Join us at our annual Tree Lighting Event in Downtown Culver City on Thursday, December 1st at 6 PM.

The Senior Center will be CLOSED Saturday, December 10th and will also be CLOSED in observance of the holidays on Sunday, December 25th, Sunday, January 1st. The center will close at 1 PM on Monday, December 26th & Monday, January 2nd.

Remember: The monthly Senior Center Newsletter will no longer be mailed out to CCSCA members who have not paid for the mailing option as part of their 2023 membership.
2023 Culver City Senior Citizens Association, Inc. (CCSCA) Membership

The Culver City Senior Citizens Association 2023 Membership Drive will be held during the below dates and times in the Senior Center Lobby:
- December 5th - 9th from 9:30 AM - 1:00 PM
- January 3rd - 6th from 9:30 AM - 1:00 PM
- January 9th - 13th from 9:30 AM - 1:00 PM

2023 Membership Cost Breakdown:
- 2023 Membership Dues - $20
- Newsletter Mailing Option - $25
- Age 90+ Membership Dues - $5 (must be 90 years old at time of membership renewal)
- Parking Pass - $5
- Fitness Room - $125.00 for the calendar year or $75.00 for 6 months (all Fitness Room renewals require an updated 2023 Physician’s Authorization Form)
- Ping Pong - $12 for the calendar year

2023 Membership Reminders:
- At this time, proof of full Covid-19 vaccination will NOT be required when renewing your 2023 CCSCA membership.
- Only cash or check is accepted.
- No bills over $20.00 will be accepted.
- No refunds.

All CCSCA members must have a current 2023 membership & parking sticker by Monday, January 16th, 2023. Membership renewal can only be done in person. Beginning Monday, January 16th, the Business Desk will be accepting membership renewals.

2023 CCSCA Pool Room Fee & Closure until January 31, 2023

The Pool room is closed due to repeated vandalism until January 31, 2023. Starting February 1, 2023, the fee to utilize the pool room will cost $1 a day and can be paid at the Business Desk. Repairs to the pool table damage will not occur until adequate funds are collected to cover the cost.

Take a Moment to Fill Out Our Survey!

We value your feedback! As we continue to evolve, we’d love to hear from you! You will be receiving an anonymous survey at the membership drive that we encourage you to fill out and submit to the box at the Business Desk.

AARP Driver Safety

The AARP Driver Safety courses will be returning in 2023! Patrons may sign up now at the Business Desk for the 8 hour Driver Safety class and 4 hour refresher course. Please stop by the Business Desk for more information about the 2023 class schedule and fees.
### SPECIAL MONTHLY ACTIVITIES

#### Recurring

**Downtown Architecture Tour**
Join Los Angeles Conservancy docent Jill for an architectural tour of Downtown Culver City! We'll take a look at some historic buildings, public art and learn more about the history and development of Culver City, the Heart of Screenland. From flatirons to zoetropes, downtown Culver City has a lot of cool details you may have never noticed before! Be sure you wear comfortable shoes as this will be a walking tour. This trip will occur on Thursday, December 15th with a departure time of 9:30 AM and will return between 1-1:30 PM. Members must arrive at the center by 9:30 AM. Registration begins Monday, December 5th at 9 AM. Space is limited. Voicemail RSVPs will NOT be accepted.  Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 6th</td>
<td>TUES</td>
<td>9:15 AM</td>
</tr>
<tr>
<td>December 20th</td>
<td>TUES</td>
<td>9:15 AM</td>
</tr>
</tbody>
</table>

**Walking Group**
Join PRCS staff member, John, on a new route around beautiful Culver City. All participants must wear proper exercise shoes. We recommend wearing bright colored clothes, bringing a reusable water bottle (disposable plastic is not allowed), wearing a hat & applying sunscreen.

Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 6th</td>
<td>TUES</td>
<td>9 AM - 1:30 PM</td>
</tr>
</tbody>
</table>

**Karaoke on the Patio with Rudy**
Join Rudy and friends for a fun filled afternoon of karaoke at the Senior Center.
Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 21st</td>
<td>WEDS</td>
<td>1 PM - 3:30 PM</td>
</tr>
<tr>
<td>December 28th</td>
<td>WEDS</td>
<td>1 PM - 3:30 PM</td>
</tr>
</tbody>
</table>

**The Cunning Consumer**
Consumer writer and award-winning reporter Ellis Levinson, a.k.a. The Cunning Consumer, continues his monthly class, The Cunning Consumer. “How to Complain and Get Results.” If you enjoy holiday shopping leads to an aftermath of consumer frustration (Bah, humbug!), there are effective ways to complain. Take heart!
Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 21st</td>
<td>WEDS</td>
<td>11 AM - 12 PM</td>
</tr>
</tbody>
</table>

**Trivia with Michael**
Come test your trivia skills with Michael! Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 6th</td>
<td>TUES</td>
<td>10 AM - 11 AM</td>
</tr>
<tr>
<td>January 3rd</td>
<td>TUES</td>
<td>10 AM - 11 AM</td>
</tr>
</tbody>
</table>

**Fun with Acrylics - NEW!**
Come out and get creative with acrylic paint! Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 6th</td>
<td>TUES</td>
<td>9 AM - 12 PM</td>
</tr>
</tbody>
</table>

**Music Mends Minds - Rhythm, Play and Community!**
Join us for the Music Mends Minds Drum Circle on the patio (moves inside if inclement weather)! Instruments will be provided, and feel free to bring your own! No experience needed! Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 9th</td>
<td>FRI</td>
<td>12:30 PM - 1:30 PM</td>
</tr>
</tbody>
</table>

**Adventures with Doug - Adventure to the Top of Utah**
At first glance, Death Valley looks barren, unforgiving and unwilling to host even the hardiest of life. But nature has an incredible way of preparing its flora and fauna for conditions that we couldn’t imagine. Once in a while, roughly every 10 years when the Full Moon happens on the 14th, the wildflowers produce a magnificent show!
Join us for our slide show adventure as we venture into this remarkable area, explore some fascinating areas, and while we do, witness beautiful scenery, enduring life and... with a little bit more rain than usual, and perfect conditions, the fabulous wildflower Superbloom!
Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 28th</td>
<td>WEDS</td>
<td>1 PM - 2 PM</td>
</tr>
</tbody>
</table>

**Ask the Physical Therapist**
Come out and ask Physical Therapist, Cristina Gabor about general health topics and tips to keep your body well.
Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 15th</td>
<td>THURS</td>
<td>1 PM - 2 PM</td>
</tr>
</tbody>
</table>

**Book Club**
Join Culver City High School students Emily & Teagon for an intergenerational monthly Book Club! Please read the first half of The Affair of the Mysterious Letter by Alexis Hall to join the group for their December 14th meeting and the second half of the novel by December 28th. If you'd like to get a free copy of the novel for Book Club, stop by the Julian Dixon Library. For meeting updates, to learn the title of the book & reminders, please text @culverbc to the number 81010. Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 14th</td>
<td>WEDS</td>
<td>2 PM - 3 PM</td>
</tr>
<tr>
<td>December 28th</td>
<td>WEDS</td>
<td>2 PM - 3 PM</td>
</tr>
</tbody>
</table>

**Kindness Rock Painting**
Join PRCS staff on the Senior Center patio and come paint rocks to fill our wonderful rock garden! Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 8th</td>
<td>THURS</td>
<td>1 PM - 2:30 PM</td>
</tr>
</tbody>
</table>

**Saturday Dances (This Month Only)**
Grab some friends and come out to dance! $5 for CCSCA members and $7 for non-members.

