

Culver CITY LIVING



A GUIDE TO LEISURE ACTIVITIES

WINTER 2022



FIESTA
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YOUTH RECREATIONAL ACTIVITIES
Page 8

City Information

Featured on front cover:

Photo from Culver City Senior Center Association (CCSCA) Water Color



Parks & Recreation Numbers

Recreation Office	(310) 253-6650
Municipal Plunge	(310) 253-6680
Senior Center	(310) 253-6700

Parks & Recreation Commission

Kay Heineman	Chair
William Rickards	Vice Chair
Khary Cuffe	Commissioner
Palvi Mohammed	Commissioner
Scott Zeidman	Commissioner



OTHER IMPORTANT CITY PHONE NUMBERS

Animal Control	(310) 253-6143
Building and Safety	(310) 253-5800
Business License (Recorded Info)	(310) 253-5888
City Clerk	(310) 253-5851
CityBus	(310) 253-6500
CityBus Route Info	(310) 253-6510
Code Enforcement	(310) 253-5940
Cultural Affairs	(310) 253-5716
Disability Services	(310) 253-6727
Film Permits	(310) 253-6216
Finance Department	(310) 253-5850
Fire Department Administration	(310) 253-5900
Fire Prevention/Fire Marshal	(310) 253-5925
Graffiti Removal Hotline	(310) 253-5555
Housing Division	(310) 253-5780
Neighborhood Watch	(310) 253-6258
Personnel Dept./Job Hotline	(310) 253-5651
Planning Division	(310) 253-5710
Police Department/Non-Emergency	(310) 837-1221
Redevelopment Agency	(310) 253-5760
Sanitation/Recycling	(310) 253-6400
SPCLA	(310) 676-1149
Street Lights/Traffic Signals	(310) 253-6433
Street Permits	(310) 253-5600
Street/Sewer Maintenance	(310) 253-6440
Traffic Management	(310) 253-5600
Trees	(310) 253-6428

www.culvercity.org

CITY OFFICIALS

Alex Fisch - Mayor
Daniel Lee- Vice Mayor
Göran Eriksson- Councilmember
Yasmine-Imani McMorrin - Councilmember
Albert Vera - Councilmember
John Nachbar - City Manager



(310) 253-6000

www.culvercity.org/city-hall/city-council

City Elected and Appointed Officials can be reached by mail at City of Culver City, PO Box 507, Culver City, CA 90232-0507

CITY MEETINGS

Out of an abundance of precaution most meetings are still taking place remotely. Call for actual location. Free parking is available and may be accessed off of Duquesne Avenue.

City Council	(310) 253-5851
Civil Service Commission	(310) 253-5640
Cultural Affairs Commission	(310) 253-5716
Dr. Martin Luther King Celebration Committee	(310) 253-6645
Equity & Human Relations Advisory Committee	(310) 253-5640
Parks and Recreation Commission	(310) 253-6655
Planning Commission	(310) 253-5741
Committee on Permits and Licenses	(310) 253-5870
Landlord Tenant Mediation Board	(310) 253-5780
Committee on Homelessness	(310) 253-5780
General Plan Advisory Committee	(310) 253-5740
Disability Advisory Committee	(310) 253-6729
Fiesta La Ballona Committee	(310) 253-6663

Registration Begins:

RESIDENT: October 18

NON-RESIDENT: October 25

Registration Policy for City-Staffed Programs

Classes must be paid for in full prior to the first class meeting. Enrollment may be completed at the registration office or online at www.culvercity.org/active. We accept cash, money orders, checks, VISA or MasterCard. Credit cards must be presented in person or saved to your ActiveNet account.

Culver CITY LIVING

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CITY OF CULVER CITY REFUND POLICY

RECREATION CLASSES, ACTIVITIES, AND PROGRAMS

Refunds will only be offered when a program or activity is cancelled. A refund will be offered upon request by the customer only if either of the following requirements is satisfied: Request for refund was made before the 2nd class meeting for Recreation Classes or before the first meeting of all other programs and activities, unless otherwise noted. Refunds will be issued either in the form of a check, an account credit or a refund back to the credit card of purchase and may take 2-6 weeks to process. Refund requests will only be granted before the 2nd class meeting for Enrichment Classes or before the first meeting of all other programs and activities. Refunds will not be given for missed classes nor may classes be made up due to participant illness or absence. A \$25 Refund Processing Fee will be charged on all refunds. Refund checks take up to 45 days to process.

PICNIC AREAS, SHELTERS, PARK BUILDINGS, AND VMC RENTALS

No refunds will be granted except in the case of rain. To receive a refund due to rain, you must notify the registration office within one week of the scheduled picnic date. If patron cancels, or wants to change dates; rescheduled event must be done within 6 months of the original reservation date. The monies used for their picnic/building rental may not be refunded to account to go towards another activity or program. Monies can only be used towards a picnic/park building rental. **Refunds for building permits only:** With at least 30 days' notice - 50% of fee returned. Less than 30 days notice - no refund.

AFTERSCHOOL PROGRAMS

No refunds, transfers, or pro-rations for cancellations, absences or illness with less than a 1-week notice. There is a \$25.00 processing fee for refunds. Refunds will be issued either in the form of a check, an account credit or a refund back to the credit card of purchase and may take 2-6 weeks to process. Credit card transactions can take 2 to 5 days.

CAMPS, TEEN PROGRAMS, AND SPECIALTY PROGRAMS

Refund requests must be done in writing and will only be granted before the first meeting of Camp. A \$25.00 processing fee will be charged on all refunds. Refunds will be issued either in the form of a check, an account credit or a refund back to the credit card of purchase and may take 2-6 weeks to process. There are no refunds, transfers for cancellations, absences or illnesses with less than a 1-week notice.

Community Events



Tree Lighting Celebration
DECEMBER 2, 2021



Zoom with Santa
DECEMBER 4-5 & 11-12, 2021



**Martin Luther King, Jr. Day
Celebration
JANUARY 15, 2022**



Egg-stravaganza
MARCH 19, 2022

After School Care

THE SKATESIDE AFTERSCHOOL

December: Residents: \$415, Non-resident: \$426

January: Residents: \$415, Non-resident: \$426

February: Residents: \$415, Non-resident: \$426

Get outdoors and learn to skate the Culver City Skatepark with THE SKATESIDE coaches. This program is open to beginner and intermediate skaters. Participants will get safe, engaging skateboarding instruction with time to socialize and decompress after a day at school.

Instructor: The Skateside Staff

Location: Culver City Skate Park

Note(s): All safety equipment is mandatory. This includes wrist guards, knee pads, elbow pads, and helmet. You can purchase equipment at least 48 hrs ahead of time to have it delivered the day of class. Link to our store: www.theskateside.com/store

Dates	Day	Time	Age
12/01 - 12/27	M/W	3:00 PM - 5:00 PM	5-15
1/03 - 1/26*	M/W	3:00 PM - 5:00 PM	5-15
2/02 - 2/28*	M/W	3:00 PM - 5:00 PM	5-15

YSE AFTERSCHOOL MIDDLE SCHOOL

December: Resident \$198, Non-resident: \$209

January: Resident \$224, Non-Resident \$235

February: Resident \$224, Non-resident: \$235

The YSE afterschool program is a unique, sports and academics program. YSE focuses on fun and learning through sports, games, music and fitness activities that develop skills, teach good sportsmanship and wellness values. Academics are also important and homework assistance is offered along with tutoring.

Instructor: Coach DJ and YSE Staff

Location: Culver City Middle School Room 401

Note(s): Some months are price adjusted due to school holiday breaks. All students are required to wear a mask at all times. Students must be picked up before 6:00pm. YSE follows the CCUSD School calendar.

Date(s)	Day	Time	Age
Monthly	M - F	2:20 PM - 5:50 PM	10-14

CCARP

The PRCS Culver City Afterschool Recreation Program (CCARP) locations are currently full and waitlists at each site have reached capacity. We look forward to serving those on the wait lists as space becomes available or staffing levels allow for program expansion. For more information on the CCARP program, please visit our website at www.culvercity.org and search "CCARP".



Culver CITY
FIESTA
LA BOO-LLONA
From the Heart of Screamlana

Veterans Park: October 29–October 31, 2021
 Enjoy classic Fiesta favorites in the Halloween Spirit!

