 5:00 PM

Step 2: You will receive an email once your request has been approved.

Step 3: Log on to your Active Net account to pay your fees or pay in person at the Recreation Office.

Step 4: Upon the payment of your fees your reservation will be complete.

Step 5: Bring a copy of your permit with you to your picnic site the day of your event.

MOONBOUNCES, FOOD TRUCKS, GAMING TRUCKS/VENDORS

Moonbounces, food and gaming trucks and vendors are allowed in designated Culver City parks by special permit only. Moonbounces may be a maximum size of 15'X15'. No moonbounces at Carlson Park, Lindberg Park and SK Park Picnic Shelter. A Certificate of Liability Insurance is required from the moonbounce rental company, food truck and/or gaming truck/vendor. Permit will not be issued until after moonbounce, food truck or gaming truck/vendor insurance is received. Insurance must be received no later than 2 business days before permit date. Moonbounce, food truck and/or gaming truck/vendor permit fees are 32.00 per item.

RENTAL BLACK OUT DATES -PICNIC AREAS WILL BE OPEN ON A FIRST COME FIRST SERVED BASIS



- 4/17
- 5/08
- 5/30
- 6/04
- 7/04
- 8/26 - 8/28
- 9/05
- 11/24
- 11/25



Updates from the Parks Division

The Parks Division has been hard at work renovating the Culver City Park Ballfields! These fields are home to many youth sports organizations and PRCS is excited to showcase the upgrades! Thank you to everyone for your support and patience as we took the time needed to get these fields done.

Questions: Email PRCS at prcs.department@culvercity.org or call (310) 253-6470.

BEFORE



DURING



ALMOST DONE!





Volunteer Opportunities

The Culver City volunteer directory provides the community with information on more than 80 local service opportunities. The directory is here to help you find a meaningful volunteer opportunity. It provides questions to think about when starting a volunteer position, links to general online volunteer databases and resources and specific information about various non-profit, schools, hospitals and community sites within Culver City and the local community. It also includes information about the site such as address, telephone number, email and website if available.

To go to the directory please visit:



Directory:



Twitter Feed: @CulverVolunteer



Email Blast Sign-up:



Job Opportunities

AQUATICS JOB OPPORTUNITIES

We Need You!



LIFEGUARDS

\$18.15 - 19.89 Hourly

The positions assigned to this classification are responsible for the safety and well being of persons using the City Municipal Plunge and performing light maintenance duties on the pool, locker room and grounds.

LIFEGUARD/SWIM INSTRUCTORS

\$19.65 - \$21.55 Hourly

The positions assigned to this classification are responsible for the safety and well being of persons using the City Municipal Plunge; teaching swimming lessons and performing light maintenance duties on the pool, locker rooms and grounds.

POOL MANAGERS

\$25.42 - \$27.31 Hourly

The positions assigned to this classification are responsible for planning, organizing, and conducting a well-balanced aquatic program at the City Municipal Plunge, working closely with the Aquatic Coordinator or Recreation Supervisor to assure an efficient operation by supervising Lifeguards, Recreation Leaders, and Cashiers, and keeping records and writing reports pertaining to staff and the maintenance of equipment, facilities, and programs.

[Click here for the latest recruitment information.](#)

RECREATION JOB OPPORTUNITIES

Looking for a Great Summer Job?



SENIOR RECREATION LEADER:

\$ 20.57 - \$22.67 Hourly

The Senior Recreation Leader is the third level in the Recreation Leader series. Classifications in this series organize, lead and participate in the various recreation programs at City parks, playgrounds, day camps, and other community facilities on a part-time basis.

RECREATION LEADER II

\$ 17.48 - \$19.27 Hourly

A Recreation Leader II is distinguished from a Recreation Leader I in that the Recreation Leader II implements and takes the lead on programs, performs more complex work requiring greater skill and often supervises lower level Recreation Leaders. Classifications in this series organize, lead and participate in the various recreation programs at City parks, playgrounds, day camps, and other community facilities on a part-time basis.

RECREATION LEADER I:

\$15.00 - \$16.54 Hourly

The Recreation Leader I is the entry level classification in the Recreation Leader series. Classifications in this series organize, lead and participate in the various recreation programs at City parks, playgrounds, day camps, and other community facilities on a part-time basis. High school students age 15 and older with a valid work permit are welcome to apply.

Non-Profit Youth Group Directory

COMMUNITY NON PROFIT YOUTH GROUP DIRECTORY

AYSO Region 19.....	www.ayso19.com
Culver City Football Club.....	www.culvercityfootballclub.com
United States Youth Volleyball League.....	www.usyvl.org
California Youth Sports Federation.....	www.open990.org
Edge Americas Sports.....	www.edgeamericassports.com
USA Dance.....	www.usadance.org
Brazil Stars Soccer Club.....	www.instagram.com/brazilstarssoccerclub
Allyson Bailey- Youth Private Swim Lessons.....	www.aquafitali.com
Culver City Swim Team Booster - Youth USA Swim Team.....	www.blastswimming.org
One with the Water - Youth Adaptive Swim Lessons.....	www.onewiththewater.org
Royal Swim Team- Youth USA Swim Team.....	Royal Swim Team: Team Unify
SCAQ Kids-Youth Lessons and Novice Swim Team.....	www.swim.net

REGISTER @ WWW.CULVERCITY.ORG/ACTIVE • FOR MORE INFORMATION (310) 253-6650

9770 Culver Blvd.
Culver City, CA 90232

Park & Facility Information

- 1 **Blair Hills Park:** 5950 Wrightcrest Dr.
- 2 **Blanco Park:** 5801 Sawtelle Blvd. (310) 253-6681
- 3 **Dr. Paul Carlson Park:** 10400 Braddock Dr.
- 4 **Culver City Park*:** 9910 Jefferson Blvd.
- 5 **Culver West-Alexander Park (CWA):** 4162 Wade St. (310) 253-6644
- 6 **Ivy Substation & Media Park:** 9070 Venice Blvd.
- 7 **El Marino Park:** 5301 Berryman Ave. (310) 253-6648
- 8 **Fox Hills Park:** 5809 Green Valley Cir.
- 9 **Lindberg Park:** 5401 Rhoda Way (310) 842-8459
- 10 **Linwood E. Howe Playground:** 4100 Irving Pl.
(Open only Sat/Sun from 8:00-5:00pm)
- 11 **Paddle Tennis Park:** Culver Blvd & Elenda Ave.
Open 7 days a week from 8:00 AM - 10:00 PM
- 12 **Syd Kronenthal Park:** 3459 McManus Ave. (310) 839 - 0127
- 13 **Tellefson Park:** 11057 Washington Pl.
- 14 **Veterans Park**:** 4117 Overland Ave. (310) 253-6650

* **Culver City Park includes:**

- Dog Park: Open 7 days a week from Sunrise to Sunset.
- Skate Park: Open 7 days a week from 8:00 AM - 6:00 PM
- Bill Botts Fields
- Fulcrum Ropes Course

** **Veteran's Park Includes:**

- Municipal Plunge,
- Senior Center,
- Teen Center, &
- Veterans Memorial Building