* *Please note that proof of vaccination must be shown for entrance to the dance per the CCSCA.*

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 17th</td>
<td>SAT</td>
<td>1 PM - 3:30 PM</td>
</tr>
</tbody>
</table>

**The Glee Three Sing-Along**
Join the Glee Three for their monthly sing-along at the center.
Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 16th</td>
<td>FRI</td>
<td>11 AM - 12 PM</td>
</tr>
</tbody>
</table>

---

**SPECIAL MONTHLY ACTIVITIES**

**Come learn about Hanukkah with the CCSCA Yiddish Conversations Group**
Join the CCSCA Yiddish Conversations Group and learn about Hanukkah with Rabbi Levi Begun while enjoying Latkes, jelly donuts & music! Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 23rd</td>
<td>FRI</td>
<td>3 PM - 4 PM</td>
</tr>
</tbody>
</table>

**Music Mends Minds - Rhythm, Play and Community!**
Join us for the Music Mends Minds Drum Circle on the patio (moves inside if inclement weather)! Instruments will be provided, and feel free to bring your own! No experience needed! Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 9th</td>
<td>FRI</td>
<td>12:30 PM - 1:30 PM</td>
</tr>
</tbody>
</table>

**Bingo**
Join PRCS staff for Bingo. Prizes will be provided by the Culver City PRCS Department. Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 9th</td>
<td>FRI</td>
<td>12:30 PM - 1:30 PM</td>
</tr>
</tbody>
</table>

**Adventures with Doug - Adventure to the Top of Utah**
At first glance, Death Valley looks barren, unforgiving and unwilling to host even the hardiest of life. But nature has an incredible way of preparing its flora and fauna for conditions that we couldn’t imagine. Once in a while, roughly every 10 years when the Full Moon happens on the 14th, the wildflowers produce a magnificent show!
Join us for our slide show adventure as we venture into this remarkable area, explore some fascinating areas, and while we do, witness beautiful scenery, enduring life and... with a little bit more rain than usual, and perfect conditions, the fabulous wildflower Superbloom!
Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 28th</td>
<td>WEDS</td>
<td>1 PM - 2 PM</td>
</tr>
</tbody>
</table>

**Ask the Physical Therapist**
Come out and ask Physical Therapist, Cristina Gabor about general health topics and tips to keep your body well.
Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 15th</td>
<td>THURS</td>
<td>1 PM - 2 PM</td>
</tr>
</tbody>
</table>

**Book Club**
Join Culver City High School students Emily & Teagon for an intergenerational monthly Book Club! Please read the first half of The Affair of the Mysterious Letter by Alexis Hall to join the group for their December 14th meeting and the second half of the novel by December 28th. If you'd like to get a free copy of the novel for Book Club, stop by the Julian Dixon Library. For meeting updates, to learn the title of the book & reminders, please text @culverbc to the number 81010. Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 14th</td>
<td>WEDS</td>
<td>2 PM - 3 PM</td>
</tr>
<tr>
<td>December 28th</td>
<td>WEDS</td>
<td>2 PM - 3 PM</td>
</tr>
</tbody>
</table>

**Kindness Rock Painting**
Join PRCS staff on the Senior Center patio and come paint rocks to fill our wonderful rock garden! Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 8th</td>
<td>THURS</td>
<td>1 PM - 2:30 PM</td>
</tr>
</tbody>
</table>

**Saturday Dances (This Month Only)**
Grab some friends and come out to dance! $5 for CCSCA members and $7 for non-members.