Activities Carnival Rides & Games Beer and Wine Garden Live performances Food Trucks & Vendors Artisan Wares Local Vendors Local Organizations Halloween Contest Corner Costume Contest	Event Hours Friday, October 29 4:00pm– 10:00pm Saturday, October 30 11:00am– 10:00pm Sunday, October 31 10:00am– 7:00pm	Park-Walk-Ride-Bike Park- Free Parking at Sony Picture Studios [Enter off of Overland] Walk- Neighbors are encouraged to walk Ride- Culver City Bus- Plan your trip with us. 310-253-6500 or www.culvercitybus.com Bike- Culver City Bus has Bike Racks, Free Bike Valet and a Snacker parking in Veterans Park	Free Admission Want to go on the carnival rides or play the games on Saturday or Sunday? Buy your wristband before event begins! Carnival Wristband Sales Open October 11 at 7:00am at www.culvercity.org/active
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Preschool Classes

1st Class Prep

Monthly

1st Class Pre-K's program is designed to provide children 2 ½ - 6 with a loving, safe, diverse and stimulating environment where everyone feels relaxed and ready to learn through play. Class time and special activities are planned according to themes designed to meet the individual needs of children during this active time of growth and development. Our zoophonics curriculum encourages an enthusiastic and receptive attitude toward school, with an emphasis on Kinder. Activities which include an introduction to Spanish, letter and sound recognition, shape and number recognition, cooking, math, reading and art, are centered around seasonal themes. Students must be potty trained. Please provide a healthy lunch. A morning and afternoon snack will be provided. Students must be signed up for Mini Day or Part Day to enroll in morning care or afternoon care.

Instructor: Mari Davis and Michaela Davis

Location: Syd Kronenthal Park

Dates: January 3 - April 1

No Class:

- January: 1/17, 1/18
- February: 2/18, 2/21
- April: 4/4 - 4/8 and 4/15

Fees: All fees are due before the first day of the session. All paperwork should be printed and turned in on the first day of the session. \$250 Material fee due September 7 and January 4, 2022. Students who start in the months in between will pay a prorated material fee. No registration proration. For more info or questions please email us at 1stclassprepla@gmail.com.

Notes: COVID-19 CDC guidelines require that all staff, students and parents wear masks. Parents are only allowed to enter the classroom to help children get settled through the transitions. Sanitation will be of the utmost importance, including the daily sanitation of toys, tables, chairs, hand washing, and commonly used areas.

Res/non-res	Days	Time	Age
\$1244/\$1255	M - F	8:00 AM - 3:00 PM	2 ½ - 6
\$865/\$876	M - F	9:00 AM - 1:00 PM	2 ½ - 6
\$703/\$714	M/W/F	9:00 AM - 1:00 PM	2 ½ - 6
\$173/\$184	M - F	8:00 AM - 9:00 AM	2 ½ - 6
\$303/\$314	M - F	1:00 PM - 3 PM	2 ½ - 6



Beyond Pre-K In Spanish

Resident: \$973/month

Non-resident: \$984/month

Aftercare Resident: \$433/month

Aftercare Non-resident: \$444/month

Help your child begin the journey of acquiring a second language in Spanish at an early age! Our hands-on immersion program is taught by trained native speakers with college degrees in child development and education from the U.S. and Mexico. The Spanish language is introduced through multi-sensory activities that stimulate children's natural curiosity and creativity and with the goal to foster life-long learning, the development of motor skills, self-expression, empathy and exposure of diverse cultures to adapt to this globally changing world. Class meets continuously within the CCUSD schedule. Please pack a healthy lunch.

Location: Culver West Alexander Park

Dates: September 7 to June 17

*No Class 11/25, 11/26, 12/24, 12/31 and 1/17.

Note (s): It is mandatory to contact teachers prior to enrollment at beyondpk@gmail.com. Children need to listen and follow directions for safety reasons. If you are accepted, the child needs to have tested negative for Covid-19 no more than 7 days prior to starting class. Registration is now open. We will be following strict CDC guidelines. No parents will be allowed in the building due to Covid-19.

Date	Day	Time	Age
Monthly	M - TH F	9:00 AM - 2:00 PM 9:00 AM - 12:30 PM	4 - 5
After School Care:	M - TH F	2:00 PM - 4:00 PM 12:30 PM - 4:30 PM	4 - 5

Beyond Testing Preparation for Incoming Spanish Immersion Kindergarten Class

Resident: \$390

Non-resident: \$401

Get a head start preparing your child with the tools to take the entrance exam to any of the immersion schools, such as El Marino Language School and La Ballona. Both teachers are native speakers from Mexico and Guatemala. We will be building vocabulary, opposites, feelings, comprehension of stories, and critical thinking. Requirements: Basic exposure to Spanish. Your child needs to be able to wear a mask at all times.

Location: Culver West Alexander Park

Material Fee: \$20.00 for supplies and snack

Note (s): It is mandatory to contact teachers prior to enrollment at beyondpk@gmail.com. Children need to listen and follow directions for safety reasons. If you are accepted, the child needs to have tested negative for Covid-19 no more than 7 days prior to starting class.

Date	Day	Time	Age
1/04 - 2/24	T - TH	2:30 PM - 4:00 PM	4 - 5





Learn N' Play the Bilingual Way

Resident: \$832

Non-resident: \$843

Monthly

Our program is designed to stimulate early education in a bilingual (English and Spanish) environment. We promote social, intellectual, physical and emotional development as the children "Learn and Play". They will participate in a day filled with multi-sensory activities, lessons, arts & crafts, recognizing the alphabets, letter sounds, numbers, shapes, colors, and songs. Children will also be introduced to simple science experiments, music, and movement. This class will prepare your child for kindergarten. Please pack a healthy snack and lunch. Class meets continuously within the CCUSD school year calendar. Children must be fully potty trained, able to stay by themselves and follow directions. Space is limited. There is no prorating. For more info or questions, please email us at learnnplaybilingualway@gmail.com.

Instructors: Angie Cady

Location: El Marino Park

Material Fee: A two-time material fee of \$200 is payable in September and January.

Note(s): We will continue to follow strict CDC guidelines. There will be one teacher per 6 kids and no mixing of groups. A total of two teachers and 12 kids. At this time no parents will be allowed in the building. Every morning children will be entering through the side door where teachers will be checking temperatures with a no touch thermometer and washing their hands. We will ensure enough time before and after school to completely sanitize and clean all toys, tables and chairs as sanitization is of the utmost importance.

Days	Times	Age
M - F	9:00 AM - 1:00 PM	3 ½ - 5



Kids Time

Resident: \$572

Non-resident: \$583

Monthly

This program provides a nurturing environment for kids. Children will participate in creative art, music, movement and play activities designed to develop motor skills, self-awareness and independence in an environment that is full of fun. Children will be introduced to their ABC's, phonics, and numbers along with simple math concepts through play and hands on activities. This program is ideal for learning and preparing for kindergarten.

Instructor: Poonam Sharma

Location: Blanco Park Building

Material Fee: \$20 material fee per month.

Note(s): Kids must be potty trained. Parents meeting September 7 at 9:00 AM at Blanco Park. Class meets continuously to follow CCUSD calendar.

Dates	Day	Time	Age
12/01 - 12/31	M - F	9:00 AM - 12:30 PM	3 - 5
1/03 - 1/31	M - F	9:00 AM - 12:30 PM	3 - 5
2/01 - 2/28	M - F	9:00 AM - 12:30 PM	3 - 5





Youth Recreational Activities

ATHENA SELF-DEFENSE: CARDIO MARTIAL ARTS

Resident: \$25

Non-resident: \$36

Monthly

Cardio exercises combined with self-defense movements: blocks, elbows, kicks, knees, punches. For females to build endurance and stamina to fight against and run away from attackers and bullies. Stay fit while learning to protect yourself.

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yanji Room

Note(s): Female class. Bring Water. Wear comfortable clothing and shoes.

DATES	DAY	TIME	AGES
12/04 - 12/18	SA	11:00 AM - 11:45 AM	10+
1/08 - 1/29	SA	11:00 AM - 11:45 AM	10+
2/05 - 2/26	SA	11:00 AM - 11:45 AM	10+



ATHENA SELF-DEFENSE: GIRLS

Resident: \$25

Non-resident: \$36

Monthly

Self-Defense for girls to help escape, fight against and run away from attackers and bullies. Learn how to block, elbow, kick, knee, palm strike, and punch. Escape from arm-grabs, bearhugs, chokeholds, headlocks, hair grabs, and being pinned on the ground. Build mental and physical confidence, and strength. Protect yourself, family and friends!