* *Please note that proof of vaccination must be shown for entrance to the dance per the CCSCA.*

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 17th</td>
<td>SAT</td>
<td>1 PM - 3:30 PM</td>
</tr>
</tbody>
</table>

**The Glee Three Sing-Along**
Join the Glee Three for their monthly sing-along at the center.
Open to CCSCA members only.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 16th</td>
<td>FRI</td>
<td>11 AM - 12 PM</td>
</tr>
</tbody>
</table>
### December

#### Sunday
- **12:00 - 3:45 PM** Bridge, Mah Jong & Fun with Acrylics
- **1:00 Movie** (see page 8)

#### Monday
- **8:00 AM** Zumba Gold
- **9:00 AM** Ceramics* (Meets 1st Monday of the month)
- **9:15 AM** Open Computer Lab
- **9:15 AM** Beginning Ukulele* (Meets 3rd Monday of the month)
- **10:00 AM** Tai Chi with Marguerite*
- **10:00 AM** German (Meets 2nd Monday of the month)
- **10:15 AM** Intermediate Ukulele (Meets 3rd Monday of the month)
- **10:30 AM** Sit N Be Fit*
- **10:30 AM** Tai Chi with Anton* (At Veterans Memorial Building)
- **12:00 PM** Danceercise*

#### Tuesday
- **1:00 AM** Music Time Machine (Meets last Monday of the month)
- **1:00 AM** Art with Coco
- **1:00 AM** Line Dancing*
- **2:30 PM** Yoga with Phil*

#### Wednesday
- **8:00 AM** Zumba Gold*
- **9:00 AM** Mah Jong & Bridge
- **9:00 AM** Fun with Acrylics
- **9:00 AM** Tai Chi with Marguerite*
- **10:00 AM** Chair Yoga with Caroline
- **10:00 AM** Open Computer Lab
- **10:15 AM** Gentle Yoga with Caroline
- **10:15 AM** Tai Chi with Greg
- **10:15 AM** Walking Group
- **10:45 AM** Hula Dance
- **11:00 AM** Karaoke
- **11:30 AM** Balance Challenge* (Meets 3rd Monday of the month)
- **12:00 PM** Chair Yoga with Caroline
- **12:00 PM** Beginning Spanish
- **12:00 PM** Ping Pong (Meets in the Veterans Building)
- **1:00 PM** Yoga with Phil*
- **1:00 PM** Genealogy
- **1:00 PM** Yoga with Phil*
- **1:00 PM** Current Events*
- **2:00 PM** Pan Y Platica
- **2:00 PM** Duplicate Bridge (Meets in the Veterans Building)
- **2:30 PM** Fun with Pastels
- **3:00 PM** Senior Dance Group
- **3:00 PM** French (Meets 3rd Thursday)

#### Thursday
- **9:00 AM** Watercolor*
- **9:00 AM** Mah Jong & Bridge
- **9:00 AM** Fun with Acrylics
- **9:15 AM** Tai Chi with Marguerite*
- **9:15 AM** Tai Chi with Greg
- **9:15 AM** Walking Group
- **10:00 AM** Reading Short Story Group
- **11:30 AM** Balance Challenge* (Meets Last Tuesday of the month)
- **12:00 PM** Duplicate Bridge (Meets in the Veterans Building)
- **2:00 PM** Sing-Along (Meets 3rd Friday)
- **1:00 PM** Yoga with Phil*
- **1:00 PM** Genealogy
- **1:00 PM** Yoga with Phil*
- **1:00 PM** Current Events*
- **2:00 PM** Pan Y Platica
- **2:00 PM** Duplicate Bridge (Meets in the Veterans Building)
- **2:30 PM** Fun with Pastels
- **3:00 PM** Senior Dance Group
- **3:00 PM** French (Meets 3rd Thursday)

#### Friday
- **8:00 AM** Zumba Gold*
- **9:00 AM** Knitting Group
- **9:00 AM** Mah Jong & Bridge
- **9:00 AM** Fun with Acrylics
- **9:00 AM** Tai Chi with Marguerite*
- **9:00 AM** Tai Chi with Greg
- **9:15 AM** Open Computer Lab
- **9:30 AM** Blood Pressure Checks
- **9:45 AM** Gentle Mat Yoga with Caroline
- **10:00 AM** Reading Short Story Group
- **11:30 AM** Balance Challenge* (Meets Last Tuesday of the month)
- **12:00 PM** Duplicate Bridge (Meets in the Veterans Building)
- **2:00 PM** Sing-Along (Meets 3rd Friday)
- **1:00 PM** Yoga with Phil*
- **1:00 PM** Genealogy
- **1:00 PM** Yoga with Phil*
- **1:00 PM** Current Events*
- **2:00 PM** Pan Y Platica
- **2:00 PM** Duplicate Bridge (Meets in the Veterans Building)
- **2:30 PM** Fun with Pastels
- **3:00 PM** Senior Dance Group
- **3:00 PM** French (Meets 3rd Thursday)

For questions & more information, call the business desk at (310) 253-6700.
Movies

The CCSCA sponsors a movie screening every Tuesday & Sunday at 1:00 PM for your enjoyment! The movies are open to CCSCA members only, you must show your membership card for admittance. In the interest of fairness, seats are first come, first served, as space is limited. Do not move the chairs. Movies and times are subject to change.

**Tuesday Movies**

**December 6 - Kniver Out**
The circumstances surrounding the death of crime novelist Harlan Thrombey are mysterious, but there’s one thing that renowned Detective Benoit Blanc knows for sure – everyone in the wildly dysfunctional Thrombey family is a suspect. 2021; PG-13; Mystery/Crime; Daniel Craig, Christopher Plummer, Ana de Armas, Chris Evans, Don Johnson, Jamie Lee Curtis; 2 hr 10 min.

**December 13 – Meet Me in St. Louis**
A classic film focuses on four sisters on the cusp of the 1904 St. Louis World’s Fair. The film spotlights the sisters’ education in the ways of the world, which includes learning about life and love, courtesy of the boy next door. In the end, love conquers all. 1944; NR; Musical; Judy Garland, Mary O’Brien, Lucille Bremer, Mary Astor; 1 hr 53 min.

**December 20 – Full Court Miracle**
An African American college basketball star becomes the head coach of a yeshiva’s struggling basketball team in Philadelphia, Pennsylvania, after a knee injury forces him to leave the game. Based on the true story of Lamon Carr. 2023; TV-G; Drama; Alex D. Linz, Richard T. Jones; 1 hr 30 min.

**December 27 – The Apartment**
An uptight, conservative businesswoman accompanies her boyfriend to his eccentric and outgoing family’s annual Christmas celebration and finds that she’s a fish out of water. 2005; PG-13; Romance/Comedy; Diane Keaton, Sarah Jessica Parker, Rachel McAdams, Dermot Mulroney, Luke Wilson, Claire Danes; 1 hr 43 min.

**December 11 – The Family Stone**
A year-old troublemaker must protect his house from a pair of burglars when he is accidentally left home alone by his family during Christmas. 1999; PG; Comedy; Macaulay Culkin, Joe Pesci; 1 hr 43 min. Special Intergenerational Movie event!! (See page 10).

**December 18 – Home Alone**
As Loretta falls deeper in love, she comes to learn that she’s not the only one in her family with a secret romance. 1987; PG; Romance/Comedy; Cher, Nicolas Cage, Danny Aiello, Olympia Dukakis. 1 hr 42 min.

**Saturday, December 31st at 1 PM**
When Harry Met Sally
Happy New Year! Harry and Sally have known each other for years, and are very good friends, but they fear sex would ruin the friendship. 1989; R; Romance/Comedy; Billy Crystal, Meg Ryan, Bruno Kirby, Carrie Fisher; 1 hr 35 min.

The Senior Center is CLOSED on December 25th (Christmas Day) & on January 1st (New Year’s Day)!!

**Sunday Movies**

**December 4 – Phantom of the Open**
This movie was donated by our friends at Sony Pictures Entertainment. Based on a true story, amateur golfer Maurice Flitcroft achieves his late-in-life goal of participating in the 1976 British Open Golf Championship, much to the ire of the staid golfing community. 2021; PG-13; Biography/DrAMA/Sport; Mark Rylance, Sally Hawkins; 1 hr 46 min.