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yangi Room

Note(s): Female Class. Bring Water. Wear comfortable clothing and shoes.

DATES	DAY	TIME	AGES
12/04 - 12/18	SA	9:00 AM - 9:45 AM	5 - 12
1/08 - 1/29	SA	9:00 AM - 9:45 AM	5 - 12
2/05 - 2/26	SA	9:00 AM - 9:45 AM	5 - 12



CARDBOARD ART AND ENGINEERING

Resident: \$ 177

Non-resident: \$188

Come build amazing eco-friendly creations! At Cardboard Art and Engineering, reDiscover's Facilitators teach children the skills they need to turn their wildest imaginings into real-world items made from all sorts of accessible, upcycled materials. While practicing social distancing with their own personal workspace and dedicated set of tools, the group will have activities that encourage socialization and cooperation while building projects on their own to a group theme. Learn advanced cardboard construction techniques that can be brought home to generate hours of hands-on STEAM fun with just the content of your recycling bin.

Instructor: reDiscover Center

Location: VMC- Multi Purpose Room

Date	Day	Time	Age
1/12 - 2/23	W	3:30 PM - 5:00 PM	7-12





DEE-LIGHTFUL PRODUCTION'S MUSICAL THEATRE WORKSHOP FOR KIDS (6 - 11)

Resident: \$499

Non-resident: \$510

For our younger performers we are offering the Kids version of one of these 3 shows: Seussical, The Music Man, or Frozen. In one 4-hour class per week, our kids will have the learning experience of auditioning and rehearsing (the script, music, and choreography) with 2 final performances

Instructor: Dolores Aguanno

Location: Culver West Alexander

Material Fee: \$295 payable to dee-Lightful Productions, includes script, music, some production costs, and a professionally produced DVD of our show!

Note(s): 2 performances, March 18-19 in the VMB auditorium, Unless we have a really large turnout, then we will double cast and have 4 performances during production week March 16-19

DATES	DAY	TIME	AGES
1/08 - 3/19	SA	9:30 AM - 1:30 PM	6 - 11

DEE-LIGHTFUL PRODUCTION'S MUSICAL THEATRE WORKSHOP FOR TEENS N' TWEENS (10-18)

Resident: \$1144

Non-resident: \$1155

For our Tween's/ Teens we are offering the Junior version of one of these 3 shows: Seussical, The Music Man or Frozen. In 3 class sessions per week (10 hours) our kids will have the learning experience of auditioning and rehearsing (the script, music and choreography) with 4 final performances.

Instructor: Dolores Aguanno

Location: Culver West Alexander

Material Fee: \$395 payable to dee-Lightful Productions, includes script, music, some production costs, and a professionally produced DVD of our show.

Note(s): 4 performances, March 17-19 in the VMB auditorium.

DATES	DAYS	TIMES	AGE
1/04 - 3/19	T / F	3:45 PM - 6:45 PM	10 - 18
	SA	2:00 PM - 6:00 PM	



KANANI'S GOLDEN TIGER KUNG FU, FU JOW PAI

Resident

Non-resident

The class entails real urban self-defense for kids and adults. This style of kung fu is based on the movements and demeanor of an attacking tiger and includes: empty hand forms, weapon forms, empty hand against weapon. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline and stress reduction! Our certified ranking system is recognized worldwide.

Instructor: BEHNAM KANANI

Location: Senior Center Room B45

Material Fee: \$25 KGTF T-shirt, \$24.50 (one time fee for belt upon ranking) \$30.00 (ranking test and certification fee)

Note(s): Comfortable clothes, Kung fu/flat bottom shoes (no heels).

Dates	Day	Time	Age	Fee
12/2 - 12/30	T/TH	6:00 PM - 7:15 PM	5 - 14	150/161
1/11 - 1/27	T/TH	6:00 PM - 7:15 PM	5 - 14	120/131
2/01 - 2/24	T / TH	6:00 PM - 7:15 PM	5 - 14	150/161





Youth Recreational Activities

PINTSIZE SOCCER

Resident: \$123

Non-resident: \$134

This class is designed as an introduction to soccer and prepares children for organized sports league play in a FUN, positive environment. Children will learn and practice a variety of soccer skills such as dribbling, kicking and passing, trapping, throwing, and agility. They will also learn how to work within a team, the basic rules of the game and much more. Parents are encouraged to participate and must stay for the duration of the class.

Instructor: Pintsize Sports Instructors

Location: Culver West -Alexander Park

Note(s): Participants are encouraged to bring their own soccer ball with their name on it.

Date	Day	Time	Age
1/08 - 2/26	SA	9:30 AM - 10:15 AM	4-6
1/08 - 2/26	SA	10:20 AM - 10:50 AM	2-4



PINTSIZE TEE BALL

Resident: \$123

Non-resident: \$134

This class is designed as an introduction to Tee Ball and prepares children for organized sports league play in a FUN, positive environment. Children will learn and practice a variety of baseball skills such as throwing, catching, hitting with a bat, running bases, and agility skills. They will also learn how to work within a team, the basic rules of the game, and much more. Parent or adult participation recommended.

Instructor: Pintsize Sports Instructors

Location: Culver West Alexander Park

Date	Day	Time	Age
1/08 - 2/26	SA	10:55 AM - 11:40 AM	3-5





THE SKATESIDE - BEGINNER

Resident: \$269

Non-resident: \$280

Monthly

Focusing on safety and skateboard fundamentals, this class is fantastic for beginners to learn how to ride a skateboard. Learn skateboard safety, balance, pushing, turning, and cool tricks. Great for friends and siblings! This is a monthly class that meets 4 times per month on the days and times listed below. Skatepark is reserved for enrolled students during program time.

Instructor: The Skateside Staff

Location: Culver City Skate Park

Note(s): Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! *No class 1/30

Dates	Day	Time	Age	Level
12/05 - 12/26	SU	9:00 AM - 10:20 AM	5 - 15	Beginner
1/02 - 1/23*	SU	9:00 AM - 10:20 AM	5 - 15	Beginner
2/06 - 2/27	SU	9:00 AM - 10:20 AM	5 - 15	Beginner

*NO CLASS 1/30

THE SKATESIDE - INTERMEDIATE

Resident: \$269

Non-resident: \$280

Monthly

Take your skills to the next level and learn advanced tricks, dropping in, and skateboard style. Students should be able to navigate the skatepark comfortably and do basic beginner tricks. Great for friends and siblings! This is a monthly class that meets 4 times per month on the days and times listed below. Skate-park is reserved for enrolled students during program time.

Instructor: The Skateside Staff

Location: Culver City Skate Park

Note(s): Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY! *No Class 1/30

Dates	Day	Time	Age	Level
12/05 - 12/26	SU	10:30 AM - 11:50 AM	5 - 15	Intermediate
1/02 - 1/23*	SU	10:30 AM - 11:50 AM	5 - 15	Intermediate
2/06 - 2/27	SU	10:30 AM - 11:50 AM	5 - 15	Intermediate

*NO CLASS 1/30

Registration Policy for City-Staffed Programs

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Youth Recreational Activities

TENNIS FOR KIDS AT FOX HILLS- BEGINNER

Resident: \$156

Non-resident: \$167

Skill level beginner. Duration is one hour per lesson. Students sign up for a series of five

Instructor: Ted Salter

Location: Fox Hills Tennis Court #1

Note(s): Participants must furnish racket. Students must use face covering at all time and follow Covid-19 regulations

Date(s)	Day	Time	Age	Level
11/22 - 12/20	M	3:00 PM - 4:00 PM	7-10	Beginner
11/23 - 12/21	T	3:00 PM - 4:00 PM	7-10	Beginner
11/24 - 12/22	W	3:00 PM - 4:00 PM	7-10	Beginner
12/02 - 12/30	TH	3:00 PM - 4:00 PM	7-10	Beginner
11/26 - 12/24	F	3:00 PM - 4:00 PM	7-10	Beginner
1/03 - 1/31	M	3:00 PM - 4:00 PM	7-10	Beginner
1/04 - 2/01	T	3:00 PM - 4:00 PM	7-10	Beginner
1/05 - 2/02	W	3:00 PM - 4:00 PM	7-10	Beginner
1/06 - 2/03	TH	3:00 PM - 4:00 PM	7-10	Beginner
1/07 - 2/04	F	3:00 PM - 4:00 PM	7-10	Beginner
2/07 - 3/07	M	3:00 PM - 4:00 PM	7-10	Beginner
2/08 - 3/08	T	3:00 PM - 4:00 PM	7-10	Beginner
2/09 - 3/09	W	3:00 PM - 4:00 PM	7-10	Beginner
2/10 - 3/10	TH	3:00 PM - 4:00 PM	7-10	Beginner
2/11 - 3/11	F	3:00 PM - 4:00 PM	7-10	Beginner

TENNIS FOR KIDS AT FOX HILLS- INT/ADV DEC

Resident: \$156

Non-resident: \$167

Skill level intermediate to advanced. Duration is one hour per lesson. Students sign up for a series of five.