**December 11 – The Family Stone**
An uptight, conservative businesswoman accompanies her boyfriend to his eccentric and outgoing family’s annual Christmas celebration and finds that she’s a fish out of water. 2005; PG-13; Romance/Comedy; Diane Keaton, Sarah Jessica Parker, Rachel McAdams, Dermot Mulroney, Luke Wilson, Claire Danes; 1 hr 43 min.

**December 18 – Moonstruck**
As Loretta falls deeper in love, she comes to learn that she’s not the only one in her family with a secret romance. 1987; PG; Romance/Comedy; Cher, Nicolas Cage, Danny Aiello, Olympia Dukakis. 1 hr 42 min.

**Saturday, December 31st at 1 PM**
When Harry Met Sally
Happy New Year! Harry and Sally have known each other for years, and are very good friends, but they fear sex would ruin the friendship. 1989; R; Romance/Comedy; Billy Crystal, Meg Ryan, Bruno Kirby, Carrie Fisher; 1 hr 35 min.

Virtual Concerts

**Bob Levy “The Music Man”**
Bob returns with his guitar, singing voice and nostalgic songs from Frank Sinatra to the Beatles. Eddie Ed O’ Brien, the zany comedian is returning to bring more laughter and fun to this musical hour. Bob also welcomes Eddie’s wife, Marcie O’Brien, singer and classically trained violinist who brings to us great songs and melodies with her voice and violin. We hope you can be there.

**Date**  **Day**  **Time**
December 21st  **WEDS**  **1 PM - 2 PM**

**Music Mends Minds**
Join Music Mends Minds for a fun filled concert three times a week! Music Mends Minds is a nonprofit that creates musical support groups for patients with Alzheimer’s, dementia, Parkinson’s, traumatic brain injury, stroke, and PTSD. These musical support groups foster a community between the musicians and singers, as well as with their families, friends, and caregivers, all of whom thrive on socialization and music-making. Join in on one of their global online sing-a-long sessions by visiting this link: https://zoom.us/j/4678175050 or contact Carol Rosenblatt at (818) 326-0500.

**Date**  **Day**  **Time**
December 21st  **On-Going**  **M/W/F**  **11:30 AM - 12:30 PM**

**Music with Michael**
Our awesome volunteer guitarist, Michael Monagan, will continue hosting his weekly Zoom concerts. Tune in to hear him play the songs of Sinatra, Astaire, Elvis, the Beatles and more!

**Date**  **Day**  **Time**
December 21st  **On-Going**  **THURS**  **1 PM - 2 PM**

Presentations

**Holiday Blues Lunch & Learn with LACDMH**
Join Los Angeles County Department of Mental Health for a FREE lunch as they discuss ways to combat Holiday Blues. The holidays are typically a time for celebrations, get-togethers and merriment, but it can also take a toll on mental health with seasonal obligations, additional stressors and worries about loved ones’ health, especially as the COVID-19 pandemic continues to impact our collective wellbeing.

We encourage you to prioritize your physical and mental health during this time by minimizing holiday-related stress and connecting with your loved ones.

Registration is required to attend this event. Please RSVP by speaking with a staff member in-person at the Business Desk or over the phone. Voicemail messages will not be accepted.

Open to CCSCA members only.

**Date**  **Day**  **Time**
December 16th  **FRI**  **11:30 AM - 1:30 PM**

Trip Office

**Let’s Go On A Trip!**
Trip Sales begin December 7th at 10 AM!
Cash/Check only! Bring your CCSCA Membership & player’s card #.

**Aquarius Casino**
February 5th - 7th, 2023
Departure: 9 AM
Cost: $230 (Single)
$180 per person (Double)
Aquarius Casino trip includes 2 nights accommodation, transportation, baggage handling and tip for driver.