Instructor: Ted Salter

Location: Fox Hills Tennis Court #1

Note(s): Participants must furnish racket. Students must use face covering at all time and follow Covid-19 regulations.

Date(s)	Day	Time	Age	Level
11/22 - 12/20	M	4:00 PM - 5:00 PM	7-10	INT/ADV
11/22 - 12/20	M	5:00 PM & 6:00 PM	11-17	INT/ADV
11/23 - 12/21	T	4:00 PM - 5:00 PM	7-10	INT/ADV
11/23 - 12/21	T	5:00 PM & 6:00 PM	11-17	INT/ADV
11/24 - 12/22	W	4:00 PM - 5:00 PM	7-10	INT/ADV
11/24 - 12/22	W	5:00 PM & 6:00 PM	11-17	INT/ADV
12/02 - 12/30	TH	4:00 PM - 5:00 PM	7-10	INT/ADV
12/02 - 12/30	TH	5:00 PM & 6:00 PM	11-17	INT/ADV
11/26 - 12/24	F	4:00 PM - 5:00 PM	7-10	INT/ADV
11/26 - 12/24	F	5:00 PM & 6:00 PM	11-17	INT/ADV
11/27 - 1/01 *	SA	8:00 , 9:00, & 11:00 AM	11-17	INT/ADV
11/27 - 1/01 *	SA	10:00 AM - 11:00 AM	7-10	INT/ADV

TENNIS FOR KIDS AT FOX HILLS- INT/ADV JAN

Resident: \$156

Non-resident: \$167

Skill level intermediate to advanced. Duration is one hour per lesson. Students sign up for a series of five.

Instructor: Ted Salter

Location: Fox Hills Tennis Court #1

Note(s): Participants must furnish racket. Students must use face covering at all time and follow Covid-19 regulations

Date(s)	Day	Time	Age	Level
1/03 - 1/31	M	4:00 PM - 5:00 PM	7-10	INT/ADV
1/03 - 1/31	M	5:00 PM & 6:00 PM	11-17	INT/ADV
1/04 - 2/01	T	4:00 PM - 5:00 PM	7-10	INT/ADV
1/04 - 2/01	T	5:00 PM & 6:00 PM	11-17	INT/ADV
1/05 - 2/02	W	4:00 PM - 5:00 PM	7-10	INT/ADV
1/05 - 2/02	W	5:00 PM & 6:00 PM	11-17	INT/ADV
1/06 - 2/03	TH	4:00 PM - 5:00 PM	7-10	INT/ADV
1/06 - 2/03	TH	5:00 PM & 6:00 PM	11-17	INT/ADV
1/07 - 2/04	F	4:00 PM - 5:00 PM	7-10	INT/ADV
1/07 - 2/04	F	5:00 PM & 6:00 PM	11-17	INT/ADV
1/08 - 2/05	SA	8:00, 9:00, & 11:00 AM	11-17	INT/ADV
1/08 - 2/05	SA	10:00 AM - 11:00 AM	7-10	INT/ADV



TENNIS FOR KIDS AT FOX HILLS- INT/ADV FEB

Resident: \$156

Non-resident: \$167

Skill level intermediate to advanced. Duration is one hour per lesson. Students sign up for a series of five.

Instructor: Ted Salter

Location: Fox Hills Tennis Court #1

Note(s): Participants must furnish racket. Students must use face covering at all time and follow Covid-19 regulations.

Date(s)	Day	Time	Age	Level
2/07 - 3/07	M	4:00 PM - 5:00 PM	7-10	INT/ADV
2/07 - 3/07	M	5:00 PM & 6:00 PM	11-17	INT/ADV
2/08 - 3/08	T	4:00 PM - 5:00 PM	7-10	INT/ADV
2/08 - 3/08	T	5:00 PM & 6:00 PM	11-17	INT/ADV
2/09 - 3/09	W	4:00 PM - 5:00 PM	7-10	INT/ADV
2/09 - 3/09	W	5:00 PM & 6:00 PM	11-17	INT/ADV
2/10 - 3/10	TH	4:00 PM - 5:00 PM	7-10	INT/ADV
2/10 - 3/10	TH	5:00 PM & 6:00 PM	11-17	INT/ADV
2/11 - 3/11	F	4:00 PM - 5:00 PM	7-10	INT/ADV
2/11 - 3/11	F	5:00 PM & 6:00 PM	11-17	INT/ADV
2/12 - 3/12	SA	8:00, 9:00, & 11:00 AM	11-17	INT/ADV
2/12 - 3/12	SA	10:00 AM - 11:00 AM	7-10	INT/ADV



TINY TOTS BALLET AND TAP AGES 3-4

Resident: \$ 166

Non-resident: \$ 177

Young Dancers will learn the basics of ballet, tap and creative movement in a safe and fun environment. This is a great way to let your child explore their creative side using the foundation and technique of ballet and the sense of rhythm through tap.

Instructor: Caroline Antunes

Location: Veteran's Memorial Building -Garden Room

Material Fee: \$5 for costume rental.

Note(s): Please wear leotard, tights and ballet shoes. Tap shoes strongly recommended but not mandatory. Following CDC and COVID 19 guidelines, Staff and Students must wear a face mask at all times during class. Parents and siblings will not be allowed inside classroom.

Date	Day	Time	Age
1/10 - 3/14*	M	3:45 PM - 4:30 PM	3-4

*NO CLASS: 1/17 and 2/21

TINY TOTS BALLET AND TAP AGES 5-8

Resident: \$ 166

Non-resident: \$ 177

Ballet is the foundation of dance technique, developing grace, flexibility, strength, and balance. Tap is great to exercise the body and mind, challenging children to integrate rhythmic patterns using their feet as the instrument. This class will focus on coordination, confidence, and choreography through fun and exciting exercises.

Instructor: Caroline Antunes

Location: Veteran's Memorial Building -Garden Room

Material Fee: \$5 for costume rental.

Note(s): Please wear leotard, tights and ballet shoes. Tap shoes strongly recommended but not mandatory. Following CDC and COVID 19 guidelines; staff and students must wear a face mask at all times during class. Parents and siblings will not be allowed inside classroom.

Date	Day	Time	Age
1/10 - 3/14*	M	4:30 PM - 5:30 PM	5-8

*NO CLASS: 1/17 and 2/21





Teen Center

ABOUT THE TEEN CENTER

The Teen Center serves high school students and middle school students. We pride ourselves on continuing the dream of our founders of being a positive outlet for youth in Culver City. Staff provide a safe, inclusive, and supervised program for students that live inside Culver City or attend a Culver City Unified School. We offer a variety of services during the school year

Hours of Operation:

During the school year the Teen Center is open Monday through Friday, from 2 PM to 6:30 PM. On Wednesdays, the Teen Center will open one hour earlier at 1 PM. The Teen Center does not offer regular hours during summer, winter, and spring recesses; however, alternative teen programming including arts and learning classes, camps, meetup groups and field trips will be offered at various facilities

Membership:

Membership to Teen Center is \$100 per school year or \$50 per semester. Purchasing a membership is fast and easy—you can register online at www.culvercity.org/active or in person at the Culver City Registration Office located at 4117 Overland Avenue, Monday-Friday, 8 AM - 6 PM, Saturday & Sunday, 10 AM - 4 PM. Please call (310) 253-6650 for more information.

Instructor: City Staff

Location: 4153 Overland Ave., Culver City, CA 90230



DROP-IN ACTIVITIES & FACILITIES

Game Room

Pool tables, ping pong, foosball & arcade games.

Multipurpose Room

Group activities & games, cooking projects, etc.

Homework Room

The homework room is well-equipped with the necessary tools for students to succeed. CCUSD books, tables and chairs in a quiet environment.

Television Room

The television room is used for movie days & other activities.

Computer Lab

The computer lab is equipped with computers with internet access that allows students to complete homework and school projects, play computer games, socialize online at safe and secure city-approved sites, learn new computer programs, or just hang out.



TEEN SUPPORT GROUPS & PROGRAMS

Homework Help Program

We offer free homework assistance to middle and high school students through our partnership with UCLA Bruin Corps. The program runs the length of the school year starting in late October. Teen Center membership is required to receive services. Space is limited.

Gardening

During the school year our Gardening program is imbedded in the Teen Center. We introduce teens to Gardening at the City's Community Garden! They learn about soil, how much water, what to plant, shade vs. sun

Art in the Park

Bring your creativity! During the school year our Art in the Park program is imbedded in the Teen Center. Teens will create a new art piece each session, and different medium will be provided each session

Teen Employment

The PRCS department regularly hires young adults ages 15 and older with a valid work permit for our introductory position of Recreation Leader I and those age 16 and older as Lifeguards. These valuable members of our team are vital support for our various programming: afterschool, day camps, aquatics, special events etc.





Winter Camps

THE SKATESIDE CAMP GENERAL INFO

Skateboard skill focused camp that brings you everything you love about skateboarding. Learn how to shred the Culver City Skate Park and learn basic skateboard skills or take your skills to the next level.

Instructor: The Skateside Staff

Location: Culver City Skate Park

Note(s): Wrist guards, knee pads, elbow pads and helmet ARE MANDATORY!

THE SKATESIDE THANKSGIVING CAMP

Resident: \$342 Non-resident: \$353

Date (S)	Days	Time	Age
11/22 - 11/26	MTWTF	9:00 AM - 12:00 PM	5 - 15

THE SKATESIDE WINTER CAMP

Resident: \$403 Non-resident: \$414

Dates	Days	Time	Age
12/20 - 12/24	M - F	9:00 AM - 12:00 PM	5 - 15
12/27 - 12/31	M - F	9:00 AM - 12:00 PM	5 - 15
1/03 - 1/07	M - F	9:00 AM - 12:00 PM	5 - 15

THE SKATESIDE MLK DAY CAMP **CANCELLED**

Resident: \$114 Non-resident: \$125

Date(s)	Day	Time	Age
1/17	M	9:00 AM - 12:00 PM	5 - 15

THE SKATESIDE DAY CAMP

Resident: \$114 Non-resident: \$125

Date(s)	Day	Time	Age
1/18	T	9:00 AM - 12:00 PM	5 - 15

THE SKATESIDE DAY CAMP

Resident: \$114 Non-resident: \$125

Date(s)	Day	Time	Age
1/31	M	9:00 AM - 12:00 PM	5 - 15

THE SKATESIDE PRESIDENT'S DAY CAMP

Resident: \$114 Non-resident: \$125

Date(s)	Day	Time	Age
2/21	M	9:00 AM - 12:00 PM	5 - 15



YSE CAMP GENERAL INFO

YSE Fall Camp is a program where youth participate in creative activities and a variety of sports such as basketball, flag football, soccer, dodgeball, capture the flag and so much more!

Instructor: Coach DJ and YSE Staff

Location: VMC- Multi-Purpose and Iksan Rooms.

Note(s): All campers and staff are required to wear a mask at all times. YSE follows all CDC and City guidelines to ensure safety.

YSE THANKSGIVING CAMP

Resident: \$114 Non-resident: \$125

Date(s)	Days	Time	Age
11/22 - 11/24	M - W	9:00 AM - 3:00 PM	5 - 17

YSE WINTER CAMP

Resident: \$135 Non-resident: \$146

Date(s)	Day	Time	Age
12/20 - 12/23	M - TH	9:00 AM - 3:00 PM	5 - 17

PRCS SCHOOL HOLIDAY & BREAK CAMPS

In order to support the needs of working parents on school holidays that are not city holidays and seasonal school breaks, PRCS will offer day camp options.

Location: Teen Center

PRCS VETERAN'S DAY CAMP

1st Child Resident: \$28 Non-resident: \$36.40
2nd Child Resident: \$25 Non-resident: \$31.40

Date (S)	Days	Time	Age	Fee
11/11	TH	9:00 AM - 6:00 PM	5 - 15	See Above
11/11	TH	7:00 AM - 9:00 AM	5 - 15	\$5.40

PRCS THANKSGIVING BREAK CAMP

1st Child Resident: \$84 Non-resident: \$103.80
2nd Child Resident: \$75 Non-resident: \$94.20

Date (S)	Days	Time	Age	Fee
11/22 - 11/24	MTW	9:00 AM - 6:00 PM	5 - 15	See Above
11/22 - 11/24	MTW	7:00 AM - 9:00 AM	5 - 15	\$16.20

PRCS WINTER BREAK CAMP

1st Child Resident: \$140 Non-resident: \$173.00
2nd Child Resident: \$125 Non-resident: \$157.00

Date (S)	Days	Time	Age	Fee
12/20 - 12/24	M - F	9:00 AM - 6:00 PM	5 - 15	See Above
12/20 - 12/24	M - F	7:00 AM - 9:00 AM	5 - 15	\$27.00
12/27 - 12/31	M - F	9:00 AM - 6:00 PM	5 - 15	See Above
12/27 - 12/31	M - F	7:00 AM - 9:00 AM	5 - 15	\$27.00

PRCS PRESIDENT'S DAY CAMP

1st Child Resident: \$28 Non-resident: \$36.40
2nd Child Resident: \$25 Non-resident: \$31.40

Date (S)	Days	Time	Age	Fee
2/21	M	9:00 AM - 6:00 PM	5 - 15	See Above
2/21	M	7:00 AM - 9:00 AM	5 - 15	\$5.40



Adult Recreational Activities

ADULT CERAMICS

Resident: \$156

Non-resident: \$167

A unique experience to learn basic hand building and wheel work in a multi-level shared environment, beginner to advanced. Projects range from simple plates, mugs and bowls to complex projects designed by students

Instructor: Barbara Lamb

Location: El Marino Park Ceramics Hut

Material Fee: A \$25 materials fee will be collected at the first class meeting for clay, glazes, insurance, and tools.

Class	Dates	Day	Time	Age
10 wkS	12/07 - 2/22*	T	7:00 PM - 9:00 PM	18+
10 wks	12/09 - 2/24*	TH	7:00 PM - 9:00 PM	18+

*No Class 12/21, 12/23, 12/28, 12/30



ATHENA SELF-DEFENSE: CARDIO MARTIAL ARTS

Resident: \$25

Non-resident: \$36

Monthly

Cardio exercises combined with self-defense movements: blocks, elbows, kicks, knees, punches. For Females to build endurance and stamina to fight against and run away from attackers and bullies. Stay fit while learning to protect yourself.

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Iksan Room

Note(s): Female class. Bring Water. Wear comfortable clothing and shoes.

DATES	DAY	TIME	AGES
12/04 - 12/18	SA	11:00 AM - 11:45 AM	10+
1/08 - 1/29	SA	11:00 AM - 11:45 AM	10+
2/05 - 2/26	SA	11:00 AM - 11:45 AM	10+

ATHENA SELF-DEFENSE: TEENS AND WOMEN

Resident: \$25

Non-resident: \$36

Monthly

Self-Defense for teens and women. Learn to escape, fight against, and run away from attackers and bullies. How to block, elbow, kick, knee, palm strike, and punch. Escape from arm-grabs, bearhugs, chokeholds, headlocks, hair grabs, and being pinned on the ground. Build mental and physical confidence and strength. Protect yourself, family, and friends!

Instructor: Andy Pancho, ATHENA Staff

Location: Veterans Memorial Building – Yangi Room

Note(s): Female Class. Bring Water. Wear comfortable clothing and shoes.