**Harrah’s Casino**
February 23, 2022
Departure: 8 AM
Cost: $20

Trip Office Hours: WEDS/FRI 10 AM – 1 PM.
Intergenerational Activities & Upcoming Events

Volunteers Needed!
Please contact Mike at (310) 253-6717 or email him at mike.odunze@culvercity.org for information about volunteering at the 2023 Membership Drive. The Membership Drive will be held the first two weeks of January and for one week of preregistration from December 5th-9th. Please let Mike know your availability during any of those dates!

Volunteer Tech Help with Volunteer CCHS Students
Do you have a technology question you would like assistance with? Feel free to come on by to the Computer Lab at the center for help with your questions every first Wednesday of the month from 2:30 PM - 5 PM starting January 4th.
Thank you to our Culver City High School students who will be there to help our seniors!

Loss Support Group at the Senior Center
Wise & Healthy Aging’s Loss Support Group is at the center every 2nd and 4th Wednesday of each month. If you or someone you know may benefit from joining this group, please email Mike.Odunze@culvercity.org to be connected with the group leader and begin the intake process prior to joining the group meetings at the center. There is a suggested donation of $3 for those who join the group at each session.

Health Insurance Counseling & Advocacy Program (HICAP)
Medicare’s annual open enrollment period is October 15th-December 7th. The Culver City Senior Center’s long time partner, HICAP, is available to answer your questions regarding Medicare and open enrollment. If you have any questions or to schedule an appointment with a HICAP counselor, please contact Sandy Risdon at 1(800) 824-0780 ext. 3006.

Special Services for Groups (SSG)
Special Service for Groups Silver (SSG) is a counseling program that serves older adults and family caregivers who are in need of assistance. If you are in need of resources, are feeling sad or lonely, stop by and speak with an SSG counselor. Special Service for Groups can be found in the Community Partnerships Office at the Senior Center during the times and dates listed below, or reached by phone at (310) 253-6717.

Forms with Janet
Retired Senior Paralegal Janet Sasser is offering CCSCA members assistance in completing government documents, medical paperwork, forms and hard to understand questionnaires. Schedule an appointment with Janet to direct questions and get assistance with frustrating paperwork. This is a great way to get on top of starting and completing paperwork to meet completion deadlines. Janet is available for appointments the first and second Thursday of December from 1 PM - 3 PM with walk-ins from 3 PM - 4 PM. This service is free and is open to CCSCA members only.
Please be aware that Janet will not be available in January and February 2023 for this service. Janet will return to provide her services in March. Thank you for understanding!
ATTENTION!

Newsletters will not be mailed starting January 2023!

Beginning with the January 2023 newsletter CCSCA members will only receive the monthly newsletter IF they purchase the mailing option as part of their membership.

If you are not a 2023 CCSCA member or do not purchase the mailing option, the monthly newsletter will be available for pick up in-person at the Senior Center and online.

We look forward to seeing you at the Center!

Register to Receive a FREE New Years Eve Party Pack!

It’s time to get ready for 2023 and we want to bring the party to your home! Sign up to receive a FREE New Year’s Eve Party Pack filled with fun items that will help you welcome 2023!!

Sign ups begin on Wednesday, December 14th at 9 AM. CCSCA members can reserve a party pack by visiting or calling the Business Desk at (310) 253-9700. You must speak with a staff member. Voicemail messages will not be accepted.

Party packs will be available for pick up on Thursday, December 29th between 11 AM - 1 PM in the Senior Center parking lot.

2023 Newsletter Mailing Changes

Newsletters will not be mailed starting January 2023!

Beginning with the January 2023 newsletter CCSCA members will only receive the monthly newsletter IF they purchase the mailing option as part of their membership.

If you are not a 2023 CCSCA member or do not purchase the mailing option, the monthly newsletter will be available for pick up in-person at the Senior Center and online at culvercity.org/seniorcenternewsletter.

We look forward to seeing you at the Center!