DATES	DAY	TIME	AGES
12/04 - 12/18	SA	10:00 AM - 10:45 AM	13+
1/08 - 1/29	SA	10:00 AM - 10:45 AM	13+
2/05 - 2/26	SA	10:00 AM - 10:45 AM	13+

IAIDO - WAY OF THE JAPANESE SWORD

Resident: \$151

Quarterly

Non-resident: \$162

Iaido is the ancient Japanese art of drawing the sword and cutting in a single movement. Originally created for the physical and mental discipline of the Samurai warrior, today the martial art joins together various defensive and offensive sword movements, along with related weapons training, in order to develop a calm mind, better concentration, and physical coordination.

Instructor: Masakazu Tazaki 7th Degree Black Belt

Location: Teen Center

Note(s): Must meet instructor approval. Testing fees apply for all belt progression.

Date	Day	Time	Age	Location
12/01 - 2/23	W	7:00 PM - 8:30 PM	14+	Teen Center

INTRO TO FENCING

Resident: \$73

Non-resident: \$84

Fencing helps develop balance, agility, reflexes, and leg strength. Course is for fencers of all levels. Students are grouped based on their current level of fencing, as determined by the instructors. Instruction will begin with the foil and advanced students may also choose epee or saber. Group instruction is done during the first hour and the remaining time is for drills and practice. All equipment is supplied for beginners.

Instructors: Coaches from Salle D'Armes Couturier

Location: Senior Center B45/47

Materials fee: \$20 material fee

Note(s): USA Fencing Association annual membership required. (\$10)

Dates	Day	Time	Age
12/02 - 2/28*	M/TH	7:45 PM - 9:45 PM	18+

* No Class 12/23-1/06



KANANI'S GOLDEN TIGER KUNG FU, FU JOW PAI

Monthly

The Class entails real urban self-defense for kids and adults. This style of kung fu is based on the movements and demeanor of an attacking tiger and includes: empty hand forms, weapon forms, empty hand against weapon. The official curriculum promotes fitness, weight control, cardio, stamina, strength, patience, discipline, and stress reduction! Our certified ranking system is recognized worldwide.

Instructor: BEHNAM KANANI

Location: Senior Center Room B45

Material Fee: \$25 KGTF T-shirt, \$24.50 (one time fee for belt upon ranking) \$30.00 (ranking test and certification fee)

Note(s): Comfortable clothes, Kung fu/ flat bottom shoes (no heels).

Dates	Day	Time	Age	Fee
12/02 - 12/30	T/TH	6:00 PM - 7:15 PM	15+	161/172
1/11 - 1/27	T/TH	6:00 PM - 7:15 PM	15+	130/141
2/01 - 2/24	T/TH	6:00 PM - 7:15 PM	15+	161/172

LET'S GET FIT- FOR SENIORS (50+)

Resident: \$42, Non-resident: \$53

Any 5 Classes

Resident: \$52, Non-resident: \$63

Monthly

Resident: \$140, Non-resident: \$151

Season Pass*

*Season pass is only available for purchase the second week of December. Let's get fit! is a dance exercise class that allows you to strength train and stretch your body with easy, unique movements. Each session is an hour long class, but if you would like to exercise more, we offer an additional conditioning session for 20-25 minutes after our basic 1 hour class on Tuesdays and Thursdays.

Instructor: Akiko Miyoshi

Location: VMC

Note(s): Wear walking shoes and comfortable cloth. Bring a pair of 1-3lbs hand held weights and bottled water. No Class: 12/25 and 01/01

Date	Day	Time	Age	Room
12/02 - 12/30	T/TH	9:30 AM - 11:00 AM	50+	VMC
	SA	9:30 AM - 10:30 AM	50+	VMC
1/04 - 1/29	T/TH	9:30 AM - 11:00 AM	50+	VMC
	SA	9:30 AM - 10:30 AM	50+	VMC
2/01 - 2/26	T/TH	9:30 AM - 11:00 AM	50+	VMC
	SA	9:30 AM - 10:30 AM	50+	VMC
12/02 - 2/26	T/TH	9:30 AM - 11:00 AM	50+	VMC
	SA	9:30 AM - 10:30 AM	50+	VMC

YOGA FROM THE INSIDE OUT

Resident: \$72, Non-resident: \$83

5 Class Series

Resident: \$87, Non-resident: \$98

6 Class Series

Resident: \$137, Non-resident: \$148

11 Class Series

Yoga provides simple tools to build strength, flexibility, and balance in body, mind, and spirit. Find ease within difficult poses and emotions, and calm your mind with this gentle practice. Breathe and move more freely. Experience deep rest and renewal in a friendly, inclusive environment, whatever your skill level.

Instructor: Tara Kamath has taught for 20+ years, and is certified in Vinyasa Krama, Prime of Life, and Restorative Yoga

Location: Mondays: Senior Center

Thursdays: Veteran's Memorial Complex

Note(s): Bring a yoga mat, a towel or yoga blanket, and two yoga blocks to class and wear layers (e.g., sweater, socks) for temperature control.

Class	Dates	Day	Time	Age
5 wk	12/02 - 1/13*	TH	4:00 PM - 5:30 PM	18 - 80
6 wk	1/20 - 2/24	TH	4:00 PM - 5:30 PM	18 - 80
11 wk	12/02 - 2/24*	TH	4:00 PM - 5:30 PM	18 - 80

*NO CLASS 12/23 & 12/30

5 wk	12/06 - 1/10*	M	6:30 PM - 8 PM	18 - 80
6 wk	1/24 - 2/28	M	6:30 PM - 8 PM	18 - 80
11 wk	12/6 - 2/28*	M	6:30 PM - 8 PM	18 - 80

*NO CLASS 12/27

DID YOU KNOW CULVER CITY HAS ADULT SPORTS LEAGUES?

CHECK OUT THE LINKS BELOW FOR MORE INFORMATION!



CULVER CITY ADULT BASKETBALL LEAGUE
ALL CITY ATHLETICS



CULVER CITY ADULT SOFTBALL LEAGUE
MAJOR LEAGUE SOFTBALL





Senior Activities

SENIOR CENTER PROGRAMMING

The Senior Center offers various fitness, art, and language classes per week, plus support groups, special interest groups and live entertainment, musical programs, and special events. For information on specific daily, weekly, monthly "ongoing" classes and activities, readers have been directed to the Senior Center Newsletter online at the link below.

Location:

4095 Overland Ave, Culver City, CA 90232

Hours of Operation:

Monday through Friday9 AM - 5 PM
Weekends & Holidays12 PM - 4 PM
Business Desk: Weekdays9 AM - 4 PM
Weekends12 PM - 3:30 PM

Membership:

Membership in the Culver City Senior Citizens Association Inc. (CCSCA), a 501(c)(3) organization, is open to Individuals 50 years of age and over. CCSCA Membership is required for participation in classes and most activities at the Senior Center. For those who purchased a 2020 CCSCA membership, that membership is still valid through December 31, 2021. Participants must have a 2020 CCSCA membership to attend classes, join the fitness room, computer lab, movies, and most activities. Membership is based on the calendar year as follows:

- \$20 annual membership
- \$5 annual membership for seniors 90 and older
- \$5 parking pass
- \$15 fee to receive the newsletter monthly by mail*
- \$60 Fitness Room fee for August 2021 - December 31, 2021

*The Newsletter is free if you pick it up in person or view it online at:
<https://www.culvercity.org/live/community-neighborhood/adult-senior-services/senior-center-newsletters>

For information please call:
(310) 253-6700 • (310) 253-6736 (TDD)
Email: senior.center@culvercity.org

It's that time again!

The 2022 CCSCA Membership Registration Drive will be held in the Senior Center lobby on weekdays from January 3, 2022 - January 14, 2022. There will also be five days of early registration from December 6, 2021 - December 10, 2021.



Disability & Social Services



DISABILITY & SOCIAL SERVICES PROGRAMS

Located at the Senior Center, staff are available Monday through Friday via phone and in-person to residents of all ages to offer assistance with information, referrals, and help. Areas we can help include: transportation, counseling, caregiver information, support groups, disability programs, aging resources, low income programs and services, government benefits, abuse reporting, health, and medical resources, and others.

For questions or more information, contact Senior & Social Services Recreation Specialist, Melanie Morales, at (310) 253-6727 or email melanie.morales@culvercity.org



COMPLIMENTARY SOCIAL WORK SERVICE

The Senior Center has a partnership with Social Service for Groups SILVER (SSG), who specializes in field based case management and behavioral health services. If you or someone you know needs a little extra help, you can speak with an SSG social worker via phone at (310) 253-6717.

HOUSING AND ROOMATE SERVICES

The Affordable Living for the Aging program is available to seniors and non-seniors who are seeking roommates or shared and affordable housing arrangements. To make an appointment to speak with staff at the Senior Center, please call (323) 650-7988 to begin the intake process.



SENIOR NUTRITION PROGRAM

The Culver City Senior Center transitioned the intake process for the Elderly Nutrition Program to Jewish Family Services (JFS) in July 2020. JFS is a Los Angeles based non-profit organization. This program continues to provide nutritionally balanced lunches to eligible participants. All meals are frozen and available for pick-up at the center every Monday and Wednesday until further notice. Meal delivery is also available for eligible homebound seniors. If you are interested in joining this program or are already enrolled and have delivery schedule updates or questions, please contact Jewish Family Services at (323) 937-5843.



Disability Service Programs!

Join us for Socialites dinners and dances for the Developmentally Disabled events! To volunteer or for program information, please contact Melanie Morales by email at melanie.morales@culvercity.org.



Aquatics

ADULT EXERCISE

Resident: \$1

Non-resident: \$2

Per Class

Low-impact water exercise in shallow water; ideal for all fitness levels, including non-swimmers, and anyone recovering from injuries. The class will be offered Monday, Wednesday and Friday from 9:00-9:50am. Pre-Registration required.

Instructor: Sandy Devlin

Dates	Day	Time	Age
On Going	M/W/F	9 AM - 9:50 AM	18+

AQUAFIT

AquaFit Deep Water

\$12 per Class

If you are an above average exerciser, DEEP WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided for each client. They give you support while moving freely in the water. Hand buoys, and noodles are some of the equipment items used to create a well balanced body exercise. NEW class days and times beginning November 29, 2021

Instructor: Allyson Bailey

Dates	Day	Time	Age
On Going	W	7:00 PM - 7:50 PM	18+
On Going	SA	9:00 AM - 9:50 AM	18+

AquaFit Shallow Water

\$11 per Class

If you are an above average exerciser, DEEP WATER AEROBICS is the perfect workout for you. Buoyancy belts are provided. They give you support while moving freely in the water. Hand buoys, and noodles are some of the equipment used to create a well balanced body exercise. NEW class days and times beginning November 29, 2021

Instructor: Allyson Bailey

Dates	Day	Time	Age
On Going	W	11:00 AM - 11:50 AM	18+
On Going	SA	11:00 AM - 11:50 AM	18+

REGISTRATION FOR ADULT EXERCISE, AQUAFIT, LAP SWIM, FAMILY SWIM AND RECREATIONAL SWIM

Takes place weekly on
Mondays @ 7:00am for Culver City residents
& Wednesdays @ 7:00am for non residents
for the subsequent week.

AQUAFIT CONTINUED

AquaFit Stand Up

\$21 per Class

AQUA STAND UP is the best total body workout on an inflatable stand up paddle board. Fun and safe exercises are designed to improve balance, stabilize the core muscle groups, and increase cardiovascular endurance. Burn up to 650 calories during each workout. NEW class days and times beginning November 29, 2021

Instructor: Allyson Bailey

Dates	Day	Time	Age
On Going	W	10:00 AM - 10:50 AM	18+
On Going	SA	10:00 AM - 10:50 AM	18+



LAP SWIM

Adult: \$4 and Senior/Students \$3

For Swimmers age 12 and up. Swimmers must pre-register for a 50-minute block of time. Upon arrival Swimmers must check in table. Lanes are limited to 3 swimmers per lane. Lanes are labeled slow, medium and fast. Swimmers must choose the lane most appropriate for their skill/speed level. Spaces left open at 10 minutes after the hour will be opened up to standby swimmers.

Fall General Lap Swim Hours

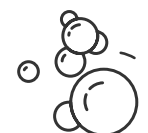
M/W	6:00 AM - 2:50 PM, 8:00 PM - 8:50 PM
T/TH	6:00 AM - 2:50 PM, 7:00 PM - 8:50 PM
F	6:00 AM - 2:50 PM, 7:00 PM - 8:50 PM
SA	7:00 AM - 1:50 PM
SU	8:00 AM - 10:50 AM & 12:00 PM - 2:50 PM

FAMILY SWIM

Family swim is a subdivision of Recreation Swim that will allow for 4 swimmers per lane in their very own 1/2 lane space. Preregistration for a 50 minute time block required. *Lap swim will not be permitted in a family swim lane. Children under 48 inches tall must be accompanied by an adult 18 years or older within arms reach in the water, in a 1 to 1 ratio.

M/W	12:00 PM - 2:50 PM, 5:00 PM - 8:50 PM
T/TH/F	8:00 AM - 2:50 PM, 4:00 PM - 8:50 PM
SA	7:00 AM - 3:50 PM
SU	9:00 AM - 2:50 PM





COMMUNITY FIRST AID AND CPR

Resident: \$ 75

Non-resident: \$90

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. Upon successful completion of this course participants will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED valid for two years.

Instructor: Plunge Staff

Location: Culver City Municipal Plunge

Dates	Day	Time
1/29 - 2/05	SA/SU/SA	9:00 AM - 3:00 PM

JUNIOR GUARDS- SWIM FOR FITNESS

A 3 week course designed to give Red Cross Swimmers Level 5 or higher a sneak peek into what it takes to become a lifeguard. Junior Guards introduces participants in-water rescues, first aid, and CPR all while improving their swimming technique, strength, speed, and endurance. **No Class 1/17.**

Resident: \$75

Non-resident: \$90

Instructor: Plunge Staff

Dates	Day	Time
1/03 - 1/24	M - TH	4:30 PM - 6:00 PM
1/31 - 2/18	M - TH	4:30 PM - 6:00 PM
2/28 - 3/18	M - TH	4:30 PM - 6:00 PM



MW or TTH GROUP LESSONS

Let our friendly and experienced instructors help your swimmers reach their swimming goals! Classes will meet two days a week for 50 minutes each day on either a Monday/Wednesday or Tuesday/Thursday. **Children Level 3 and lower must be accompanied in the water by an Adult or Guardian over the age of 18.**

Resident: \$52

Non-resident: \$62

Instructor: Plunge Staff

Dates	Day	Time	Levels Offered
1/31 - 2/17	M/W or T/TH	2:00 PM	L1/L2
1/31 - 2/17	M/W or T/TH	3:00 PM	L3
1/31 - 2/17	M/W or T/TH	4:00 PM	L4/L5
2/28 - 3/17	M/W or T/TH	2:00 PM	L1/L2
2/28 - 3/17	M/W or T/TH	3:00 PM	L3
2/28 - 3/17	M/W or T/TH	4:00 PM	L4/L5

SATURDAY GROUP LESSONS

Let our friendly and experienced instructors help you reach your swimming goals! Each 3 week session classes will meet once a week for 50 minutes each Friday or Saturday.

Resident: \$31

Non-resident: \$42

Instructor: Plunge Staff

Location: Culver City Municipal Plunge

Dates	Day	Time	Levels Offered
1/08 - 1/22	SA	10:00 AM	P1/L1, P2/L2, L3, P & Me
1/08 - 1/22	SA	11:00 AM	P1/L1, P2/L2, L3, L4/L5
1/08 - 1/22	SA	1:00 PM	P1/L1, P2/L2, L3, L4/L5
1/08 - 1/22	SA	2:00 PM	P1/L1, P2/L2, L3, P & Me
2/05 - 2/19	SA	10:00 AM	P1/L1, P2/L2, L3, P & Me
2/05 - 2/19	SA	11:00 AM	P1/L1, P2/L2, L3, L4/L5
2/05 - 2/19	SA	1:00 PM	P1/L1, P2/L2, L3, L4/L5
2/05 - 2/19	SA	2:00 PM	P1/L1, P2/L2, L3, P & Me
3/05 - 3/19	SA	10:00 AM	P1/L1, P2/L2, L3, P & Me
3/05 - 3/19	SA	11:00 AM	P1/L1, P2/L2, L3, L4/L5
3/05 - 3/19	SA	1:00 PM	P1/L1, P2/L2, L3, L4/L5
3/05 - 3/19	SA	2:00 PM	P1/L1, P2/L2, L3, P & Me

FRIDAY PRIVATE SWIM LESSONS

Are you looking for more individualized lessons? Our private lessons will be tailored to your needs! Each 3 week session classes will meet once a week for 50 minutes each Friday.

Children Level 3 and lower must be accompanied in the water by an adult or guardian over the age of 18.

Resident: \$180

Non-resident: \$235

Instructor: Plunge Staff

Dates	Day	Time	Age
1/07 - 1/21	F	2:00 PM	3 and Up
1/07 - 1/21	F	3:00 PM	3 and Up
1/07 - 1/21	F	4:00 PM	3 and Up
2/04 - 2/18	F	2:00 PM	3 and Up
2/04 - 2/18	F	3:00 PM	3 and Up
2/04 - 2/18	F	4:00 PM	3 and Up
3/04 - 3/18	F	2:00 PM	3 and Up
3/04 - 3/18	F	3:00 PM	3 and Up
3/04 - 3/18	F	4:00 PM	3 and Up

LESSON REGISTRATION DATES

LESSONS DATES

1/03 - 1/24
1/31 - 2/17
2/28 - 3/17

RESIDENT

12/27 @ 7 AM
1/24 @ 7 AM
2/21 @ 7 AM

NON RESIDENT

12/29 @ 7 AM
1/26 @ 7 AM
2/23 @ 7 AM



Volunteering Opportunities

The Culver City volunteer directory provides the community with information on more than 80 local service opportunities. The directory is here to help you find a meaningful volunteer opportunity. It provides questions to think about when starting a volunteer position, links to general online volunteer databases and resources and specific information about various non-profit, school, hospitals and community sites within Culver City and the local community. It also includes information about the site such as address, telephone number, email and website if available.

To go to the directory please visit:



Directory:

www.culvercity.org/volunteer



Twitter Feed:

[@CulverVolunteer](https://twitter.com/CulverVolunteer)



Email Blast Sign-up:

public.govdelivery.com/accounts/CACULVER/subscriber/new?topic_id=CACULVER_65&pop=t



Parks, Facilities and VMC Rental Information



Rotunda Room



Veterans Memorial Auditorium



Garden Room

VMC RENTALS

Let us help you plan your parties, milestone family events, community meetings, recitals, rehearsals, screenings, and private classes. Facility rentals are available seven days a week and, as always, event parking is free. **Book your event today!** Contact the Rental Office at (310) 253-6650 or email us at book.VMC@culvercity.org for an appointment to tour Veterans Memorial Building, the Culver City Senior Center, and the Culver City Teen Center to find the room you need.

VMC ROOM RENTAL REFUND POLICY

If LESSEE cancels the scheduled rental after LESSEE has signed documents and paid all or part of the fees, it is the LESSEE's responsibility to notify the FACILITY Office in writing. Cancellations made within 14 days of the scheduled rental(s) will be refunded paid fees minus a cancellation fee of \$25.00. Rentals cancelled on the 13th day or less will not receive a refund of any monies paid. LESSEE may "postpone" or change date as long the event is re-scheduled to occur within the 3-month period following immediately the date of the original event. There will only be one postponement allowed per event. Refund will not be given if LESEE cancels the postponed date. All date changes will be treated as cancellations with a \$25.00 charge applied. No exceptions.

PICNIC RENTALS

Picnic areas rental request are available [online at www.culvercity.org/active](http://www.culvercity.org/active) or in person. With a minimum 14 day in advance notice. Rental fees are based on a minimum of 3 hours. Maximum limits vary by location and groups may not exceed the limit. If there is no picnic rental issued for an area when a party shows up to a site, it is then available to the public on a first come first served basis unless otherwise reserved.

Picnic Rental Process

- Step 1: Click here to access the Picnic Permit request form online. You can also request in person at the Recreation Office at 4117 Overland Ave, Mon-Fri 8:00 am – 7:00 pm and/or Sat & Sun from 9:00 am - 5:00pm .
- Step 2: You will receive an email once your request has been approved.
- Step 3: Visit Recreation Office or log on to your Active Net account to pay your fees.
- Step 4: Upon the payment of your fees your reservation will be complete.
- Step 5: Bring a copy of your permit with you to your picnic site the day of your event.

PARK BUILDING RENTALS

Buildings at Blanco, Culver West-Alexander, El Marino, Lindberg, Syd Kronenthal parks may be reserved and must be booked 14 days in advance.

- Step 1: Click here to access the ActiveNet Building Reservation request form online. You can also request in person at the Recreation Office at 4117 Overland Ave, Mon-Fri 8:00 am – 7:00 pm and/or Sat & Sun from 9:00 am - 5:00pm .
- Step 2: You will receive an email once your request has been approved.
- Step 3: Visit Recreation Office or log on to your Active Net account to pay your fees.
- Step 4: Upon the payment of your fees your reservation will be complete.
- Step 5: Bring a copy of your permit with you to your picnic Site the day of your event.

MOONBOUNCES, FOOD TRUCKS, GAMING TRUCKS/VENDORS

Are allowed in designated Culver City parks by special permit only. Moonbounces may be a maximum size of 15'X15'. No moonbounces at Carlson Park, Lindberg Park and SK Park Picnic Shelter. A Certificate of Liability Insurance is required from the moonbounce rental company, food truck and/or gaming truck/vendor. Permit will not be issued until after moonbounce, food truck or gaming truck/vendor insurance is received . Insurance must be received no later than 2 business days before permit date. **Moonbounce, food truck and/or gaming truck/vendor permit fees are 32.00 per item.**

OUTDOOR RENTAL REFUND POLICY (FIELDS, PINIC SHELTERS, AND PICNIC AREAS)

No refunds will be granted except in the case of rain for outdoor rentals. To receive a refund due to rain, you must notify the registration office within one week of the scheduled picnic date. If patron cancels, or wants to change dates it must be done within 6 months of their reservation date. The monies used for their picnic/building rental may not be refunded to account to go towards another activity or program. Monies can only be used towards a picnic/ park building rental. Location changes can be made 14 days prior to event for an additional \$25 processing fee.

PARK BUILDING & PICNIC RENTALS ARE CLOSED ON THE FOLLOWING -PICNIC AREAS ARE FIRST COME FIRST SERVED

10/29/21, 10/30/21, 10/31/21, 11/25/21, 11/26/21, 12/25/21, 1/1/22, 1/17/22, 4/17/22, 5/08/22, 5/30/22

REGISTER @ WWW.CULVERCITY.ORG/ACTIVE • FOR MORE INFORMATION (310) 253-6650

9770 Culver Blvd.
Culver City, CA 90232

Park & Facility Information

- 1 **Wende Museum:** 10808 Culver Blvd.
- 2 **Blair Hills Park:** 5950 Wrightcrest Dr.
- 3 **Blanco Park:** 5801 Sawtelle Blvd.
- 4 **Dr. Paul Carlson Park:** Braddock Dr at Motor Ave.
- 5 **Culver City High School:** 4401 Elenda Ave.
- 6 **Culver City Park*:** Duquesne & Jefferson
- 7 **Culver West-Alexander Park (CWA):** 162 Wade St.
- 8 **Ivy Substation & Media Park:** Venice & Culver Blvd.
- 9 **El Marino Park:** 5301 Berryman Ave.
- 10 **Fox Hills Park:** Green Valley & Buckingham Pkwy.
- 11 **La Ballona Playground:** 10915 Washington Blvd.
- 12 **Lindberg Park:** 5401 Rhoda Way
- 13 **Linwood E. Howe Playground:** 4100 Irving Pl.
(Only Sat/Sun from 8:00-5:00pm)
- 14 **Paddle Tennis Park:** Culver Blvd & Elenda Ave.
- 15 **Syd Kronenthal Park:** 3459 McManus Ave.
- 16 **Tellefson Park:** Washington Place & Tilden Ave.
- 17 **Veterans Park**:** 4117 Overland Ave.

* **Culver City Park includes:** Dog Park, Skate Park,
Bill Botts Fields & Fulcrum Ropes Course

** **Veteran's Park Includes:**
Municipal Plunge, Senior Center, Teen Center, &
Veterans Memorial Building

